

12/22/16

Christmas dinner, we served 44 seniors for lunch. It was a great turnout and Mary Malischke's last lunch. Mary retired after 22 years.

11/17/16

Thanksgiving dinner and the one year anniversary of the Meadowood Nutrition Site. 32 people attended. MUMS entertained us on their ukuleles and we had a sing along.

11/15/16

Medications workshop "Let's Talk Medicine". Provided by Wisconsin Health Literacy. 13 people attended. All seemed happy with the information and their new pill boxes.

11/9/16

Mary Malischke attended the Senior lunch at Good Shepherd Lutheran Church. Many seemed interested in the West Madison Senior Center programs and the meals at Meadowood.

10/13/16

Rose Johnson, one of the seniors from the Meadowood neighborhood, is started a ukulele class after lunch which started today. MUMS (Meadowood's Ukelele Musical Seniors)

10/5/16

Mary Malischke went to the Meadowood Neighborhood Association meeting and asked them to invite friends and neighbors to the meals.

10/3/16

Carolyn Griffin staffed a table at the Meadowridge Community Supper. She made lots of contacts.

9/30/16

Wisconsin State Journal article was published today "Food is the Thread that Runs Through the Meadowood Neighborhood" http://host.madison.com/wsj/news/local/food-is-the-thread-that-runs-through-the-meadowood-neighborhood/article_5518bd74-f449-5886-a876-6e73467431e0.html

"On Thursday, the large, bright room between the library and the center was buzzing with volunteers wiping down tables and preparing lunch for senior citizens who come for food and fellowship twice a week. "You have it all together right here," said Carolyn Griffin, an outreach worker for the meals program based at the West Madison Senior Center.



9/20/16

Carolyn Griffin and Mary Malischke staffed a table at the “Only Leaves Should Fall Conference,” to promote Meadowood senior mealsite and Dane County meals in general. About 30 seniors came to talk with us, some from the westside. UW OT and PT students also came to hear about our programs. Met a guy from the Allied Neighborhood who said he would pass around flyers and I gave flyers and info to the Food pantry at the Boys and Girls Club. Mary M

9/13/16

Listening session at Meadowood today after lunch with Katie Kluesner to get Senior input for Senior meal locations for 2017. Neighborhood PO Adam Kneubler also attended and answered questions about the neighborhood and safety issues.

9/8/16



Isthmus article came out today “Beyond Cereal and Soup”. Meadowood Site was highlighted. “Shirley Smith likes to have lunch at the West Madison Senior Center, largely for the companionship. “I still cook at home,” says Smith, who lives at Rosewood Villas senior apartments on the city’s west side. “But having somebody else cook once in a while helps.” The Meadowood site was launches last November with state grant money earmarked for revitalizing the senior dining program, says West Madison Senior Center Executive Director Katie Kluesner. Meadowood will be funded through the end of 2016 and Kluesner hopes the site proves popular enough for that to be renewed for 2017.... “Many older people start relying on cereal and soup, because they’re easy,” says Kluesner. These meals are approved by a dietician and must provide one-third of the recommended daily

nutrition for aging adults. But health doesn’t come from nutrition alone, Kluesner notes: “It’s about socializing. getting out. talking with people.”

9/8/16

Meadowood Neighborhood Center is opening their food pantry every second Thursday from 11:30-12:30 starting today for Seniors only. 6 seniors used the pantry. If popular, they will open it more often.

9/1/16-10/15/16

Living Well with Chronic Conditions class is being held at the Meadowood Dining Site. The program is free to participants through Dane County Area Agency on Aging. They have a full house: 17 participants.

2 Weeks in August and October

This ad ran in the Wisconsin State Journal for two weeks in August and two weeks in October



8/16/16

Summer kids' meal program is over. Lunch time goes back to 12 noon. People who were going to West Madison for the summer are now going back to Meadowood.

8/10/16

Mary Malischke and Karen Wulff (WMSC Board Member) staffed a table for outreach at the Tuesday Night Run at Metcalf's Grocery Store 4-7 pm. We had contact with 10 seniors.

8/9/16

Mary Malischke sent letters to six Latino seniors living on Madison's westside from a list provided by Rodrigo Valdivia (bilingual specialist from the Northwest Coalition) in English and Spanish. One came to MNC!

8/2/16

Linda Falkenstein from Isthmus came to lunch and interviewed Katie Kluesner and some Seniors for an article she will write about the westside senior meals. 32 people attended the lunch.

8/23/2016

Mary Malischke invited Matt Phair (alder) and Matt Veldran (Dane County Supervisor) to come and have lunch with us and asked them to help us advertise.

8/27/16

Karen Wulff and Carolyn Griffin attended the West Fest event at Elver Park in a "Senior Tent" from 10am-4pm. Right now the activities at the tent will be Ma Jiang from 10-12, Bingo from 12-1, Chinese Checkers from 1-2 and then Bingo again from 2-4. They had a table with information about the Senior Center and the Meadowood site in particular.

6/21/16

First day of lunch at 11:00 with kids following. We had 19 meal participants, including volunteers. We ate and were out before noon and before the kids came. Five of the regular Meadowood participants are now going to the West Madison Senior Center for the noon meal on Tuesdays and Thursdays because 11 am is too early for them. They all take the bus to the Center (The bus starts picking up at 9:45 am for Meadowood) Mary Malischke

6/21/16

Karen Wulff, WMSC Board member. Her outreach efforts:

I met with a woman I was referred to thru the Point of Grace Church, Sarah Kirk. She took and distributed several of our flyers. In addition, she is helping put together a big Elver Park Community Day on August 27th and we will have a table there is the senior tent. Stephanie Bradley Wilson and I have been trying to find a time that works for both of us to get together and talk. She is with Commonwealth Development and working on trying to get a grant I believe to study criminal justice in Madison. She is also involved with a fall prevention program "Stepping On" for seniors. Would like to just 'pick her brain.' I have been unsuccessful getting a hold of Barbara Harrington McKinney, the alderwoman. Just can't get her in. Of course after my letter to the editor, she might not answer my calls now! I went to the Meadowood Community monthly neighborhood dinner to network. Alice Oakey who organizes the event introduced me to Stephanie Bradley Wilson as a possible resource. Also met Matt Veldron from the county there and will follow up with him. Spoke with Lytonia Floyd a woman from UW Extension who tried to set up a nutrition Education program in the Meadowood area. Unfortunately, although she went door to door and is a woman of color herself she was very unsuccessful. Lastly, I have attended several lunches there and in talking to the clients discovered that the way many learned about them was thru word of mouth thru children and friends.

Volunteers

13 Volunteers

1 is African American

1 is a student who comes with a job coach

6/21/16

Outreach coordinator, Carolyn, had a table at the Meadowood Community dinner at Meadowood Park and Make Music Madison and was able to pass out a lot of information..

6/16/16

Nutrition Coordinator Julie Fellenz has stepped down. Mary Malischke, will take over for Julie, June 21.

6/10/16

Linda from Good Shepherd Church (across the street from Meadowood) contacted me about presenting to the Senior Group in November. She is going to contact some of the Seniors living in the neighborhood to all come together to have lunch at Meadowood soon.

6/1/16

Meal serving time has changed from Noon to 11:00 am because of the MSCR Kids Kamp program serves lunch Noon. We are worried about a decrease in attendance because of the time change, which will affect 3 months- June-August.

June 2016

Dane County Farmers Market-Carolyn will have an outreach table on Saturdays at the DOT market. UW Extension is now presenting twice a month about nutrition.

5/29/16

Carolyn Griffiin volunteered at WORT and passed out information about Seniors and the meal program.

5/5/16

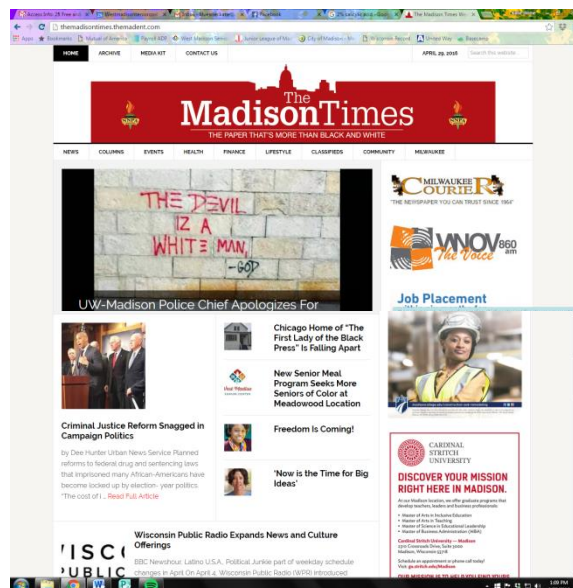
Barbara McKinney, City Alder, spoke and attended lunch.

May 2016

WMSC was awarded a Leck Grant by the Area Agency on Aging of Dane County to keep the Meadowood site open until the end of 2016.

4/22/16

The following article was published in The Madison Times on April 29 and posted on their website.
<http://themadisontimes.themadent.com/article/new-senior-meal-program-seeks-more-seniors-of-color-at-meadowood-location/>



New Senior Meal Program Seeks More Seniors of Color at Meadowood Location

APRIL 22, 2016

by Jacklin Bolduan



The West Madison Senior Center, along with its three other coalitions in town, provides a variety of services to seniors in Madison, including an extensive meal program that seeks to foster nutritional awareness and community-building amongst residents.

While the four Senior Centers provide donation-based meals every day of the week over four different locations, their most recent focus has been on their newest location in a shared space between the Meadowridge Library and Meadowood Neighborhood center on Madison's west side.

