

**LTS PLANNING COMMITTEE
COP VARIANCE REQUEST**

Case Manager: Erin Munson

Date: 4/03/18

FUND COP SERVICES FOR PARTICIPANT RECEIVING RECUPERATIVE SERVICES IN AN INSTITUTION (UP TO 90 DAYS).

The purpose of this variance is to maintain a participant's support network during relatively brief institutional stays. No variance is needed for recuperative stays of 30 days or less. When a recuperative stay exceeds 30 days a variance is necessary to allow the use of COP funds to continue to pay for noninstitutional community service expenses for up to 90 days for current COP recipients.

1. INSTITUTION NAME: Belmont Nursing Home

2. EXPECTED DURATION: 90 days

3. PARTICIPANT INFORMATION:

- Gender: Female
- Age: 55
- Time on COP/Waiver programs: Since 3/27/11
- Protective Placement: No
- Current living arrangement: Client is presently at Belmont Nursing Home. Prior to was at Madison Heights CBRF (Trinity Health Management) since 12/13/17. When client first moved into the CBRF, her guardian (daughter) wanted her to be in the building with the least amount of support. Since, she has moved into the building that requires 2 staff per 12 residents. Client and guardian would like her to return to her CBRF upon discharge from Belmont Nursing Home.
- Health & medical problems (please use non-medical terms):
 - Client has balance problems, gait abnormality, impaired mobility and ADL's, and generalized weakness. She is almost exclusively using her wheelchair. Staff encourage her to use her walker, however due to her increased weakness she does not use it often. Client believes that she is independent and does not need staff support. She is constantly trying to do things on her own, which would require support from staff. She can be very weak, which causes her to fall without support. Staff need to keep an eye on client throughout the day. Client needs support with all ADL's.
 - Client's memory is severely impaired at all levels, and she is unable to follow multi-step instructions. There are times that she understands she cannot walk. Other times she thinks she can walk and becomes upset with the people who try to help her understand. Due to her dementia, she needs support from someone 24/7. She has limited insight and poor judgement, and has a guardian who helps make decisions.
 - Client has anxiety and bipolar affective disorder. She worries often about most things throughout the day. Her mood fluctuates throughout the day, and she can easily escalate. She can get angry at times, which causes her to be verbally abusive towards staff.
- Situation requiring rehabilitation and desired outcomes: On 3/8/18, while at the CBRF client was participating in therapy. The therapist stated client was weak and seemed off. CBRF nurse assessed and client's blood pressure was elevated and edema to her legs. CBRF notified client's physician who stated she wanted her sent to the hospital. Client went to American Center Hospital has been at Belmont Nursing Home since. The desired outcome is for client to return to her CBRF.

- Services to be funded during rehabilitation: Case management to help coordinate returning to CBRF, which may be approximately \$611.52 (\$101.92/hour) over the 90 day variance. Medications and copays should be under client's MA. No other costs anticipated.

LTS Committee action: Chair approval date _____; Full committee approval date _____;
Non approval date _____; Reason _____

Consumer Name: _____