

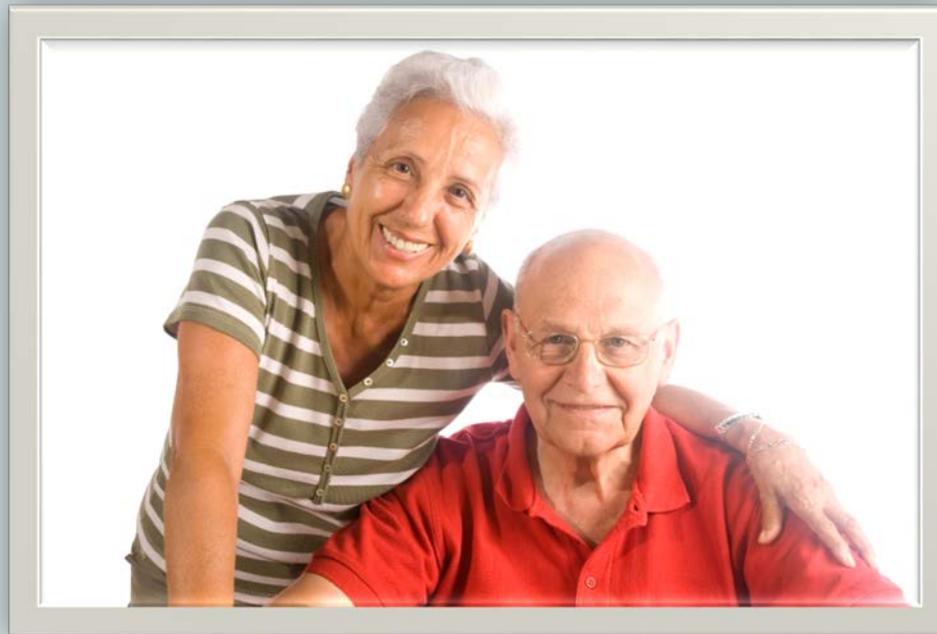
# Sustainable Caregiving: Making Connections that Count



# Why Are Caregivers Critical to our Communities?

*578,000 unpaid family caregivers in Wisconsin provide 538 million hours of care about \$7 billion in services per year in 2013.*

(2015 AARP Public Policy Report)



**Caregivers have higher stress levels than non-caregivers and are more likely to suffer health problems**



# How do we make caregiving sustainable?



# Self Care Respite & Supplemental Services

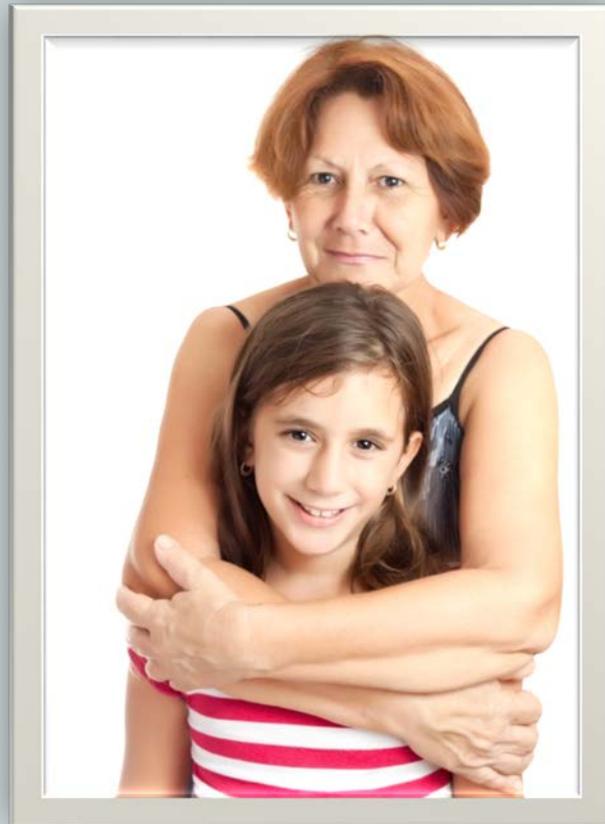


# Program serves unpaid or family caregivers

Caregivers of any age caring for someone 60+ or someone with a dementia diagnosis



