





NAMI Western
Nevada
Inmate
Support
Groups



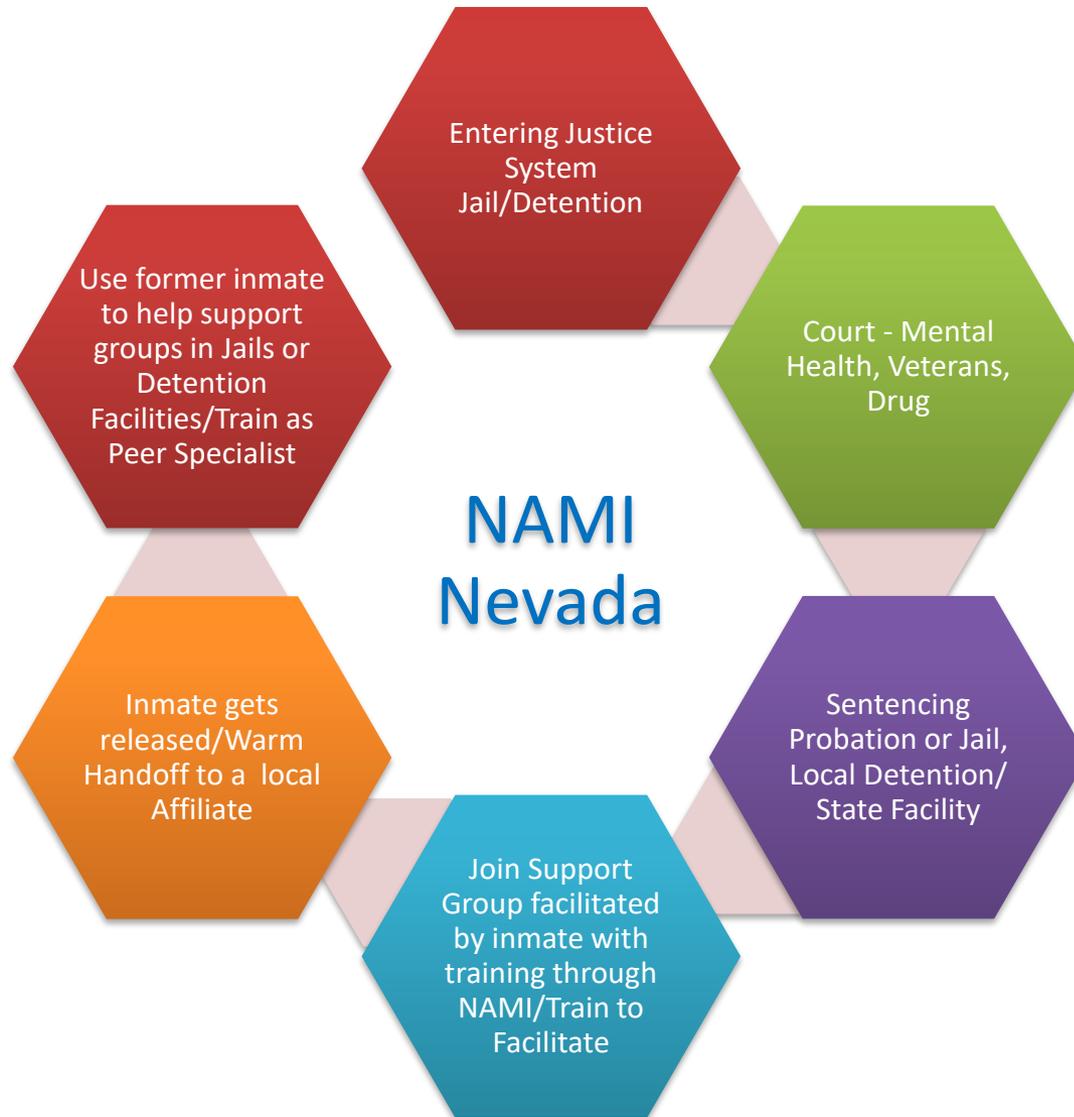
NAMI
Northern
2nd Judicial
District Court



Statewide
Facilitators for
Support
Groups



Decriminalize Mental Illness



One

- NAMI Northern will expand Criminal Justice Program to Carson City and train NAMI Western Nevada to judiciously expand Program into Rurals

