

AAA Plan Goal Focus	Strategies	Person(s)/ Organization(s) Responsible	Benchmarks	Achieved
Elder Nutrition Program	Institute the Oliver paper meal tray and bowl system for home-delivered meals at 10 sites currently using aluminum containers and Styrofoam bowls with plastic lids	Aging Program Specialist, CFS Manager & Dane County Purchasing	Supplies & equipment ordered by 1/1/19	Completed QTR 1
			Equipment received by 2/15/19	Completed QTR 1
			Oliver System implemented by 3/1/19	Completed QTR 1
	Increase funding for the Elder Nutrition Program to meet the increasing number of seniors in Dane County through a minimum 5% annual increase for catering and a COLA annual increase for site management.	Aging Program Specialist, NewBridge staff & Nutrition/ Wellness Committee	Require monthly home-delivered meal letters for donations	Instituted 2/1/2019
			Advocacy for State change in funding formula by 5/1/19	Met with Cindy Ofstead regarding formula change for possible 2021
			Advocacy for 5% increase in catering by AAA Legislative/ Advocacy Committee	Submitted advocacy ask to AAA Leg/Adv Committee to increase site management funding by 5% in 2020 DC budget. Funded by County Board in 2020 budget
			Advocacy by NewBridge to City of Madison for nutrition funding in 2020	No new activity this quarter. No meal funding provided by the City in 2020 budget.
	Increase the number of People of Color participating in the Elderly Nutrition Program as diners, staff, and volunteers by 5% over three years.	Aging Program Specialist, RSVP & Focal Point staff	Add ethnic meal to CFS menu by 2/1/19	Completed QRT 1. Additional: Plans for LatinX and Hmong Meal sites finalized for 2020 opening.
			RSVP recruitment of POC volunteers for meal sites	Ongoing. Only one Latinx Senior Volunteer recruited for Goodman Site this year.
			Meal sites to increase programming around meal times inclusive of diversity activities	No new activity this year. NewBridge planning Pop-Up activities for 2020.

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Healthy Aging	Offer evidence-based health promotion programs and increase completion rates of participants to reduce falls and improve chronic disease self-management in order to reduce falls, fear of falling, and ER visits and hospital admissions.	Safe Communities, AAA Healthy Aging Coordinator	Offer 27 <i>Stepping On</i> workshops with 162 completers by 12/31/19	25 Workshops scheduled, 21 workshops completed. Total of 197 completers in 2019.
			Offer 5 <i>Healthy Living with Chronic Pain</i> workshops with 50 completers by 12/31/19	5 Healthy Living with Chronic Pain workshops completed in 2019; 45 completers. Additional: 2 Mind over Matter workshops with 21 completers. 5 Chronic Disease Self Management Workshops with 35 completers.
	Research best practices for reducing isolation in homebound senior adults, with special emphasis on seniors living alone.	Aging Program Specialist	Create workgroup to determine any best practice solutions by 4/1/19	Loneliness assessment completed on more than 750 meal participants to obtain baseline data in 2019. Continuing goal in 2020.
			Present findings to AAA Access Committee by 12/31/19	No new activity this quarter.
	Improve the environmental and emotional well-being of seniors by researching and providing information to Senior Focal Points of any existing low- or no-cost resources for healthy seniors to use when attempting to de-clutter their personal living spaces prior to the possibility of these life-long habits resulting in actual health endangering or hoarding issues.	APS, ADRC & United Way 2-1-1	Create list of existing services by 5/31/19	Working with ADRC and United Way on a list to provide Focal Points.
			Propose gaps and seek partners to fill potential gaps by 12/31/19	Not completed in 2019. Will revisit in 2020 assessment available to identify gaps and no resources to fill gaps if identified.