



# Dane County

## Minutes - Final Unless Amended by Committee

### Area Agency on Aging - Nutrition / Wellness Committee

*Consider:*

*Who benefits? Who is burdened?*

*Who does not have a voice at the table?*

*How can policymakers mitigate unintended consequences?*

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Wednesday, February 10, 2021

11:30 AM

via ZOOM

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The February 10, 2021 AAA Nutrition/Wellness Committee meeting is being held virtually. The public can access the meeting with the Zoom application or by telephone.

To join the meeting in Zoom, click the following link (after you fill out the form, the meeting link and access information will be emailed to you):

[https://us02webzoom.us/webinar/register/https://us02web.zoom.us/webinar/register/WN\\_xfK2RkFmRk-cir2BWVlw6A](https://us02webzoom.us/webinar/register/https://us02web.zoom.us/webinar/register/WN_xfK2RkFmRk-cir2BWVlw6A)

This link will be active until the end of the meeting.

To join the meeting by phone, dial-in using one of the following three phone numbers:

1-833-548-0276

1-833-548-0282

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When prompted, enter the following Webinar ID: 892 4796 6997

If you want to submit a written comment for this meeting, or send handouts for committee members, please send them to [MATULLE.CINDY@COUNTYOFDANE.COM](mailto:MATULLE.CINDY@COUNTYOFDANE.COM). In the subject line please state: Written Comment for this meeting or Handouts for this meeting. Please include the name of the meeting and date.

**PROCESS TO PROVIDE PUBLIC COMMENT: ANY MEMBERS OF THE PUBLIC WISHING TO REGISTER TO SPEAK ON/SUPPORT/OPOSE AN AGENDA ITEM MUST REGISTER USING THE LINK ABOVE (even if you plan to attend using your phone).**

Registrations to provide public comment will be accepted until 30 minutes prior to the beginning of the meeting.

#### A. Call To Order

*Staff and Guests Present: Cheryl Batterman, Angela Velasquez, Cindy Matulle and Sara Koenig.*

**Present** 5 - RACHEL BRICKNER, SHARON TRIMBORN, MEGAN VANDER WYST, HELEN OSBORN-SENATUS, and THERESA SANDERS

**Absent** 3 - FRAN BARMAN-PAULSON, BILL CLAUSIUS, and IRVIN EHRlich

**A motion was made by TRIMBORN, seconded by OSBORN-SENATUS, that VELASQUEZ run the meeting as Chair BARMAN-PAULSON was delayed. The motion carried by the following vote:**

**Ayes:** 5 - BRICKNER, TRIMBORN, VANDER WYST, OSBORN-SENATUS and SANDERS

**Absent:** 3 - BARMAN-PAULSON, CLAUSIUS and EHRlich

## B. Consideration of Minutes

[2020](#) Minutes from November 4, 2020  
[MIN-439](#)

**Attachments:** [2020\\_1104 Nutrition-Wellness Mtg Minutes](#)

**A motion was made by TRIMBORN, seconded by OSBORN-SENATUS, that the minutes be approved. The motion carried by the following vote:**

**Ayes:** 5 - BRICKNER, TRIMBORN, VANDER WYST, OSBORN-SENATUS and SANDERS

**Absent:** 3 - BARMAN-PAULSON, CLAUSIUS and EHRlich

## C. Action Items

### 1. Committee Description

[2020](#) Committee Description  
[ACT-340](#)

**Attachments:** [Nutrition Wellness Committee Description 030220](#)

**A motion was made by VANDER WYST, seconded by TRIMBORN, that the Action Item be approved. The motion carried by the following vote:**

**Ayes:** 5 - BRICKNER, TRIMBORN, VANDER WYST, OSBORN-SENATUS and SANDERS

**Absent:** 3 - BARMAN-PAULSON, CLAUSIUS and EHRlich

*SANDERS requested a change in the wording of the Committee Description after the initial vote to approve. SANDERS requested the second paragraph first sentence changed to: "The Nutrition/Wellness Committee advises the staff of the Senior Nutrition Program."*

**A motion was made by VANDER WYST, seconded by TRIMBORN, that the revised description be approved as revised. The motion carried by the following vote:**

**Ayes:** 5 - BRICKNER, TRIMBORN, VANDER WYST, OSBORN-SENATUS and SANDERS

**Absent:** 3 - BARMAN-PAULSON, CLAUSIUS and EHRLICH

## 2. 2021 Nutrition/Wellness Work Plan Goals

[2020](#) 2021 Nutrition/Wellness Area Work Goals  
[ACT-341](#)