The Center received a grant from the state Bureau of Aging and Disability to open the new meal site as a sort of pilot program to assess how much interest there would be at this particular location. The grant began in November of last year and will go through September, when it will hopefully be extended to December. The meals at this location are held on Tuesdays and Thursdays at noon. The suggested donation for seniors 60 and older is \$4 per meal, which can be extended to that senior's spouse if they are under 60 or a child with a disability. Anyone may attend the meal but should plan to pay \$7.50 if they are under the age of 60.

Mary Malischke, the Center's Nutrition Program Director, says that they're hope is to begin reaching more seniors of color in the program and are looking for ways to make them more aware of the services they provide. She says that currently meals at this particular site have been mostly attended by white seniors. They're hoping to do some outreach to local churches and other community centers in the area to make everyone aware of the meal program.

"The wonderful thing about it is that everyone can afford to eat. It's a confidential donation. Nobody knows what anybody pays."

The Meadowood Neighborhood Center is a collaboration between Madison School and Community Recreation (MSCR) and the City of Madison whose mission is to provide a safe space for youth and other community members to socialize and take advantage of health and fitness classes MSCR provides, along with other resources like job info sessions. The West Madison Senior Center hopes that the community will take advantage of its meal program in the same way.

In addition to the donation-based meal, Dane County provides a bus to anyone on the west side for a donation of \$1 to any of the daytime meal locations. The bus is only for seniors living on the west side of Madison, however, other seniors can take the bus to the whichever meal site is in their area.

Malischke says she thinks the low attendance by people of color is just a result of outreach to those communities. "I think it's too good to be true. I don't think people really believe it." She hopes that everyone will begin to take more advantage of the meal programs along with other services that the West Madison Senior Center provides, such as case management, housing, and medicare resources. The Center also offers exercise classes and even a home chore program that helps seniors with housework and other tasks. These services are targeted towards low-income seniors, as you must meet the income requirement to participate in some of the other programs. The Center has several events coming up such as a collaboration with Jewish Social Services on April 14th at 10:30AM. The event will host a chef who will give a demonstration on cooking kosher soul food.

You can find all of this information and more about the meal site schedules, menus, and bus pick-up online at wmseniorcenter.org. If you plan on attending the meal, you must call ahead and make a reservation by noon the day beforehand at 608-238-0196. Be sure to let them know if you would like the bus to pick you up.

4/22/16

Carolyn Griffin set up table at the Meadowood Community dinner to hand out newsletters and tell seniors about the meals.

4/22/16

This blurb was spotted on Always Best Care Senior Services Google + :

The screenshot shows a web browser window with multiple tabs open, including 'WASC District Meeting', 'Inbox - kluesner.katie@...', 'Westmadisonseni...', 'Katie Kluesner', 'Meals for Seniors: Tuesda...', and 'Katie Home'. The address bar shows the URL 'https://plus.google.com/+Alwaysbestcaremadison/posts/7iUeCNhkafZ'. The browser's bookmark bar contains links to 'Mutual of America', 'Payroll ADP', 'West Madison Senior', 'Junior League of Mad...', 'City of Madison - Me...', 'Wisconsin Record', 'United Way', and 'Basecamp'. The Google+ page features a search bar, a 'Home' button, and a profile card for 'Always Best Care Senior Services' with 93 followers and 214,342 views. The main post, shared publicly on Nov 23, 2015, includes a photo of an elderly man and text about senior meals and transportation. The post also mentions the 'Madison School & Community Recreation - Meadowood Neighborhood Center' and provides a link to 'ow.ly'. The bottom of the screen shows a Windows taskbar with icons for Internet Explorer, File Explorer, Google Chrome, Microsoft Word, PowerPoint, and Spotify, along with the system clock showing 11:16 AM on 4/22/2016.

WASC District Meeting | Inbox - kluesner.katie@... | Westmadisonseni... | Katie Kluesner | Meals for Seniors: Tuesda... | Katie Home

https://plus.google.com/+Alwaysbestcaremadison/posts/7iUeCNhkafZ

Apps | Bookmarks | Mutual of America | Payroll ADP | West Madison Senior | Junior League of Mad... | City of Madison - Me... | Wisconsin Record | United Way | Basecamp

Google+ | Search Google+ | Katie | K

Home

Always Best Care Senior Services
93 followers | 214,342 views

Always Best Care Senior Services
Shared publicly · Nov 23, 2015

Meals for Seniors: Tuesdays/Thursdays at Meadowood Neighborhood Ctr.
Transportation avail. @madisonlibrary @MSCRRRec http://ow.ly/UZW8U

Madison School & Community Recreation - Meadowood Neighborhood Center
ow.ly

What is the Meadowood Neighborhood Center? MSCRR operates Meadowood Neighborhood Center in collaboration with the City of Madison on Madison's southwest side, in the Meadowood Shopping Center. The purpose of the Meadowood Neighborhood

+1 | Add a comment...

11:16 AM 4/22/2016

4/22/16

This blurb was spotted on the Isthmus website:

WASC District Meeting M X Inbox - kluesner.katie@g... X 22 Westmadisonseni... X f Katie Kluesner X WMSC Nutrition Program X Kate Home X

isthmus.com/events/wmsc-nutrition-program-wmsc-mondays/

Apps ★ Bookmarks Mutual of America Payroll ADP West Madison Senior Junior League of Mad City of Madison - Me Wisconsin Record A United Way Basecamp





184 HP 2.5L SKYACTIV®-G DOHC
16-Valve 4-Cylinder Engine with VVT
37 MPG Hwy EPA



ISTHMUS

NEWS OPINION FOOD & DRINK ARTS & CULTURE MUSIC SCREENS EVENTS MADISON Craft Beer WEEK

HOME /

WMSC Nutrition Program



Nutritious meals are offered at various locations Monday-Friday by West Madison Senior Coalition. The suggested minimum donation for those age 60 and older is \$4.00, but please only pay what you can afford. Anyone under age 60 is required to pay the full amount of the cost to provide the meal, which is \$7.50. Transportation to daytime meals is available for \$1.00 round trip. To reserve a meal and transportation, call by noon on the preceding business day.

Senior Center and Meal Site: 602 Sawyer Terrace
Monday at 5:00 PM; Tuesday and Thursday at Noon; 2nd Saturday at 5:30 pm (except January and February). Phone: (608) 238-0196.

Meadowood Neighborhood Center: 5740 Raymond Road
Tuesday and Thursday at 11:30 AM. Phone: (608) 238-0196.

Lussier Community Education Center and Meal Site: 55 S. Gammon Road
Wednesday and Friday at Noon. Phone: (608) 238-7368.

Lechayim at Temple Beth El, 2702 Arbor Drive
Monday at Noon. Contact Louise Goldstein at (608) 442-4083 louise@jssmadison.org by 10:00 a.m. on the preceding Friday morning.

This program runs during the academic season (September to May). To view Lechayim's current menu, visit their website: <http://www.jssmadison.org/index.php/events/lechayim>

Please refer to the West Madison Senior Coalition Newsletter for details on Menu and Programs for each location. Call 238-7368 if you wish to subscribe to the Newsletter or download a pdf form found on the web page: www.westmadisonseniorcoalition.org

INFO

LOCATION
West Madison Senior Center 602 Sawyer Terr., Madison, Wisconsin 53705 [VIEW MAP](#)

EVENT CATEGORY
Seniors



PART OF
MADISON
Craft Beer
WEEK
APRIL 30TH
2-5PM
BREES STEVENS FIELD



ISTHMUS 40 YEARS 1976 2016

ISTHMUS picks

FRI SAT SUN MON TUE WED THU

SHADES OF GRACE

Apr 22, 2016 3:30 PM

UW Lathrop Hall-H'Doubler Performance Space

ISTHMUS PICKS

420 FEST

Apr 22, 2016 4:20 PM

Brink Lounge

ISTHMUS PICKS

ADULT SWIM

Apr 22, 2016 6:00 PM - 10:00 PM

Madison Children's Museum



11:15 AM
4/22/2016

4/22/16

This blurb was spotted on the MSCR website:

Begins Tuesday, November 24 at 11:30 am with a Thanksgiving Meal

The program will continue on Tuesdays and Thursdays at 11:30 am. The suggested donation for those 60 and older is \$4, but seniors should only pay what they can afford. Transportation to the meals is also available for a suggested donation of \$1 per round trip. To reserve a meal and transportation, call 238-0196 by 12 pm the prior day.

