



Presentation to Dane County Health and Human Needs Committee

By:

Journey Mental Health Center, Inc.

May 9, 2019



HEALTH WELLNESS RECOVERY



Agenda

- Introductions
- Overview of Report
- Specific Responses to Resolution
- Q&A



Overview of Report

- Background
- Responses to Resolution
- Challenges Faced in Recent Years
- Strategic Plan
- Final remarks



- **Mission:** Improving people's lives by pioneering and sustaining effective mental health and substance use disorder services.
- **Vision:** The vision of Journey Mental Health Center is to become a center of excellence for the provision of behavioral health services.
- Serving those with the highest needs and the lowest resources.

What sets us apart?

1 Integrated Primary Care

When you come to Journey for counseling or to see a prescriber, we will also help you address your physical health challenges, including diabetes, hypertension, excess weight, and other health issues. Now you can see a specially trained advanced practice nurse practitioner to help you take care of your whole self.

2 Recovery Centered

At Journey, we believe that recovery is possible for those with serious mental illness or addiction. We believe that it provides the motivating message of a better future. We weave recovery into everything we do and we join consumers in their own steps of overcoming internal and external challenges.

3 Evidence-Based Practice

We track what works. We can show you our outcomes. Our providers are experts in suicide risk assessment, motivational interviewing and cognitive behavioral therapy. Our treatment philosophy is to provide evidence-based services in the least restrictive setting. It is culturally appropriate and recovery-oriented.

4 Clinical Excellence

We offer mental health and substance use services to individuals across their life span. We treat consumers in their homes, neighborhood and senior centers, and schools. Our experienced multidisciplinary staff provides psychiatric, social work, rehabilitation, nursing, psychological, and peer support.

5 Trauma-Informed Care

No one is immune to the impact of trauma. Left untreated, it can result in a lifetime of mental health and substance use challenges, crime, violence, family problems, and more. Journey helps survivors rebuild a sense of control and empowerment by emphasizing physical, psychological and emotional safety.

6 Training

Journey is a center of clinical training. At any given time, we host more than 40 advanced practice clinical interns. Under close supervision, they may be involved in your care and recovery. We also offer more than 20 continuing education trainings a year to Journey staff members and other community mental health professionals.

