

**2022 RES-322**  
**RECOGNIZING FEBRUARY 2023 AS AMERICAN HEART MONTH**

**WHEREAS**, heart disease is the leading cause of death in the United States; and

**WHEREAS**, February is American Heart Month, a time where all people can focus on their cardiovascular health, and has been celebrated since 1964 as a way to educate Americans about heart health; and

**WHEREAS**, from 2018-2020, in Dane County, the age-adjusted death rate due to heart disease was 125 deaths per 100,000 people; and

**WHEREAS**, there are differences in death rates based on race; from 2018-2020, in Dane County, the age adjusted death rate for White adults was 123.5, for Black adults the rate was 208.4, for Asian adults the rate was 81.8, for Native American adults it was 111.0, and for Hispanic adults the rate was 79.0; and

**WHEREAS**, approximately every 80 seconds a woman dies from cardiovascular disease, which can be prevented through awareness education; and

**WHEREAS**, February 3, 2023 is National Wear Red Day – a day dedicated to bringing awareness to heart disease; and

**WHEREAS**, Dane County residents are encouraged to practice heart healthy habits such as staying active, eating healthy, and getting their cholesterol checked.

**NOW, THEREFORE, BE IT RESOLVED** that the Dane County Board of Supervisors recognizes February 2023 as American Heart Month.

\_\_\_\_\_  
Patrick Miles, Chair  
Dane County Board of Supervisor

Signed and sealed before me this  
\_\_\_\_\_ day of \_\_\_\_\_, 2023.

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Scott McDonell,  
Dane County Clerk