

Mission

The mission of the AAA of Dane County is:

- Advocate for older adults to enable them to maintain full potential and enhance quality of life;
- Affirm the dignity and value of older adults by supporting their choices for living in and giving to our community; and
- Create and promote opportunities for communication among the entire community.

AAA Board & Committees

Board of Directors

Carole Kretschman, *Chair*, Madison

Don Ashbaugh, Fitchburg	Richard Kilmer*, Madison
Fran Barman-Paulson, Waunakee	Dianne Leigh, Madison
Ted Bunck, Verona	Sridevi Mohan, Middleton
Pam Flad, Sun Prairie	Melissa Ratcliff*, Cottage Grove
Nikole Jones*, Cross Plains	Matt Veldran*, Madison

* Dane County Board of Supervisors

Access Committee

Jon Hochkammer, *Chair*

Fran Barman-Paulson	Elaine DeSmidt
Barbara Boustead	Pam Flad
Jennifer Brown	Carol Lorenz
Gerald Derr	Sridevi Mohan

Legislative/Advocacy Committee

Esther Olson, *Chair*

Ted Bunck	Carole Kretschman
Jodie Castaneda	Anna Lezotte
Tom Frazier	Jill McHone
Faisal Kaud	Jim Schmidtkofer

Nutrition/Wellness Committee

Fran Barman-Paulson, *Chair*

Rhonda Adams	Dianne Leigh
Rachel Brickner	Sonya Lindquist
Bill Clausius	Sharon Trimborn
Irvin Ehrlich	Megan Vander Wyst

AAA Staff

Leilani Amundson, *Elder Benefit Specialist & MIPPA Coordinator*

Cheryl Batterman, *Manager*

Jane De Broux, *Caregiver Program Coordinator*

Tenzin Lhawang, *Student Intern*

Alyce Miller, *Registered Dietitian*

Lynnan Osawa, *Elder Benefit Specialist*

Tiffany Scully, *Elder Benefit Specialist*

Howard Thomas, *Clerk III*

Angela Velasquez, *Aging Program Specialist*

2019 in Review

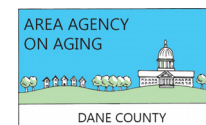
A focus of staff's time was on the promotion of Healthy Aging programs proven to prevent or reduce the incidence of debilitating falls, reliance on opioids for the treatment of chronic pain, physical decline resulting from complications of chronic disease, and lack of activity in older adults. AAA committed the financial resources for a Healthy Aging Coordinator to expand evidence-based workshops available in Dane County. Due to the success of these workshops, participants reduced the number of trips to the emergency department and hospitalizations, had fewer falls, and reported measurable reductions in the progress of illnesses.

Another area of focus was analyzing loneliness and isolation in older adults. AAA discovered social isolation carries a risk that is comparable to smoking up to 15 cigarettes per day and persons without meaningful relationships are at higher risk for poor health outcomes, to include death.

Finally, AAA started and continues to work as a key partner to ensure all older adults are counted in the 2020 US Census.

—Cheryl Batterman, AAA Manager

2019 Annual Report Area Agency on Aging (AAA) of Dane County



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Located in the ADRC of Dane County

The Year In Numbers (Jan-Dec 2019)

Caregiver Alliance Facebook Follows	194
Case Management Clients*	3,099
Case Management Service Hours*	24,330
Congregate Meal Participants	4,295
Congregate Meals Served	97,458
Cultural Diversity Participants**	127
Cultural Diversity Service Hours	3,649
Driver Escort Riders/RSVP	1,080
Driver Escort Rides/RSVP	15,917
EBS Cases Opened***	472
EBS Clients (unduplicated)	187
EBS Legal Services Hours	2,255
Grandparents & Other Relatives Caregivers	16
Home-Delivered Meal Participants	1,415
Home-Delivered Meals Provided	153,089
Evidence-Based Health Promotion Attendees	101
Stepping On Class Attendees	197
Volunteer Guardian/Rep Payee Participants	39
Volunteers/RSVP	850

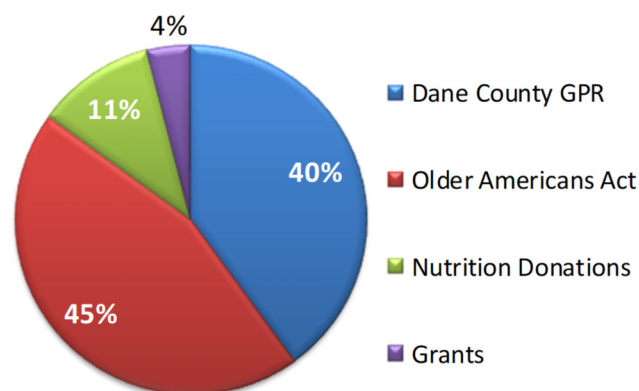
*50 Spanish-Speaking CM Clients & 622 Service Hours

**63 African American & 64 Latinx Senior Adults

***Elder Benefit Specialist (EBS) Program



Total Revenues: \$3,901,857



Medicare Help

Turning age 65 means qualifying for Medicare benefits. This can be a daunting time—navigating through all the options associated with this complex process. In an effort to help older adults make informed decisions, two programs are promoted each year:

Welcome to Medicare Seminars

Elder Benefit Specialists offer unbiased information to community members during Saturday morning sessions at various locations throughout Dane County. In 2019, seminars were held in Madison, Monona, Mount Horeb, Oregon, and Waunakee with 169 attending.

Medicare Part D Open Enrollment

Senior Focal Point case managers provide one-on-one assistance to community members by running annual evaluations of drug plans using the Medicare.gov online Plan Finder Tool. In 2019, case managers helped 927 older adults, conducted 911 Plan Finders, and enrolled 470 older adults in a new Part D Plan. All of these efforts resulted in a monetary impact savings of \$1,839,649!

Highlights

Advocacy

- Increased 2020 funding for Case Management (\$75,376), Mental Health Services (\$200,000), Nutrition Catered Meals (\$56,785) & Site Management (\$23,630), and RSVP Driver Services (\$35,000) due to strong advocacy of community volunteers
- Hosted day-long Senior Advocacy Training for 23 Focal Point Directors and Board members on 8/8/19

Caregiver

- Served 119 caregivers through National Family Caregiver Support Program (NFCSP); awarded \$91,963 to caregivers for respite care and supplemental services
- 6,060 hours of paid respite was provided to 109 caregivers in hopes of relieving caregiver stress

Elder Benefit Specialists

- Top three topics addressed with clients were health insurance benefits, income benefits, and housing/utilities

Nutrition

- Nutrition Program satisfaction surveys reported 55% of congregate meal participants and 66% of home-delivered meal participants indicated these meals are half or more of all food they eat each day
- 2,050 older adults were provided with nutrition education materials more than 6,800 times, increasing their knowledge of healthy eating as they age
- Planning phase completed to open two culturally specific meal sites in 2020