The screenshot shows the MSCR website with the following content:

- Header:** Navigation bar with links: ABOUT MSCR, OUR PROGRAMS, REGISTRATION, GET INVOLVED, EMPLOYMENT, MORE.
- Left Sidebar:**
 - Our Programs**
 - MSCR EAST
 - YOUTH ARTS & ENRICHMENT
 - YOUTH SPORTS & FITNESS
 - AFTERSCHOOL
 - CAMPS
 - ADAPTIVE RECREATION/INCLUSION
 - TRIPS & SPECIAL EVENTS
 - ADULT ARTS & ENRICHMENT
 - ADULT FITNESS
 - OUTDOOR ADVENTURES
 - ADULT SPORTS
 - 50+ FITNESS PROGRAMS
 - AQUATICS
 - REGISTER NOW**
 - SUMMER PROGRAM GUIDE**
- Main Content Area:**
 - The Center moved to a bigger location** (with a photo of the new center)
 - Meadowood Neighborhood Center**
 - What is the Meadowood Neighborhood Center?**

MSCR operates Meadowood Neighborhood Center in collaboration with the City of Madison on Madison's southwest side, in the Meadowood Shopping Center. The purpose of the Meadowood Neighborhood Center is to provide a safe, supervised place for youth during afterschool and evening hours, for neighbors to socialize, and space for MSCR programs such as arts, fitness and much more.
 - What's Happening at Meadowood Neighborhood Center**
 - New! Senior Meal Program in cooperation with West Madison Senior Center & Meadowridge Library**

Begins Tuesday, November 24 at 11:30 am with a Thanksgiving Meal

The program will continue on Tuesdays and Thursdays at 11:30 am. The suggested donation for those 60 and older is \$4, but seniors should only pay what they can afford. Transportation to the meals is also available for a suggested donation of \$1 per round trip. To reserve a meal and transportation, call 238-0196 by 12 pm the prior day.
 - MSCR and City of Madison celebrate opening of expanded Meadowood Neighborhood Center** (with a photo)
 - Meadowood Neighborhood Center expands** (with a photo)
 - Meadowood Neighborhood Center opens** (with a photo)

4/22/16

This blurb was spotted on Channel3000.com
West Madison Senior Coalition Senior Lunches

Tuesday, April 26, 2016 Noon

Additional Dates

Thursday, April 28, 2016 Noon

Tuesday, May 03, 2016 Noon

Thursday, May 05, 2016 Noon

Tuesday, May 10, 2016 Noon

Show Additional Dates

Meadowridge Library

5726 Raymond Rd

Madison, WI

[Directions](#)

Price: \$4.00 Donation

Nutritious meals are offered to those 60 and older, the suggested minimum donation is \$4.00 but please pay what you can afford. Transportation to the meal is available by donation. Meal and bus reservations or cancellations should be made by noon the preceding day by calling 238-0196.

More Info

[Madison Public Library](#)

4/13/16

Kosher Soul Cooking Demo and Talk featuring Michael Twitty came to the Meadowood Dining Site. The program brought in 42 seniors. This poster was on Ann Imig's blog <http://annimig.com/> and twitter <https://twitter.com/AnnsRants>

**Kosher Soul Featuring Culinary Historian
Michael Twitty**

Join us for 2 special community events

Wednesday, April 13

KOSHER SOUL TALK

All events are at Temple Beth El, 2702 Arbor Dr.

SCHEDULE OF EVENTS:

- 5:30PM: Kosher Soul Family Education program (for elementary school aged children and their families)
- 6:30PM: Buffet dinner featuring vegetarian, ethnic foods cooked by a diverse group of local chefs
- 7:30PM: Kosher Soul Talk- a celebration of the history of African American and Kosher Cuisine
- 8:30PM: Reception provided by Temple Beth El Sisterhood


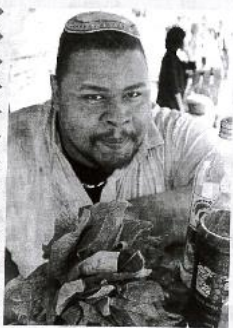
TODAY!!!

Thursday, April 14

**KOSHER SOUL COOKING
DEMO AND TALK**

Join us for a cooking demonstration and talk at Meadowridge Public Library, 5726 Raymond Road.
10:30am- 11:30am. Optional lunch following the program.
Online registration required, available at www.JewishMadison.org

All events are sponsored by the Jewish Federation of Madison with generous support from Hadassah, Temple Beth El Sisterhood, Jewish Social Services and the West Madison Senior Center.





4/8/16

WMSC applied for the Leck Grant to help us staff the Meadowood Dining Site through the end of the year. We asked for \$2,500 to pay the Nutrition Coordinator and the Outreach Coordinator. We were awarded \$1,185.

4/5/16

We set-up a table outside of the Library for 5 hours during the Primary Election Day to promote the Meadowood Site.

2/29/16-3/31/16


Contacts- Carolyn: Mt Zion Church ,Attended last Meadowood Community Dinner

Contacts- Mary: Zion Church - Sunday service and told people about the meals. Church members said they would do outreach for us. Point of Grace Church newsletters and outreach to Pastor Mickey - Church is on Raymond Rd

Outreach to Iglesia La Hermosa and Pastor Alfonso Avila Diaz that also meets at Point of Grace Church on Raymond Rd. Pastor Diaz and 4 others came to lunch at West Madison Senior Center.
 Contacted Catholic Multicultural Center: Lilliam will translate posters in Spanish for us.
 Contact with Shashanna Baldwin, African American community organizer, Meeting with Mary, Carolyn, Karen Wulff a board member, to happen soon

3/1/16

This front page article was spotted in the Madison Public Library newsletter. We connected with the author and tweaked the language.



Foundation

MADISON PUBLIC LIBRARY

a quarterly newsletter from the Madison Public Library Foundation

Spring 2016

FOUNDATION NEWS

Library Spotlight: Meadowridge Kitchen a Valuable Asset

On a recent history walk afternoon, a group of kids, teens and adults gathered in the new Meadowridge Library kitchen to warm up with a cup of hot chocolate.

"It was just fantastic," said Library Supervisor Alvin Orkey. "The kids, especially, said thank you, and when they did, they made sure we had eye contact with them. They wanted to make sure we knew they were thankful."

"We have the ability to do spontaneous things like that with the kitchen."


The commercial kitchen, part of a shared space between the library and the neighboring Meadowood Neighborhood Center, is an unusual asset for a library. Orkey said. Meadowood Public Library's Meadowridge is one of just a couple libraries in the nation equipped with one. It's proving to be extremely useful for a variety of events. Orkey said community serve events, community meals, and others of all ages — especially youth — on how to prepare nutritious snacks and meals.

"We've had programs where different kids come in where they learn how to make nutritious snacks, preparing — all sorts of things," Orkey said. "We're looking to add more of these programs."

In late January, the library hosted its first potluck-style community supper using \$2,500 in Post Challenge grant funds, raised by Madison Public Library Foundation. About 50 people attended, and the foundation funds made it possible for the library to provide a main dish, dessert, salad and rolls. The library plans to host the supper again in 2015, the last Tuesday of each month through the end of August, with the focus of meeting the needs of children in Meadowood Park in the first summer of the year.

There is a great demand for the After-School Snack Program that is under way. Grants are available from the neighborhood center, Madison Metropolitan School District and MFLC. "We just have so many kids in the neighborhood who need an evening meal," Orkey said. "We want to offer it every, more days each week."

The library is in the process of hiring Alvin Orkey, a culinary expert who specializes in working with teens to spend time



Volunteers serve lunch for seniors in the Meadowridge Library kitchen.

In home care sessions, the West Madison Family Coalition began teaching, teaching meals in the kitchen and shared space, in late November. The meals, which meet the needs of the community, are a valuable asset.


The kitchen is proving to be extremely useful for events that build community, serve library customers' needs, and educate all ages — especially youth — on how to prepare nutritious snacks and meals.

USD A nutrition guidelines, we available each Tuesday and Thursday from 10:00 am - 1:00 pm, and free transportation to and from the library is offered. The coalition encourages donations to offset costs, but no one is turned away.

While the kitchen has a lot of activity, the shared space as a whole is looking more and more like a community center. On Wednesday mornings, an exercise class is held. On the first and second story, there are sold weekly. On Fridays, a play library program draws families to the shared space, with at least a half-dozen different languages spoken by those in attendance. The space has also been home to tea programs, like the Historical Club, and a women and girls neighborhood empowerment group.

"We were happy when grassroots groups got here because we can do it this place, and everything, but none of them the power of what comes straight from the community," Orkey said.

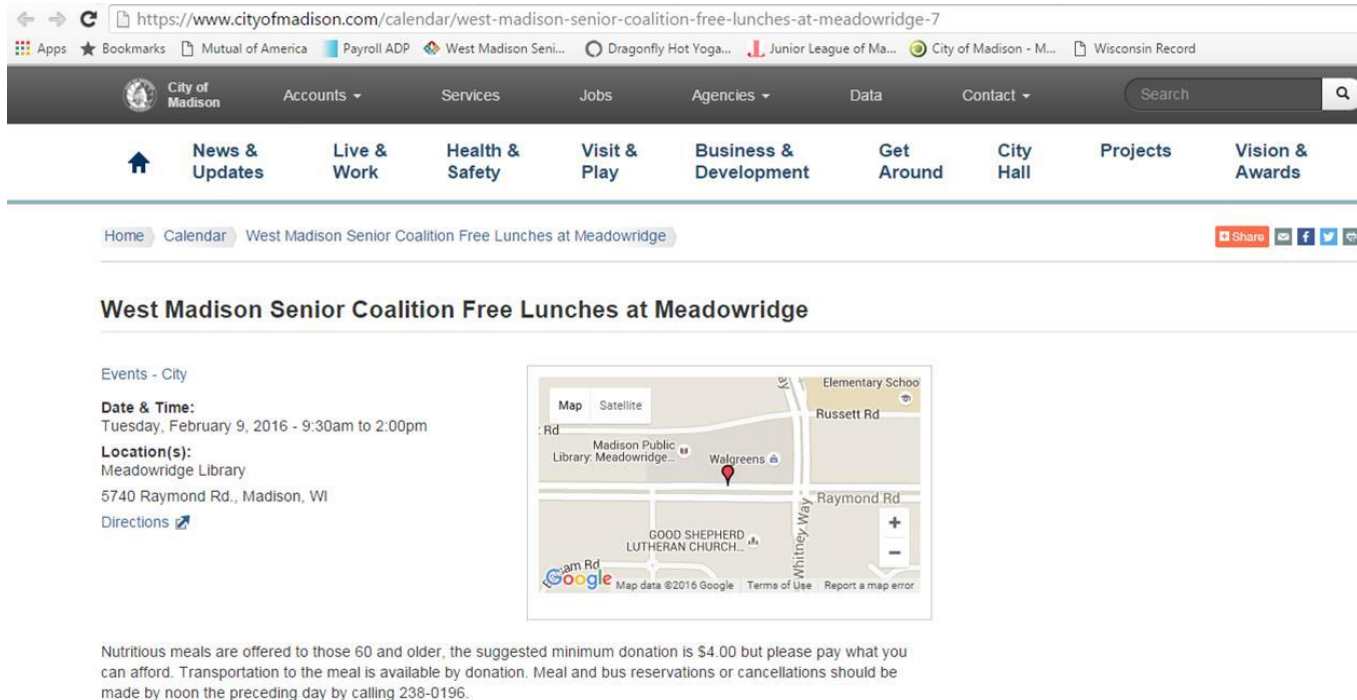
The Meadowridge Library Foundation has a variety of programs and services, including a variety of programs, services and activities. Contributions and support, and our dedicated Meadowridge staff are completing your gift.