**Attachments:** [2021 Nutrition-Wellness Comm Work Plan DRAFT](#)

*AAA Aging Program Specialist Angela Velasquez presented the work plan for 2021. VELASQUEZ highlighted several goals. Requesting more COVID-19 funding for meals. Dane County meals have increased 37% during COVID-19 and will most likely not be going down. New contracts are being worked on with caterers and concern of rate increases since it has been five years. Continues to request a change to the Wisconsin State formula to make funding more equitable to Dane County. Dane County has been using food share numbers to determine poverty. A pilot program engaging black community members and catering businesses is being pursued in 2021.*

**A motion was made by TRIMBORN, seconded by OSBORN-SENATUS, that the Action Item be approved. The motion carried by the following vote:**

**Ayes:** 5 - BRICKNER, TRIMBORN, VANDER WYST, OSBORN-SENATUS and SANDERS

**Absent:** 3 - BARMAN-PAULSON, CLAUSIUS and EHRLICH

## D. Presentations/Discussions

**Present** 6 - FRAN BARMAN-PAULSON, RACHEL BRICKNER, SHARON TRIMBORN, MEGAN VANDER WYST, HELEN OSBORN-SENATUS, and THERESA SANDERS

**Absent** 2 - BILL CLAUSIUS, and IRVIN EHRLICH

### 1. The Uncomfortable Truth Series Discussion: Part 1: Laying the Foundation & Part 2: A Systemic View of Black & African American People in the U.S.

*General discussion of what committee members learned from the series.*

### 2. Waitlist Prioritization of Home-Delivered Meals participants

*VELASQUEZ shared this will be the main topic for the next meeting and will be sending out materials for committee members to review. The need to create a policy to show what would the Dane County waitlist look like if we had to implement this. Federal guidelines have five areas that need to be considered.*

## E. Reports to Committee

### 1. 2020 Committee Work Plan: QTR 4

[2020](#)  
[RPT-732](#)

2020 Committee Work Plan: QTR 4

**Attachments:** [2020 Nutrition-Wellness Comm Work Plan QRT 4](#)

*VELASQUEZ shared the 4th Qtr results and answered questions from committee members.*

## 2. Dietitian Program Update

*AAA Registered Dietitian & Healthy Aging Coordinator Shannon Gabriel was introduced to the committee members. Shannon started with AAA on February 1, 2021 and is starting to meet with various agencies.*

## 3. Healthy Aging Program Update

*VELASQUEZ shared that virtual sessions of Mind Over Matter classes are continuing. Starting in May Healthy Living with Chronic Pain will be available by telephone.*

## 4. Chair & Staff Updates

*BATTERMAN informed the committee members about a Diversity Work Group formed by the AAA Legislative/Advocacy Committee. The main objective of the work group is to recruit minority volunteers to join AAA Committees and Board. Draft Aging Plan for 2021-2024 is being worked on. Flyer created and will be distributed regarding transportation for 65+ seniors to receive their COVID-19 vaccine. This is in coordination with NewBridge.*

*SANDERS has received very positive feedback about the Friday fish fry served by LJ's as part of the home delivered meals program.*

*VELASQUEZ shared she is writing up a story called Silver Linings. Even during COVID-19 there has been a silver lining for some restaurants in Dane County that have offered drive thru meals for seniors. This service has allowed businesses to stay open and not have to apply for Federal loans.*

## F. Future Meeting Items and Dates

Next Meeting: Tuesday 13 April 2021, 11:30 am via Zoom

## G. Public Comment on Items not on the Agenda

*None.*

## H. Such Other Business as Allowed by Law

*None.*

## I. Adjournment

**A motion was made by TRIMBORN, seconded by VANDER WYST, that the meeting be adjourned. The motion carried by the following vote:**

**Ayes:** 6 - BARMAN-PAULSON, BRICKNER, TRIMBORN, VANDER WYST,  
OSBORN-SENATUS and SANDERS

**Absent:** 2 - CLAUDIUS and EHRLICH

*Meeting adjourned at 12:57 pm.*

*Minutes respectfully submitted by Cindy Matulle, AAA Clerk.*

*NOTE: If you need an interpreter, translator, materials in alternate formats or other accommodations to access this service, activity or program, please call the phone number below at least three business days prior to the meeting.*

*NOTA: Si necesita un intérprete, un traductor, materiales en formatos alternativos u otros arreglos para acceder a este servicio, actividad o programa, comuníquese al número de teléfono que figura a continuación tres días hábiles como mínimo antes de la reunión.*

*LUS CIM: Yog hais tias koj xav tau ib tug neeg txhais lus, ib tug neeg txhais ntawv, cov ntawv ua lwm hom ntawv los sis lwm cov kev pab kom siv tau cov kev pab, cov kev ua ub no (activity) los sis qhov kev pab cuam, thov hu rau tus xov tooj hauv qab yam tsawg peb hnuv ua hauj lwm ua ntej yuav tuaj sib tham.*

*Contact Cindy Matulle, AAA Clerk, [Matulle.Cindy@countyofdane.com](mailto:Matulle.Cindy@countyofdane.com), 608-261-9930*