Two

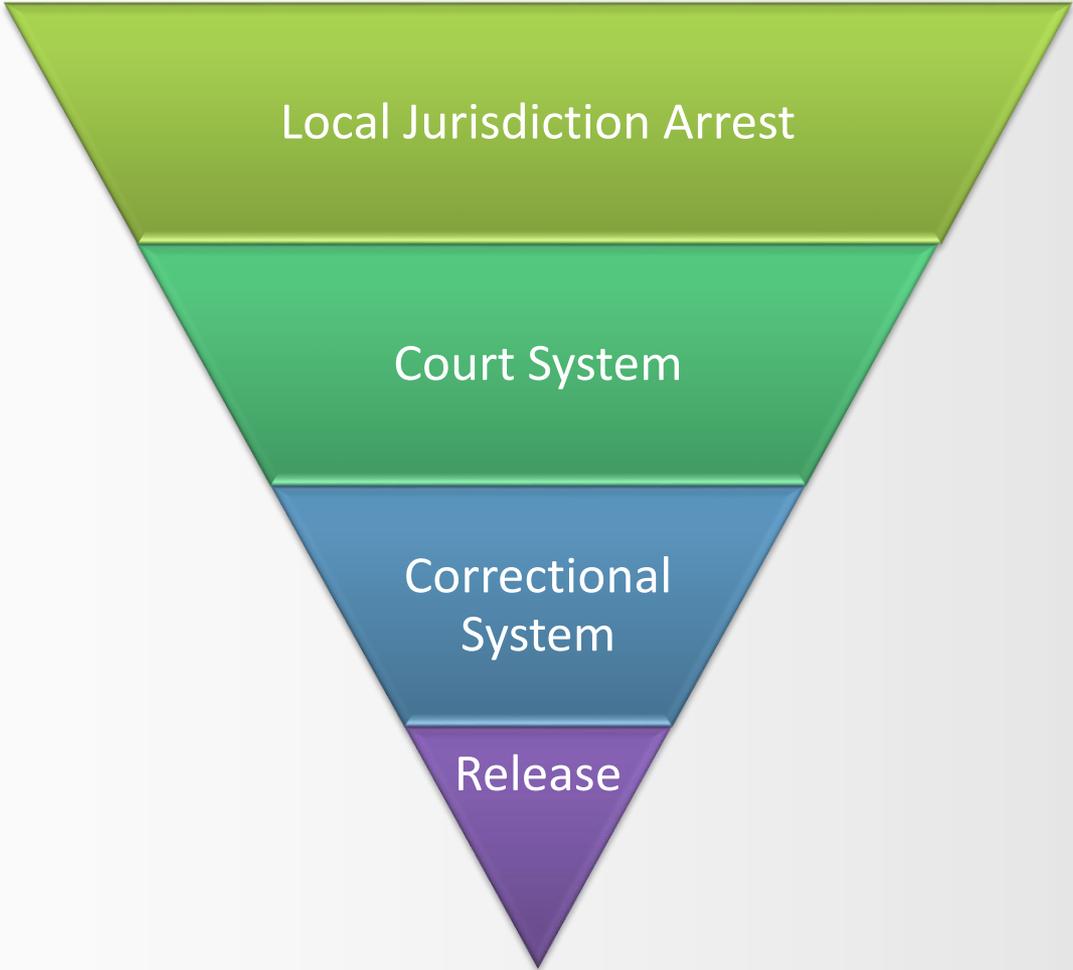
- NAMI Western Nevada will expand Correctional Institution Program to Southern Facilities by training NAMI Southern

Three

- NAMI Northern Nevada will Train Southern on Criminal Justice Program to work with local law enforcement and courts

Four

- All Affiliates will accept via a “warm hand-off” clients coming from the Criminal Justice Program and Correctional Program to help maintain recovery through support groups and education



EDUCATION

NAMI Peer-to-Peer is a safe, confidential space. The course provides an opportunity for mutual support and growth. Experience compassion and understanding from people who relate to your experiences. This is a place to learn more about recovery in an accepting environment.

NAMI Peer-to-Peer helps you:

- Set a vision and goals for the future
- Partner with health care providers
- Develop confidence for making decisions
- Practice relaxation and stress reduction tools
- Share your story
- Strengthen relationships
- Enhance communication skills
- Learn about mental health treatment options

SUPPORT

NAMI Connection Recovery Support Group is a free, peer-led support group for any adult who has experienced symptoms of a mental health condition. You will gain insight from hearing the challenges and successes of others, and the groups are led by trained leaders who've been there.

NAMI's support groups are unique because they follow a structured model to ensure you and others in the group have an opportunity to be heard and to get what you need.

By sharing your experiences in a safe and confidential setting, you can gain hope and feel a sense of connection. The group encourages empathy, productive discussion and a sense of community. You'll benefit from other's experiences, discover your inner strength and empower yourself by sharing your own experiences in a non-judgmental space.

