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Supporting Incarcerated Parents and Children: Implementation of *Parenting Inside Out* in Dane County Jail

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Collaborations

- Cross-sector partnerships are needed to address complex social problems
 - Mitigate harm to justice-involved families
- Collaborations between correctional institutions and other stakeholders is key

Partnerships in Practice



Partnership Development

- Collective effort with interested parties

Dane County Jail

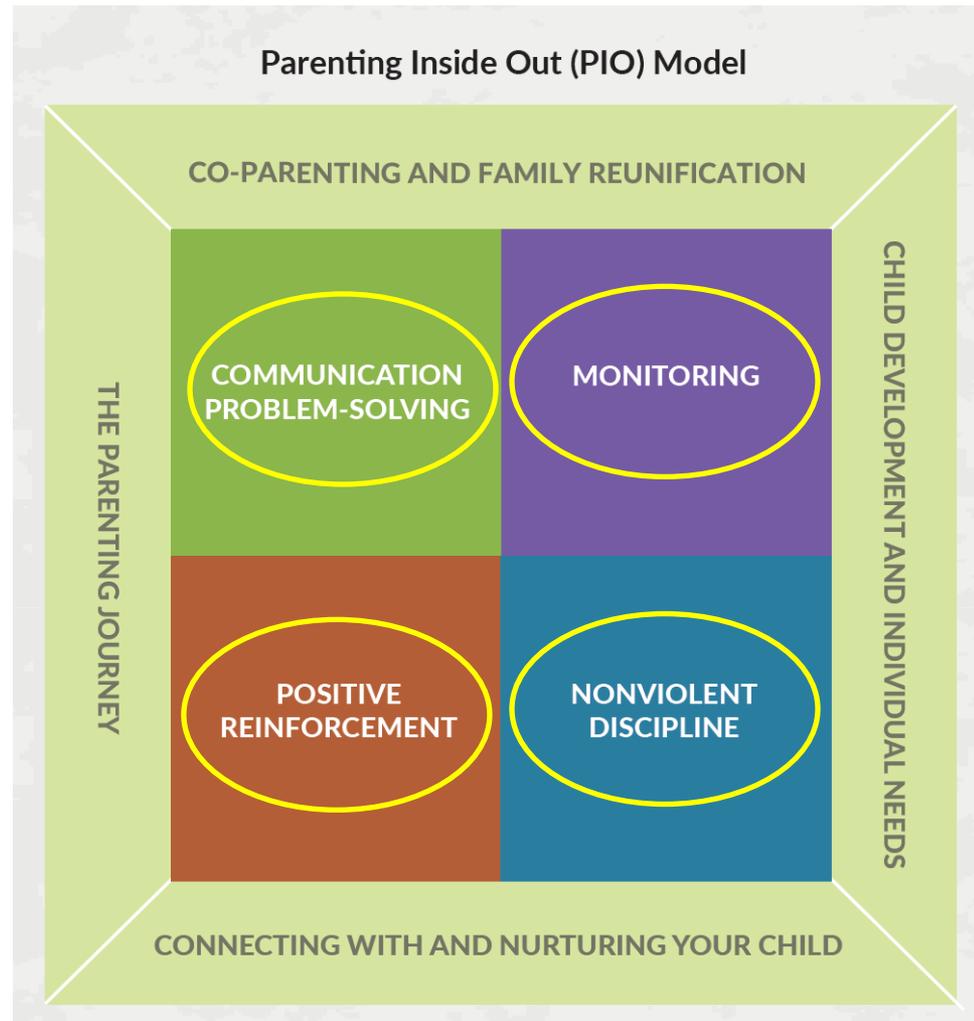


- School of Social Work
- UW-Extension
- School of Human Ecology

- 2018: National Institute of Corrections—Family Connections pilot site
- **Goal:** implement evidence-based, family-focused practices including parenting skills programming -- *Parenting Inside Out*

Parenting Inside Out

- Evidence-based parenting skills curriculum
- **Designed specifically for incarcerated parents**
- Outcomes focused: roles, skills, behaviors
- **Strengths-based & Learner-focused**



Three Objectives

1

Give parents skills to be effective parents whether they are parenting from inside an institution, or in the community

2

Reduce the impact of parental incarceration on the child by maintaining parent-child contact

3

Reduce recidivism through building family connections

Second Edition



Parent Management
Training

parenting
inside
out[®]

Curriculum Versions

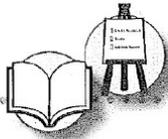
PIO-24
Jails*

PIO-48
Community Reentry

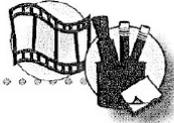
PIO-60
Prisons

PIO-90
Prisons

*Used in Dane County Jail



PIO Topics



- Lesson 1 Getting Acquainted
- Lesson 2 Effective Speaking Skills
- Lesson 3 Effective Listening Skills
- Lesson 4 Effective Problem-Solving Skills
- Lesson 5 Bonding Through Play and Reading
- Lesson 6 The Child's Job and the Parent's Job
- Lesson 7 Nurturing Your Child's Temperament
- Lesson 8 Structure Through Family Routine
- Lesson 9 Directions and Encouragement
- Lesson 10 Rules, Rewards and Consequences
- Lesson 11 Timeout and Privilege Removal
- Lesson 12 Going Home: Your Children and You

