



Dane County

Minutes - Final Unless Amended by Committee

Area Agency on Aging - Nutrition / Wellness Committee

Wednesday, December 6, 2017

12:30 PM

Fitchburg Senior Center
5510 E Lacy Rd
Fitchburg WI 53711

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A. Call To Order

Staff and Guests present: Mary Browning, Suzie Jones, Sonya Lindquist, Amanda Meade, Mandi Miller, Howard Thomas, and Angela Velasquez

Chair Barman-Paulson called the meeting to order at 12:40 pm.

Present 5 - MARY HILL, DIANNE LEIGH, PATRICK DOWNING, FRAN BARMAN-PAULSON, and NANCY STOLLA

Absent 4 - ELAINE DESMIDT, VERA RILEY, BILL CLAUSIUS, and HOLLY SIMON

B. Consideration of Minutes

[2017](#) MINUTES FROM AUGUST 9, 2017
[MIN-316](#)

Attachments: [2017_0809 Nutrition-Wellness Mtg Minutes](#)

A motion was made by DOWNING, seconded by LEIGH, that these minutes be approved. The motion carried by the following vote:

Ayes: 5 - HILL, LEIGH, DOWNING, BARMAN-PAULSON and STOLLA

Absent: 4 - DESMIDT, RILEY, CLAUSIUS and SIMON

C. Action Items

1. COMMITTEE DESCRIPTION

[2017](#) NUTRITION/WELLNESS COMMITTEE DESCRIPTION
[ACT-502](#)

Attachments: [Nutrition Wellness Committee Description approved 010917](#)

A motion was made by DOWNING, seconded by HILL, to approve the Nutrition/Wellness Committee Description as presented. The motion carried by the following vote:

Ayes: 5 - HILL, LEIGH, DOWNING, BARMAN-PAULSON and STOLLA

Absent: 4 - DESMIDT, RILEY, CLAUSIUS and SIMON

2. WORKGROUP FORMATION

Angela Velasquez, AAA Aging Program Specialist, suggested a workgroup be authorized to study and make recommendations to the Committee in three areas: 1. The Senior Nutrition Program Funding Formula; 2. Establishment of Committee priorities for the 2019 AAA budget; 3. Establishment of Committee goals for the 2019-2021 AAA Area Plan.

A motion was made by DOWNING, seconded by LEIGH, to authorize a workgroup to study and make recommendations to the Committee regarding the Senior Nutrition Program Funding Formula, the Committee's 2019 budget priorities and Committee goals for the 2019-2021 AAA Area Plan. The motion carried by the following vote:

Ayes: 5 - HILL, LEIGH, DOWNING, BARMAN-PAULSON and STOLLA

Absent: 4 - DESMIDT, RILEY, CLAUSIUS and SIMON

D. Presentations

FITCHBURG SENIOR CENTER MEAL SITE

Mandi Miller, Volunteer Program and Nutrition Site Manager for the Fitchburg Senior Center, provided an overview of the dining program and answered Committee Members' questions.

E. Reports to Committee

1. 2017 NUTRITION PROGRAM SURVEY RESULTS

[2017](#) 2017 NUTRITION SURVEY: CONGREGATE
[RPT-514](#)

Attachments: [2017 survey - Dane County Congregate](#)

[2017](#) 2017 NUTRITION SURVEY: HDM
[RPT-515](#)

Attachments: [2017 survey - Dane County HDM](#)

Velasquez presented a PowerPoint detailing results from the 2017 Nutrition Program Diner Survey and answered Committee Members' questions.

2. AAA NUTRITION/WELLNESS COMMITTEE CALENDAR

[2017](#)
[RPT-513](#)

AAA NUTRITION/WELLNESS COMMITTEE CALENDAR 2018

Attachments: [AAA Nutrition Committee Calendar 2018](#)

Velasquez reported that a meeting would not be rescheduled at the Stoughton Area Senior Center meal site following the cancellation of the October meeting due to lack of quorum. Several Committee Members joined Velasquez to dine at the site despite the meeting cancellation. Diner feedback was positive regarding the quality of the food and the dining site in general.

3. AAA NUTRITION/WELLNESS PLAN GOALS REPORT

Velasquez provided an overview of progress made toward the 2017 plan goals.

4. COMMITTEE MEMBERSHIP

Several Committee members have had difficulty attending meetings in recent months, which has made reaching quorum difficult. Velasquez stated she anticipates openings on the Committee in 2018 and asked Committee Members to alert her if they know of an individual who might be interested in becoming a member.

F. Future Meeting Items and Dates

NEXT MEETING: WEDNESDAY, 21 FEBRUARY 2018 @ WARNER PARK MEAL SITE.
MEAL WILL BE AT 11:30 AM.

G. Public Comment on Items not on the Agenda

None.

H. Such Other Business as Allowed by Law

Velasquez shared that East Madison/Monona Coalition of the Elderly (EMMCA) and North/Eastside Senior Coalition (NESCO) will combine to host a new My Meal My Way dining site on Thursdays, beginning January 18, 2018 at Festival Foods, 810 E. Washington Avenue in Madison. Transportation will be provided and allow for a two-hour stay, one hour to enjoy a salad bar-and-soup lunch and one hour for shopping. Festival Foods will provide milk and equipment storage at no charge.

I. Adjournment

A motion was made by DOWNING, seconded by HILL to adjourn. The motion carried by the following vote:

Ayes: 5 - HILL, LEIGH, DOWNING, BARMAN-PAULSON and STOLLA

Absent: 4 - DESMIDT, RILEY, CLAUSIUS and SIMON

This meeting adjourned at 2:27 pm.

Minutes respectfully submitted by Howard Thomas, AAA Clerk III.