Meadowridge Library is a new site for the West Madison Senior Center's lunch time meals on Tuesdays and Thursdays.

3/1/16

This blurb was spotted on the City of Madison's website. We connected with the author and tweaked the language. (Free Lunches and the time)



The screenshot shows a web browser window with the URL <https://www.cityofmadison.com/calendar/west-madison-senior-coalition-free-lunches-at-meadowridge-7>. The browser's address bar and tabs are visible at the top. Below the browser window is a navigation bar for the City of Madison website, featuring a home icon, a search bar, and various menu items: Accounts, Services, Jobs, Agencies, Data, Contact, News & Updates, Live & Work, Health & Safety, Visit & Play, Business & Development, Get Around, City Hall, Projects, and Vision & Awards. The main content area displays the event title "West Madison Senior Coalition Free Lunches at Meadowridge" with a breadcrumb trail: Home > Calendar > West Madison Senior Coalition Free Lunches at Meadowridge. To the right of the title are social media sharing icons for Facebook, Twitter, and LinkedIn. Below the title, the event details are listed: "Events - City", "Date & Time: Tuesday, February 9, 2016 - 9:30am to 2:00pm", "Location(s): Meadowridge Library", "5740 Raymond Rd., Madison, WI", and a "Directions" link. A Google Map is embedded, showing the location of Meadowridge Library at the intersection of Raymond Rd and Whitney Way. Other nearby locations marked on the map include Walgreens, Elementary School, and GOOD SHEPHERD LUTHERAN CHURCH. Below the map, a paragraph of text provides additional information: "Nutritious meals are offered to those 60 and older, the suggested minimum donation is \$4.00 but please pay what you can afford. Transportation to the meal is available by donation. Meal and bus reservations or cancellations should be made by noon the preceding day by calling 238-0196."

Events - City

Date & Time:
Tuesday, February 9, 2016 - 9:30am to 2:00pm

Location(s):
Meadowridge Library
5740 Raymond Rd., Madison, WI

[Directions](#)

Nutritious meals are offered to those 60 and older, the suggested minimum donation is \$4.00 but please pay what you can afford. Transportation to the meal is available by donation. Meal and bus reservations or cancellations should be made by noon the preceding day by calling 238-0196.

2/23/16

Kristine Fountaine, a Senior Rehabilitation Specialist for the State of Wisconsin Department of Health Services- Office for the Blind and Visually Impaired will give a presentation on Low Vision.

Julie Fellenz stepped into the Nutrition Coordinator position. She is our current Nutrition Substitute and has been involved with the program for four years.

Carolyn Griffin has been hired as our Outreach Coordinator. She is an African American senior who has been involved with the program for five years. She will reach out to the diverse communities. She will work 49 hours throughout 2016.

2/1/16-2/29/16

The following article was published in our February newsletter.

Triad Safety Programs

Triad is a non-profit organization that promotes the safety and well-being of seniors. Sponsored by RSVP of Dane County, it includes Madison Police and Fire Departments, West Madison Senior Center, SAIL (Supporting Active Independent Lives), community agencies and senior volunteers.

Want to help? Contact Mary at RSVP 441-7897

Don't miss these important short talks by local police officers at the Meadowood Community Center. They're free and open to everyone:

Wednesday February 24 - Gangs

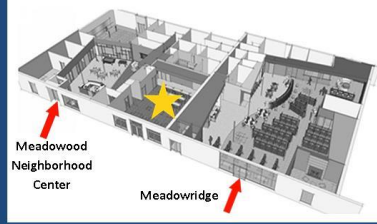
What's Happening In Our Neighborhoods?

10:30 am, Meadowood Neighborhood Center,
5740 Raymond Rd.

Please take our Senior Safety Survey online at
<https://www.surveymonkey.com/r/FXW3KSS>

The dining site at Meadowood is open and we're looking to increase our attendance!

Come and enjoy a hot, nutritious meal catered by Gaylord Catering in the Meadowood Neighborhood at 5740 Raymond Rd. We will be



1/26/16

Our Nutrition Coordinator, Octavia Ramsey resigned and her last day was January 26. Her mother is ill and lives in Texas. Our Nutrition Substitute will be stepping in for Octavia until Mary Malischke returns from vacation February 10. We will open the position and publicize it.

1/21/16

The group Triad came to the site and did a presentation on "How to Stay Safe." A local police officer and detective talked to the group. We had 26 people eating and another 12 come from the public. Triad is a program that promotes safety and crime prevention for seniors.

The Meadowood neighborhood has been in the news quite often for robberies, violence and other major issues. Seniors have been contacting me (Katie Kluesner) and have expressed the issue of safety at the site. I will be meeting with some major key people to see if there is anything we can do to make sure seniors are safe. Triad will also be doing presentations at least quarterly at our site.

The photo below is a Madison Police Office speaking about safety.



1/10/16

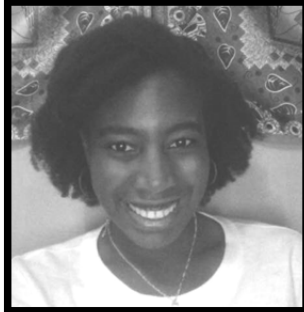
Our participant numbers are lower than we wanted- 15 average/day, so we have hired an outreach coordinator for 599 hours for 2016 to help spread the word about the site. She is a senior herself who attends the dining site, lives in the neighborhood and African American.

1/1/16-1/31/16

These two articles were published in our January newsletter, which gets distributed to 1,000 people.

We are offering Case Management office hours on Tuesdays and Thursdays in the dining site from 10:30am-Noon.

Meet our Meadowood Nutrition Coordinator, Octavia Ramsey



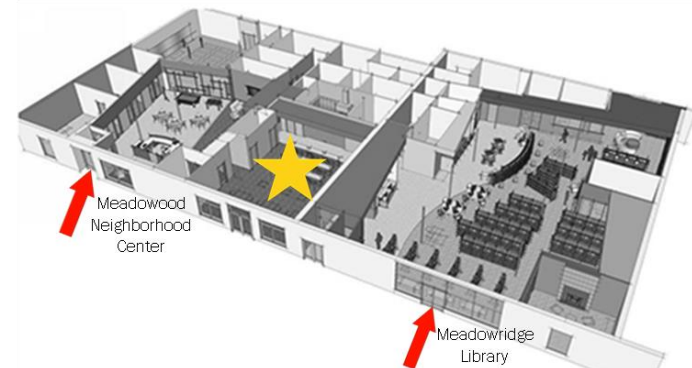
Hello, My name is Octavia Ramsey and I am the Nutrition Coordinator at our new dining site, the Meadowood Neighborhood Center, located at 5740 Raymond Road! I am a UW student studying economics and am passionate about serving the Meadowood neighborhood. I am excited to continue building a vibrant community of seniors through food and fun.
I hope to see you soon!

Meadowood Senior Dining Site

The dining site at Meadowood has officially opened!

Come and enjoy a hot, nutritious meal catered by Gaylord Catering in the Meadowood Neighborhood at 5740 Raymond Rd. We will be serving lunch every Tuesday and Thursday at Noon. The cost of the meal for 60+ is a suggested donation of \$4.00. Bus transportation from West Madison locations available for a suggested \$1.00 donation as well. Walkers and wheelchairs can be accommodated. Seniors are required to make a meal and bus reservation by Noon the day preceding the meal by calling Candice at 608-238-0196. Please contact Octavia at octaviar@wmseniorcenter.org if you're interested in volunteering or you would like more information.

Below is a diagram of the Meadowood Neighborhood Center, the Meadowridge Library and the space in between, where our dining site is located. The yellow star indicates where the dining site is located. The red arrows indicate where you can enter the building.



12/10/15

A short article appeared in the Community section of the Wisconsin State Journal.

COMMUNITY

KNOW YOUR MADISONIAN | SIR WILLIAMS

Law school grad helps applicants

When Sir Williams came to Madison to attend UW-Madison Law School, it was his first time living away from his mother's home on Chicago's South Side, in a poor neighborhood called Englewood.

But Madison quickly grew on him, and here he not only got his law degree, he met his fiancée, fellow attorney Truscottlyn Brooks. He later became the law school's director of admissions, helping decide who will attend school there, and for students, whether UW-Madison is right for them.

Williams, 33, grew up with his mother, a federal Railroad Retirement Board claims examiner, and two brothers. His father, who was a Cook County sheriff's deputy, lived nearby, but apart from the family. Starting in fourth grade, Williams was bused to another school outside his neighborhood, and even at that young age, he could see how disadvantaged the school in his neighborhood was.

