

2016 Leck Grant Final Report:

Keep Meadowood Dining Site Open

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Background

The mission of the West Madison Senior Coalition is to help older adults stay independent and active in our community by providing programs, services, and resources. We have been helping older adults stay independent since 1975. We offer Case Management, Volunteer Home Chore Program, four neighborhood Nutrition Sites and a large variety of Senior Activities.

We were awarded a Revitalization Grant for \$16,000 by the Bureau of Aging and Disability Resources to open a Nutrition Site in the space between the Meadowood Neighborhood Center and the Meadowridge Library. Our goal were to increase minority attendance, increase meaningful opportunities for social engagement between minority seniors and youth, and offer the evidence-based program Living Well with Diabetes for minority seniors. Our grant started in October 2015 and ended September 2016.

The Leck Grant of \$1,185 allowed us to pay our Nutrition Coordinator so we were able to keep the site open October-December 2016.

Summary/Impact

Because of the Leck Grant, we were able to serve 508 meals, host a Chronic Conditions class, and start a Food Pantry Day for the seniors. I have attached a 35 page document with all of our programs, outreach efforts, and publicity about the site since its conception in November 2015. A lot of time has gone into starting this site. We are very grateful for the Leck Grant!

Meals Served During the Grant

October 156 (average 20/day)

November 156 (average 22/day)

December 196 (average 28/day)

12-15 volunteers

7 African American seniors attended regularly

4 Latino seniors attended regularly (3 speak only Spanish)