

Growing Future Leaders

Leadership Development Opportunities for
Dane County 4-H Youth



Research on 4-H & Leadership

- ▶ 4-H'ers are nearly 4 times more likely to make contributions to their communities
- ▶ 4-H'ers are about 2 times more likely to be civically active

4-H Study of Positive Youth Development: Tufts University Institute for Applied Research in Youth Development (2013)

Research on 4-H & Leadership

In 2010, Wisconsin 4-H Youth Development surveyed 300 youth involved in 4-H activities.

- ▶ 82% of 11 to 19-year-old 4-H members in WI have taken a leadership role in their clubs and community
- ▶ 63% said that leadership roles increased their inclusiveness and respect for people, thoughts, and ideas different from their own

Wisconsin 4-H Youth Development Impact Report on Leadership Programs: Youth Benefit (2011)

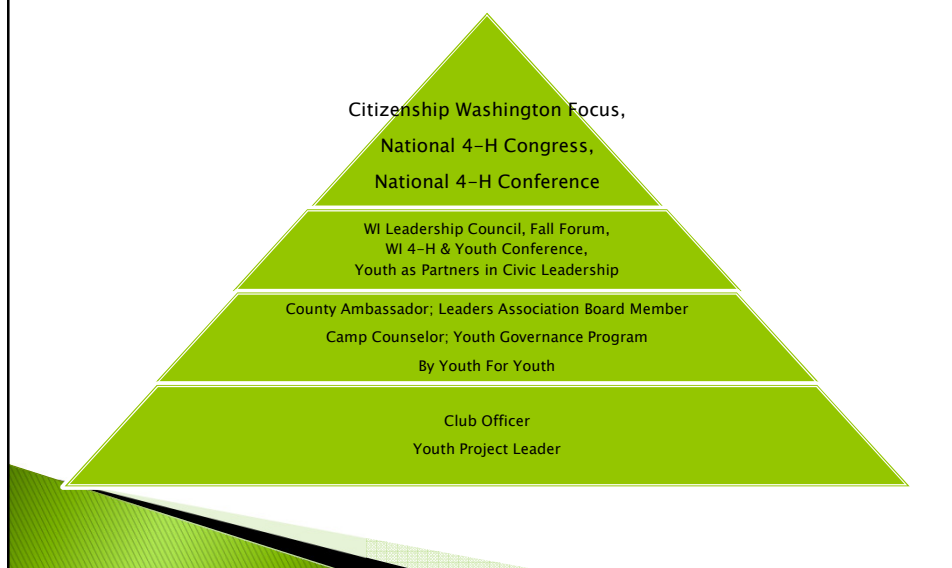
A Year in the Life of a Wisconsin 4-H Youth Leader

In a typical year, a Wisconsin 4-H Youth Leader will...

- ▶ Plan or act to change something within the community or a program about 12 times
- ▶ Guide, train or advise younger youth more than 6 times
- ▶ Work in cooperation with an adult more than 5 times
- ▶ Lead meetings or project activities 3 times
- ▶ Learn about and practice conflict resolution 2 or 3 times
- ▶ Learn and practice public speaking 2 times

Wisconsin 4-H Youth Development Impact Report on Leadership Programs: Youth Benefit (2011)

Youth Leadership Roles & Learning Opportunities in Dane County 4-H Youth Development



Kajal Russell – Brooklyn

"The most meaningful leadership roles that I have had in 4-H are being a camp counselor and now a Junior Director. The parents trusted me with their children for 4 days so I had to make sure they stayed healthy and were excited to participate at all times and since my mood affected them I had to always be happy and energetic no matter how tired I was. Now as a junior director, I am in charge of making sure that the ten 15- 18 year old counselors stay on track with their kids. This has helped me learn to step up and become a leader in the community by not only helping kids with projects but also in my new job at a local restaurant, my coworkers see me as a leader and come to me for advice."

- 4-H Summer Camp Counselor & Junior Director
- Youth Leader in Beef project
- Club Officer



Gaelan Combs – Verona

“For me, being able to be in a leadership role through the Wisconsin Leadership Council (WLC) was a way I was able to help grow Wisconsin 4-H as it has grown me. WLC has allowed me to connect with others, grow my speaking and leadership abilities, and be able to facilitate events in the way I envision them to truly impact other youth. Wisconsin 4H has allowed me countless opportunities to be a leader, and this has shaped me into being who I am today.”



Shelby Tone – Stoughton

“Ever since I joined 4-H as a 10-year-old, I’ve been active in many community service projects. I’ve aided children, seniors, other 4-Hers, families, and friends through my 4-H club’s community services. Participating in, and leading several of these events, has made me more community-minded and better able to understand the community I live in.”

- Youth leader in Poultry & Rabbit projects
- Citizenship Washington Focus delegate
- National 4-H Conference delegate
- Community service project leader
- Vice President of 4-H club



Sydney Tone – Stoughton

“I have learned the necessity of good organization, the power of leading by example, and the benefits of listening to all viewpoints before acting. Additionally, I have learned to not be afraid of taking on greater leadership roles, but instead to embrace new leadership opportunities and encourage others to do the same.”

- Youth leader in Poultry, Rabbit, & Dairy Goat projects
- WI 4-H & Youth Conference delegate
- Served on Dane County 4-H Leaders Association
- Citizenship Washington Focus delegate



More Youth Leadership Opportunities in Progress...

- ▶ **Youth Advocates for Community Health**
 - Engaging youth in community analysis & system change (partnership with FoodWise)



- ▶ **FoodSmart Families**
 - Training teens to deliver 6 sessions on healthy food & fitness choices