

## Students Involved in After School Activities

### DCYA 2015 Grades 7 & 8 and 9-12

Students were asked to respond to the following question about their after school participation:

*How many days a week do you participate in organized activities before or after school or on the weekend?*

*Sports (school or club) and group exercise, including practice, competition or private lessons*

*Tutoring, homework club or other academic support*

*Music, art, dance or drama*

*Leadership and/or support group*

*Religious or spiritual activities*

*Other afterschool programs, clubs or activities at a school, neighborhood center or organization*

Response options were Never, Less than 1 day per week, 1-2 days, 3-4 days or 5+ days

### Comparing Students Involved or not involved in after school activities

Two groups of students were compared:

- 1) Students who were never or rarely involved in after school activity—Low participating
- 2) Students who were involved in one activity or more per week—High participating

### Demographics differences:

High School	Low participating	High participating
Biological Sex	51% Female	56% Female
Race	59% White	69% White

Middle School	Low participating	High participating
Biological Sex	44% Female	60% Female
Race	59% White	60% White

### Parent Related

High School	Low participating	High participating
Two Parents/One home	53%	73%
Encourage me to do well	70% Always	83% Always

Middle School	Low participating	High participating
Two Parents/One home	58%	72%
Encourage me to do well	74% Always	86% Always

### Emotional health

High School	Low participating	High participating
Feeling depressed	31% Yes	19% Yes
Feeling anxious- Scale	36% Always/Often	30% Always/Often

Middle School	Low participating	High participating
Feeling depressed	28% Yes	22% Yes
Feeling anxious- Scale	32% Always/Often	26% Always/Often

### Alcohol/Drug Use

High School	Low participating	High participating
Cigarettes ever lifetime	23%	8%
Alcohol	34% 1 drink/last 30 days	17% 1 drink/last 30 days
Marijuana	23% Last 30 days	12% Last 30 days

Middle School	Low participating	High participating
Cigarettes last 30 days	5%	2%
Alcohol	7% 1 drink/last 30 days	4% 1 drink/last 30 days
Marijuana	4% Last 30 days	2% Last 30 days

### Academic

High School	Low participating	High participating
Going to college	43% Very Likely	77% Very Likely
Grades	20% Mostly A's	48% Mostly A's
Struggle with homework	60% Agree	45% Agree
Skipped or cut classes	69% Never	83% Never

Middle School	Low participating	High participating
Grades	20% Mostly A's	45% Mostly A's
Struggle with homework	50% Agree	35% Agree
Skipped or cut classes	10% At least once	8% At least once

### Deviant behavior

High School	Low participating	High participating
Weapon to school	92% Never	97% Never
Vandalized property	92% Never	95% Never
In a gang	4%	2%

Middle School	Low participating	High participating
In a gang	3%	1%