At Michael Byrne Elementary School he was among a diverse student body, different from his predominantly black neighborhood school.

His school, he said, "taught me that we're all a lot more alike than

through AmeriCorps called Public Allies, a leadership apprenticeship program. During law school Williams was involved in the Prosecution Project, through which he had an internship with the Dane County District Attorney's Office.

How did you end up here in Madison at the law school?

There was a girl I went to high school with who was up here in law school. She heard that I was applying to law school and she said she was having a good time and she liked it. Ultimately I came to Madison and visited and I just felt like it was a really great fit. It felt really warm and friendly. I was really concerned about the diversity, because when you think of Wisconsin, you don't really think of it as being a diverse place, and I don't think that's wholly inaccurate. But it was a lot more diverse than I thought it would be.

Do you have any plans to ever go into prosecution in the future?

It's not something I've completely ruled out. I went to law school with the goal of helping people. I really like to be helpful. But in admissions, I get to help a lot of people. And so being in this position now to help other people



BY THE PHOTOS - JAMES J. JONES

Sir Williams is the director of admissions at the UW-Madison Law School.

people on the committee that make the final decision, so if I see something, I can share my experience and my perspective and I'd like to believe that can influence ultimately what happens. It's not to say that everyone I think should get in gets in, but even being in the room and having that type of access, it really makes a difference.

Everyone probably asks you about your name. What's the story?

It's funny, I never asked my mother about it until my senior year of high school when my speech teacher said, "Go home and ask your mother why you've got this name or the name to what

NEIGHBORHOOD NEWS

Origami open house

An origami open house will take place at the Middleton Public Library from 11 to 4 p.m. Saturday to celebrate the 50th anniversary of the public installation of the origami mural "Transformations" on permanent display at the library. This display is made up of more than 3,000 pieces of paper. To celebrate this occasion, local origami group The Knotty Finklers will teach a variety of simple models to all ages and skill levels. The event will be in the Archer Room on the lower level of the library, 4425 Hubbard Ave. Registration is not required. Information: 608-931-5504 or wvmlib.org. In addition, the 2015 Origami by Children Exhibition will be in the lobby. This traveling exhibit from the national organization Origami USA features 54 winning entries by youth ages 5-16.

Toys for Toys fundraiser

YFOT 759L 301 Cottage Grove Road, will host its annual Toys for Toys fundraiser. Six rounds will play from 12:30 to 6 p.m. Sunday. There will be door prizes and food. There is no admission fee; however, a mandatory donation or donation of a new

unwrapped toy for the U.S. Marine Corps Reserve Toys for Toys Program is suggested. Information: 608-221-9326.

Retiree meeting

The AFSCME Retirees subchapter 82 will have a politics meeting at 10:30 a.m. Tuesday at the Madison Labor Temple, 1602 S. Park St. Guest speaker will be Dr. Robert M. Munn, speaking on "Thriving in Change." There will also be an election of officers. For more information, visit the Retirees Facebook page.

New senior meal site

A new senior meal site has opened in the Meadowood neighborhood at 5726 Raymond Road, in the space shared by the Meadowood Library and the Greater Meadowood Neighborhood Center. The program will continue on Tuesdays and Thursdays at 11:30 a.m. The suggested donation for those 60 and older is \$4, but seniors should pay only what they can afford. Transportation to the meals is also available for a suggested donation of \$1 per round trip. Meal and transportation reservations are due by noon the day prior to the meal. Please call 608-238-1036.

HOW TO HELP

Wrapping gifts

Thanks to generous community members, the Bayview Foundation has received hundreds of gifts for children. Gifts need to be wrapped by Dec. 17. Wrapping will take place at the Bayview International Center for Education and the Arts, 601 Bayview. All wrapping supplies will be provided by Bayview. Information: 608-266-7305.

Gifts volunteers

Volunteers of all ages, but has been especially popular at high school volunteers. Volunteers sign up for weekly or bi-weekly, monthly, three- or four-hour shifts. Information: 608-276-4660.

Kitchen volunteers

Colonial Club Senior Activity Center, 301 Shafterheim Lane, Sun Prairie, needs volunteers for dish-washing.

12/10/15

Working on offering Stepping On.

I wanted to provide a quick update on Stepping On at Meadowood. Candice and I have been working on logistics, and as of today, I've found a leader for the class. (yay!) Assuming this works for Meadowood, we're tentatively planning on a start date of March 15. Again - assuming the time works, we're looking at 9:45am - 11:45am, just before lunch. There are lots of assumptions here, but this is also assuming Angela can find the money to cover the class fee.

Stay tuned!

Ashley Hillman

12/3/15

The Meadowridge Library has the below article on their front page of their website.

The screenshot shows a web browser window with the URL www.madisonpubliclibrary.org/new/meadowridge-named-senior-meal-site. The browser's address bar and tabs are visible at the top. The website header features the Madison Public Library logo on the left, a large graphic with the word "GIVE" in the center, and a "DONATE TO YOUR LIBRARIES" button on the right. Below the header is a search bar labeled "Search LINKcat" and a "GO" button. On the left side of the page is a vertical navigation menu with links: "My Account", "Search LINKcat", "LINKcat Help", "Hours & Locations", "Library Cards", "Kids", "Teens", "Research & Discovery", "Reading & Viewing", "eBooks", "Services & Collections", "Events & Classes", "The Bubbler", and "Yahara Music Library". The main content area is titled "Meadowridge Named Senior Meal Site". It contains two paragraphs of text, a quote from Fran Genter, and information about the meal site's location and hours. A "What's New?" sidebar on the right lists links for "Check It Out", "Anime Club", "In the Galleries", "Events on Check It Out", and "All Events". The bottom of the page shows a taskbar with icons for Google Chrome, Microsoft Word, PowerPoint, and a green circular icon.

MADISON PUBLIC LIBRARY

GIVE

DONATE TO YOUR LIBRARIES
at mplfoundation.org

Search LINKcat GO

What's New?

- [Check It Out](#)
- [Anime Club](#)
- [In the Galleries](#)
- [Events on Check It Out](#)
- [All Events](#)

Meadowridge Named Senior Meal Site

The Area Agency on Aging of Dane County (AAA) was awarded funding to open a new senior dining site in the Meadowood neighborhood, in partnership between Meadowridge Library, the West Side Senior Coalition and the Meadowood Neighborhood Center.

The Wisconsin State Bureau of Aging and Disability Resources awarded the AAA with the funding to open a new senior dining site in the Meadowood neighborhood after the neighborhood was identified by the AAA as an area in need of nutrition services for seniors.

"I am thrilled that there will be a senior dining site in the Meadowood neighborhood," said Fran Genter, adult community services manager for Dane County. "It's a bit of a food desert, and we are so pleased to be part of the good things happening at the community center. The West Madison Senior Coalition and Dane County's Area Agency on Aging want to make a difference in the Meadowood neighborhood. We invite seniors to join us for a meal and let us know other ways we might be helpful."

The site, located between the Neighborhood Center and the Library at 5726 Raymond Road will be open every Tuesday and Thursday at 11:30 a.m. on a donation only basis for seniors wishing to have a well-balanced, nutritious meal. Transportation to the site is available by donation as well. For more information, to make a meal reservation and/or schedule a ride call the West Madison Senior Center by noon the day before you wish to dine at 238-0196.

Submitted by Sarah Zimmermann on November 30, 2015

12/1/15



Tuesday, December 1 Meadowridge Library
6:15-8:00 5726 Raymond Rd.

Join us to talk about

- Planning a project
- Engaging the neighborhood
- Making it happen

With Guest Panel

Jessica Becker - Tenney Lapham Neighborhood

John Schlaefer - Regent Neighborhood

Mary Mullen - Dunn's Marsh Neighborhood

RSVP to Tom Pearce by Nov. 25
259-1000 or tpearce@1kfriends.org



Octavia attended a neighborhood meeting on Tuesday night.

1000 Friends of Wisconsin

Neighborhood Projects: From Start to Finish

The session included three different neighborhood association organizers each speaking about 2-3 projects that they implemented in their neighborhood. They ranged from a simple neighborhood sign, to a pretty complex art installation, to creating zoning laws for developers in their neighborhood. Each presenter covered the projects from start to finish with projects taking an average of 2 years to complete.

I didn't find it particularly helpful for my position at the West Madison Senior Center as it didn't cover outreach, there was very little about increasing involvement, and the inclusion of marginalized communities was poorly represented. Yet I am

thrilled I went, because as a worker dedicated to the neighborhood there were resources and information made available there.

I did get the chance to recognize the differences in resource distribution. A representative of the Regent Neighborhood Association presented a project that took over two years to complete during the session. Finding that the increasing number of high rises along University Ave (which is a poorly represented region in their neighborhood association) was undesirable to the homeowners of the majority single-family home neighborhood, the RNA decided to attempt to limit high density residential development.

They began by hiring an economic and planning consultant and eventually, with the help of the alder, were able to introduce legislation that limits new buildings to three levels. The big question then was the origin of those funds. With annual membership dues of just \$10/ family, the majority of their revenue comes from advertising in their neighborhood newsletter (which they don't even distribute along University Ave).