# Grandparents or other relatives 55+ raising a child under the age of 18



**Parents 55+ caring for a child  
ages 19 – 59  
with a severe disability**



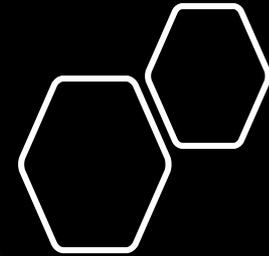
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## Caregivers Age for Care Recipients

### 60 plus

18 - 30	0
31 - 40	1
41 - 45	2
46 - 50	7
51 - 55	9
56 - 59	10
60 - 65	15
66 - 75	24
76 - 80	10
81 - 85	7
86 plus	3
Total	88

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## Caregiver Grandparents

55 - 60 4

61 - 65 1

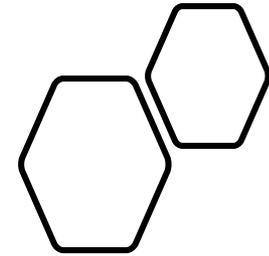
66 - 70

71 - 75

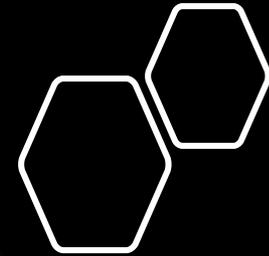
75 plus

Total 5

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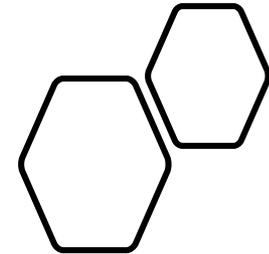


Care Recipient	
grandchildren	5
60 - 65	5
66 - 75	24
76 - 80	15
81 - 85	19
86 - 90	15
91 - 95	13
96 plus	2
Total	93



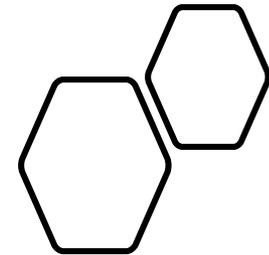
## Caregiver Race or Ethnicity

African American	2
American Indian	2
White	84
Other	1
LatinX	4
Total	93



## Care Recipient Race or Ethnicity

African American	5
American Indian	2
White	81
Other	1
LatinX	4
Total	93



## Caregiver Gender

male	21
female	72

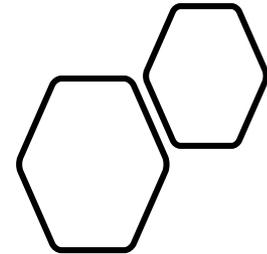


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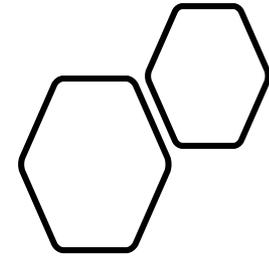
**Care  
Recipient  
Gender**

male	31
female	62

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<b>Caregivers Employed</b>	
Yes	37
No	56



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## **Family or Friend Assisting Caregiver**

Yes 72

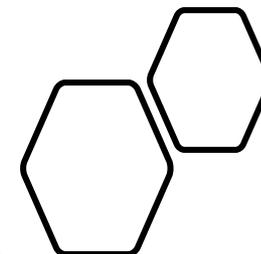
No 21

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## Care Recipient has Alzheimer's or Dementia

Yes	30
No	63



<b>NFCSP Grant Funding Support Requested</b>	
adult day	8
assistive device	9
chore	25
grandparent respite	5
personal cares	29
respite	17

## Referred by

AAA Website		2
ADRC		
	I & As	9
	intake	4
	Dementia Care Specialist	5
Agrace & PalliaHealth		2
Caregiver Alliance		1
Case Management Senior Focal Points		
	Colonial Club	3
	Fitchburg	2
	McFarland	4
	NewBridge East	3
	NewBridge North	6
	NewBridge West	10
	Stoughton	8
	Sugar River	1
	Waunakee	7
Case Management Medical		
	SSM Adult Day	1
	SSM Health	7
	Unity Point Health	2
Catholic Charities		1
Family, friends, past recipients		7
Grandparents		
	Joining Forces for Families	2
	Rainbow Project	4
VA Caregiver Program		2
Total		93

# **Crisis Planning Project**

## **Dane County Caregiver Alliance**

**Care recipient goes from independent to requiring care:**

stroke, cancer, anesthesia reaction

**Caregiver accelerates from supporting to active caregiving:**

Falls, Alzheimer's or Dementia Diagnosis

# It's a Marathon – Pace Yourself



The average duration of caregiving is 4 years.

