



Dane County

Minutes - Final Unless Amended by Committee

Area Agency on Aging - Nutrition / Wellness Committee

Consider:

Who benefits? Who is burdened?

Who does not have a voice at the table?

How can policymakers mitigate unintended consequences?

Wednesday, September 7, 2022

11:30 AM

via Zoom

The Wednesday September 7, 2022 AAA Nutrition/Wellness Committee meeting is being held virtually. The public can access the meeting with the Zoom application or by telephone.

To join the meeting in Zoom, click the following link (after you fill out the form, the meeting link and access information will be emailed to you):

https://zoom.us/webinar/register/WN_hcBQt9KXS4CyGwdr_uairQ

This link will be active until the end of the meeting.

To join the meeting by phone, dial-in using one of the following three phone numbers:

1-833-548-0276

1-833-548-0282

1-888-788-0099

When prompted, enter the following Webinar ID: 973 3908 1605

If you want to submit a written comment for this meeting, or send handouts for committee members, please send them to MATULLE.CINDY@COUNTYOFDANE.COM. In the subject line please state: Written Comment for this meeting or Handouts for this meeting. Please include the name of the meeting and date.

PROCESS TO PROVIDE PUBLIC COMMENT: ANY MEMBERS OF THE PUBLIC WISHING TO REGISTER TO SPEAK ON/SUPPORT/OPPOSE AN AGENDA ITEM MUST REGISTER USING THE LINK ABOVE (even if you plan to attend using your phone).

Registrations to provide public comment will be accepted until 30 minutes prior to the beginning of the meeting.

Staff & Guests Present: Shannon Gabriel, Cindy Matulle, Cindy McGlynn, and Angela Velasquez.

A. Call To Order

Present 5 - RACHEL BRICKNER, BILL CLAUSIUS, LINDA FULLER, CAROLINE WERNER, and TRACY CHASE

Absent 4 - THERESA SANDERS, THOM RUX, JORDYN CRANE, and JULES LEE

B. Consideration of Minutes

[2022](#) Minutes from June 8, 2022.
[MIN-249](#)

Attachments: [2022_0608_AAA Nutrition-Wellness Committee Minutes](#)

A motion was made by BRICKNER, seconded by CLAUSIUS, that the minutes be approved. The motion carried by the following vote:

Ayes: 5 - BRICKNER, CLAUSIUS, FULLER, WERNER and CHASE

Absent: 4 - SANDERS, RUX, CRANE and LEE

C. Action Items

1. Waitlist/Freeze Policy

[2022](#) HDM Waitlist/Freeze Policy
[ACT-118](#)

Attachments: [HDM Wait List](#)

Division Administrator Angela Velasquez presented the proposed waitlist policy for Dane County should a waitlist be needed in the future. VELASQUEZ stressed it is not anticipated a waitlist will be needed in the near future; however, the Nutrition Program is required to have a policy in place for such an event. VELASQUEZ advised there had not been an opportunity to review this with the Senior Focal Points and the plan is to do so at the September 18 meeting.

A motion was made by BRICKNER, seconded by CHASE, to table taking action on this policy to allow Focal Point Director's to have input and/or questions answered about the process as each Focal Point will be responsible for administration of this policy. The motion carried by the following vote:

Ayes: 5 - BRICKNER, CLAUSIUS, FULLER, WERNER and CHASE

Absent: 4 - SANDERS, RUX, CRANE and LEE

D. Presentations

1. Finks Meal Site Visit-Jules Lee

[2022](#) Finks Meal Site
[PRES-105](#)

Attachments: [Finks Restaurant--Site Visit](#)

VELASQUEZ summarized the report LEE submitted for his meal site visit.

2. Fitchburg Meal Site Visit-Linda Fuller

[2022](#) Fitchburg Meal Site
[PRES-106](#)

Attachments: [Site Visit-Fitchburg SC](#)

FULLER summarized the report she submitted for her meal site visit.