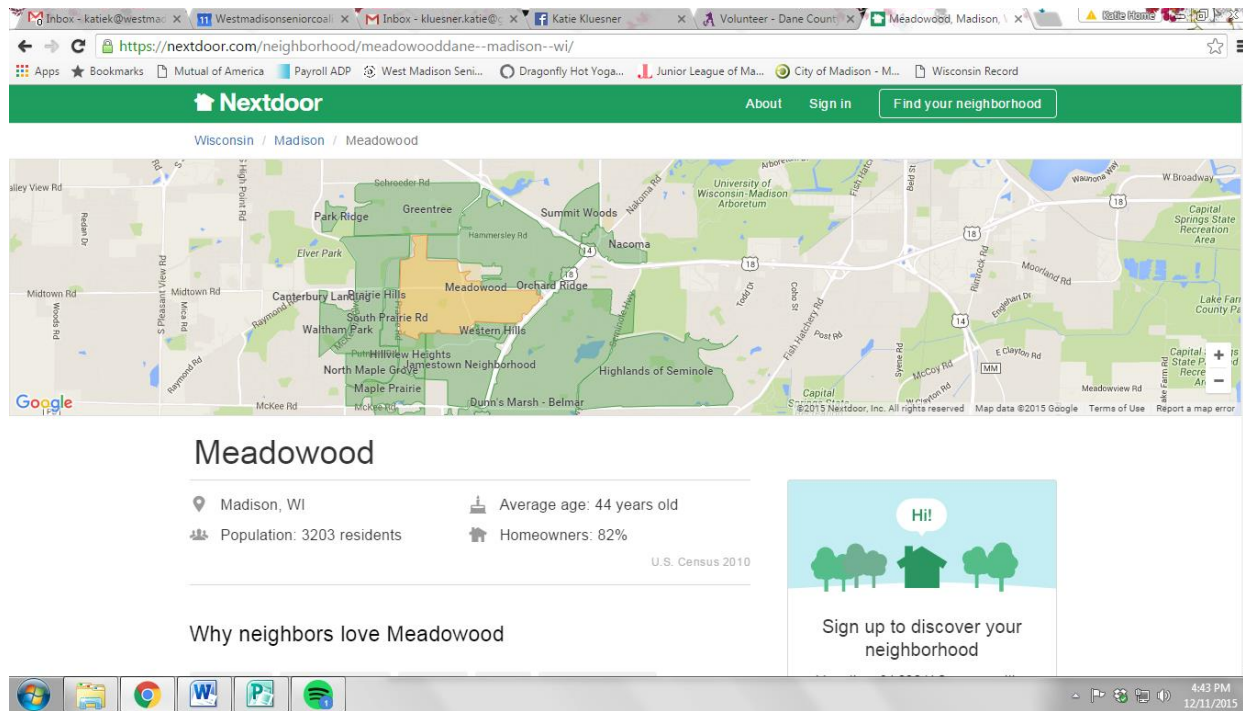
The Meadowood Neighborhood Association makes relatively little from advertisement in their newsletters, and has fewer businesses interested in advertising. I am just considering the various sources of funds for various neighborhood initiatives.

12/1/15-12/31/15

Another announcement was page on the front page of our December newsletter.



Our planning committee has been posting about the new site on Nextdoor Meadowood.



11/24/15

Grand Opening Day – 56 meals ordered, 55 served



Dane County Executive Joe Parisi attended lunch and tweeted about our new site!



Joe Parisi @DaneCoJoe Nov 24

Talking with seniors at new lunch dining site at Meadowood Community Center <http://ow.ly/i/elwIQ>

Joe Parisi also blogged about the site opening.

The screenshot shows a web browser window displaying the Dane County Executive website. The URL in the address bar is <https://www.countyofdane.com/press/details.aspx?id=3736>. The website has a navigation bar with tabs for Welcome, Government, Business, and Recreation. Below these are links for Contact Us, Services, Popular Sites, Agencies, Meeting Schedule, and Sitemap. A search bar is located on the right side of the page. The main content area features a press release titled "Dane County Executive Parisi Opens New Senior Dining Site in Meadowood Neighborhood". The release is dated 11/24/2015 and is issued by the County Executive. The text of the release describes the opening of a new senior meals site at 5726 Raymond Road, funded by a grant from the WI State Bureau of Aging and Disability Resources (BADR). It mentions that the site is open every Tuesday and Thursday at 11:30 AM for seniors wishing to have a well-balanced, nutritious meal. The release also includes a quote from Center Director Joe Schlesing and Alice Oakey, Supervising Librarian at the Meadow Ridge Library, expressing their happiness to welcome area seniors and others to break bread together at Meadowood and Meadow Ridge. The release ends with three hash symbols (###).

Welcome **Government** **Business** **Recreation**

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Recent Press Releases • County Executive Website

Dane County Executive Parisi Opens New Senior Dining Site in Meadowood Neighborhood

FOR IMMEDIATE RELEASE 11/24/2015 For more information contact: Stephanie Miller, 608-267-8823

Issued By: County Executive
View only releases from County Executive

Today Dane County Executive Joe Parisi and Meadowood Neighborhood Center Director Joe Schlesing are attending the opening of a new senior meals site located between the Neighborhood Center and the Library at 5726 Raymond Road. The Meadowood Neighborhood was identified as an area in need of nutrition services. In early 2015, the Area Agency on Aging (AAA) of Dane County determined Meadowood was an area that had many seniors but did not have a meal site. Very quickly, more than 35 seniors in the community volunteered to help staff the site and dine at the site if opened. In July, Dane County sought grant funding to open the new site. As part of a statewide revitalization effort of the senior dining program, the WI State Bureau of Aging and Disability Resources (BADR) awarded the AAA with the funding needed to open a new senior dining site in the Meadowood neighborhood – one based upon a model partnership between the West Side Senior Coalition, the Meadowood Neighborhood Center, and the Meadow Ridge Library.

"The Meadowood Neighborhood Center and the dedicated volunteers are a testament to the work a community can accomplish together," said Dane County Executive Joe Parisi. "I am happy that Dane County is a part of this effort. We invite seniors to stop by and enjoy a meal."

?The site will be open every Tuesday and Thursday at 11:30 AM for seniors wishing to have a well-balanced, nutritious meal. For more information, to make a meal reservation and/or schedule a ride, call the West Madison Senior Center by noon the day before you wish to dine at 238-0196.

According to Center Director Joe Schlesing and Alice Oakey?, Supervising Librarian at the Meadow Ridge Library, "We are happy to welcome area seniors and others to break bread together at Meadowood and Meadow Ridge. When we envisioned the kitchen between our two organizations and how it could benefit our neighborhood, this partnership was exactly what we were looking for. We are very grateful to the West Madison Senior Center for bringing this opportunity to our community."

###

Dane County Home Page

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10:33 AM 4/22/2016

11/19/15

Soft opening day #4 – 23 meals ordered

Training topic = Overview of volunteer responsibilities and planning for the Grand Opening.

11/17/15

Invited the following to the Grand Opening: Mayor Paul Soglin/Katie Crowley, Barbara McKinney, Matt Phair, Chris Schmidt, Steven King, Matt Valdran, Christine Beatty, Angela Velasquez

Invited the following to write a story about the Grand Opening: Madison.com, The Capital City Hues, The Madison Times, La Comunidad News, Voz Latina newspapers

A new flyer was created.



Senior Meal Program At Meadowood

Now Open to the Public

Lunch is served

Tuesdays and Thursdays at 12 noon

at the Meadowood Neighborhood Center

Meadowridge Library Shared Space

5740 Raymond Road

Come and enjoy a hot, nutritious meal.

The cost for 60+ is a donation. Please pay only what you can comfortably afford. Suggested donation is \$4.00

Bus transportation (roundtrip) from West Madison locations is available for a donation. Suggested donation is \$1.00.

Walkers and wheelchairs can be accommodated.

Make meal and transportation reservations before noon the day before by calling the West Madison Senior Center at **238-0196**.

More information and menus can be found at west side libraries or www.wmseniorcenter.org

These meals are sponsored by a grant from the Bureau of Aging and Disability Resources, the Dane County Area Agency on Aging, the West Madison Senior Coalition, the Meadowridge Library and the Meadowood Neighborhood Center.

11/17/15

Soft opening day #3 – 40 meals ordered and served
Training topic = First Aid with 15 volunteers present

Octavia's first day on the job.



11/16/15

I made contact with Pastor best at Point f Grace Church on Raymond Rd. He said they have an African American and a Hispanic Church both meeting in their facility. Mary M

11/12/15

Soft opening day #2 – 24 meals ordered
Training topic = Customer Service and Policies
1 candidate interviewed for the Nutrition Coordinator position

11/10/15

Soft opening day #1 – 32 meals ordered
Training topic = Food Safety
3 candidates interviewed for the Nutrition Coordinator position
Photos below are of participants checking in and volunteers serving cabbage rolls on the first day.



11/9/15

An MOU was created and signed by the West Madison Senior Coalition, Meadowood Neighborhood Center, and Meadowridge Library.

11/7/15

Contacted the 3 Alders in our service area about the Grand Opening, Tuesday, November 24.

11/6/15



Another planning committee meeting was held from 2-4pm at Meadowood. There 12 people were there with great ideas and suggestions, including two African Americans. The photo below (left) is with only ½ of the people who were there. Mary has training scheduled for the volunteers for the next two weeks. The planning committee has also done the following outreach:

- Announcements done at the MSCR classes at Good Shepard Church
- Flyer/articles in the Saint Mary Goretti newsletter and bulletin board
- Flyer/article in the Meadowood Neighborhood newsletter
- Flyers at Prairie Park, Green Tree Glen, Grocery Stores, Laundromat

11/5/15

Mary and Katie met with Joe from the Meadowood Neighborhood Center and Alice from the Meadowridge Library to discuss the details about the dining site. We discussed what to call the "Community Rooms A & B," seniors programs, additional people to contact, signage and logistics. We walked through the kitchen and made a list of the things we need to purchase. We also noticed the kitchen is a little too unorganized so we will need to do some work before Tuesday November 10. Katie is working on a Press Release to send out about our opening date of Tuesday, November 24, 2015. The library will also be having a pie sale that day so the place should be busy.

