

communityactioncoalition
FOR SOUTH CENTRAL WISCONSIN

Mental Health and Trauma Recovery Presentation



presented by:



**The CAC Mental Health
and Trauma Recovery
Grant Team**



CAC worked to develop and implement the Mental Health and Trauma Recovery Program (MHTR) to provide immediate response to address the effects of the COVID-19 pandemic and other workforce challenges for healthcare and public health workers, as well as prevent current challenges from further intensifying.



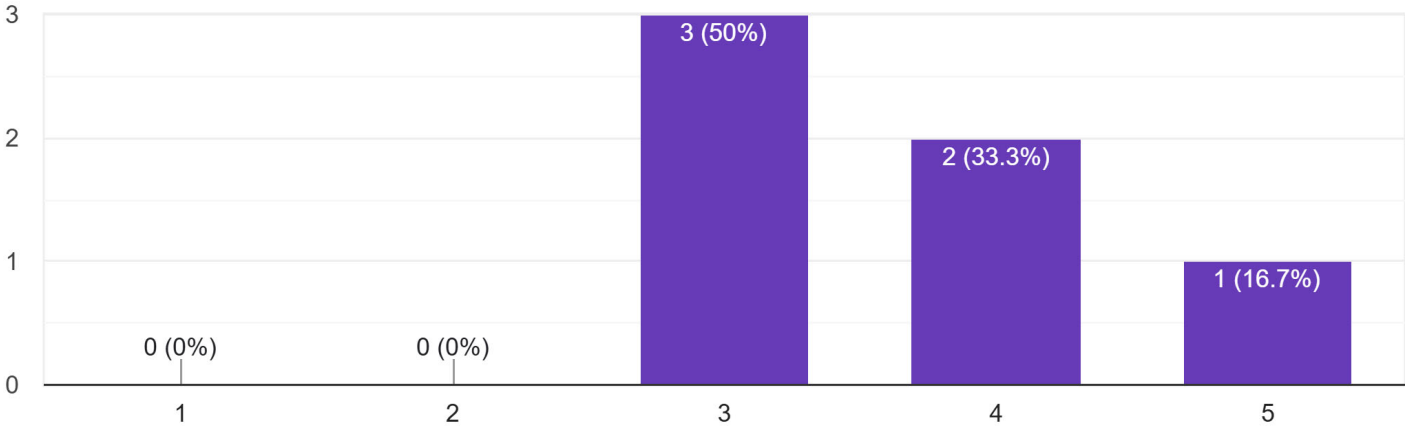
Advisory Committee

- Developed advisory group information packet and application materials
 - Recruited members from each sector
 - MOUs were signed by all committee members
 - Established meeting schedule & held meetings with advisory group February 2024- March 2025
 - Determined bylaws, mission, and working structure
 - Agreed upon ROMA as a measurement tool
 - Issued Survey and shared results for committee feedback
 - Developed a sustainability plan for the advisory committee and program
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How do you feel this committee is going overall?

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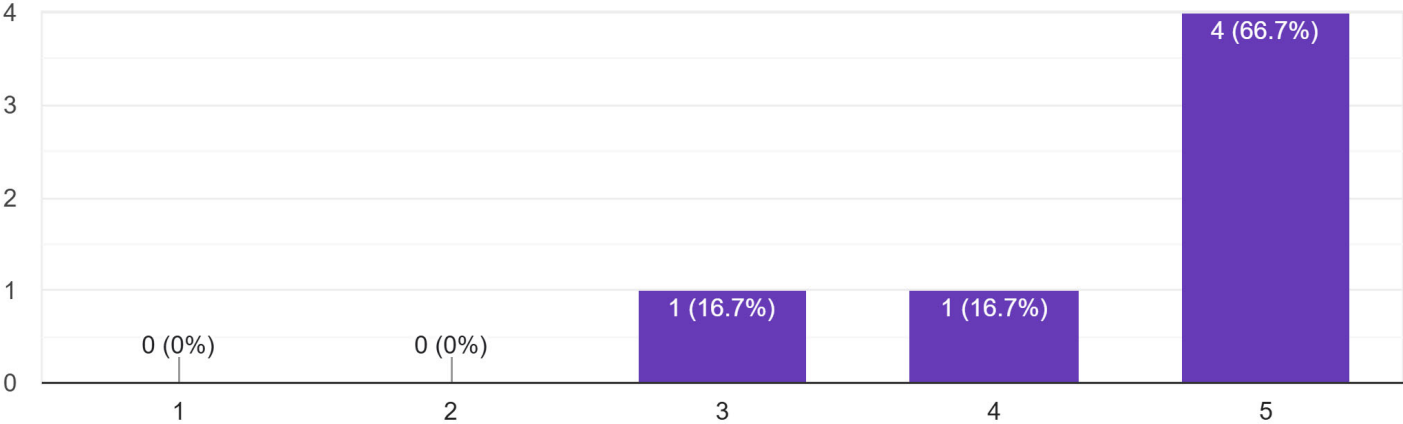
6 responses