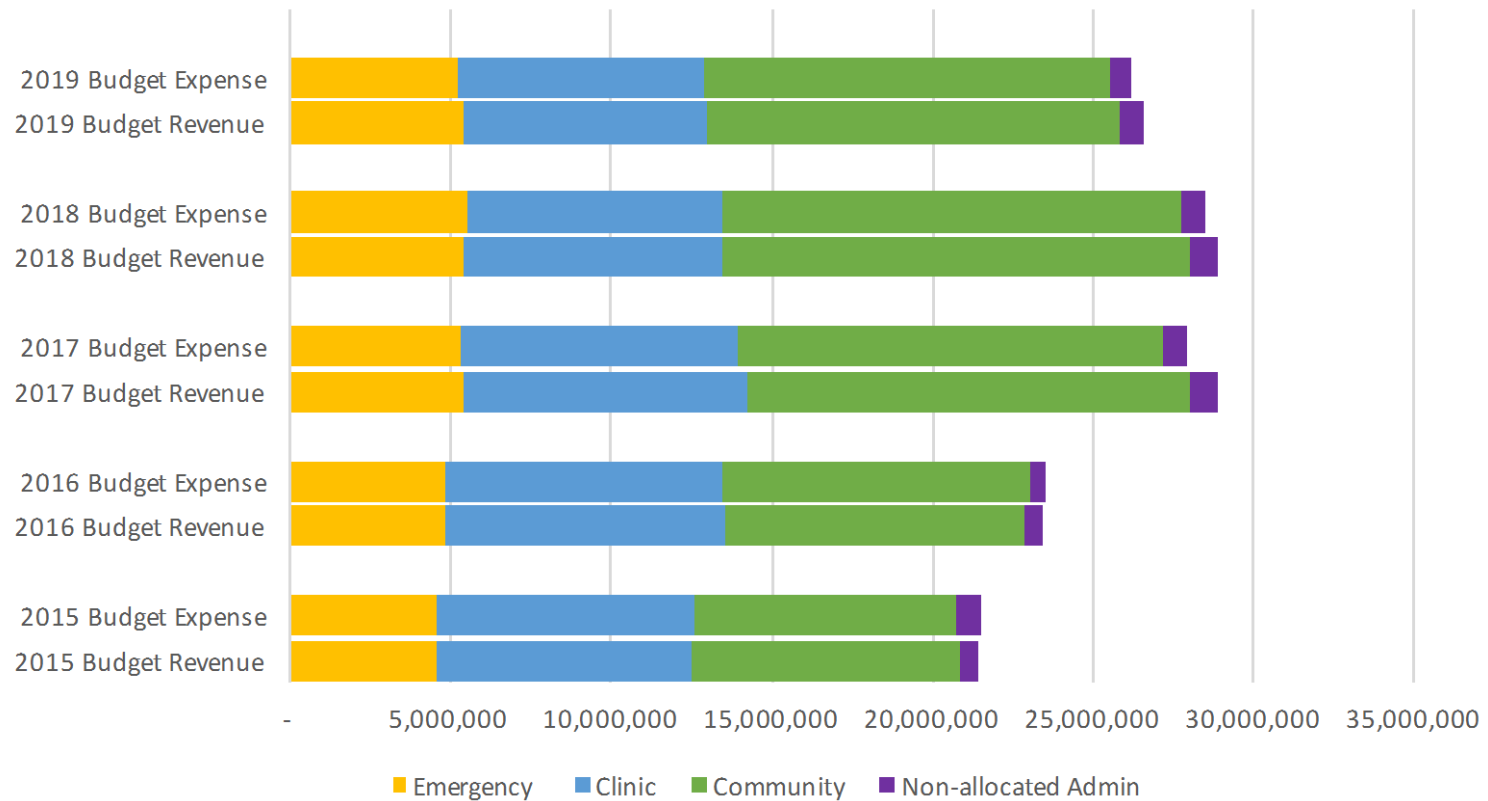


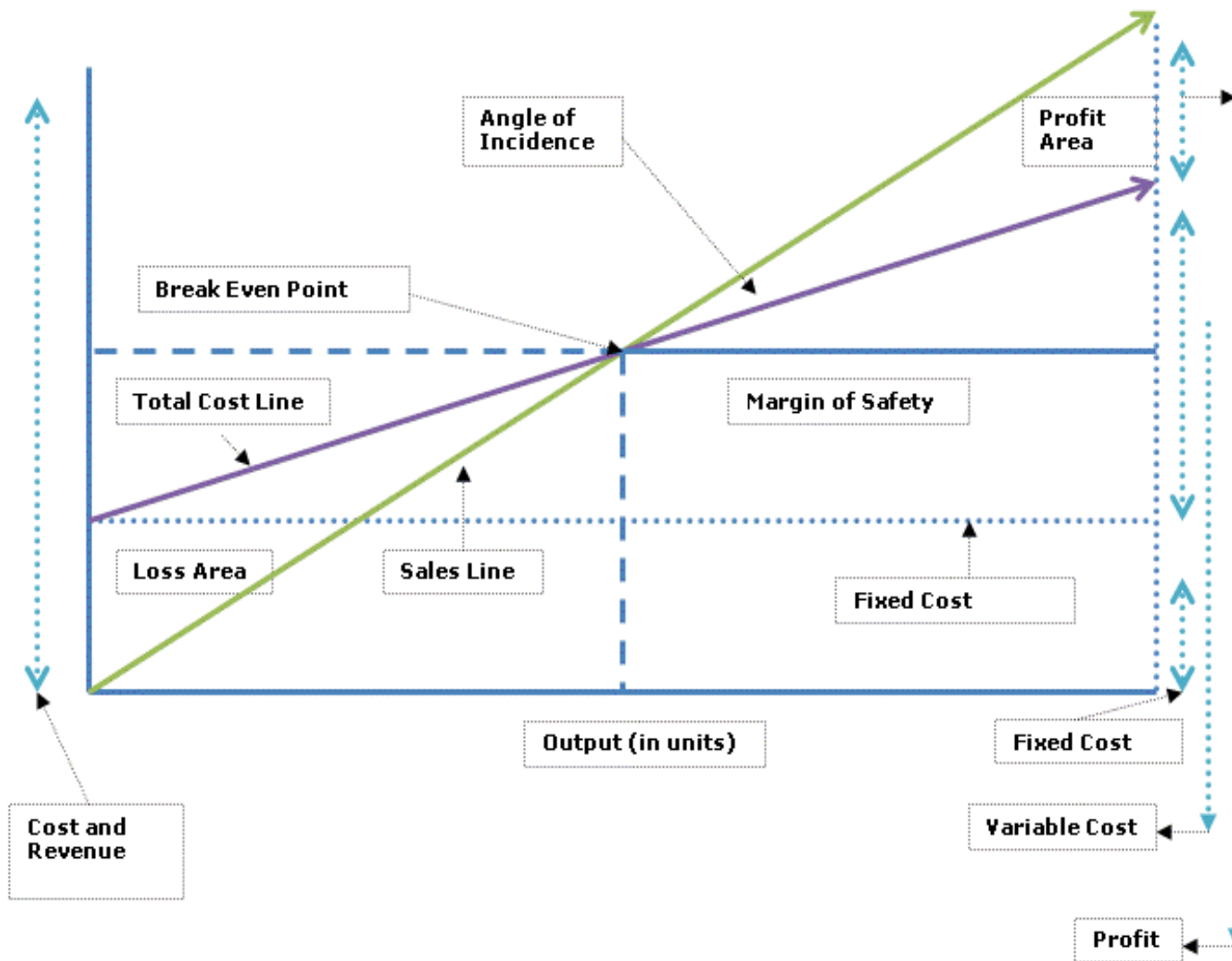
Transparency

- Monthly financial reports to the Board of Directors
- Town Hall presentations to all staff (attendance mandatory)
- Annual audits by independent firms
- Monthly meetings with county staff
- Today's presentation to HHN