NAMI Connection Recovery Support Group will help you:

- Aim for better coping skills

- Find strength in sharing experiences

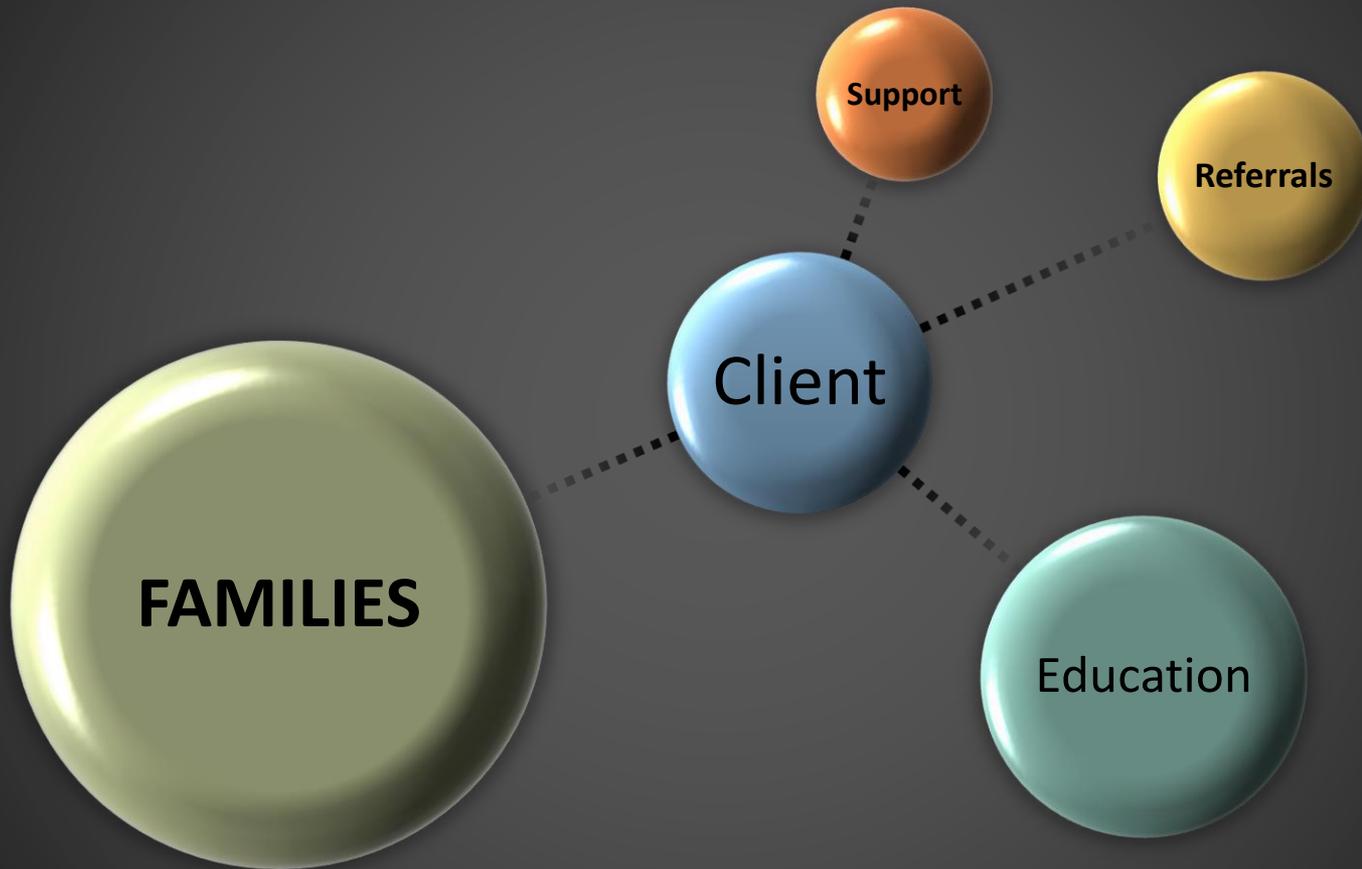
- Not judge anyone's pain

- Forgive ourselves and reject guilt

- Embrace humor as healthy

- Accept that we cannot solve every problem

- Understand that mental health conditions are no one's fault and can be traumatic experiences



1

Goal to maintain or achieve recovery and avoid Recidivism

2

Provide Support before, during and after Criminal Justice Involvement

3

Educate Client and Families

4

Involve Clients and Families in Helping others