E. Reports to Committee

1. 2023 Department Budget Update

VELASQUEZ reported the DCHS budget has been released and will be discussed at the September 21, 2022 County Board meeting at 6pm. The meeting will be Hybrid and if anyone needs assistance on how to register to speak at the meeting to let AAA staff know. VELASQUEZ reported in the time she has been with Dane County she doesn't recall a time when AAA Budget Priorities were included in the Human Services budget. This usually requires extra money within the entire HS budget to be able to add in full the Nutrition and Diversity & Inclusion funding request. Case Management was partially funded by HS but advocacy can still be done to the County Executive and County Board for additional funding in that area. ARPA money is listed as TBD on a separate line as the Nutrition RFP is actively in process. Dane County CFS will not be providing meal services for next year so some of ARPA money may be needed to cover the higher cost of the new caterer.

2. Dietitian Program Update

AAA Registered Dietitian/Healthy Aging Coordinator Shannon Gabriel shared an update on the work she has been doing. To date, worked with 41 patients for a total of 74.5 counseling hours. These are all Zoom visits or phone-based. The majority are being done as in-home visits. Recent reasons for a referral for counseling over the past three months include: intentional weight loss while needing to lose for a joint replacement surgery, duodenal ulcer, unintentional weight loss, diabetes management, newly diagnosed diabetes, chronic kidney disease, new diet Rx post-surgery, and uncontrolled diabetes causing a stroke.

Gabriel provided a testimonial for nutrition counseling. Patient was in denial that she had diabetes – she chose to ignore her diagnosis and declined diabetes education and medication. After an accident, patient had a three month wait to see an in-clinic dietitian. NewBridge Case Manager connected patient with GABRIEL who assisted with dietitian needs. In four months of working with patient their A1C blood glucose numbers dropped in half.

Senior Farmers' Market Voucher Program – Households receive \$25 to spend on WI grown fruits, vegetables, and herbs. Eligibility for this program is age 60+, Dane County resident, and have to be at or below 185% of the federal poverty level. We started off with 695 vouchers and have ~80 sets left. Distribution ends Sept. 30, but the vouchers are good to use through Oct 31st.

Hy-Vee Fitchburg – They are no longer a senior dining site. As of September 1st. Fitchburg Senior Center will continue offering a congregate meal at their senior center instead. Hy-Vee Whitney Way location will be open 11-1:30 and offer 4 lunch options to choose from.

Kavanaugh's Esquire Club – Opened on 8/3 – they're open on Wednesdays 11-1:30. This replaces the Hy-Vee East Washington site that closed. They served 106 meals on their opening day. Since opening day, they've had days where they've served 71 guests, 91, and just this past week 73.

Breakfast pilot has been put on the back burner for now due to budget reasons. What we wanted to accomplish this year, based on our Aging Plan, was completed. That specifically was to gather a work group consisting of caterers that could help us troubleshoot and plan a master rotational menu of cold breakfast options, price points, and packaging. This is all done, but for now, this program will be put on hold until it can be funded.

3. Healthy Aging Program Update

GABRIEL shared her update on Healthy Class information. Two Virtual classes offered of the Mind Over Matter, Healthy Bladder, Healthy Bowels Workshops. Started with one class that filled up then opened up another class and filled that roster. Still ended up with a few on the waiting list for the next offering. The week of September 19 is National Malnutrition Awareness Week. GABRIEL is offering the Stepping Up Your Nutrition Class, which focuses on protein and hydration to reduce risks of falls. There will be two virtual class options – Monday afternoon and Tuesday morning. GABRIEL will be offering it in-person on Friday afternoon for the SAIL (Sharing Active Independent Lives) Program for residents of Oakwood Village.

4. Chair & Staff Updates

VELASQUEZ shared with Committee members her promotion to Division Administrator. Gabriel will be taking over all aspects of Nutrition operations except for contracts and will be the staff liaison for the Nutrition/Wellness Committee. CLAUSIUS thanked VELASQUEZ for all her work and the education provided to him about nutrition and providing meals to older adults.

F. Future Meeting Items and Dates

Next meeting: Wednesday November 2, 2022 at 11:30am via Zoom.

G. Public Comment on Items not on the Agenda

None.

H. Such Other Business as Allowed by Law

None.

I. Adjournment

A motion was made by CHASE, seconded by CLAUSIUS, that the meeting be adjourned at 12:34pm. The motion carried by the following vote:

Ayes: 5 - BRICKNER, CLAUSIUS, FULLER, WERNER and CHASE

Absent: 4 - SANDERS, RUX, CRANE and LEE

Minutes respectfully submitted by Cindy Matulle, AAA Clerk III.