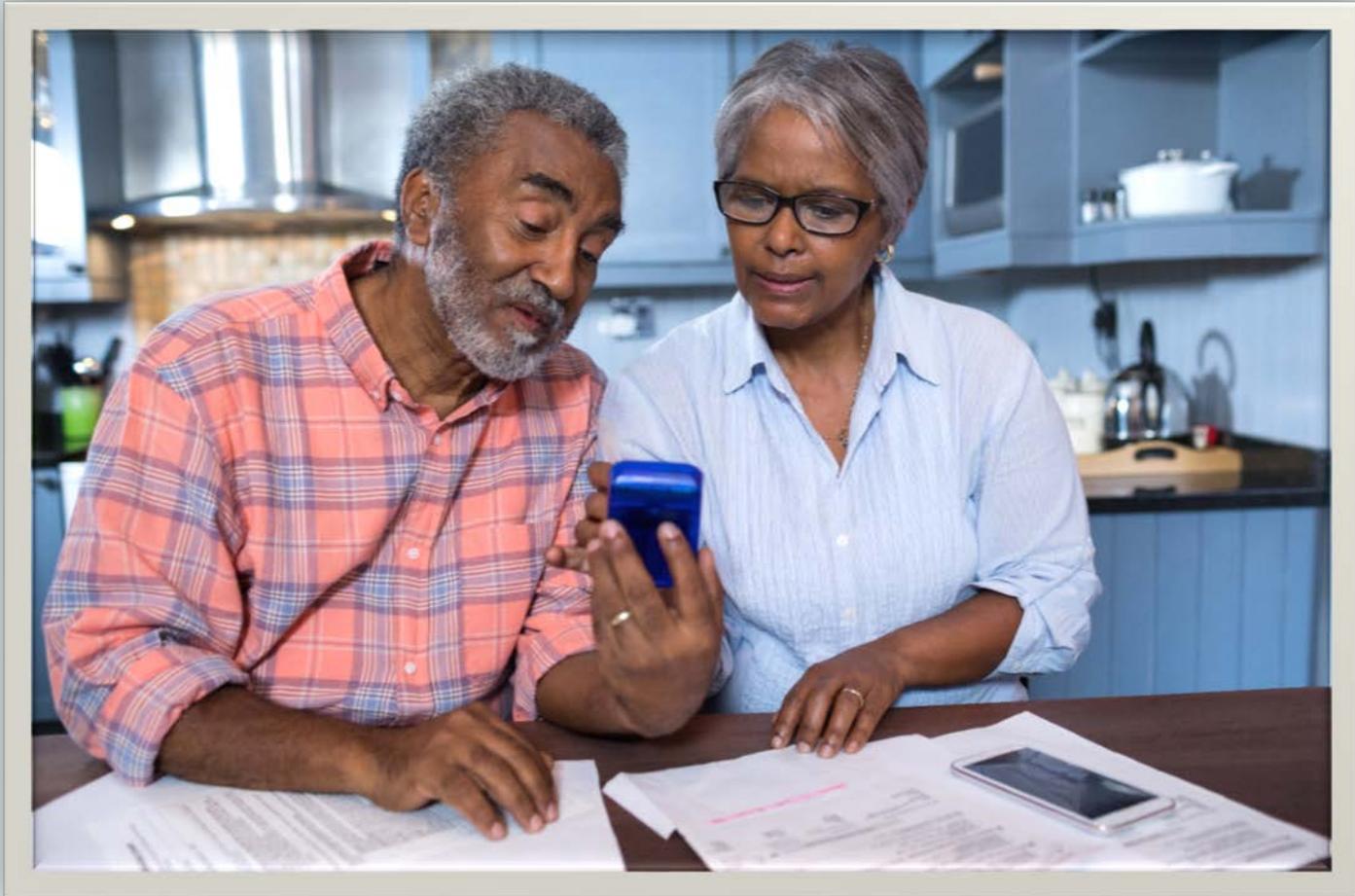
Only 30% of caregivers provide care for less than one year.

*Family Caregiver Alliance 2016*

# It's a Relay – Pass the Baton



Helping to identify options, solve problems,  
and plan for the future



**Providing resources for the caregiver improves their ability to provide better care, and for a longer time**