There is a cool video about the partnership between the Neighborhood Center and the Library. The video can be viewed at this link: <https://www.youtube.com/watch?v=kvNkGT9w23I>

Here is a floor plan image of the Center and the Library. Our meal site will be held in the shared space, which is in the middle.



11/01/15-11/30/15

Two articles were added to our November newsletter which reaches 1,000 people. Article on the left was on the front page and the article on the right was on page 15.

NOVEMBER 2015



Dining Site Opening November 24

The dining site at Meadowood will open Tuesday, November 24 and we are serving a **Thanksgiving meal!**

The menu will be Turkey, Gravy, Sweet Potatoes, Corn O'Brien, Cranberry Sauce, Bread Stuffing, and Pumpkin pie.

We will serve lunch every Tuesday and Thursday at 11:30 am. Please contact Candice 608-238-0196 to make a meal and transportation reservation. Contact Mary if you're interested in volunteering.

More information on page 15.



WEST MADISON SENIOR CENTER NEWSLETTER | 15

New Senior Dining Site at Meadowood

The dining site at Meadowood will open Tuesday, **November 24** and we are serving a **Thanksgiving meal!**

Come and enjoy a hot, nutritious meal catered by Gaylord Catering in the Meadowood Neighborhood at 5740 Raymond Rd. We will be serving lunch every Tuesday and Thursday at 11:30 am.

The cost of the meal for 60+ is a suggested donation of \$4. Bus transportation from West Madison locations available for a suggested donation as well. Walkers and wheelchairs can be accommodated.

Seniors are required to make a meal and bus reservation 24 hours in advance by calling Candice at 608-238-0196.

Please contact Mary at 608-238-7368 if you're interested in volunteering or you would like more information.



10/29/15

I contacted Mariela Quesada at Centro Hispano for help with getting the word out to the Hispanic community and need for bi-lingual volunteers. Mary M
Mariela@micentro.org, 255-3018

10/23/15

I connected with Karen Reece, Director of Research and Program Evaluation for the Nehemiah Center. They are targeting the Meadowood neighborhood and are trying to identify neighborhood leaders. (See Capital Times article, Sept 28, 2015)
Mary M

10/23/15

I contacted Pastor Winton Boyd at Orchard Ridge Church UCC. He asked for posters for the Meadowood information and opening and said that he knew of a few people who might be interested in the Meadowood job. Mary M
608-271-7212, winton@orucc.org

10/23/15

I contacted Eileen Dresser at the Allied Drive Food Pantry (in the Boys and Girls Club, 4619 Jenewein Dr.) and will bring her posters to hang and fliers to give out about Meadowood meal program. It serves zip codes 53711, 53713 and 53719
Mary M
Eileen Dresser, 698-9922

10/23/15

I contacted Dec Green at the Meadowood Food pantry to see if we can advertise there. Mary M
dlgreen2@madison.k12.wi.us

10/23/15

I emailed Pastor Sheryl Erickson, Pastoral Minister at Good Shepard Lutheran Church and associated with the Allied Food Pantry. She will publicize the new meal site for us at both food pantries. Mary M
serickson@gslcwi.com

10/21/15

I got posters and info to the Meadowood Neighborhood Association meeting. I was not able to be there. Alice Oakey, Meadowridge librarian said that she would make sure that people knew the info was there. Mary M

10/13/15

We attended the AAA listening session and afterwards told people about the new meal site, asked them to spread the word, and asked for volunteers. Mary M

10/9/15-10/10/15

200 flyers were printed to be distributed at the Celebrating Healthy and Purposeful Aging event hosted by the University of Wisconsin – Wisconsin's Institute for Discovery. Becky Balistreri, 608-316-4382 bbalistreri@warf.org



Senior Meal Program in Meadowood

**Open to the public starting November 24,
lunch will be served twice a week,
Tuesdays and Thursdays at 11:30 am at the
Meadowood Neighborhood Center.**

Come and enjoy a hot, nutritious meal at 5750 Raymond Rd.
The cost of the meal for 60+ is a suggested donation of \$4.
Bus transportation from West Madison locations available for a
suggested donation as well.

Walkers and wheelchairs can be accommodated.

Seniors are required to make a meal and transportation
reservation 24 hours in advance by calling Candice at the
West Madison Senior Center at 608-238-0196.

Check out the locations and menus in our newsletter which can
be found at west side libraries or www.wmseniorcenter.org

We are looking for volunteers and a paid Nutrition Coordinator.

Call Mary at the West Madison Senior
Center at 608-238-7368 ext. 2
if you'd like more information or call
Candice at the West Madison Senior
Center at 608-238-0196 to RSVP.



These meals are sponsored by a grant from the Bureau of Aging and
Disability Resources, the Dane County Area Agency on Aging, the West
Madison Senior Coalition, and the Meadowood Neighborhood Center.

10/8/15

I contacted Audria Jefferson from the Second Baptist Church, 4303 Britta Parkway, 53711 (which is an African American (AA) Church.) She is going to spread the word about the meal opening, which we are looking for volunteers, planning committee members and a meal site coordinator. I also sent her information about our other meals. She is also going to write up a list for us of other churches and people to contact. She asked for a job description and said that she might be interested in applying. Mary M

Email: Audrialjeff58@gmail

Church phone: (608) 278-1430

10/8/15

I talked with Rene Robinson (AA) from Mount Zion Church (on the South Side, Badger Rd) I told her about the job opening, and new center and she will get it in in her church's bulletin. She wants to be on the planning committee! I Emailed her the information. Mary M
Rene Robinson Email: renethebowler@hotmail.com (608) 345-0681

10/8/15

I contacted Gloria Meyer, President of the Prairie Hills Neighborhood Association. They are having their meeting tonight. She said that they have a lot of seniors still living in their own homes, but not many, if any minorities. She said that I cannot talk at the meeting (the agenda is packed) but can bring fliers and she will make sure that people know about them. I will also take posters about the Tuesday AAA listening session. She suggested that we put fliers up at Lucy Lind Park and Pilgrim Park. Mary M
Gloria Meyer: 288-8160 Gkmeyer68@gmail.com
Prairiehillsneighborhoodasso@gmail.com

10/8/15

I talked with Jennifer Weber at the Theresa Terrace Neighborhood Center (part of the Wisconsin Youth Company.) She said that they mostly see kids at the center. She said the kids can take fliers around for us. Mary M
jweber@wisconsinyouthcompany.org (608) 661-0368

10/8/15

I emailed info to the Greentree Neighbor newsletter, Lynn Kroeger at Good Shepherd Lutheran Church and the Meadowood newsletter Mary M

10/8/15

Announcement in the Greentree Neighborhood electronic newsletter. See below.

----- Forwarded message -----

From: **Greentree Neighborhood Association** <gtna.org@gmail.com>

Date: Thu, Oct 8, 2015 at 1:25 PM

Subject: Addition to News You Can Use: October 2015

To: Greentree Neighborhood Association <gtna.org@gmail.com>

Attention seniors:

There is an Area Agency on Aging of Dane County Listening session scheduled for Tuesday, Oct 13 at 10:30 am at Meadowood Neighborhood Center. The County will discuss Senior services from 2016-2018 and really wants to hear from Seniors.

NEW lunch program for seniors at Meadowood Center:

A lunch program for seniors will be served at the Meadowood Neighborhood Center, 5740 Raymond Rd. every Tuesday & Thursday at 11:30 am beginning fall or winter. The meal cost for anyone 60+ is a donation. Suggested donation is \$4, but you only pay what you can afford. The cost

for anyone under 60 is \$7.50. Bus transportation will be available for a \$1.00 donation each way from senior apartments that express an interest in the program. Patrons using walkers and wheelchairs can be accommodated. Make your meal and bus reservations before noon the day before you would like to attend by calling the West Madison Senior Center at 238-0196. Vegetarian and low salt meals are also available upon request when you make your reservation. Card playing (Euchre, bridge and cribbage) will also be offered every Thursday from 12:30-1:45 p.m. Menus and information about senior meal service at our other three sites in West Madison are available in the West Madison Senior Coalition newsletter which can be picked up at all west side libraries. These meals are sponsored by a grant from the Bureau of Aging and Disability Resources, the Dane County Area Agency on Aging, the West Madison Senior Coalition, and the Meadowood Neighborhood Center. You can also fill out a form at Meadowood Branch Library to win a gift certificate for a free meal at the Meadowood Neighborhood Center program. VOLUNTEERS NEEDED: Would you like to volunteer to help with the meals or be on a committee to plan after lunch programs? Call Mary at 238-7368, ext. 12.

10/8/15

We have chosen an official opening day for the new Meadowood site. It is going to be Tuesday, Nov 24th and we are going to serve Thanksgiving dinner. BUT- we are going to unofficially start serving on November 10 and serve every Tuesday and Thursday until the 24th to a select group of people by invitation only, including volunteers and planning committee so that everyone can be trained with food safety, dish washing, etc.

All of the appropriate people have been notified- Gaylords, Transit Solutions, Meadowood, Meadowridge, Dane Co, ect.

Dane County Executive, Joe Parisi, has been invited to the Nov. 24 opening as well as the WMSC Board of Directors and staff.

