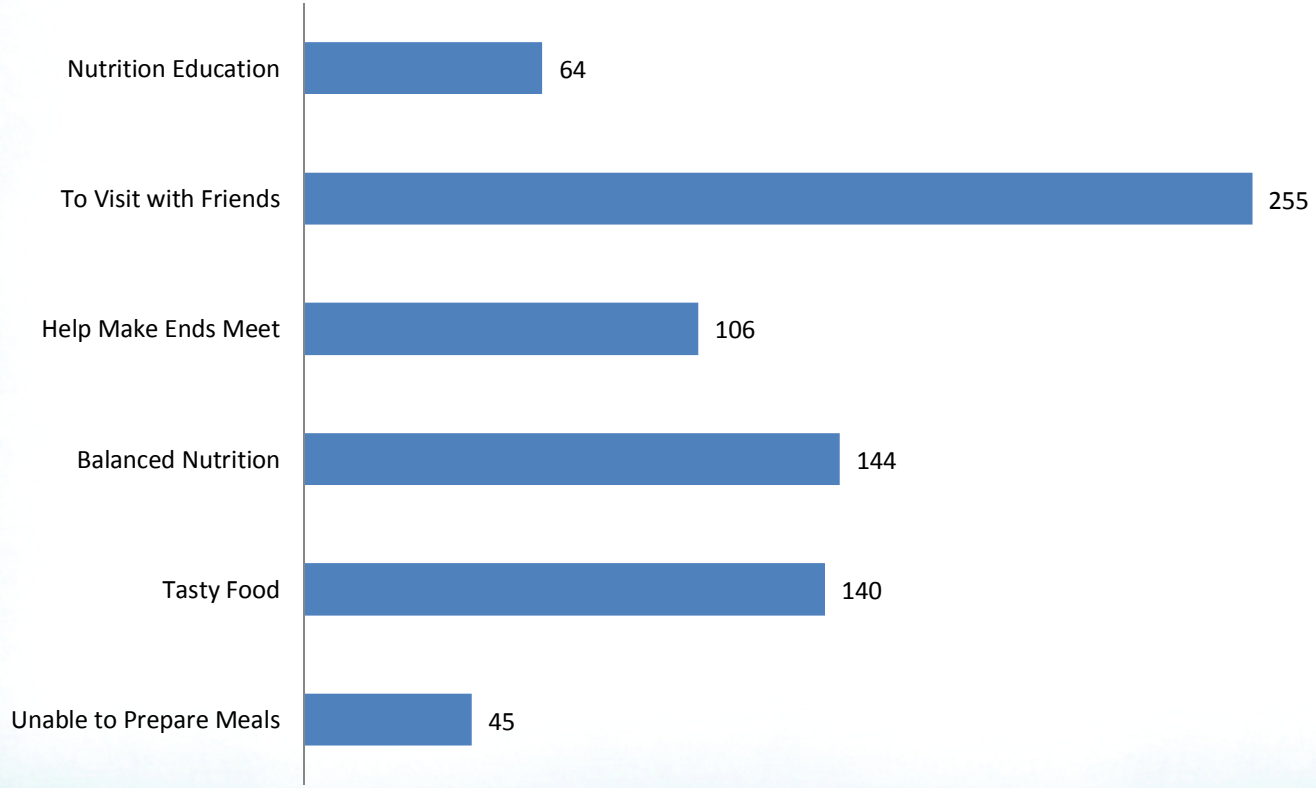
Statewide WI Senior Nutrition Program Survey: Dane County Results