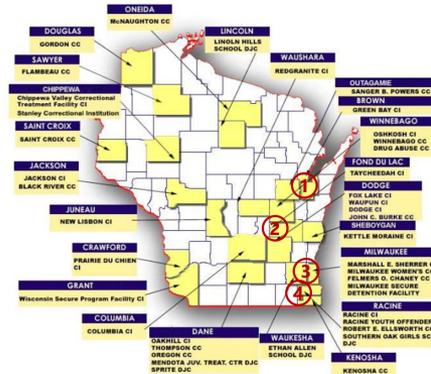


- 7 weeks (twice per week)
- **26 hours total**
- Cohort 11 for men (10 fathers/cohort)
- **Cohort 1 for women (4 mothers)**
- Pre- and post-test data collected from participants



Partnership Expansions

- New Family Connections Social Worker position at jail
- PIO in the community and in 4 DOC state prisons

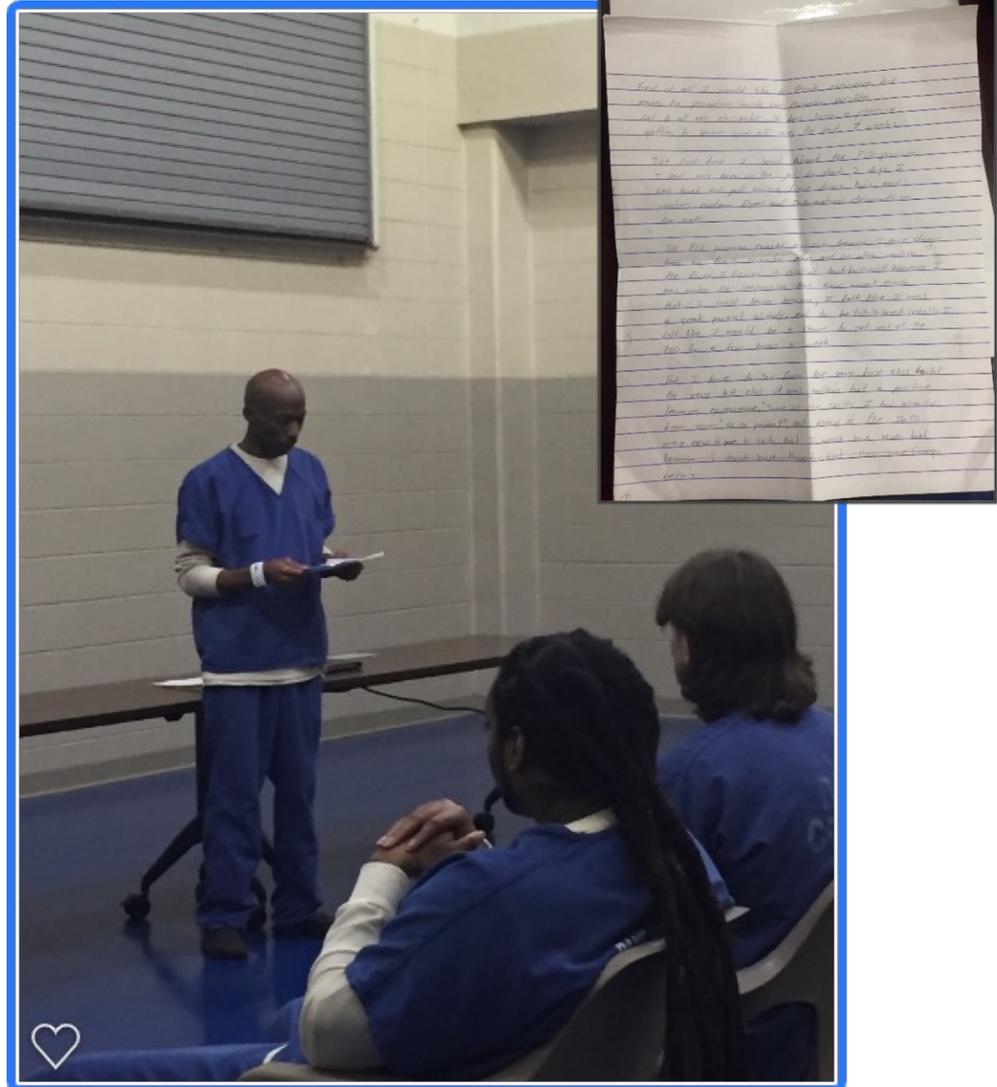


- Child-Friendly Visits: **PIO+**
 - Collaboration with DCSO, UW-Madison & Arts + Literature Laboratory
 - First implemented pre-COVID and re-introduced in 12/2022
 - Now offered first Saturday of every month
 - PIO graduates and their children
 - Support by Dr. Poehlmann, myself, and volunteer students



Child-Friendly Visits at Dane County Jail

Response from Parents



Thank you!

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<https://familywellbeingandjustice.com/>



Justice

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*Affecting Change Through Research, Training, Advocacy,
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