10/7/15

I attended the October meeting of the Meadowood Neighborhood Association. They allowed me to speak about the new meal site and I passed out fliers and answered questions. Matt Valdren, the County Supervisor was there and we were able to speak privately. He was very supportive and said that he will do what he can to help us. Mary M

10/5/15

I emailed Karen Reece, director of research and program evaluation for the Nehemiah Center for Urban Leadership; asking for help in identifying grassroots AA leaders within the various areas around Meadowood. No reply yet. (See Capital Times article, "The First Focus of "Justified Anger" is the Meadowood neighborhood," printed Sept 30, 2015. Karen Reece's phone: (608) 257-5533, Mary M

10/2/15

The job opening was posted to Facebook and by October 8, the post had reached 73 people. The post also tagged Meadowood Neighborhood Association, Meadowridge Library, Meadowood Neighborhood Center. Meadowood Neighborhood Association also shared the post to reach more people.

The screenshot shows a web browser window with multiple tabs open, including '2016-2018 AAA Area Pl...', 'Westmadisonseni...', 'Inbox - kluesner.katie@...', 'West Madison Senior Ce...', and 'West Madison Senior Ce...'. The address bar shows the URL 'https://www.facebook.com/westmadisonseniocent...'. The browser's address bar and tabs are visible at the top. The Facebook page for 'West Madison Senior Center' is displayed. The page header includes the name 'West Madison Senior Center' and navigation links like 'Home', 'Messages', 'Notifications', 'Insights', 'Publishing Tools', 'Settings', and 'Help'. The main content area features a post by 'West Madison Senior Center' published by 'Katie Kluesner' on 'October 2 at 4:04pm'. The post text reads: 'We have a wonderful part-time job opportunity at the Meadowood Library. Please contact Katie at 608-7368 for more information. Meadowood Neighborhood Association Meadowridge Library Meadowood Neighborhood Center'. Below the text is a link: 'http://www.wmseniorcenter.org/about-us/job-opportunities/'. The post also includes a 'Job Opportunities' section with details: 'Job Announcement Nutrition Site Coordinator at Meadowood Neighborhood Center Reports To: WMSC Nutrition Manager Compensation: \$12.00/hour Hours: Tuesday and Thursday, 10:00 am-1:00 pm, 3-4 hours per day Start Date: ASAP End Date: August 31, 2016 Taking applications until position is filled. PURPOSE...'. The post has '73 people reached' and a 'Boost Post' button. The left sidebar shows a map of the location at '602 Sawyer Ter, Madison, Wisconsin' and contact information: '(608) 238-0196'. The right sidebar shows 'THIS WEEK' statistics: '76 Post Reach', '5 Post Engagement', '0 Contact Us', and '1 Website Click'. The bottom of the screen shows a Windows taskbar with icons for Internet Explorer, Google Chrome, Microsoft Word, and other applications. The system clock in the bottom right corner shows '9:53 AM 10/8/2015'.

Let People Find West Madison Senior Center

Use a Get Directions button to lead them directly to 602 Sawyer Ter.

Promote Local Business

ABOUT

602 Sawyer Ter
Madison, Wisconsin

(608) 238-0196

Add Price Range

http://www.wmseniorcenter... Promote Website

PHOTOS

West Madison Senior Center

Published by Katie Kluesner [?] · October 2 at 4:04pm ·

We have a wonderful part-time job opportunity at the Meadowood Library. Please contact Katie at 608-7368 for more information. Meadowood Neighborhood Association Meadowridge Library Meadowood Neighborhood Center

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Job Opportunities

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WMSSENIORCENTER.ORG

73 people reached Boost Post

Like Comment Share

1 share

THIS WEEK

76 Post Reach

5 Post Engagement

0 Contact Us

1 Website Click

Recent

2015

2014

2013

1975

9:53 AM 10/8/2015

10/1/19-10/31/15

New Dining Site in the Meadowood Neighborhood

We are very happy to announce the West Madison Senior Center has been selected to receive a grant from the Bureau of Aging and Disability Resources to open a new dining site located between the Meadowood Neighborhood Center and the Meadowood Library on Raymond Road. We will serve lunch every Tuesday and Thursday. Our first day will be Tuesday, November 3, which means we are looking for a planning committee, Nutrition Coordinator and volunteers. Please contact Katie or Mary if you're interested. See page 13 for more information.



New Dining Site in the Meadowood Neighborhood

We are very happy to announce the West Madison Senior Center has been selected to receive a grant from the Bureau of Aging and Disability Resources (BADR) to open a new dining site located between the Meadowood Neighborhood Center and the Meadowood Library on Raymond Road. We will serve lunch every Tuesday and Thursday. Our first day will be Tuesday, November 3, which means we are looking for a planning committee, Nutrition Coordinator and volunteers. Please contact Katie or Mary if you're interested and watch for more information in the November newsletter. Additional information about the grant: As part of a statewide revitalization effort directed toward the congregate nutrition program, BADR released a Request for Applications to fund pilot projects

throughout the state. The one-time funding starts September 15, 2015 - September 30, 2016.

The WMSC applied and received the Revitalization Innovation Mini-Grant by clearly demonstrating new and innovative approaches to revitalizing the congregate nutrition program by partnering with a the Meadowood Neighborhood Center and Library.

We have three objectives for the program:

- Increase meals to minority older adults
- Increase meaningful opportunities for social engagement between minority older adults and youth
- Increase minority older adult participants in evidence based wellness programs

If you are interested in helping us with this program in any way, please contact Katie or Mary.

Two articles were added to our October newsletter which reaches 1,000 people. Article on the left was on the front page and the article on the right was on page 15.

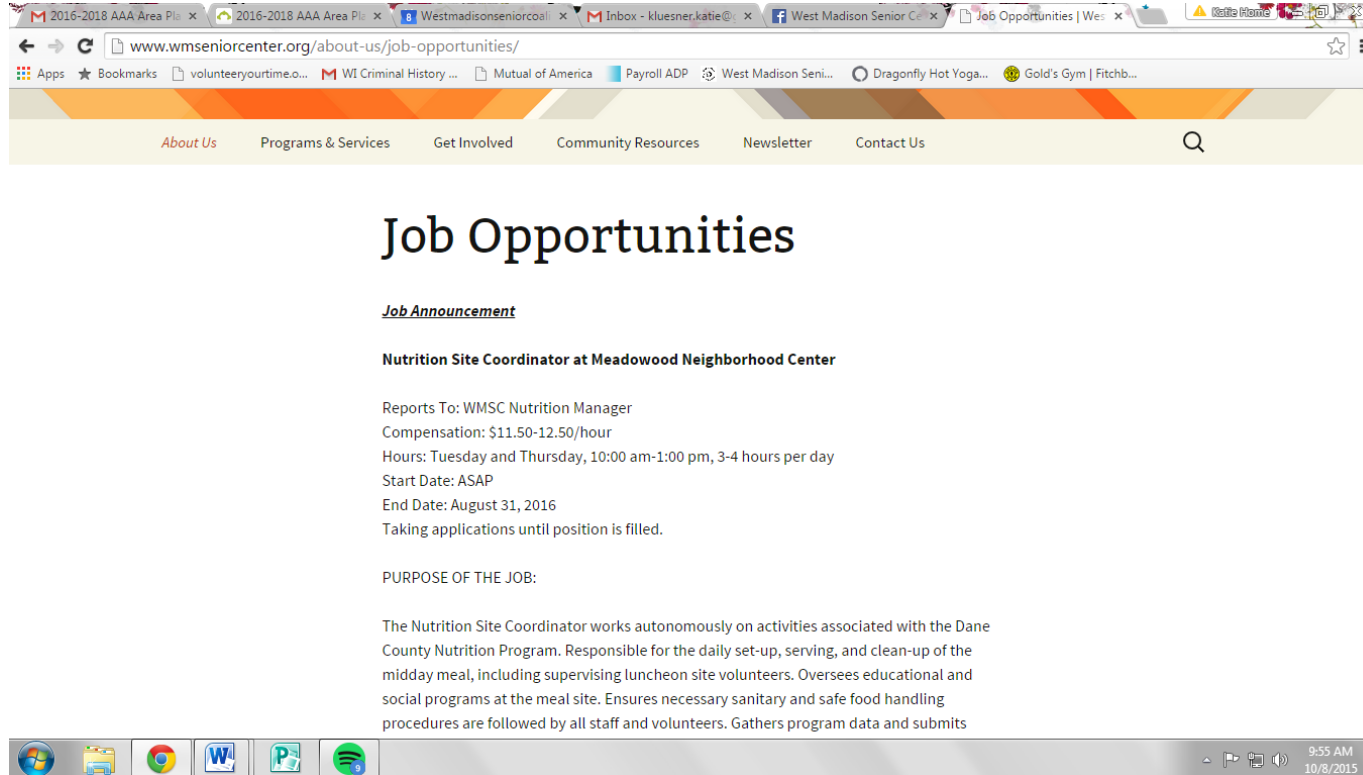
9/30/15



We had our first planning committee meeting from 2-4pm at Meadowood. There 13 people were there with great ideas and suggestions.

9/25/15

The job opening was posted to our website.



9/25/15

The job opening was emailed to Angela Velasquez (Dane County), Fran Genter (Dane County), Joe Schlesing (Meadowood Library Executive Director), Alice Oakey (Meadowridge Librarian), and Pam Bracey (African American Diversity Specialist at NESCO).

9/25/15

The job opening was posted to the bulletin boards at the Meadowridge Library, Meadowood Neighborhood Center