DANE COUNTY
Department of Human Services

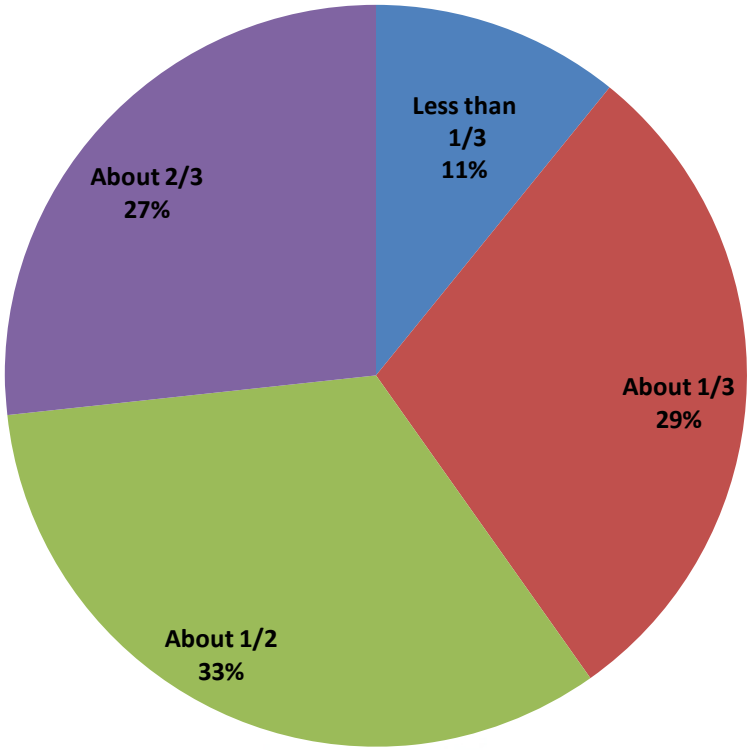
Senior Dining

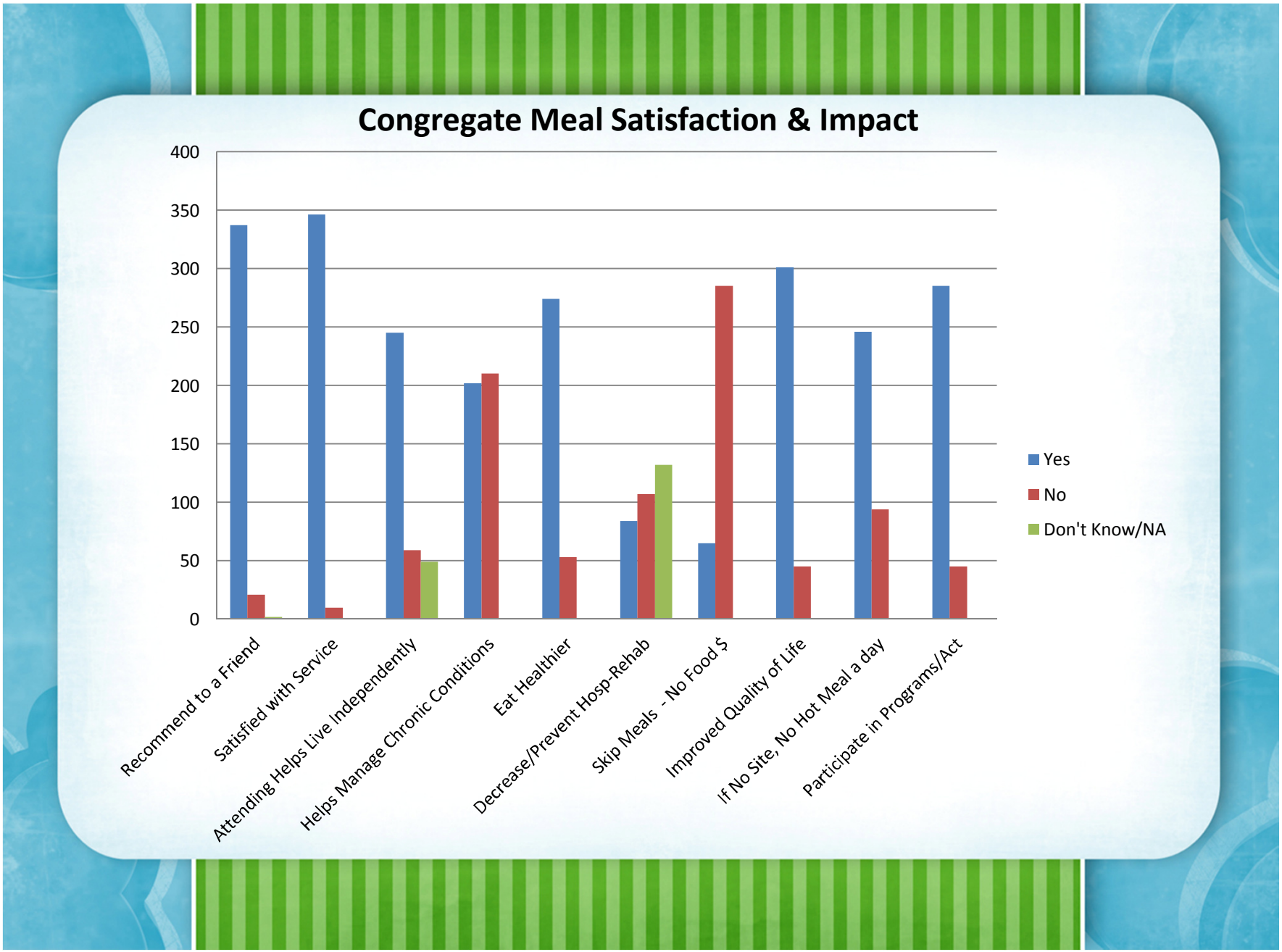
Fellowship, Food Fun

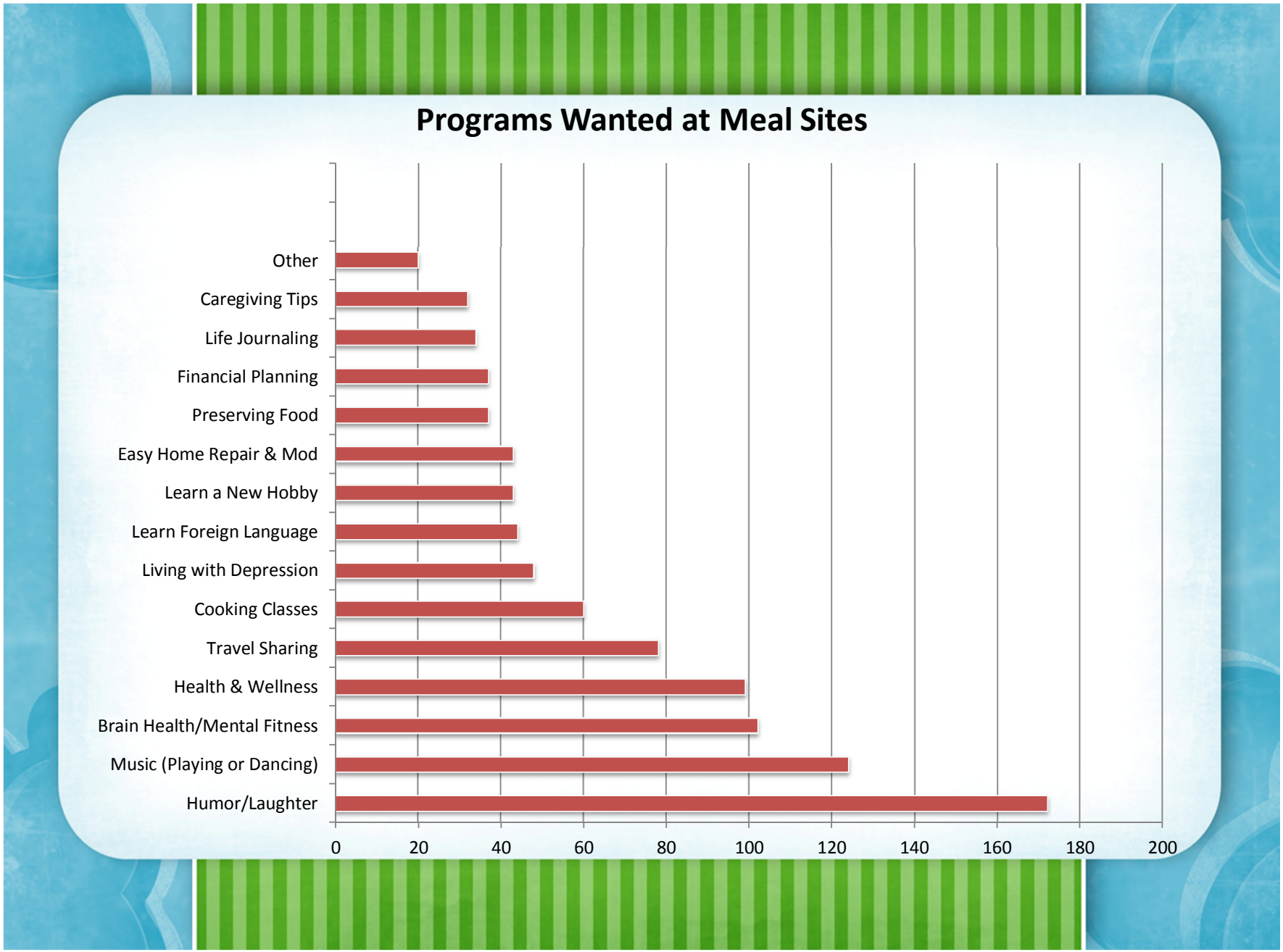
Why Do Seniors Attend Congregate Meal Sites (377 Total Surveys)