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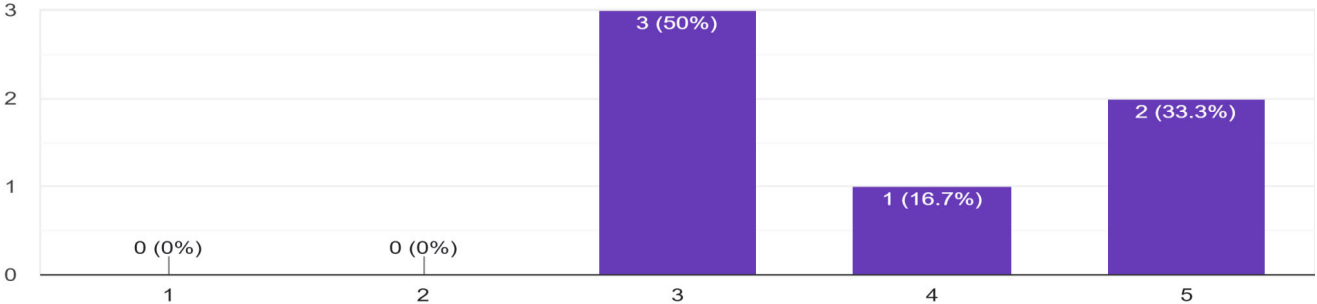
6 responses



I feel like we made progress toward increased mental wellbeing and community support for healthcare professionals.

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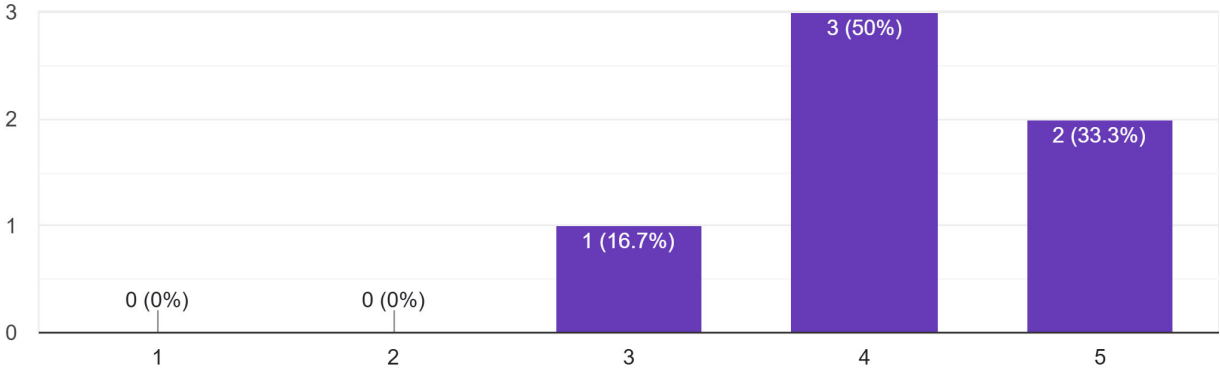
6 responses



I feel this program provided peer support training to healthcare professionals.

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6 responses



Assessment

- Hosted focus groups with employers, healthcare representatives, and committee members
- Signed an MOU with WISCAP to assist with the review and deployment of the ROMA assessment chosen by the committee
- Created a report of existing data and responses from focus groups
 - Shared draft report with advisory group for feedback/sense of making of results
 - Released report via press release

Services Provided

- **Provided healthcare-specific resources determined/provided by the committee to 2-1-1 in order for 2-1-1 to create a guided search for MHTR that will remain live until 2027.**
 - <https://211wisconsin.communityos.org/healthcare-professional-search>
- **Expanded hotline services by providing resources for mental health training and funding where applicable**

Trainings/Services Offered

- **Training and deployment of peer support offerings to work with healthcare and public health workers**
 - Grief Management Training by Spiritual Associations
 - 8 signed up to attend, 8 attendees
 - Mental Health First Aider
 - 137 signed up to attend, 69 attendees
 - Mental Health First Aid Instructor Training
 - 9 signed up, 8 attendees
 - QPR Training
 - 63 signed up to attend, 51 projected to attend
 - Psychological First Aid Trainings
 - 32 signed up to attend, 13 attendees
 - ARC held 25 groups November- March
 - 28 signed up to attend, 14 attendees

Fund Gathering and Awareness

- Created materials to share with healthcare providers who would like to transition to doing wellness work with healthcare or public health workers
 - [MHTR Wellness Work.pptx](#)
- Provided resources/connections with local funding opportunities that would support efforts for scholarships to facilitate increased healthcare and public health scholarship opportunities at training/educational institutions
 - [MHTR Scholarship opportunities.pptx](#)
- Created flyer on the Caminos CNA program in English and Spanish
 - See next slide for flyer
- Researched and discussed possible fundraisers, legislation intending to be reintroduced, and private foundations/grants that can be applied for in the future if the committee chooses to do so.



In Partnership with
Dane County



CAMINOS CNA SCHOLARSHIP

For Healthcare Employees in Dane County

The Caminos CNA Program results from a collaborative effort between Madison College and the United Way HIRE Initiative.

This program is a four-month college-level CNA training course offered twice a year for Dane County residents who speak **English as a second language**.

- **Spring** semesters start in January with evening classes from 5:00 pm–9:30 pm.
- **Fall** semesters start in August, with morning classes from 9:00 am–1:30 pm.

All classes take place at Centro Hispano and the MATC–South Campus.

Recruitment and applications open **3 months before** the start of the semester.

Program contact:

Silvia Martinez,
Caminos Health Pathways Specialist
silvia@micentro.org



Scan the QR code to find
further information:



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Community Action Coalition for South Central Wisconsin is a nonprofit working to end poverty and help people live better lives. We're collaborators who apply innovative, targeted strategies to identify and serve the areas of greatest need.

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questions?





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thank you!



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