Review of budget for the previous three years

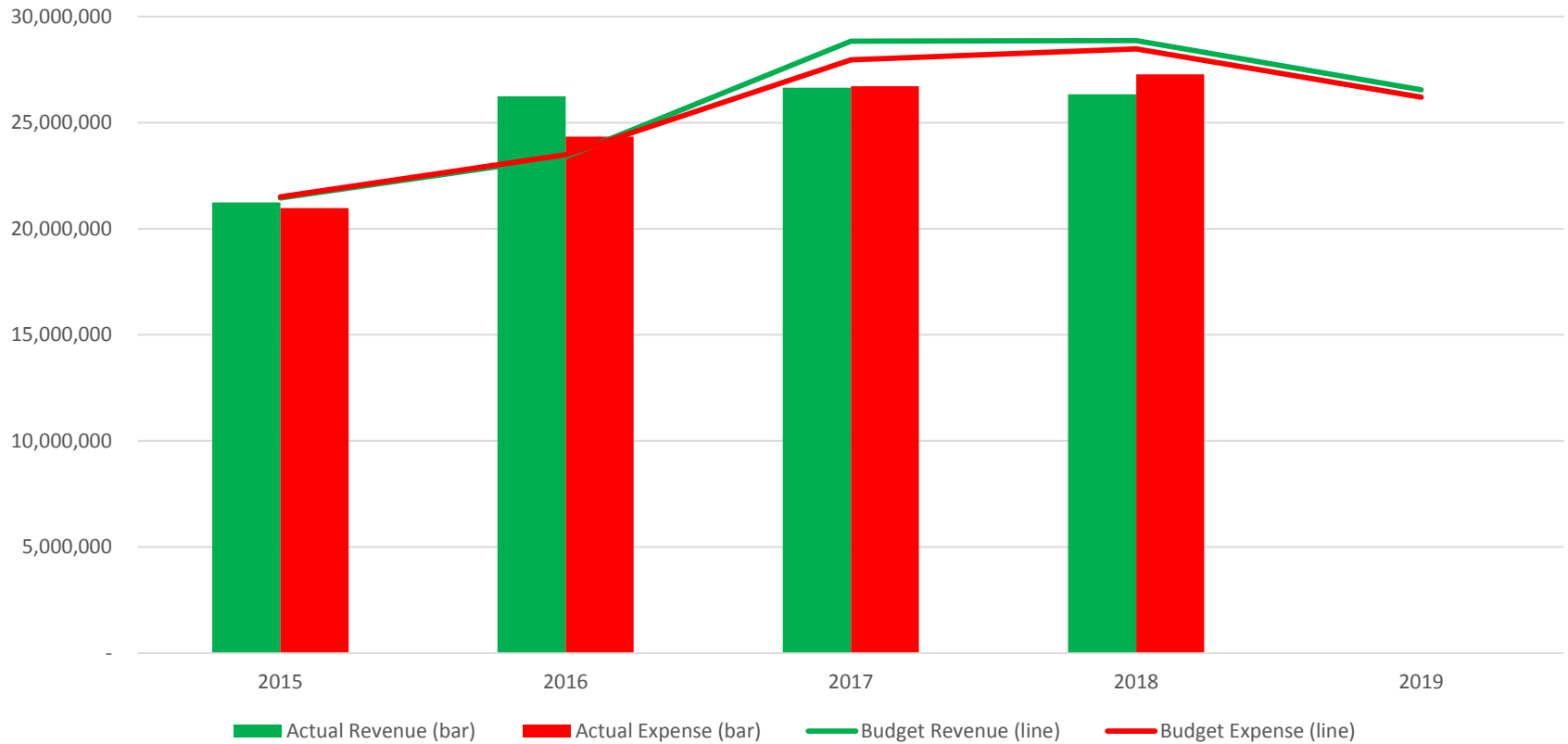
Budgeted Revenues and Expenses





A comparison of budget to actuals showing deficits and surpluses by program