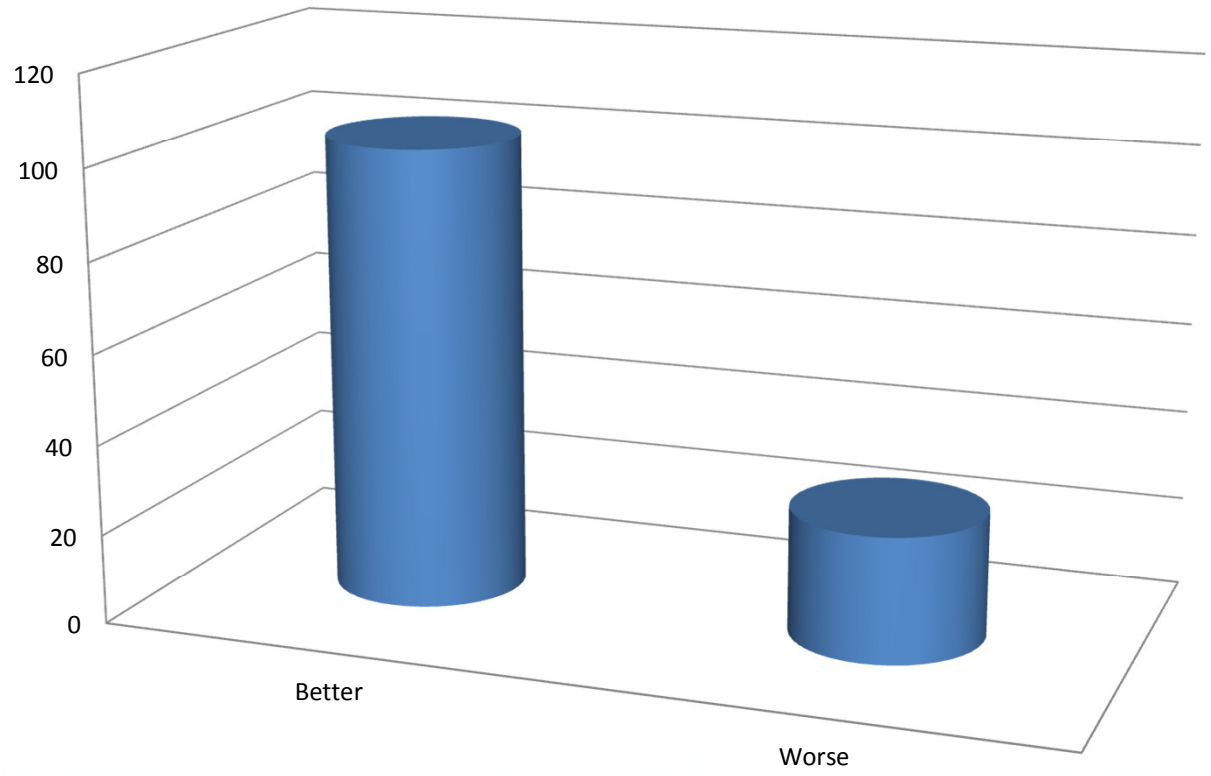
Congregate Meal is What % of All Food the Consumer Eats that Day



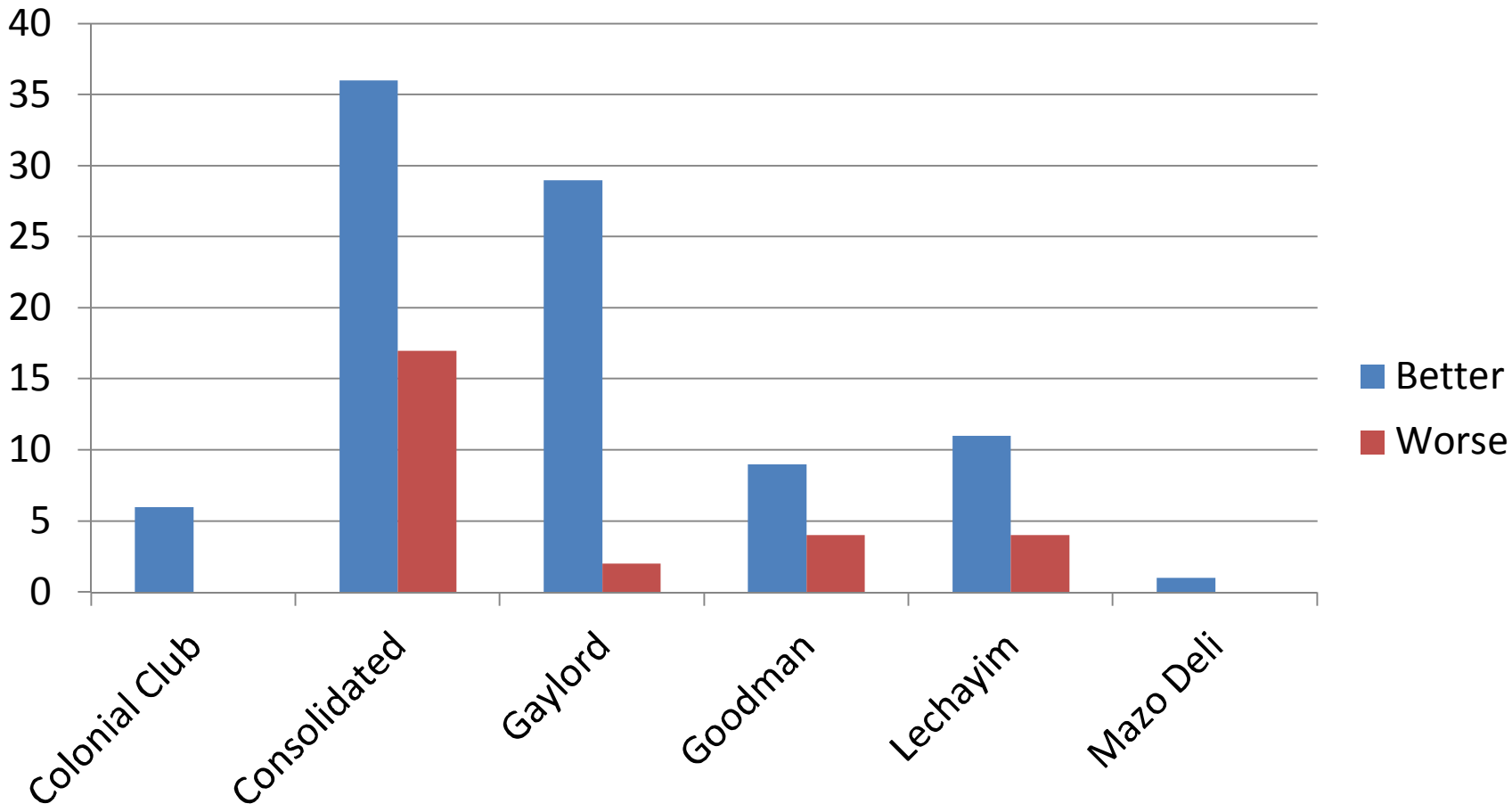

Congregate Meal Satisfaction & Impact
400
350
300
250
200
150
100
50
0
Recommend to a Friend
Satisfied with Service
Attending Helps Live Independently
Helps Manage Chronic Conditions
Eat Healthier
Decrease/Prevent Hosp-Rehab
Skip Meals - No Food $
Improved Quality of Life
If No Site, No Hot Meal a day
Participate in Programs/Act
Yes
No
Don't Know/NA

