



Dane County

Minutes - Final Unless Amended by Committee

Area Agency on Aging - Nutrition / Wellness Committee

Consider:

Who benefits? Who is burdened?

Who does not have a voice at the table?

How can policymakers mitigate unintended consequences?

Wednesday, September 6, 2023

11:30 AM

This is a Hybrid Meeting: Attend in person at 2865 N
Sherman Ave, Conference Room 109; Attend virtually
via Zoom.

See below for additional instructions on how to attend the meeting and provide public
testimony.

The Wednesday September 6, 2023 AAA Nutrition/Wellness Committee meeting will be a hybrid meeting.
Members of the public can either attend in person or virtually via Zoom.

The public can attend in person at the ADRC building, 2865 N Sherman Ave Room 109, Madison.

The public can access the meeting virtually with the Zoom application or by telephone.

To join the meeting in Zoom, click the following link (after you fill out the form, the meeting link and
access information will be emailed to you):

https://zoom.us/webinar/register/WN_WmQnb3-3SwWcgostfcw2Tg

This link will be active until the end of the meeting.

To join the meeting by phone, dial-in using one of the following three toll-free phone numbers:

1-833-548-0276

1-833-548-0282

1-888-788-0099

When prompted, enter the following Webinar ID: 941 9651 2716

PROCESS TO PROVIDE PUBLIC COMMENT:

IN PERSON: Any members of the public wishing to register to speak on/support/oppose an agenda item can register in person at the meeting using paper registration forms. IT IS HIGHLY ENCOURAGED TO REGISTER VIA THE ZOOM LINK ABOVE EVEN IF YOU PLAN ON ATTENDING IN PERSON.

In person registrations to provide public comment will be accepted throughout the meeting.

VIRTUAL: Any members of the public wishing to register to speak on/support/oppose an agenda item MUST REGISTER USING THE LINK ABOVE (even if you plan to attend using your phone).

Virtual registrations to provide public comment will be accepted until 30 minutes prior to the beginning of the meeting.

In order to testify (provide public comment) virtually, you must be in attendance at the meeting via Zoom or phone, you will then either be unmuted or promoted to a panelist and provided time to speak to the body.

If you want to submit a written comment for this meeting, or send handouts for board members, please send them to: Matulle.Cindy@countyofdane.com

Staff and Guests Present: Shannon Gabriel, Cindy Matulle, Claire Purkis, and Allison Wilkins.

A. Call To Order

Chair WERNER called the meeting to order at 11:33 am.

Present 4 - RACHEL BRICKNER, CAROLINE WERNER, DIANE GOLDENSOPH, and HELEN PAN

Absent 3 - LINDA FULLER, TRACY CHASE, and DAVE GENSON

B. Consideration of Minutes

[2023](#)
[MIN-256](#) AAA Nut/Well Minutes from June 7, 2023

Attachments: [2023_0607_AAA Nutrition-Wellness Committee Minutes](#)

A motion was made by BRICKNER, seconded by PAN, that the minutes be approved the minutes. The motion carried by a voice vote.

C. Action Items

1. Election of Committee Officers

No action taken hoping next meeting will have more members present.

2. 2024 Meeting Day and Time Schedule

A motion was made by GOLDENSOPH, seconded by BRICKNER, to approve having quarterly meetings at the same time next year.. The motion carried unanimously.

D. Presentations

1. Catering Changes June 1st to Present & A Showcase of the Variety within Dane County Senior Nutrition Program (Shannon Gabriel)

[2023](#) Nutrition Menu
[PRES-128](#)

Attachments: [Menu Attachment](#)

AAA Healthy Aging Coordinator Shannon Gabriel discussed the new caterers and shared examples of menus from Senior Centers.

2. Healthy Aging Workshops-Workshops Offered, What's Involved & What's New (Shannon Gabriel)

[2023](#) Healthy Aging Workshops
[PRES-129](#)

Attachments: [Dane County Healthy Aging Workshops 2023](#)

GABRIEL reviewed all of the classes offered for the year.

E. Reports to Committee

1. Budget Update for 2024

GABRIEL reported the catering money was approved by the Human Services Department for the request that was made.

2. Dietitian Program Update

[2023](#) Congregate and HDM Surveys
[RPT-258](#)

Attachments: [Congregate Survey Dane](#)
[HDM Survey Dane.doc](#)

GABRIEL reviewed the Nutrition Surveys that will be distributed this fall.

3. Healthy Aging Program Update

None.

4. Chair & Staff Updates

None.

F. Future Meeting Items and Dates

Next meeting: Wednesday, November 1, 2023 at 11:30 AM via Hybrid

G. Public Comment on Items not on the Agenda

None.

H. Such Other Business as Allowed by Law

None.

I. Adjournment

A motion was made by GOLDENSOPH, seconded by PAN, that the meeting be adjourned at 12:52 pm. The motion carried unanimously.

Minutes respectfully submitted by Cindy Matulle, AAA Clerk.