



Dane County

Minutes - Final Unless Amended by Committee

Area Agency on Aging - Nutrition / Wellness Committee

Consider:

Who benefits? Who is burdened?

Who does not have a voice at the table?

How can policymakers mitigate unintended consequences?

Wednesday, April 10, 2019

12:15 PM

Waunakee Senior Center, 333 S. Madison St.
Waunakee WI 53597

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Meal served at 11:30 a.m.

A. Call To Order

Staff & Guests present: Carrie Karls, Howard Thomas, and Angela Velasquez

Chair Barman-Paulson called the meeting to order at 12:15 pm.

Present 5 - MARY HILL, BILL CLAUSIUS, FRAN BARMAN-PAULSON, SHARON TRIMBORN,
and SONYA LINDQUIST

Absent 3 - CAROLE L. KRETSCHMAN, DIANNE LEIGH, and NIKOLE JONES

B. Consideration of Minutes

[2018](#) MINUTES FROM FEBRUARY 15, 2019
[MIN-549](#)

Attachments: [2019_0215_Nutrition-Wellness_Mtg_Minutes](#)

A motion was made by CLAUSIUS, seconded by TRIMBORN, that these minutes be approved. The motion carried by the following vote:

Ayes: 5 - HILL, CLAUSIUS, BARMAN-PAULSON, TRIMBORN and LINDQUIST

Absent: 3 - KRETSCHMAN, LEIGH and JONES

C. Action Items

1. 2020 BUDGET RECOMMENDATIONS

[2018](#)
[ACT-397](#)

DANE COUNTY 2020 AAA BUDGET PRIORITIES DRAFT 2/27/19

Attachments: [2020 AAA Budget Priorities DRAFT 022719](#)

AAA Aging Program Specialist Angela Velasquez provided an overview of the budget draft and recommended the committee focus its advocacy efforts on the two Elder Nutrition Program initiatives listed – increased funding for catered meals and nutrition site management.

A motion was made by CLAUSIUS, seconded by LINDQUIST, to support efforts to increase funding for Elder Nutrition Program catered meals and nutrition site management. The motion carried by the following vote:

Ayes: 5 - HILL, CLAUSIUS, BARMAN-PAULSON, TRIMBORN and LINDQUIST

Absent: 3 - KRETSCHMAN, LEIGH and JONES

D. Presentations

1. WAUNAKEE SENIOR CENTER MEAL SITE

Nutrition Site Manager Carrie Karls stated Waunakee Senior Center is very happy with its caterer, Taher, Inc. Taher, which produces meals for the Waunakee School District in the high school kitchen, designates one chef to work exclusively with the center. The chef is receptive to feedback regarding meal items. Meals include a hot entrée on most days. Waunakee's congregate and home-delivered meal donations are consistently among the highest in the county. Karls attributes the strong donations to several factors, among them a relaxed and respectful approach to seeking donations from diners, the fact the Waunakee Senior Center is co-located with the Waunakee Village Center in a newer building, and the nutrition site's approach to serving – which includes delivering each course separately much like a restaurant to enhance the dining experience. Two women purchase materials and construct table centerpieces on a regular basis, the type of warm touch diners appreciate. One recent issue Karls has been dealing with is a home-delivered meals consumer who has a non-life threatening nut intolerance. Velasquez reminded Karls that none of Dane County's Elder Nutrition Program kitchens are allergen free and that meals cannot be changed for an individual to the detriment of the majority of diners. It is OK to substitute an item for a person with a food intolerance, but it is not required.

E. Reports to Committee

1. DIETICIAN UPDATE

Velasquez reported Elder Nutrition Program dietician Mary Browning retired in March after serving Dane County seniors for 21 years. Alyce Reichenbacher has been hired full time to fill two part-time openings: Dietician and Healthy Aging Coordinator for evidence-based health promotion classes such as Healthy Living with Diabetes, Healthy Living with Chronic Pain, Living Well, and Powerful Tools for Caregivers. Reichenbacher, who will be employed by NewBridge Madison and work in the AAA office on a contract basis, will begin her duties on 25 April 2019.

2. QUARTERLY GOALS REPORT

[2018](#)
[RPT-597](#)

2019 NUTRITION-WELLNESS COMMITTEE WORK PLAN

Attachments: [2019 Nutrition-Wellness Comm Work Plan 041019](#)

Velasquez provided an overview of the first-quarter work plan, answered committee members' questions and sought feedback regarding the initiative to reduce isolation in homebound senior adults, with special emphasis on seniors living alone. Committee members were in consensus that a workgroup should be formed to consider best-practice solutions for reducing emotional isolation.

3. TOTAL MEAL COSTS BY FOCAL POINT 2018

[2018](#)
[RPT-598](#)

TOTAL MEAL COSTS BY FOCAL POINT 2018

Attachments: [Total Meal Costs by Focal Point 2018](#)

Velasquez provided an overview of the document to illustrate the importance of the state changing its funding formula to make it more equitable for Dane County and the need for NewBridge Madison to advocate for a contribution to the Elder Nutrition Program by the City of Madison, which does not provide funding.

4. COMMITTEE MEMBERSHIP

Velasquez reported a state mandate requires that Mary Hill, who has served two consecutive three-year terms, must leave the committee after today's meeting and thanked her for her contributions. The AAA Board appointed Fitchburg resident Irvin Ehrlich to replace Hill. Velasquez welcomed Soyna Lindquist, NewBridge Madison's Service Programs Director, to the committee to serve the remainder of NewBridge case manager Glen Thommesen's term, and announced Carole Kretschman will leave the committee to fill an opening on AAA'S Legislative/Advocacy Committee. Nikole Jones also will resign from the committee, leaving two open positions. Rachel Bricker has been nominated to fill one position and her appointment is pending AAA Board approval in May.

F. Future Meeting Items and Dates

NEXT MEETING: FRIDAY, 14 JUNE 2019, 10 AM @ CRANBERRY CREEK CAFE,
1501 LAKE POINT DRIVE, MADISON. MEAL SERVED AT 9 AM.

G. Public Comment on Items not on the Agenda

None.

H. Such Other Business as Allowed by Law

None.

I. Adjournment

A motion was made by HILL seconded by TRIMBORN to adjourn. The motion carried by the following vote:

Ayes: 5 - HILL, CLAUSIUS, BARMAN-PAULSON, TRIMBORN and LINDQUIST

Absent: 3 - KRETSCHMAN, LEIGH and JONES

This meeting adjourned at 1:22 pm.

Minutes respectfully submitted by Howard Thomas, AAA Clerk III.