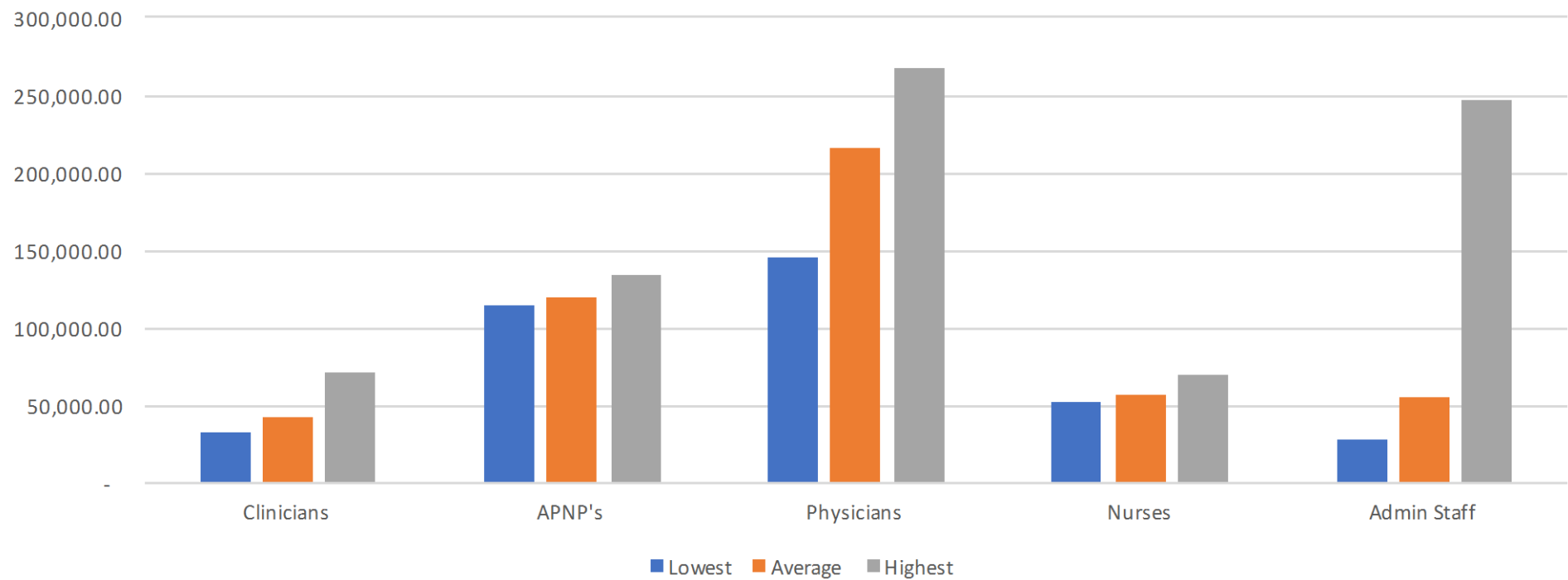
Budget vs Actual by Year





Information related to staff salaries, benefits and turnover

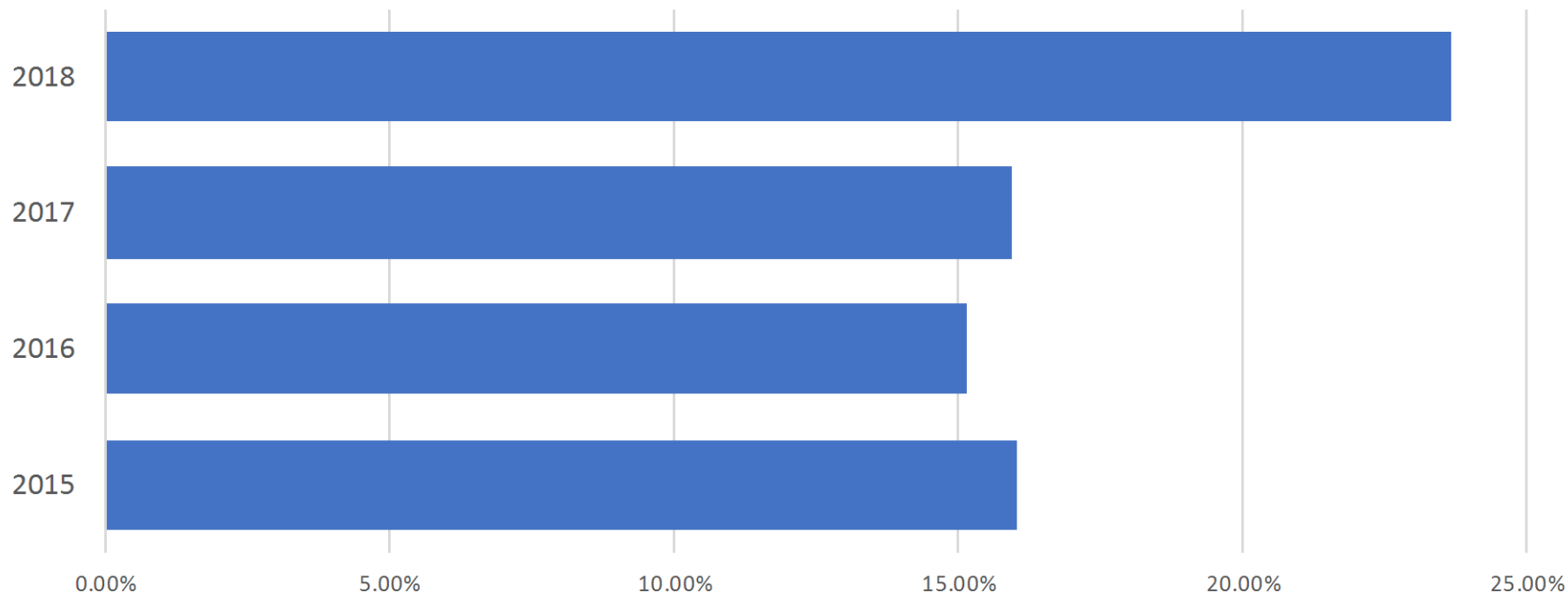
Journey Salary Ranges (annual rates)






