



Dane County

Minutes - Final Unless Amended by Committee

Area Agency on Aging - Nutrition / Wellness Committee

Wednesday, April 13, 2016

12:30 PM

McFarland Senior Outreach Services

McFarland Senior Outreach Services, 5915 Milwaukee St.

A. Call To Order

Vice Chair Riley called the meeting to order at 12:35 pm.

Staff and guests present: Lori Andersen, Cheryl Batterman, Mary Browning, Howard Thomas, and Angela Velasquez

B. Consideration of Minutes

[2015](#) MINUTES FROM FEBRUARY 8, 2016
[MIN-694](#)

Attachments: [2016_0208_Nutrition-Wellness Meeting](#)

HILL moved, KRETSCHMAN seconded, that these minutes be approved. The motion carried by the following vote:

Ayes: 6 - DOWNING, FARRELL, HILL, RILEY, KRETSCHMAN and LEIGH

Absent: 2 - DESMIDT and SMITH

C. Action Items

1. NUTRITION/WELLNESS COMMITTEE DESCRIPTION

[2015](#) NUTRITION/WELLNESS COMMITTEE DESCRIPTION 020215
[ACT-558](#) FINAL

Attachments: [Nutrition Wellness Committee Description 020215 FINAL](#)

DOWNING moved, FARRELL seconded, to approve the Nutrition/Wellness Committee Description. The motion carried by the following vote:

Ayes: 6 - DOWNING, FARRELL, HILL, RILEY, KRETSCHMAN and LEIGH

Absent: 2 - DESMIDT and SMITH

2. 2016 NUTRITION/WELLNESS COMMITTEE WORK PLAN

[2015](#) 2016 NUTRITION/WELLNESS COMMITTEE WORK PLAN DRAFT
[ACT-559](#)

Attachments: [2016 Nutrition-Wellness Comm Work Plan DRAFT](#)

HILL moved, KRETSCHMAN seconded, to approve the Nutrition/Wellness Committee Work Plan. The motion carried by the following vote:

Ayes: 6 - DOWNING, FARRELL, HILL, RILEY, KRETSCHMAN and LEIGH

Absent: 2 - DESMIDT and SMITH

D. Presentations

MCFARLAND NUTRITION SITE REPORT

McFarland Senior Outreach Services (MSOS) Director Lori Andersen reported growing the Senior Nutrition Program has been one of her top priorities since taking the position on an interim basis in June. She was named permanent director in February. The site, which operates Mondays, Wednesdays and Fridays, is averaging 4-6 congregate diners in 2016 and prepares approximately 17 home-delivered meals per day. Congregate attendance has been sparse in the past three years. The site was reduced from five days per week to three in late 2014. Attendance has been stronger at MSOS' second site at the Cambridge Community Center, which averages 12-14 diners on Tuesdays and Fridays. There is no home-delivered option provided by MSOS in Cambridge.

Andersen stated special-themed lunches, such as a Christmas party and a luau, attracted as many as 50 people but have not provided a residual impact on the daily numbers. Offering activities such as cribbage, coloring, and mahjong in conjunction with a meal is difficult because, unlike senior centers that own their building, MSOS must share the activities room at the McFarland Municipal Center. MSOS is guaranteed one hour in the room at lunchtime each day. Andersen spent approximately \$3,000 on décor items to make the activities room, which serves as the Village Board meeting area, more inviting for diners. Two people regularly use transportation provided to the meal site.

In 2015, Andersen and Velasquez did preliminary research into the possibility of implementing a restaurant option in McFarland one day per week. Interest from potential restaurant partners was weak. Andersen recently visited two of Dane County's successful Senior Dining Program restaurant sites, Fink's Café in Mount Horeb and Cranberry Creek in Monona, and continues to consider the possibility of pursuing a restaurant site.

Andersen recently trained three new driver volunteers for the home-delivered meals program. The additional drivers will trim delivery time and help maintain ideal food temperatures.

Andersen will continue to promote the Senior Dining Program via churches and the Chamber of Commerce.

Velasquez stated the viability of sites averaging fewer than 15 congregate diners will be reviewed beginning in April 2017.

E. Reports to Committee

1. MEAL UTILIZATION/FUNDING SHORTFALL

[2016
RPT-036](#)

2015 NUTRITION PROGRAM BUDGET ANALYSIS WITHOUT
IN-KIND

Attachments: [2015 Nutrition Program Budget Analysis Without In-Kind](#)

[2016
RPT-037](#)

2015 SENIOR NUTRITION PROGRAM TOTAL COSTS WITH IN-KIND

Attachments: [2015 Nutrition Program Total Costs With In-Kind](#)

Velasquez stated funds were secured to cover a projected Senior Nutrition Program funding shortfall in 2016.

Velasquez presented an overview of data resulting from a State mandate that nutrition sites consider every conceivable cost when budgeting to determine the real cost of congregate meals and home-delivered meals. With in-kind considerations, the average Dane County congregate meal cost in 2015 was \$11.41 and the average home-delivered meal was \$9.22 – the opposite of how meals have traditionally been priced. Including in-kind contributions showed that congregate sites are more expensive due to staffing, space, and utilities than the fuel, packaging, and other costs associated with home-delivered meals. Velasquez will report how costs in Dane County compare with other counties upon receiving the data.

2. COMMITTEE MEMBERSHIP

[2015
RPT-873](#)

AAA BOARD & COMMITTEE TERMS 030116

Attachments: [AAA Board & Committee Terms 030116](#)

Batterman stated the AAA Board recently appointed Hill and Smith for three-year terms ending in 2019. Downing is expected to be reappointed by the AAA Board during its May meeting. One Committee position remains open.

3. CHAIR & STAFF REPORTS

None.

F. Future Meeting Items and Dates

NEXT MEETING: WEDNESDAY, 8 JUNE 2016, 12:30 PM @ SUGAR RIVER SENIOR CENTER IN BELLEVILLE. MEAL WILL BE SERVED AT NOON.

G. Public Comment on Items not on the Agenda

None.

H. Such Other Business as Allowed by Law

None.

I. Adjournment

DOWNING moved, **HILL** seconded, to adjourn. This meeting adjourned at 1:58 pm.

Minutes respectfully submitted by Howard Thomas, Clerk Typist.