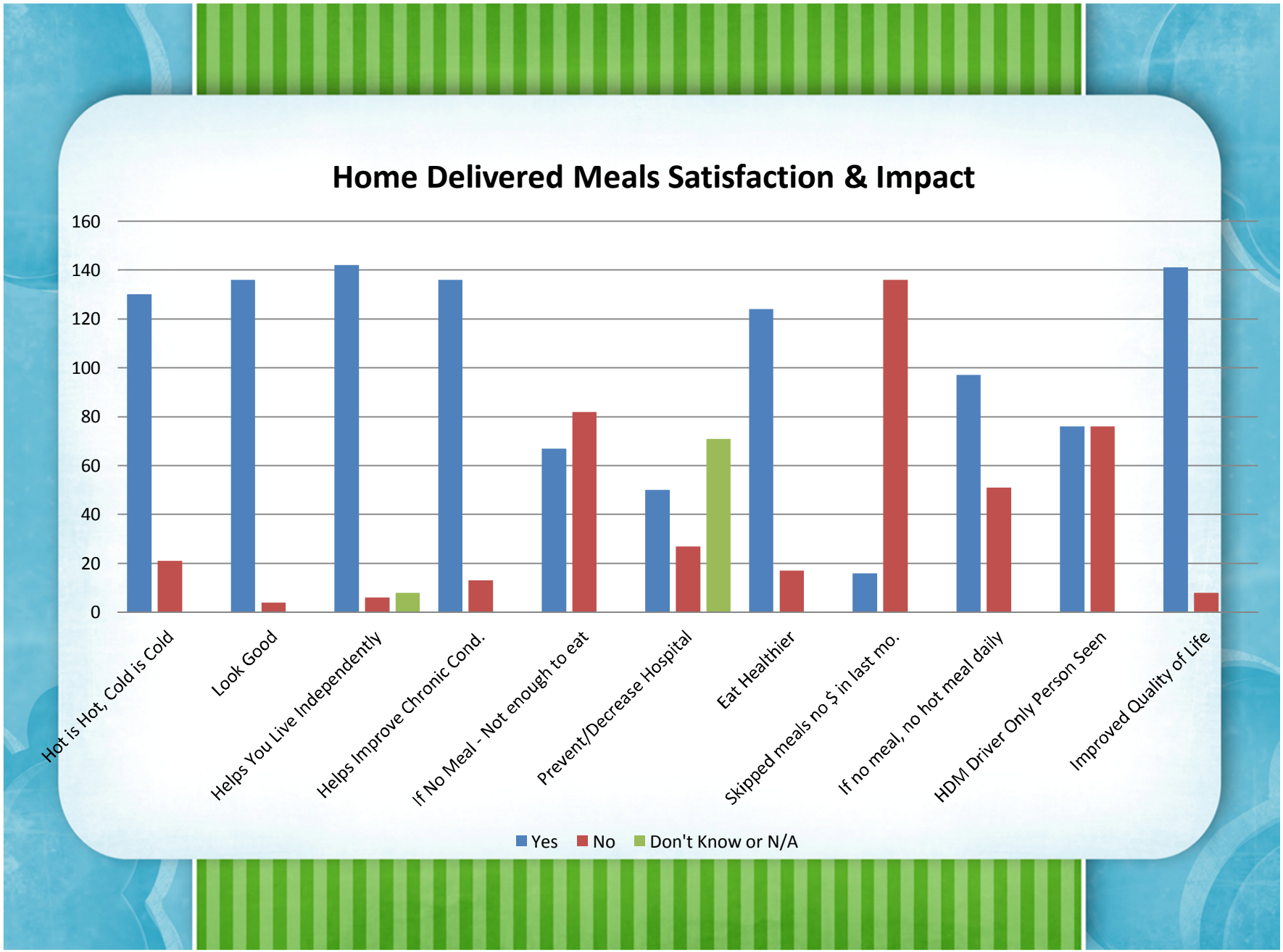

Programs Wanted at Meal Sites
Other
Caregiving Tips
Life Journaling
Financial Planning
Preserving Food
Easy Home Repair & Mod
Learn a New Hobby
Learn Foreign Language
Living with Depression
Cooking Classes
Travel Sharing
Health & Wellness
Brain Health/Mental Fitness
Music (Playing or Dancing)
Humor/Laughter
0
20
40
60
80
100
120
140
160
180
200