Information related to staff salaries, benefits and turnover

Journey Employee Turnover Rate
2015 - 2018

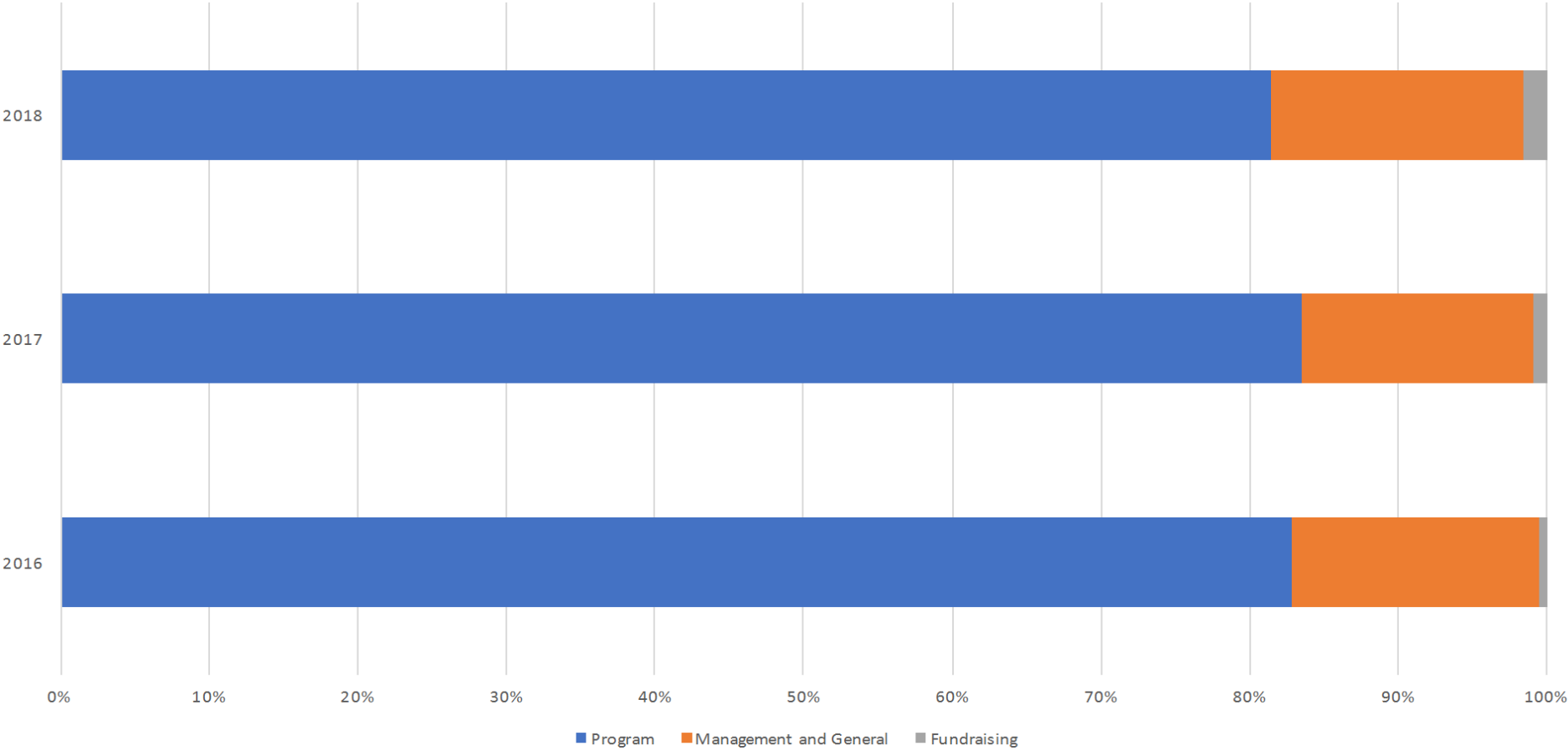




Information related to staff salaries, benefits and turnover

- Up to six weeks paid time off
- Nine paid holidays
- Employer contributions to health insurance coverage
- Employer contributions to retirement plan
- Short-term disability coverage
- Long-term disability coverage
- Free continuing education credits (CEU's)
- Tuition assistance

