

# Cambridge Area Senior Resource Network 2020-21 Community Survey: Transportation Results

Mary Gjermo, Marriage & Family Therapist and Life Coach

Co-Chair Kate McGinnity, Dane County Board Supervisor District 37

Mark McNally, Village of Cambridge President

Secretary Sharon Mason-Boersma, Retired Dane County Social Worker

Lisa Moen, Village of Cambridge Administrator/Clerk/Treasurer

Co-Chair Laura Payne, Jefferson County Board Supervisor

Bob Salov, Former Dane County Board Supervisor

Jesse Heer, UW-Madison Social Work Graduate Student

### Mission

- Cambridge community volunteers who worked on saving the senior meal site program saw the need for better awareness and coordination of existing services and resources for older adults. These individual volunteers formed a grass roots committee called the Cambridge Area Senior Resource Network (CASRN) for that purpose.
- CASRN focused on two initial projects.
   The first involved mapping existing services and resources with the goal of creating a senior resource directory. The second focus was on the development of a survey.
- This survey was distributed to the community in Nov-Dec 2020 and the results were tallied in January 2021.

Cambridge Area Senior Resource Network Needs Assessment Survey Click here for the survey

Dear Cambridge Area Residents 55 & Older,

In what began as a grass roots effort to save our senior lunch program, we formed the Cambridge Area Senior Resource Network which expanded to look more broadly at the needs of and services available for seniors in the Cambridge area.

If you are 55 and older and live in the Cambridge school district, we need your input about your specific needs and how well they are being met. Each person 55 and older in your household is invited to participate in our need's assessment survey. You can take the survey online at <a href="https://forms.gle/JaE6ZaYr5uKw4ikp9">https://forms.gle/JaE6ZaYr5uKw4ikp9</a> or download a paper copy. Paper copies are also available for pick up and drop off at the offices of the Villages of Cambridge and Rockdale, the offices of the townships of Christiana and Oakland, the Cambridge Community Library, CART Office, local banks, and most of the local churches.

We have engaged Jesse Heer, a UW graduate student in social work, to help us prepare, distribute, and analyze our survey results.

Your participation is voluntary and confidential. If you need help filling out the survey, Jesse or a local volunteer can assist you. Your name will not be attached to your survey form.

Please complete the needs assessment by December 21, 2020. The data will be used to provide a better picture of the needs of our senior citizens and how well they are being met.

If you have questions, please contact Mary Gjermo (608) 423-4272 or Bob Salov (608) 513-4046 or send an email inquiry to <a href="mailto:cambridgeseniorsurvey@gmail.com">cambridgeseniorsurvey@gmail.com</a>

Thank you for your participation in our survey,

Many Gjermo, Marriage & Family Therapist and Life Coach
Co-Chair Kate McGinnity, Dane County Board Supervisor District 37
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Bob Salov, Former Dane County Board Supervisor
Advisors: Sandra Harter, Dane County Social Worker, Joining Forces for Families
Sharon Olson, Manager of ADRC of Jefferson County

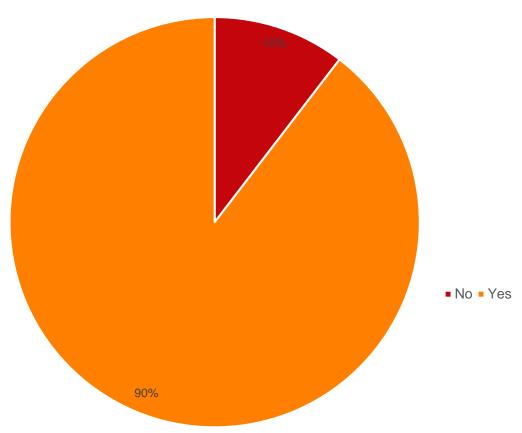


### **Executive Summary**

- The 2020 Needs Assessment Survey was distributed to over 40 local churches, business, and online forums who in turn passed them along to consumers and parishioners.
- The CASRN distributed over 700 paper surveys and with 192 individuals electing to complete the survey online or on paper. It is worth noting that although there were 192 participants 105 of these participants indicated they lived with a spouse and based on our analysis this would push survey participation to 252 275 accounting for couples who answered together on a single survey.
- 10% of individuals surveyed indicated that they did not have access to consistent transportation. This number maybe underrepresenting this population due because people without transportation may have been unable to access the CASRN survey.
- All 4 of the transportation programs were utilized far less than the other services listed, with 0 individuals indicating that they used the Community Ride Share in the past 24 months.

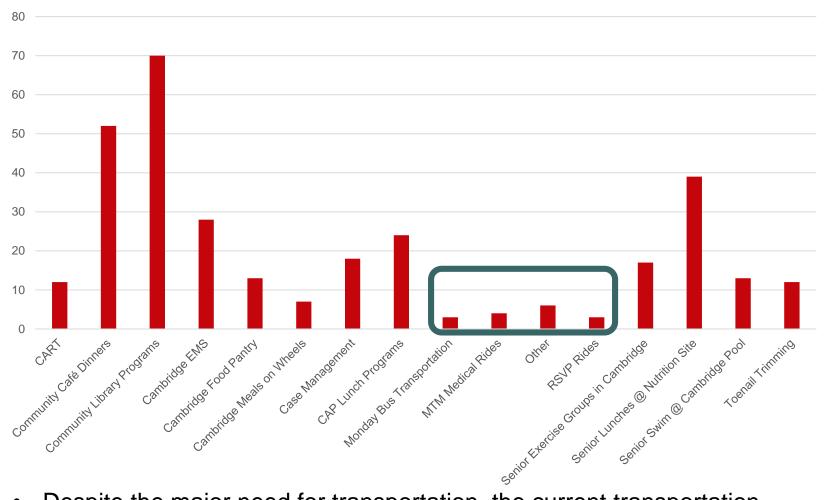
## **Transportation Access**





 20 individuals indicated that they did not have reliable and consistent access to transportation.