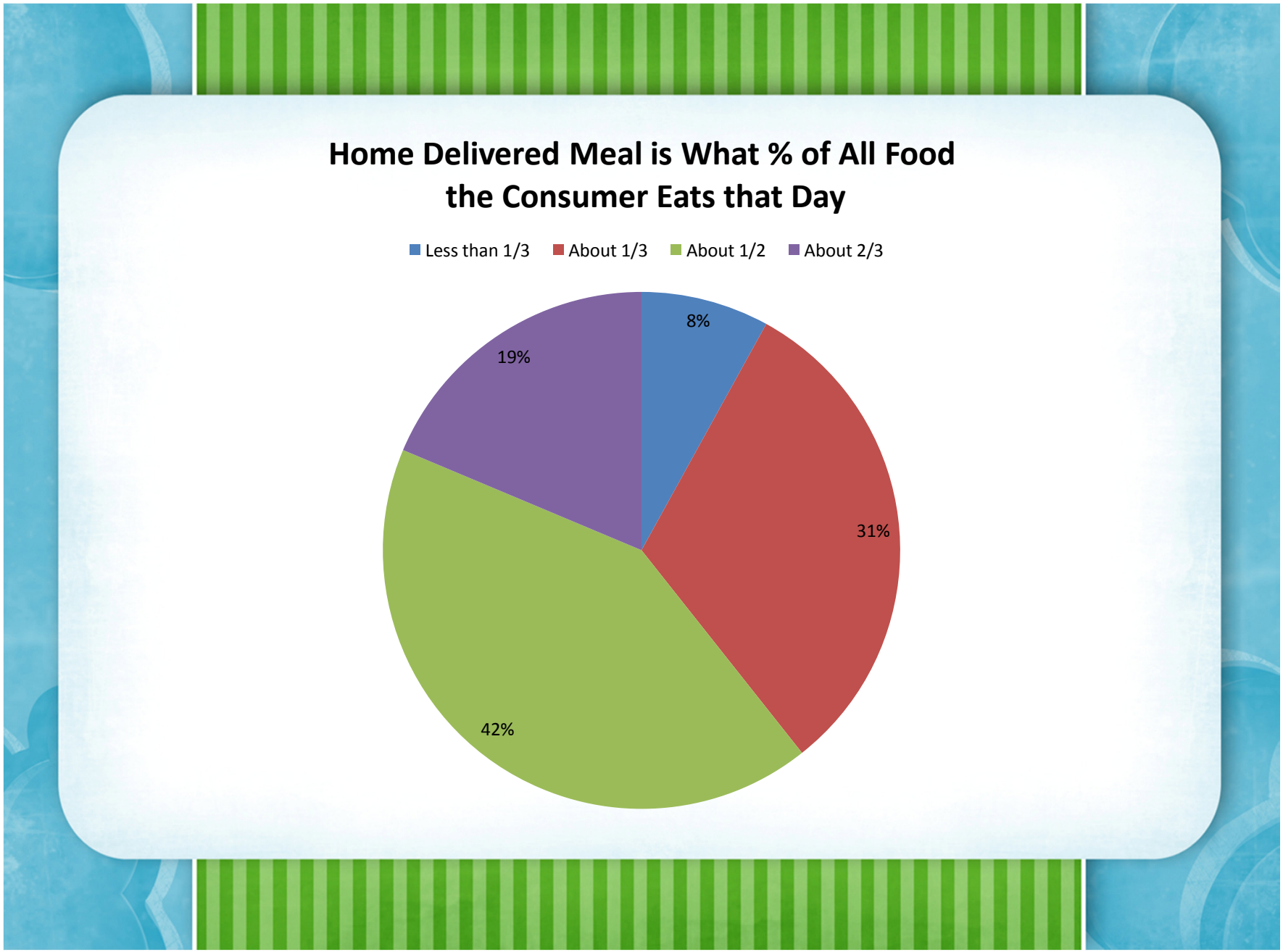
Congregate Meal Food Quality Changes

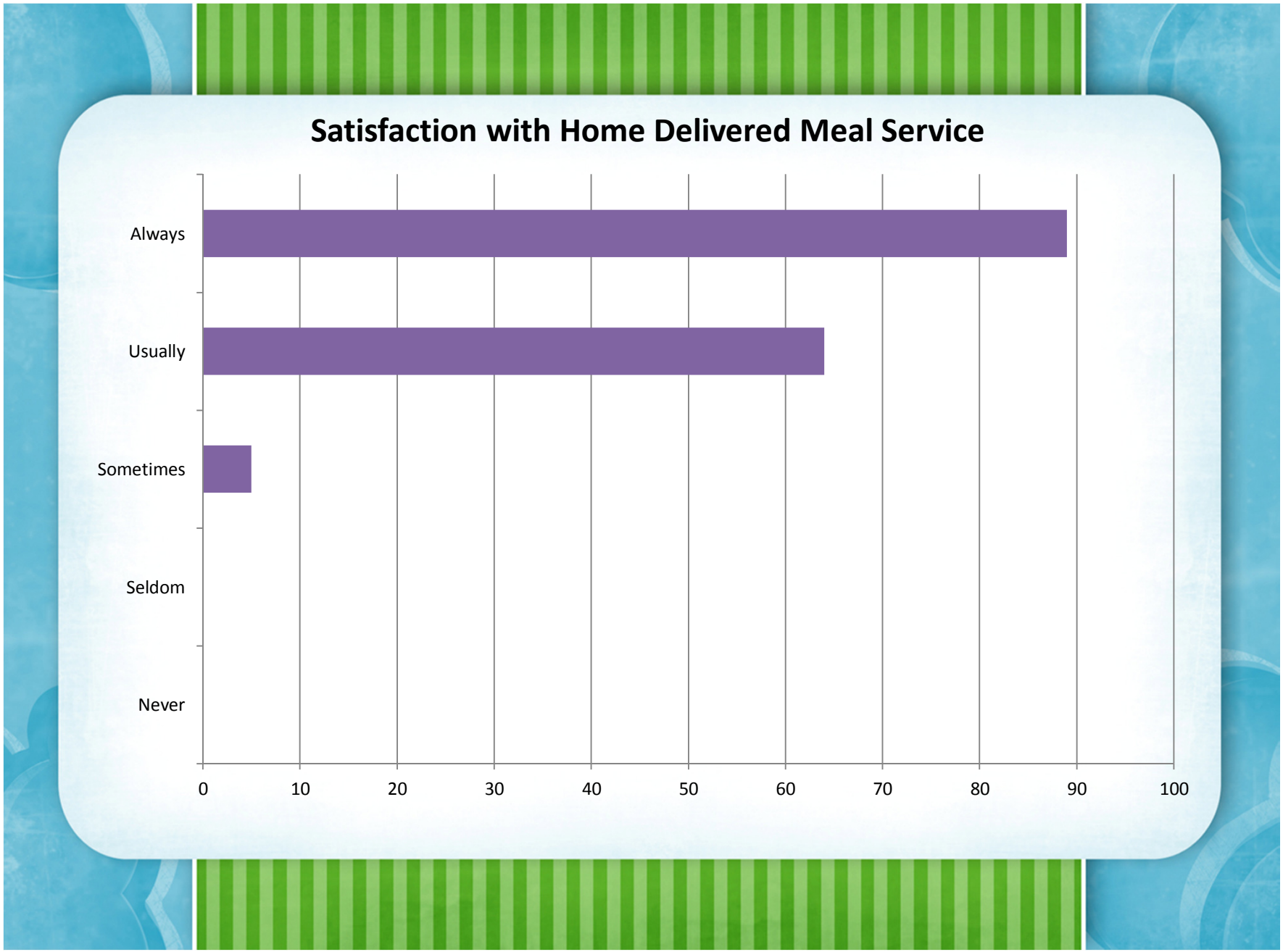


Congregate Food by Caterer

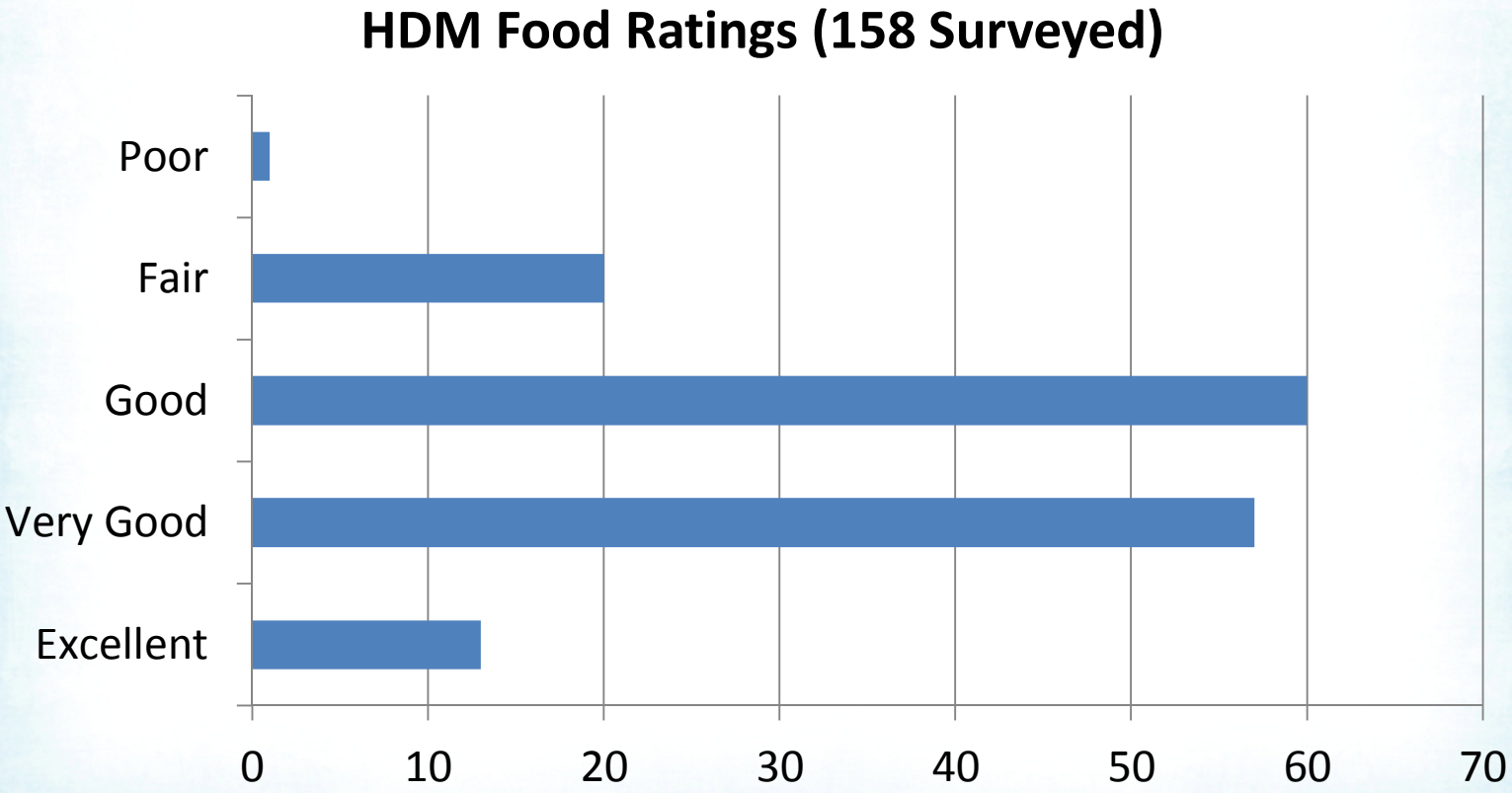



Home Delivered Meals Satisfaction & Impact
160
140
120
100
80
60
40
20
0
Hot is Hot, Cold is Cold
Look Good
Helps You Live Independently
Helps Improve Chronic Cond.
