



Center for Aging Research and Education

To learn more visit care.nursing.wisc.edu

Geri-Res

Online transition-to-practice curriculum tailored specifically to long term care practice environments: skilled nursing, assisted living and home health.



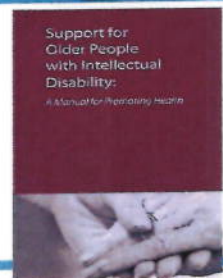
Long Term Care Nurse Coach

Online learning course designed to sharpen mentoring skills of experienced nurses.



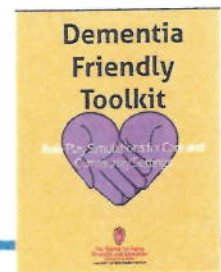
Support for Older People with Intellectual Disabilities

Manual and online course gives the information needed to identify when medical attention is necessary and help gather the type of information needed by health care providers.



Dementia Friendly Toolkit

Role-playing exercises build understanding and skills to communicate with people living with dementia, and support their family caregivers. Simulation goggles and headphones included.



Agefully

Web-based application tool providing evidenced-based guidance, support and planning for adult children caring for their aging parents.



CNA-PCW Conferences

Annual, free one-day conferences for direct care workers designed to improve understanding of complex conditions and best care practices for older adults.



The Center for Aging
Research and Education
SCHOOL OF NURSING
UNIVERSITY OF WISCONSIN-MADISON



Online Guidance for People Helping Older Relatives

Today, nearly 35 million Americans provide unpaid care for an older adult. Many help meet complex care needs while holding down a full-time job, tackling problems with little time and limited money.

That's why the Center for Aging Research and Education (CARE) at the University of Wisconsin-Madison School of Nursing created Agefully—to give people access to expert insights that help their older loved ones live their best lives.

As people age, life becomes more complex and expert insights are critical to figure out medical, financial and legal problems—everything from paying for prescriptions to safely getting up and down the stairs.

Agefully is an easy-to-use, personalized decision support and planning tool available online at [Agefully.me](https://agefully.me). Throughout the tool, Agefully provides tips, sample language and advice on how to have difficult conversations with older relatives and other family members.

Connecting Caregivers to Personalized Solutions

Agefully connects people taking care of older adults to research and expertise that helps them anticipate needs, explore options, prepare for likely future decisions and improve older adult quality of life.

Agefully Puts Caregiving Tools in the Palm of your Hand

- Offers interactive assessments, personalized plans and articles to help users understand a topic, have conversations and explore different options
- Covers driving, home safety, finances, health, family dynamics and caregiving skills topics
- Includes Care Circle features to help users share information and involve others
- Helps users feel more informed about options, better able to make decisions, and prepared to have difficult conversations

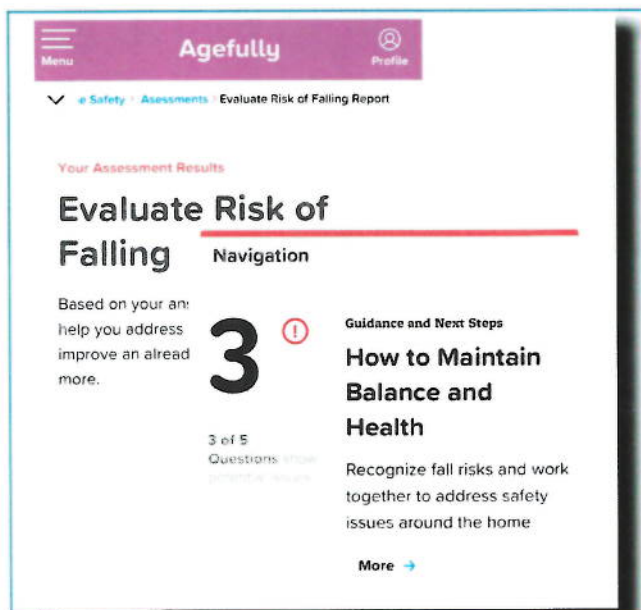


Should Dad still
be driving?

Should I be
helping Mom with
her money?

Is Mom at risk of
falling at home?

How do I help
Dad as he ages?



The Center for Aging Research and Education

CARE was created in response to the critical need for nurses as our country's population ages. CARE supports discoveries that improve aging, and builds the skills and capacity of those who care for older adults.

CARE supports innovative research and teaching strategies, develops relevant and accessible resources for practicing nurses, and collaboratively engages health care professionals, formal and informal care providers, and community organizations—all to foster a new understanding of aging and the role of geriatric nursing.

For More Information Contact Us At:

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APPLY TODAY

become a CARE U trainer

Since 2014, the University of Wisconsin–Madison School of Nursing's Center for Aging Research and Education (CARE) has offered conferences for CNAs, PCWs and other direct care staff. To reach more direct care staff statewide, CARE will train others to provide their own local "CARE U" conferences.

TOPICS

You will receive information, materials and guidance to give presentations and lead active learning exercises on aging and vision, dementia care, maintaining mobility, nutrition and swallowing, person-centered care and understanding pain.

GOALS

You will help expand educational opportunities for direct care staff across Wisconsin. CARE U trainers attend a two-day training session at UW–Madison and bring the information and resources home, offering local conferences for direct care staff.