### Cambridge Services Utilized – 2019-2020



 Despite the major need for transportation, the current transportation programs are the least utilized programs in the community according to the survey.

## Average Program Utilization - 2019-2020

Program	1	2	3	4	5	AVG
Cambridge Community Library Programs	115	21	26	11	19	1.95
Cambridge Community Cafe Dinners	129	20	9	8	26	1.86
Senior Lunches @ Cambridge Nutrition Site	152	21	5	3	11	1.44
Senior Exercise Groups in Cambridge	171	3	1	0	16	1.35
Community Activity Program (CAP) Lunch Programs	165	8	8	1	10	1.35
Cambridge Emergency Medical Transportation (EMS)	158	23	3	4	4	1.30
Cambridge Food Pantry	176	6	2	3	5	1.20
Toenail Trimming Clinic at Amundson Community Center	179	5	2	2	4	1.16
Senior Swim @ Cambridge Pool	177	8	3	0	4	1.16
Case Mgmt - SW Services from McFarland Sr Outreach or Jefferson County	173	13	3	3	0	1.15
Cambridge Area Resource Team Services (CART)	180	4	3	3	2	1.14
Cambridge Meals on Wheels	187	2	0	1	2	1.07
Monday Bus Transportation to Madison Malls from Cambridge	189	0	0	0	3	1.06
RSVP Rides	187	2	1	1	1	1.06
MTM Medical Rides (Non-Emergency)	185	5	2	0	0	1.05
Community Ride Sharing to Cambridge Stores & Clinics	192	0	0	0	0	1.00

- 6 programs were utilized over that cumulative average for all programs, with the Community Library Programs and the Café Dinners showing by far the most utilization and EMS being utilized slightly more than average.
- All 4 of the transportation programs were utilized far less than the other services listed, with 0 individuals indicating that they used the Community Ride Share in the past 24 months.

## Most Beneficial Community Programs

Most Reviewed Programs	Number of Responses
Library Programs	33
Senior Lunches @ Cambridge Nutrition Site	20
EMS	17
Senior Swim and Exercise Programs	16
MTM, RSVP, & Other Transportation	9
Café Dinners	9
CAP	7
CART	6
Food Pantry	4
Case Management	3
Meals on Wheels	2
All Programs	2
Toenail Clinic	1

#### Which of the above programs provide the most benefit to you?

- Cambridge meal site & MTM rides
- Medical rides are important
- I use Medical Transportation
- The MTM are very beneficial to me
- I have used MTM Medical Rides a couple of times
- RSVP I have no transportation, EMS
- RSVP rides because my husband prefers not to drive in Madison, and I need to get to Madison and Milwaukee to see my doctors
- Senior Lunches Good Nutritious meals. Transportation & RSVP Rides. Senior Exercise group

### Concerns about Current Programs

Program	Community Members Expressing Concerned
Directory & Increased Program Info	16
Meals on Wheels	9
Transportation Programs	6
Other	6
Exercise Programs	5
More Socialization	3

#### What do you like least about the current programs that are listed above?

- I don't have time for bingo and other programs at Cap lunches and just go for the meal. Community rides need to be greatly expanded.
- MTM rides are unreliable, and some vehicles are too cramped
- · My lack of mobility to be able to access
- Since I don't always have transportation, it would be good if Senior lunch meals could be delivered to my home.
- · That they discontinued the mall rides
- The Dane County transportation program took over RSVP rides. I don't have transportation to my Milwaukee Dr. the Dane County transportation program will not take me to Stoughton for the PD exercise group.

## Recommended Changes and Requests

Comment Theme	# of Responses
Directory	14
Exercise Programs	10
Meals On Wheels	8
Socialization & Entertainment	5
Transportation Services	4
Other	4
Senior Center	4
Keep All Programs	2
Senior Meals	3
Safety Programs	1

### What recommendations or changes to the programs listed above would you like to see implemented in the future?

- A ride service that can take people outside of Cambridge to Milwaukee and Stoughton
- More transportation to other communities such as Stoughton especially for those without a vehicle.
- · Restart the mall rides
- Rides to Dr. appointments in Madison
- Need to better communicate what is available, I didn't know that there was a ride to Madison Malls program and Community Ride Sharing.
- Transportation is a huge problem for many of us

## Requested Programs

Requested Program	# of Requests
Senior Center in Cambridge	68
Home Repair (Handyman) Services	49
Warm Water Therapy Pool	46
Affordable & Safe Housing	40
House Cleaning	39
Caregiver Respite Service	29
Local Loan Closet for Assistive Devices	29
Technology Assistance	29
Weekly Card Games & Board Games	29
Caregiver Respite Service	27
Fall Prevention Assessment & Training	27
Snow Removal/Garden & Lawn Care	26
Theater Bus	25
Chore Services	23
Medicare Related Questions	23
Recreation Services	23
Taxi Service	20
Meals on Wheels for the Evening Meal	18
Friendly Visitor Services	16
Personal Shopper	16
Caregiver Respite Service	14
Use Golf Carts on Village Streets	13
Dog Walker	12
Safety Programs	10
Nursing Home (Local)	8
Dog Walker	4
Managing Finances	3
Someone to read books or magazines to me	2
Other (single responses)	17

- 20 individuals stated that there was a need for a Taxi Service in Cambridge.
- 25 individuals indicated that they would like to have a theater bus program

# Questions?

