



Ending Child Hunger



Second Harvest addresses access to food primarily through:

1. Food Distribution
2. FoodShare Outreach
3. Child Hunger Initiatives
4. HungerCare Coalition and Diabetes Wellness Program

WISCONSIN

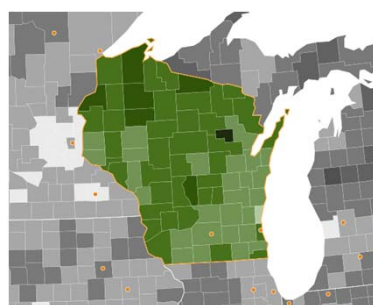
Food insecure children

248,570

Child food insecurity rate

19.1%

Child Food Insecurity Rates



Lightest Green = <15%

Next Darkest = 15-19%
Dodge, Jefferson, Columbia, Dane, Green, Lafayette, Iowa

Next Darkest = 20-24%
Sauk, Juneau, Monroe, Vernon, Richland, Crawford, Grant, Rock

Next Darkest = 25-29%
Adams

Darkest Green = 30%+

CHILD HUNGER IS A HEALTH PROBLEM

- They are **sick more often** and **more likely to be hospitalized**, which leads to greater health care costs
- Their **physical, intellectual and emotional** development is impaired



CHILD HUNGER IS AN EDUCATIONAL PROBLEM

- The **development of the brain** can be altered during ages 0-3, a **critical period of rapid growth**
- They **fall behind in school** because they can't concentrate
- They have more **social and behavioral** problems

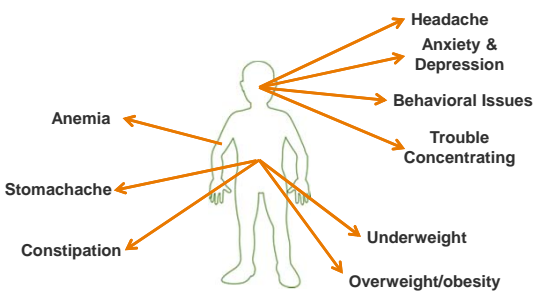


CHILD HUNGER IS A WORKFORCE PROBLEM

- Adults who experienced hunger as children are not as well prepared **physically, mentally, emotionally, or socially** for the workforce
- "The healthy development of all children **benefits all of society** by providing a solid foundation for economic productivity, responsible citizenship, and strong communities." - Jack P. Shonkoff, MD, Director Center on the Developing Child, Harvard University



Signs & Symptoms of Food Insecurity in Children



- Headache
- Anxiety & Depression
- Behavioral Issues
- Trouble Concentrating
- Underweight
- Overweight/obesity
- Constipation
- Stomachache
- Anemia

Feeding America's Child Hunger Strategy focuses on reaching children at the time when they are most in need:

- in the summer
- after school
- at home
- over weekends and school vacations



Second Harvest Child Hunger Initiatives

- Kids Cafes** – Providing meals, snacks, and nutrition education year-round during out-of-school times
- School Pantry Program** – Providing groceries at no cost to students and their families in a familiar and comfortable school setting
- School Outreach Initiative** – Ensuring school staff are aware of and distributing food resource information to families
- Technical Support** – Provide information and guidance for backpack programs and federal programs such as SFSP and CACFP



EFFECTIVE WAYS TO REACH CHILDREN:





- Increase the **amount of nutritious food** moving through food pantries/programs
- Improve **knowledge** of food pantries, mobile pantries, and other programs
- Facilitate **access** to FoodShare and other federal programs

36% OR 1 IN 3

FOOD INSECURE CHILDREN

ARE LIKELY **INELIGIBLE** FOR FEDERAL NUTRITION PROGRAMS SUCH AS **FREE/REDUCED-PRICE SCHOOL MEALS** AND **FOODSHARE**

Out-of-School-Time Resources



- Community food pantries
- School food pantries
- Backpack programs

School Food Pantries



Mission:

- Help alleviate child hunger through the provision of food to children and their families at school.

Objectives:

- Provide nutritious, healthy food to children at-risk of hunger for preparation and consumption at their place of residence.
- Distribute food discreetly in easily accessible and safe environments.

Pilots (Second Harvest Programs): Adams, Sparta, and Beloit

School Food Pantries



- More food to families
- Wider variety of food
- Perishables: produce, dairy, meat
- Parent's responsibility
- Customizable for customer
- Serves the entire family
- Lower cost
- Variety of distribution and storage models
- Fosters parent/school engagement
- Opportunity for nutrition education
- Convenient locations



Second Harvest Foodbank Pilot Programs



- **Schools** provide space for a permanent food pantry
- A **community partner**, such as a church or other food pantry, often coordinates volunteers and distributions
- **Rural pilot sites successful**
 - **Adams School District** – serving up to **75 families/month**
 - Since August 2014, distributed **220,000 lbs**
 - **Sparta School District** – serving up to **50 families/month**
 - Since October 2015, distributed **120,000 lbs**
 - **Beloit School District** – serving up to **50 families/month**
 - Since May 2015, distributed **105,000 lbs**



Madison Metropolitan School District



Food 4 Thought Initiative

- Weekend backpacks (homeless families)
- Sandburg Elementary
- Mendota Elementary
- Cherokee Heights Middle
- East High

Selfless Ambition

- Glendale Elementary

Wisconsin Youth Company

- Falk Elementary



WHAT YOU CAN DO



1. Facilitate connections and dialogue to improve access to food assistance resources and healthy food in schools.
2. Connect with organizations to provide support, funds, food, etc. for existing and future programs.

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