TRAINERS

We are looking for trainers who are passionate about improving older adult care, have experience teaching or providing staff development and know that direct care staff do important and challenging work. Trainers don't need to be experts in older adult health or professional event organizers.

LEARN MORE & APPLY BY FEB 1 AT
<https://go.wisc.edu/9il83o>

*"I feel very lucky to have attended and can't wait to take what I've learned and apply it to my residents."
"It was an excellent event! Even the simple tips. I told my manager some and she said, wow."*
—Participants in previous CARE conferences for direct care staff

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NEXT LEVEL NURSING STARTS HERE

Shaping the Future of Long-Term Care Nursing

Exceptional care and quality of life are products of a highly skilled nursing staff. It's not surprising that early-career nurses might not yet have all the skills they need, so how can they get there?

Research shows that residency programs improve nurse preparedness for safe and competent practice, improve nurse retention, increase confidence, and lower costs.

Geri-Res is a residency program for the new long-term care nurse, expertly developed at the Center for Aging Research and Education at the world-class University of Wisconsin-Madison School of Nursing. Because we know that when nurses love what they do, and know they are doing it right, they're greatly improving care and impacting lives.

How Geri-Res Nurses are Leading the Way

- We're preparing new nurses for safe and competent practice.
- We're increasing job satisfaction and confidence.
- We're elevating the status of long-term care nursing to new graduates interviewing to join your staff.

- We're teaching important critical thinking skills and clinical best-practices.
- We're supporting job orientation which leads to better outcomes and lower cost of care.

About Geri-Res

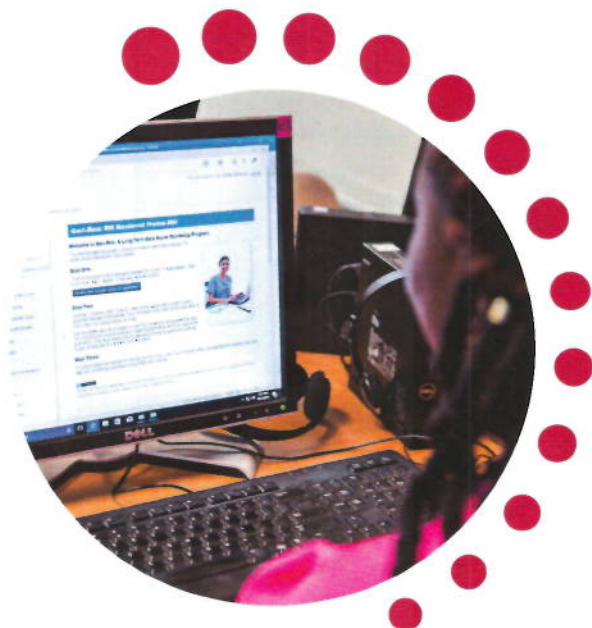
Geri-Res was created to offer excellence in transition-to-practice training for nurses new to long-term care practice. The two program components, Geri-Res Clinical Coach and Geri-Res RN Resident, leverage a mentor/mentee model to create the best learning environment for new nurse success. The Geri-Res Clinical Coach prepares for a mentor role by going through six online learning modules. The Geri-Res RN Resident goes through sixteen online learning modules, one per week for sixteen weeks. Each module takes about one hour, and is paired with exercises, quizzes, and active learning assignments. Weekly time with the Clinical Nurse Coach facilitates opportunities to incorporate employer specific resources, guidelines and practices.

Geri-Res in Action

- Implementation begins with one of our long-term care experts coaching you through the Geri-Res Organizational Readiness Guide and forming your Geri-Res Team.
- Six online Geri-Res Clinical Coach modules prepare an experienced nurse within your organization to step into a mentor role.
- Sixteen online Geri-Res RN Resident modules guide each new nurse through geriatric care best practices, problem solving techniques and communication strategies.
- Weekly check-ins keep you on track and moving forward.
- Our flexible and efficient online structure means access anytime, anywhere with an internet connection.
- We're expertly built on best-practices, research and evidence.

“The time and effort we put in up front was worth it. You'll get that back in terms of satisfaction, retention and good outcomes. The nurses (RN Residents) now understand the “whys and wherefores” that they didn't before. Standard orientation prepares them for the tasks. This program slows things down and helps develop their critical thinking.”

—Lisa McGlynn, Director of Nursing Services, Attic Angel Place, Middleton, WI.



Sample Learning Modules

Geri-Res Clinical Coach Course:

- What Clinical Coaches Should Know about New Long-Term Care Nurses
- Helping New Nurses Learn Clinical Judgement
- Providing Feedback to New Nurses
- and more!

Geri-Res RN Resident Course:

- Resident Quality of Life
- Communicating with Families
- Skin Care
- Change in Condition and Care Planning
- and more!

Step up to Next Level Nursing

When you implement Geri-Res, together we will shape the future of long-term care by taking nursing to the next level. Geri-Res is a comfortable fit for any budget. You pay only for each nurse that takes the course. No minimum purchase necessary. For our current pricing solutions and to enroll, visit www.gerires.nursing.wisc.edu.

About Us

Developed at the Center for Aging Research and Education at the University of Wisconsin–Madison School of Nursing by long-term care nursing practitioners and researchers, Geri-Res translates current evidence into relevant and accessible workforce solutions for the contemporary long-term care practice setting.

608-263-6476

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