If No Meal - Not enough to eat
Prevent/Decrease Hospital
Eat Healthier
Skipped meals no $ in last mo.
If no meal, no hot meal daily
HDM Driver Only Person Seen
Improved Quality of Life
Yes
No
Don't Know or N/A

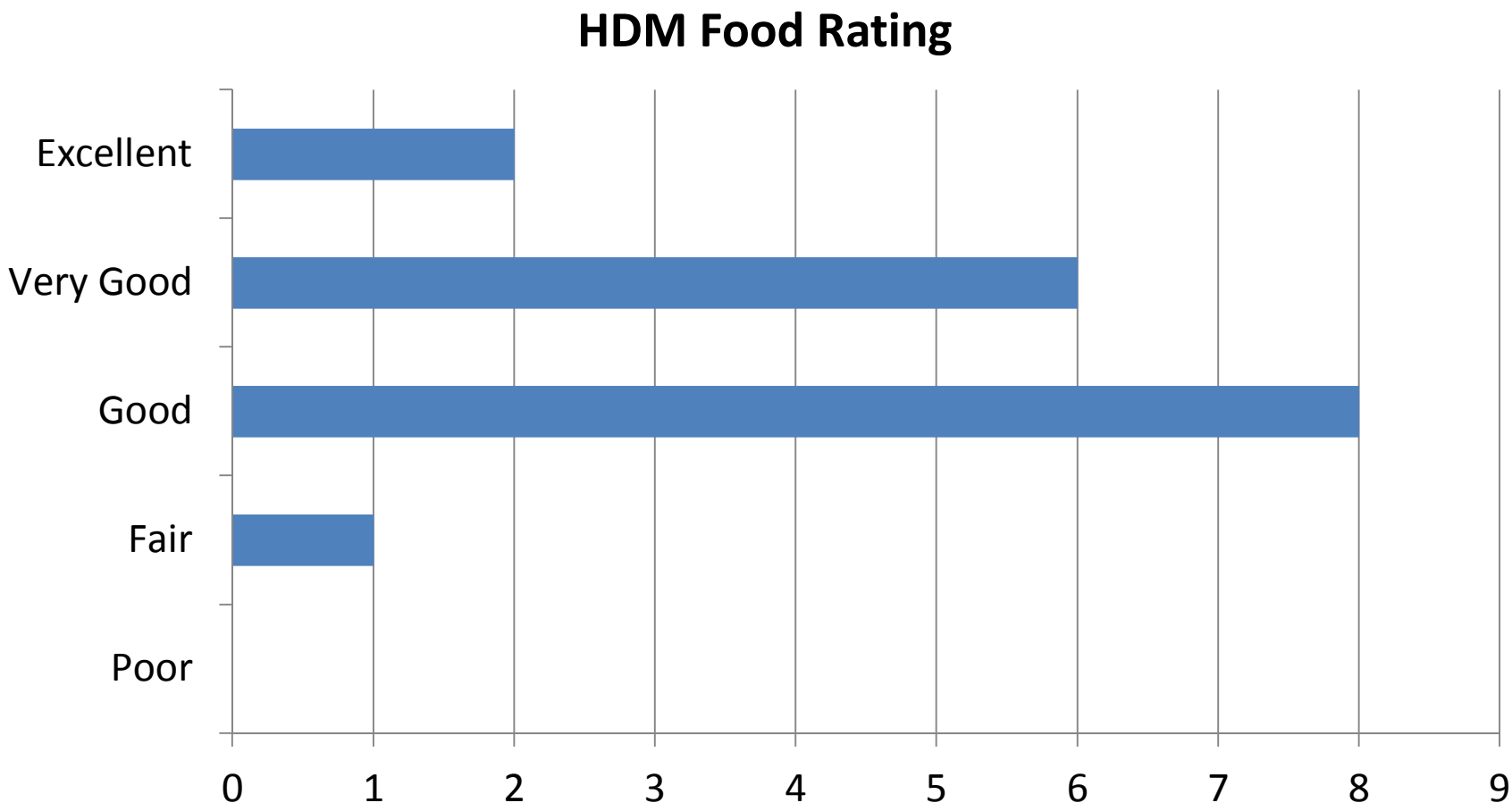

Home Delivered Meal is What % of All Food the Consumer Eats that Day
Less than 1/3
About 1/3
About 1/2
About 2/3
8%
31%
42%
19%