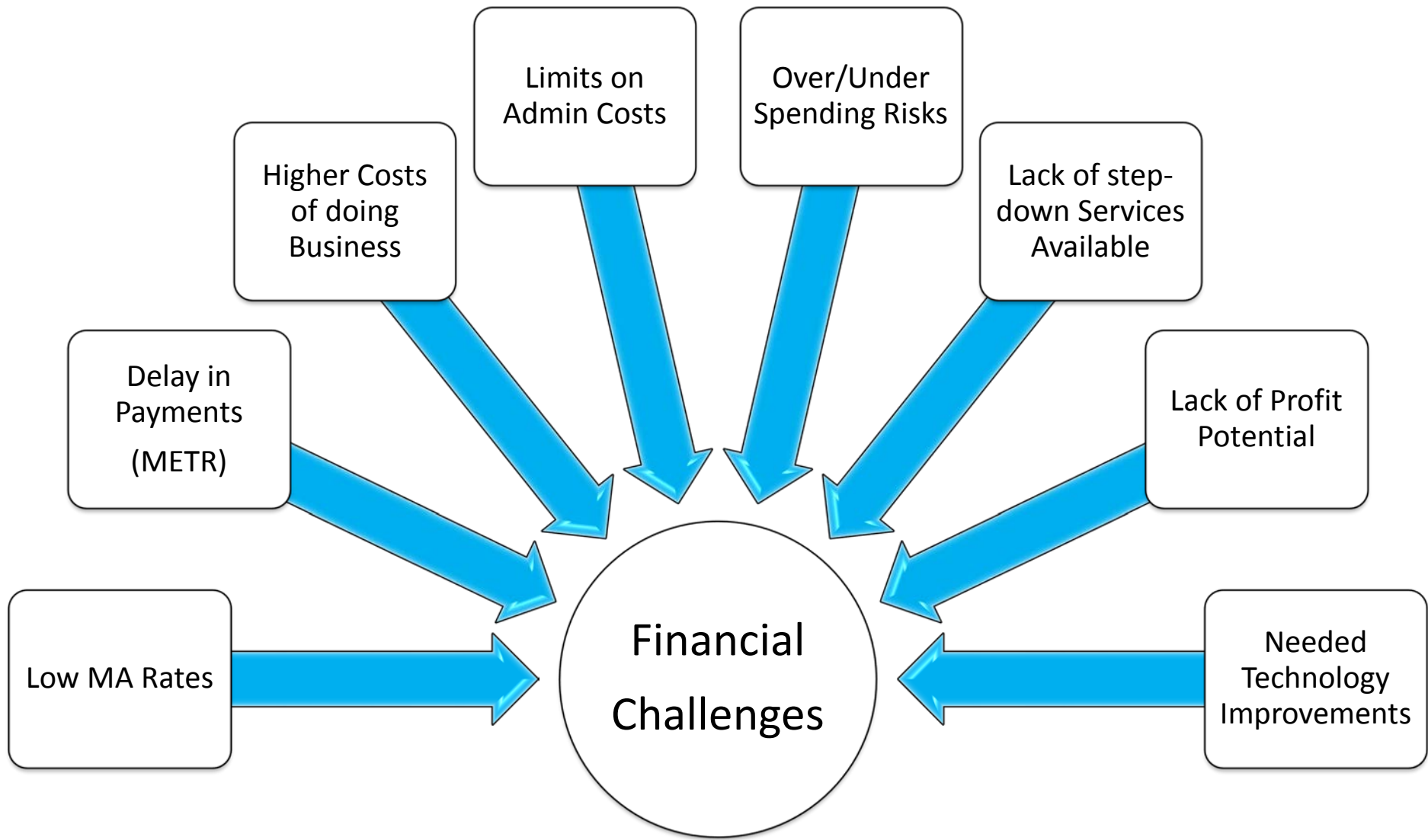
Detail of program spending versus administration spending.





Strategic Plan

- Diversifying revenue streams
- Developing alternative payment models
- Defining our costs
- Taking a lean approach to operations
- Making data driven decisions
- Continuous Quality Improvement





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