# **RSVP of Dane County**

501 (c) (3) Nonprofit Organization

### MISSION:

To make a positive impact in the community by recruiting volunteers 55 and older to help deliver priority services to people of all ages, providing Dane County with a valuable resource.



...where volunteers make a difference

# Networks

# Corporation for NATIONAL & COMMUNITY SERVICE







# SENIOR CORPS IN WISCONSIN

**6,900** Senior Corps volunteers



and the seniors helped by Senior Companions

bub local organizations benefit from RSVP volunteers

NationalService.gov/Wisconsin

# **Benefits of Volunteering**





Healthier



Happier



Sense of Purpose

Per 2018 Senior Corp volunteer survey:
78% of volunteers reported feeling less depressed! AND 84% of volunteers reported improved health! "As you grow older, you will discover that you have 2 hands – 1 for helping yourself, and the other for helping others." -Audrey Hepburn After retirement or a significant life change, a volunteer can find new meaning & direction in their lives by helping others!

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# WIN / WIN !!!!

# Volunteering benefits both VOLUNTEERS

# COMMUNITY RECIPIENTS (community members who are receiving RSVP services)



make difference

...where volunteers make a difference

## **RSVP of Dane County Programs**









Intergenerational/ Foster Grandparents

TRIAD -ommunity

TRIAD

Community	Driver Services
Connections	Vets Helping Vets
Bus Buddy	Food Bridge

## ood Bridge

**Group Projects** 

- Also Help Low-Income Older Adults by:
- Community Connection volunteers help at nutrition sites, which provide nutritious meals
- A bus buddy volunteer teaches the Madison Bus route, which allows for affordable transportation
- Driver services and vets helping vets volunteers provide to over 2,000 older adults and veterans 9,300 rides
- Home delivered meals volunteers deliver over 86,000 meals
- Food Bridge volunteers deliver food pantry groceries to homebound seniors

Helping Vets

- Group Project volunteers donate comfort and warm items, which are critical needs in life
- Foster Grandparent volunteer's tax-free stipend meets basic living expenses
- Triad volunteers spread the word about identity theft, which is critical information for already low-income seniors

### **Community Connections**

Jan Karst, Program Coordinator



We make a living by what we get we make a life by what we give.

#### **70 Nonprofits Served**

\*First line of communication for interested volunteers!

\*Personalized placement based on interests!

\*In the Community Connections program alone, a volunteer can choose from 70 different nonprofits to devote their time to!



#### Community nonprofits include:

ReStore VA Hospital ARC Hospicecare Second Harvest Libraries & Senior Centers

## Bus Buddy

Jan Karst & Laura Mikkelson Program Coordinator

Many seniors do not use the Madison metro buses because they haven't had the opportunity to learn the bus system. RSVP's Bus Buddy Program pairs seasoned bus riders with learners. Once seniors have the confidence to travel around the city via bus, their world expands. They have the freedom to go to senior centers, shopping, and entertainment. They can plan a fun outing with friends rather than stay confined to their home. During the summer, there are six monthly group tours scheduled that include instructions on how to use the bus, a visit to a local attraction and a complimentary lunch.





Mary Schmelzer Co-Manager

Luanne Fax Marketing/Recruiting Assistant

#### **Medical Rides**

Provide rides to medical appointments for older adults and veterans (VHV), without personal transportation. \*The volunteer driver receives mileage reimbursement and a flexible schedule.



### Driver Services Vets Helping Vets Food Bridge



RSVP Volunteers pick up food at least once a month from the River Food Pantry and deliver these groceries to low-income seniors in Madison and Monona who are unable to go to the food pantry themselves. Joe Miller Vets Helping Vets Coordinator

**Robin Heilprin** Madison/Monona Ride Coordinator

#### **Home Delivered Meals**

RSVP drivers work with Dane County senior centers to deliver hot, nutritious meals to seniors at their homes.



"While riding with a fellow veteran we talk about different conflicts, but then realize we have the same story" - RSVP Vets Helping Vets Driver

## Intergenerational/Foster Grandparent

Laura Mikkelson, Program Coordinator

#### Intergenerational

Intergenerational volunteers donate their time by tutoring in Dane county schools to help students succeed academically.

The computer buddy program is a correspondence once a week with an assigned student by blogging as a pal from your home computer. As a volunteer you could help stock shelves or help families shop in school food pantries.

Through a partnership with the Girl Scouts of WI, a volunteer can lead a group of diverse girls by teaching them STEM activities.

WWII History Project is where volunteers go to Memorial high school once a year, and share their life experience during WWII with History students.



#### **Computer Buddies**

You' re vever too old, too wacky, too wild, to pick up a book avd read to a child.

#### **Foster Grandparent**

The Foster Grandparent program is for low-income seniors who receive a taxstipend, meal and free travel reimbursement to tutor students 1:1 with exceptional or special needs in Dane County elementary schools, preschools and HeadStarts. The Foster Grandparent has to commit to a minimum of 5 hours a week to the attend monthly in-services, school, love children and attend recognition events for their dedication to the program.



### Group Projects & Homeworkers

Kate Seal, Program Coordinator

#### **MISSION**

\*Addresses critical needs (warmth, safety and comfort)
of some of the less fortunate members of our Dane County
 community,
 \*...while meeting the social, quality of life, and mental
 health needs of its older volunteers.

#### **Handcrafted Items**

Quilts Hats / Mittens / Scarves Afghans / Prayer Shawls Nap Pillows Baby Items (hats, blankets, booties, sweaters) Fidget Quilts / Activity Muffs Tote Bags We gladly accept donations of fabric and yarn!!!



\*\*\*Over 250 volunteers in **Group Projects** \*\*\*<u>20 groups</u> across Dane Co \*\*Dozens of <u>homeworkers</u> \*\*\*Over 3000 lbs of recycled/donated material used to create comfort items \*\*\*<u>Over 48,000</u> volunteer hours \*\*\*Over 100 Dane County non-profits receive donations \*\*\*<u>Over 12,000</u> items donated - adults & children

### Group Projects & Homeworkers

Kate Seal, Program Coordinator

Community Nonprofit Recipients include:

Access Community Healthcare; After School Clubs, Inc. & Madison South Rotary; Heartland & Agrace Hospicecare, MMSD Schools, Today Not Tomorrow (Project Babies); **Pregnancy Helpline;** Reach Dane/Head Start sites; **Unity Point - Meriter** Spiritual Care; Neighborhood House **Community Center; Good Shepherd Clothes** Closet; CWA – The Triangle Housing; Rainbow Project; WI Youth Program; The Open Seat @UW

# TRIAD

Mary Stamstad, Program Coordinator



TRIAD advocates for: Crime Prevention, Elder Abuse Prevention, Reassurance Strategies, & other (timely) safety programs, like each fall's *Winterization Car Checks*, free of charge to those over 50. Order Adults Order Adults TRIAD Wisconsin Taz That Taz That Taz That Taz That Taz That That That That Conmunity

Triad's mission is to enhance the quality of life of older adults through education and active participation in statewide programs and projects.

Triad is a national program that promotes safety & crime prevention for seniors.
Monthly presentations on topics related to crime prevention & safety are held throughout Dane county, free of charge.
(identity theft, bullying, hoarding, scams/frauds, emergency preparedness & more)

# Volunteers Wanted!

RSVP of Dane County is always recruiting to find new volunteers who want to make a difference!

Please contact RSVP of Dane County at 608-238- 7787 or www.rsvpdane.org

Please spread the word about RSVP of Dane County's Programs. Thank You!!