Satisfaction with Home Delivered Meal Service
Always
Usually
Sometimes
Seldom
Never
0
10
20
30
40
50
60
70
80
90
100

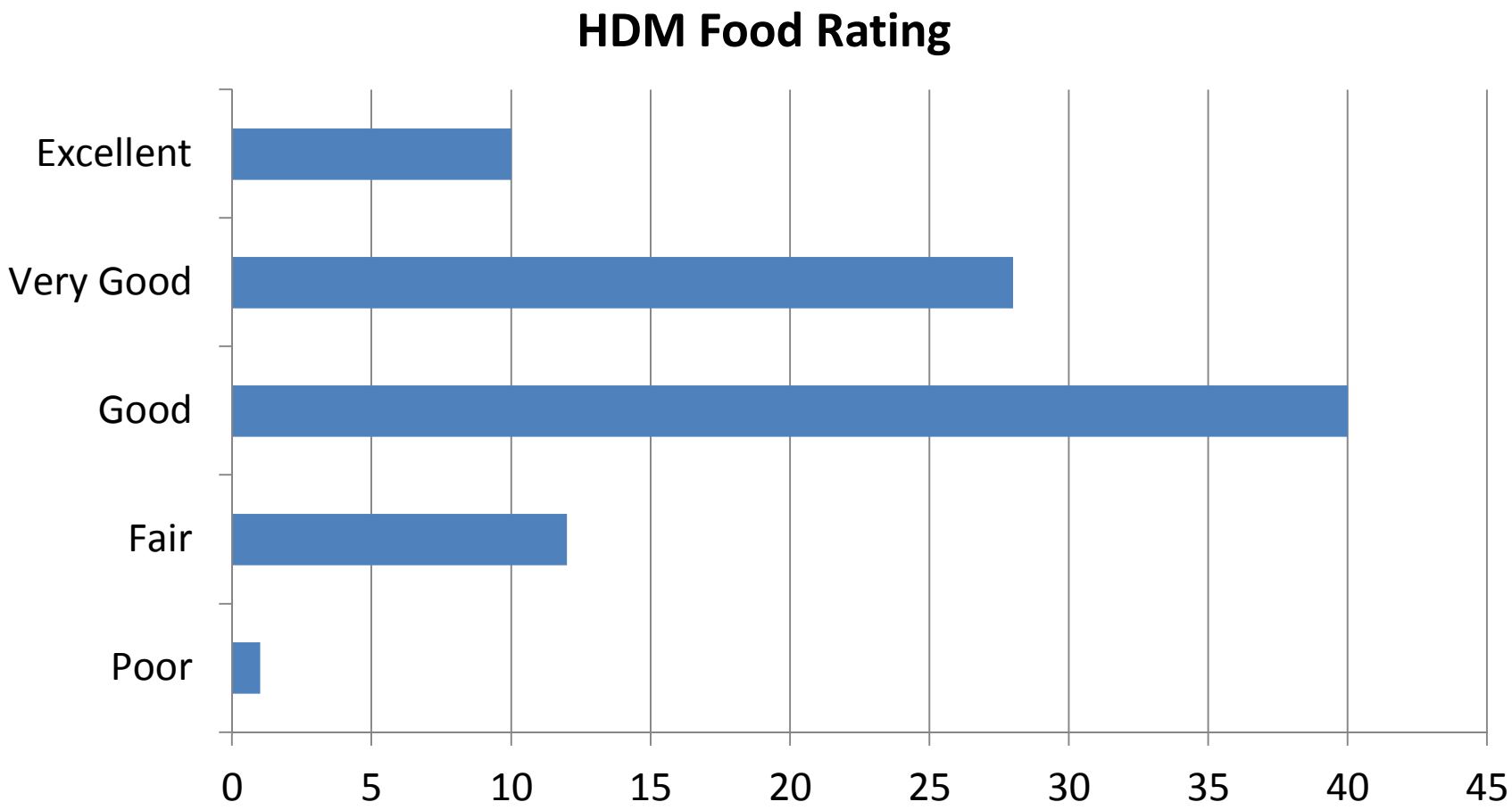
HDM: How does the food taste?



