

## **Dane County**

# Minutes - Final Unless Amended by Committee

## Area Agency on Aging - Nutrition / Wellness Committee

Consider:

Who benefits? Who is burdened?
Who does not have a voice at the table?
How can policymakers mitigate unintended consequences?

Wednesday, August 7, 2024

11:30 AM

This is a Hybrid Meeting: Attend in person at 2865 N Sherman Ave, Conference Room 108; Attend virtually via Zoom.

## See below for additional instructions on how to attend the meeting and provide public testimony.

The Wednesday August 7, 2024 AAA Nutrition/Wellness Committee meeting will be a hybrid meeting. Members of the public can either attend in person or virtually via Zoom.

The public can attend in person at the ADRC building, 2865 N Sherman Ave Room 108, Madison.

The public can access the meeting virtually with the Zoom application or by telephone.

To join the meeting in Zoom, click the following link (after you fill out the form, the meeting link and access information will be emailed to you):

https://zoom.us/webinar/register/WN\_WmQnb3-3SwWcgostfcw2Tg This link will be active until the end of the meeting.

To join the meeting by phone, dial-in using one of the following three toll-free phone numbers:

1-833-548-0276

1-833-548-0282

1-888-788-0099

When prompted, enter the following Webinar ID: 941 9651 2716

#### PROCESS TO PROVIDE PUBLIC COMMENT:

IN PERSON: Any members of the public wishing to register to speak on/support/oppose an agenda item can register in person at the meeting using paper registration forms. IT IS HIGHLY ENCOURAGED TO REGISTER VIA THE ZOOM LINK ABOVE EVEN IF YOU PLAN ON ATTENDING IN PERSON.

In person registrations to provide public comment will be accepted throughout the meeting.

VIRTUAL: Any members of the public wishing to register to speak on/support/oppose an agenda item MUST REGISTER USING THE LINK ABOVE (even if you plan to attend using your phone).

Virtual registrations to provide public comment will be accepted until 30 minutes prior to the beginning of the meeting.

In order to testify (provide public comment) virtually, you must be in attendance at the meeting via Zoom or phone, you will then either be unmuted or promoted to a panelist and provided time to speak to the body.

If you want to submit a written comment for this meeting, or send handouts for board members, please send them to: Matulle.Cindy@danecounty.gov

Staff and Guests Present: Shannon Gabriel, Cindy Matulle, and Claire Purkis.

#### A. Call To Order

Chair GENSON called the meeting to order at 11:34 am.

Present 7 - RACHEL BRICKNER, LINDA FULLER, CAROLINE WERNER, DIANE GOLDENSOPH, HELEN PAN, DAVE GENSON, and KRISTY SCHUSTER

Absent 1 - EMILY MURWIN

1. Introduction of New Member: Kristy Schuster

I have a Masters of Health Administration from the University of South Carolina and worked for 10 years as a licensed Nursing Home Administrator in Pennsylvania and in Dodge County, Wisconsin. After having my third child, I took time off professionally but volunteered as an Evening Meals on Wheels volunteer for 4-5 years in Dane County as well as became (and remain) a volunteer Guardian through NewBridge for a senior in the community without family able to help him.

I became the Service Coordinator at The Colonial View apartment in Sun Prairie last September. The View is a HUD subsidized low-income housing complex for independent seniors age 62+ and those with physical mobility disabilities. My job is to ensure that the tenants receive the services and benefits they need to successfully live here for as long as it is safe for them to do so.

I look forward to the opportunity to be a contributing member of the Nutrition and Wellness Committee.

2. Announcement of Member leaving: Linda Fuller

#### **B.** Consideration of Minutes

This resolution was approved the minutes

2024 AAA Nutrition/Wellness Minutes from May 8, 2024

MIN-113

<u>Attachments:</u> 2024 0508 AAA Nutrition-Wellness Committee Minutes

A motion was made by WERNER, seconded by GOLDENSOPH, that the minutes be approved. The motion carried by a voice vote.

#### C. Presentations

1. Goodman Community Center Dining Site Review (Caroline Werner)

2024 Goodman Site Review

**PRES-049** 

Attachments: Goodman Site Review 6 3 2024

WERNER shared highlights from her site review.

2. McFarland Senior Outreach Dining Site Review (Linda Fuller)

2024 McFarland Site Review

**PRES-050** 

Attachments: McFarland congregate site meal review 7-24-24

FULLER shared highlights from her site review.

3. Future Dining Site Review Needs from Committee Members – Two Visits/Calendar Year

2024 Site Review Needs

PRES-051

Attachments: Dining Site Visit Review Form 2024

Site Review Checklist 7.8

AAA Nutrition Coordinator Shannon Gabriel reviewed what sites still needed a review. GENSON signed up for Middleton and NWDSS. PAN signed up for Hmong, Madison Senior Center and JSS. SCHUSTER signed up for Warner Park and Cambridge.

4. Monona Dining Site Review (Werner)

2024 Monona Dining Site Review

**PRES-052** 

Attachments: Monona Site Review 7.12.24

WERNER shared her site review.

#### D. Discussion Item

**Wellness Committee** 

Suggested Donation Rate Increase

Discussion by members and reviewing comments from Nutrition Coordinators from meal sites.

#### E. Action Items

Suggested Donation Rate Increase

2024 Suggest Donation Rate Increase

**ACT-097** 

Attachments: Donations Data Discussion

A motion was made by WERNER, seconded by GENSON, to approve an increase to the recommended donation amount to \$5 to start October 1, 2024. The motion carried by a voice vote.

#### F. Reports to Committee

Present 6 - RACHEL BRICKNER, LINDA FULLER, CAROLINE WERNER, HELEN PAN, DAVE

GENSON, and KRISTY SCHUSTER

Excused 1 - ROBIN POTTER

Absent 2 - DIANE GOLDENSOPH, and EMILY MURWIN

#### 1. Dietitian Program Update

GABRIEL shared the 2025 nutrition budget will remain the same with no request for additional funding.

#### 2. Chair & Staff Updates

GENSON shared two staff members have left the Madison Senior Center and are working on hiring those positions.

## G. Future Meeting Items and Dates

Next meeting: November 13, 2024 at 11:30am via hybrid.

### H. Public Comment on Items not on the Agenda

None.

#### I. Such Other Business as Allowed by Law

None.

## J. Adjournment

A motion was made by WERNER, seconded by SCHUSTER, that the meeting be adjourned at 12:56 pm. The motion carried unanimously.

Minutes respectfully submitted by Cindy Matulle.