



Dane County

Minutes - Final Unless Amended by Committee

Area Agency on Aging - Nutrition / Wellness Committee

Wednesday, February 21, 2018

12:00 PM

Warner Park Community Recreation Center
1625 Northport Drive
Madison, WI 53704

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Madison, WI 53704
Meal served at 11:30 AM

A. Call To Order

Staff & Guests present: Mary Browning, Ruth Hellenbrand, Jim Krueger, Sonya Lindquist, Lillian Stull, Howard Thomas, and Angela Velasquez

Chair Barman-Paulson called the meeting to order at 12:05 pm.

Present 6 - MARY HILL, DIANNE LEIGH, PATRICK DOWNING, FRAN BARMAN-PAULSON, NANCY STOLLA, and HOLLY SIMON

Absent 3 - ELAINE DESMIDT, VERA RILEY, and BILL CLAUSIUS

B. Consideration of Minutes

[2017](#) MINUTES FROM DECEMBER 6, 2017

[MIN-512](#)

Attachments: [2017_1206 Nutrition-Wellness Mtg Minutes](#)

A motion was made by DOWNING, seconded by LEIGH, that these minutes be approved. The motion carried by the following vote:

Ayes: 6 - HILL, LEIGH, DOWNING, BARMAN-PAULSON, STOLLA and SIMON

Absent: 3 - DESMIDT, RILEY and CLAUSIUS

C. Action Items

1. 2018 NUTRITION/WELLNESS COMMITTEE PLAN GOALS

The Nutrition/Wellness Committee workgroup is in the process of establishing goals, necessitating that this item be tabled until the April meeting.

This was not acted on

2. NUTRITION FORMULA

AAA Aging Program Specialist Angela Velasquez stated the workgroup authorized by the Committee has studied potential changes to make the Nutrition Site Funding Formula used the past three years more equitable to smaller sites. It was determined that the base be increased if possible, but the formula itself be unchanged. The workgroup recommends no changes to the formula be made for the 2019 AAA Budget cycle. When completing the 2019 budget request, Angela Velasquez will determine if an increase in the base allocation is possible.

A motion was made by HILL, seconded by LEIGH, to make no changes to the Nutrition Site Management Funding Formula for 2019. The motion carried by the following vote:

Ayes: 6 - HILL, LEIGH, DOWNING, BARMAN-PAULSON, STOLLA and SIMON

Absent: 3 - DESMIDT, RILEY and CLAUSIUS

3. 2019 AAA BUDGET PRIORITIES

Velasquez stated the Committee workgroup recommends that the Senior Nutrition Program make the switch to the Oliver Packaging System for 70,000 home-delivered meals projected in 2019. The Oliver System uses biodegradable, recyclable cardboard trays that are sealed with film by machine. The system is an upgrade from the current aluminum trays, which are not microwavable, and is more environmentally friendly. The unit cost is about eight cents higher than the current packaging at a total increased yearly cost of approximately \$10,000. Materials are purchased from Oliver, which leases the sealing machines at no cost.

A motion was made by DOWNING, seconded by LEIGH, to recommend that the AAA Board and AAA Legislative/Advocacy Committee seek an increase of \$10,000 in the 2019 AAA Budget to fund the transition to the Oliver Packaging System for home-delivered meals. The motion carried by the following vote:

Ayes: 6 - HILL, LEIGH, DOWNING, BARMAN-PAULSON, STOLLA and SIMON

Absent: 3 - DESMIDT, RILEY and CLAUSIUS

D. Presentations

1. NORTH/EASTSIDE SENIOR COALITION MEAL SITE

NESCO Executive Director Jim Krueger stated more than 14,000 meals were served in 2017 at the coalition's two congregate sites, Goodman Community Center and Warner Park Community Recreation Center, which is an increase from 2016. The number of meals easily surpassed the minimum contract goal of approximately 7,500. The number of unduplicated diners also increased.

NESCO Programs Manager Ruth Hellenbrand stated Dane County's newest "My Meal, May Way" restaurant site, which is co-hosted with East Madison/Monona Coalition of the Aging, opened in January at Festival Foods in Madison and is primarily attracting seniors who were not regular attendees at the Warner Park or Goodman sites. The Warner Park site was not previously well attended on Thursdays, with many who dine at the site other days opting for the weekly meal at nearby St. Paul's Lutheran Church. All consumers who previously attended the Warner Park and Goodman sites on Thursdays were offered the option of receiving a home-delivered meal; none has accepted.

Hellenbrand reported daily numbers have trended down in February following a switch in food providers from Gaylord Catering Service Inc. to the Goodman Community Center. Personnel at Goodman, which is catering for a senior nutrition program for the first time, have been attentive in responding to requests and Hellenbrand expects attendance to return to previous levels as the initial problems are corrected. AAA Nutritionist Mary Browning receives daily emails with feedback on Goodman's performance and is working closely with Goodman personnel to address areas of concern.

EMMCA Executive Director Sonya Lindquist stated that like NESCO, many of the Thursday regulars who had attended the Messiah Lutheran Church site are not attending the Festival Foods site. Some seniors have stated the walk from the drop-off point to the dining area is too long. Lindquist is hopeful the Festival Foods site, which has drawn 30, 50, 34 and 28 diners in its first four weeks, will attract younger seniors who aren't accessing other services at EMMCA and NESCO and hopes to see a strong marketing effort. Lindquist will confirm that regular Thursday diners at Messiah have been offered the option of a home-delivered meal.

(Downing departed at 12:55 pm.)

E. Reports to Committee

1. NUTRITION/WELLNESS COMMITTEE WORKGROUP

No report.

2. COMMITTEE MEMBERSHIP

Velasquez reported the terms of DeSmidt, Downing and Riley will expire in April. Downing is interested in another term if he is reelected to the Dane County Board of Supervisors. Barman-Paulson will contact DeSmidt to inquire about her interest in serving another term. Velasquez said Riley likely will not serve another term. Velasquez encouraged Committee Members to identify community members who might have interest in applying to join the Committee.

3. CHAIR & STAFF REPORTS

AAA Manager Cheryl Batterman reported the State delayed delivery of its AAA Area Plan template, originally slated for 15 February 2018, until 6 March 2018. Workgroups have been formed in five focus areas – Caregivers, Dementia, Elder Justice, Elder Nutrition, and Healthy Aging. The Advisory Council will meet on 28 February 2018 and workgroups that have not met will convene in March. New this year is the State's requirement to submit a draft plan by July 2018 for the purpose of receiving feedback. The final plan must be submitted by 31 December 2018.

F. Future Meeting Items and Dates

NEXT MEETING: TUESDAY, 17 APRIL 2018, 12:30 PM @ MESSIAH LUTHERAN CHURCH, 201 COTTAGE GROVE ROAD. MEAL WILL BE SERVED AT NOON.

G. Public Comment on Items not on the Agenda

None.

H. Such Other Business as Allowed by Law

None.

I. Adjournment

A motion was made by HILL, seconded by LEIGH to adjourn. The motion carried by the following vote:

Ayes: 6 - HILL, LEIGH, DOWNING, BARMAN-PAULSON, STOLLA and SIMON

Absent: 3 - DESMIDT, RILEY and CLAUSIUS

This meeting adjourned at 1:08 pm.

Minutes respectfully submitted by Howard Thomas, AAA Clerk III.