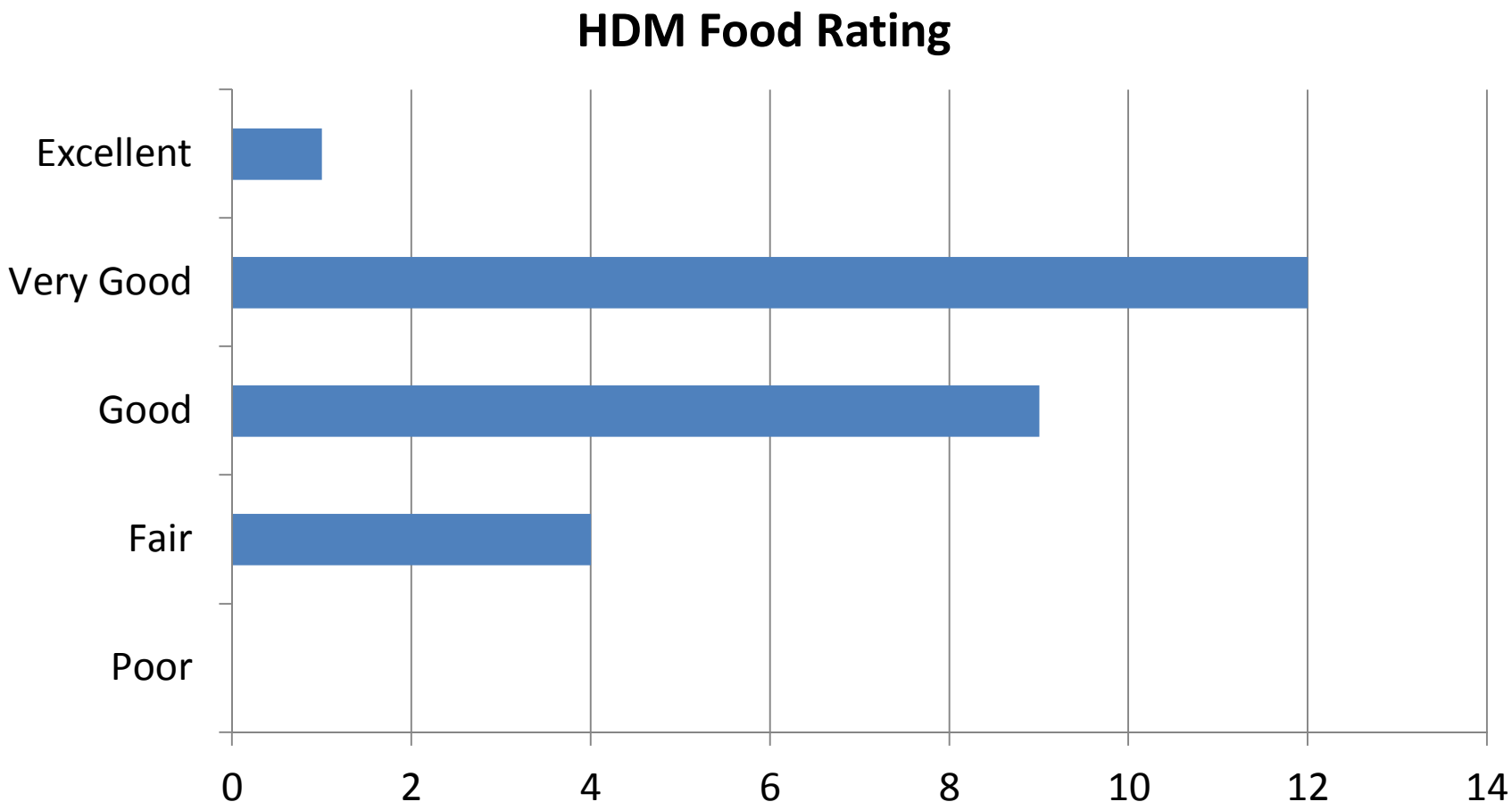
Caterer: Colonial Club



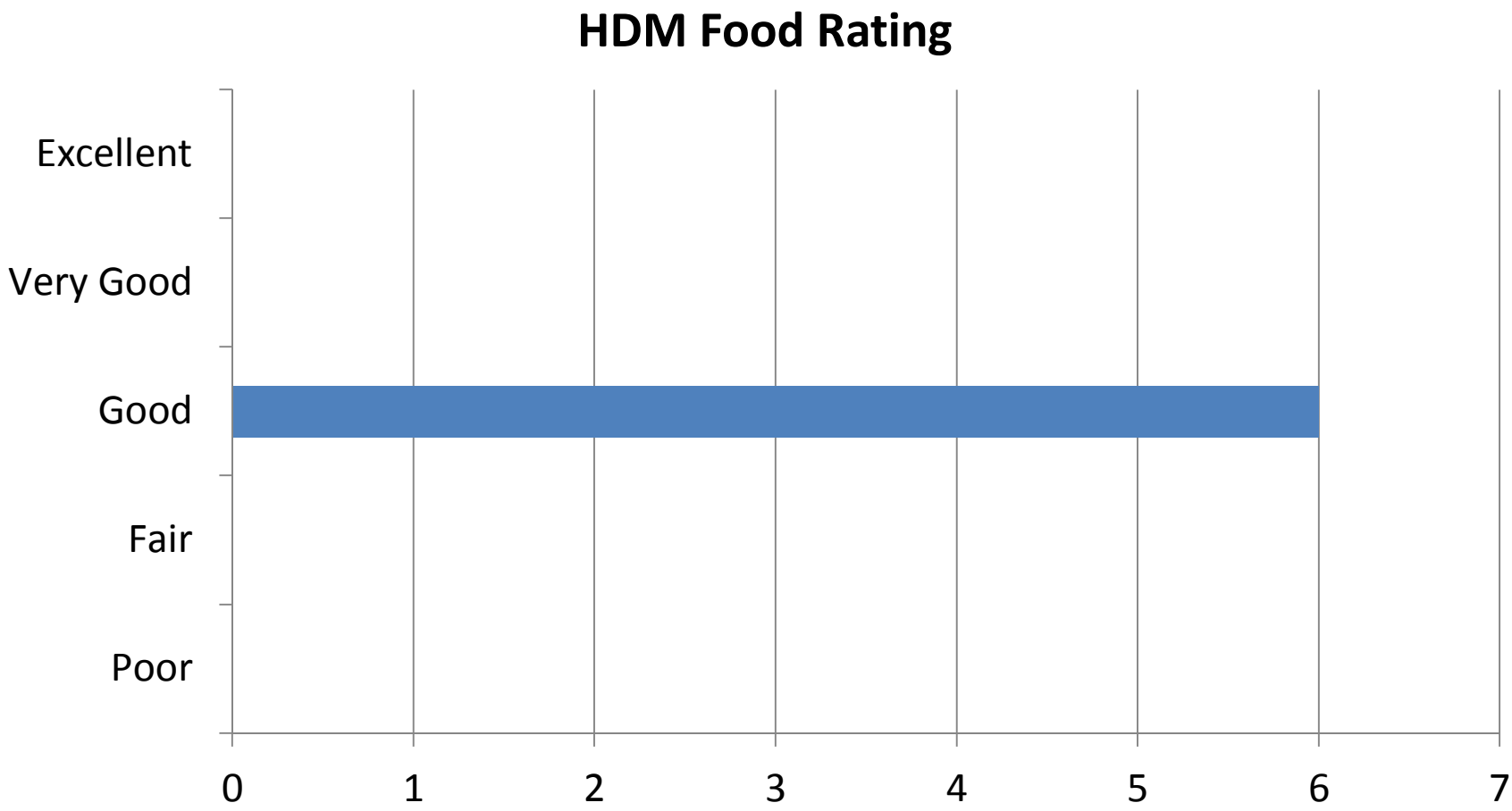
Caterer: Consolidated Food Service



Caterer: Food Fight (HHU-MOW)



Caterer: Mazo Deli



Why What You Do Matters!

A few comments from seniors about what the meals mean to them…

- I would not always prepare a balanced meal with hot food sometimes only a little junk food or leftovers because it's so time consuming and I get tired.
- My girls were very happy that I asked for meals because I was not eating the way I should.
- Sometimes my daughter doesn't have time to shop for me.
- I don't know what we'd do without you as I can't stand long enough to make a meal.
- The meals are a Godsend.
- This program, along with improved meds have been 2 of the most important improvements in the quality of my life.

Themes from Comments

- Appreciate staff and volunteers (professional, kind, caring, friendly, nice, courteous, helpful)
- Don’t like overcooked vegetables – we should never serve canned squash and all beets should stay in the ground.
- Don’t like substitutions – serve what’s on the menu.
- Want variety, not bland or all soft food, not the same things all the time.