



Dane County

Minutes - Final Unless Amended by Committee

Area Agency on Aging - Nutrition / Wellness Committee

Friday, December 12, 2014

10:00 AM

Cranberry Creek Cafe, 1501 Lake Point Dr.
1501 Lake Point Dr.
Madison, WI 53716

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A. Call To Order

Chair DESMIDT called the meeting to order at 10:21 am.

Staff & Guests present: Cheryl Batterman, Mary Browning, Michelle Bublitz, Sonya Lindquist, and Angela Velasquez.

Present 7 - ELAINE DESMIDT, PATRICK DOWNING, CARYL FARRELL, MARY HILL, PAT SALTZ, LOIS WERTZ, and DIANNE LEIGH

Absent 3 - VERA RILEY, TRACY SMITH, and CAROLE L. KRETSCHMAN

B. Public Comment on Items not on the Agenda

NONE

C. Consideration of Minutes

1. **2014** MINUTES FROM OCTOBER 8, 2014
MIN-480

Attachments: [2014_1008_AAA Nutrition-Wellness Committee Mtg.pdf](#)

Downing pointed out prior to the meeting that no adjournment vote or time was posted.

A motion was made by DESMIDT, seconded by SALTZ, that these Minutes be approved, with the addition of the adjournment vote and time. The motion carried by the following vote:

Ayes: 7 - DESMIDT, DOWNING, FARRELL, HILL, SALTZ, WERTZ and LEIGH

Absent: 3 - RILEY, SMITH and KRETSCHMAN

D. Action Items

1. ELECTION OF COMMITTEE CHAIR & VICE CHAIR

Elaine DeSmidt was nominated to remain Chair.

Vera Riley was nominated to remain Vice Chair.

A motion was made by HILL, seconded by DOWNING, to close nominations and cast a unanimous vote to elect DeSmidt as Chair and Riley as Vice Chair. The motion passed by the following vote:

Ayes: 7 - DESMIDT, DOWNING, FARRELL, HILL, SALTZ, WERTZ and LEIGH

Absent: 3 - RILEY, SMITH and KRETSCHMAN

2. COMMITTEE JOB DESCRIPTION

2014 COMMITTEE JOB DESCRIPTION ACT-334

Attachments: [Nutrition-Wellness Committee Job Description.pdf](#)

Velasquez provided a draft of the Nutrition Wellness Committee Description with revisions highlighting, including suggested edits from Downing.

A motion was made by DOWNING, seconded by WERTZ, that this action item be approved as amended. The motion carried by the following vote:

Ayes: 7 - DESMIDT, DOWNING, FARRELL, HILL, SALTZ, WERTZ and LEIGH

Absent: 3 - RILEY, SMITH and KRETSCHMAN

3. 2015 MEETING SCHEDULE

2014 2015 MEETING SCHEDULE ACT-322

Attachments: [2015 AAA Bd & Comm Mtg Schedule.pdf](#)

Velasquez provided a copy of the 2015 meeting schedule for the committee to review. There is concern with quorum being met at the rural sites.

A motion was made by FARRELL, seconded by WERTZ, that this action item be approved. The motion carried by the following vote:

Ayes: 7 - DESMIDT, DOWNING, FARRELL, HILL, SALTZ, WERTZ and LEIGH

Absent: 3 - RILEY, SMITH and KRETSCHMAN

4. APPOINTMENT OF WORKGROUP MEMBERS

Velasquez stated that Leigh, Kretschman, and Riley have shown interest in being a part of this workgroup. DeSmidt would also like to be a part of this workgroup.

A motion was made by HILL, seconded by DESMIDT, that this action item be approved. The motion carried by the following vote:

Ayes: 7 - DESMIDT, DOWNING, FARRELL, HILL, SALTZ, WERTZ and LEIGH

Absent: 3 - RILEY, SMITH and KRETSCHMAN

E. Presentations

1. EAST MADISON/MONONA COALITION OF THE ELDERLY NUTRITION SITE REPORT

Sonya Lindquist, Director of the East Madison/Monona Coalition of the Aging, presented to the committee. The Cranberry Creek Café was opened on August 1st of this year, serving breakfast from 8:30 to 10:30 am on Fridays. The opening of this meal site was proposed in conjunction with the closing of the Monona Hills meal site. "My Meal My Way" offers four breakfast menu options for seniors. The number of seniors attending averages 51 seniors each Friday, up from 8 at the prior site. The average donations have also increased from \$2.40 per meal to \$3.32 per meal. There are approximately 35 regular diners each week, which makes this the highest attended meal site in the County. There are currently some transportation issues that are being resolved. Lindquist attributes the success of this program to the location, the restaurant, and a no reservation required policy. The owner of the restaurant is easy to work with, the staff are friendly and welcoming, and the nutrition coordinator is able to interact well with both the seniors and the restaurant staff.

F. Reports to Committee

1. CHAIR & STAFF REPORTS

2014 NUTRITION BUDGET ANALYSIS 2014 RPT-535

Attachments: [Nutrition Budget Analysis 2014.pdf](#)

Velasquez provided the committee with a 2014 nutrition budget analysis. The nutrition program has stayed within budget for the year to date. Home delivered meals from the 2013-2014 program year had a 0% increase. Congregate meals from the 2013-2014 program year had a 10% decrease; the closing of Brittingham had an impact of nearly 400 meals each month served to the disabled, under age 60 population.

Velasquez stated that meals sites with a 10% or greater loss in congregate meals have been encouraged to look at changes needed to increase meal utilization at their sites. The workgroup being formed will look more in-depth at the data.

G. Future Meeting Items and Dates

NEXT MEETING: WEDNESDAY, FEBRUARY 11, 2015, 12:15 PM @ MADISON SENIOR CENTER

H. Such Other Business as Allowed by Law

NONE

I. Adjournment

SALTZ moved to adjourn, DESMIDT seconded. This meeting adjourned at 11:14 am.

Respectfully submitted by Michelle Bublitz, 261-9930