

# RECOVERY COACH PROGRAMS

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# WHAT IS A PEER PROVIDER?

- Recovery Coaches/Certified Peer Specialists at Safe Communities MDC are people with lived experience of substance use and/or Mental Health experiences.
- Recovery Coaches are trained through CCAR and do not need to have lived experience to be trained.
- Certified Peer Specialists are trained, take an exam and receive certification from DHS in WI for SUD and MH-Lived experience.
- Peer providers receive additional training in HIPAA, overdose identification, MI, TIC, QPR and naloxone administration, and the EDs and agencies policies.
- They attend weekly group supervision(s) where reflective supervision is practiced.
- Individual supervision(s) are done on a weekly to bi-weekly basis depending on needs.



# ED2RECOVERY



# HISTORY OF ED2RECOVERY IN WISCONSIN

- This program is modeled after AnchorED in Rhode Island  
They had an 86% success rate in connecting those that have had an opioid overdose to treatment.
- 2016 Safe Communities and Wisconsin Medical Society piloted ED2Rec and had an 89.6% success rate in linking people up with Tx and recovery services.
- 2017 Wisconsin Voices for Recovery (WVFR) statewide ED2Recovery in various participating regions around Wisconsin for opioids.
- 2017 Dane County funding and expansion of ED2Recovery services



# PARTNERS

- SSM/Dean St. Mary's Hospitals Madison 2016
- UW Hospitals Highland and TAC 2018
- Fitchrona, Madison EMS 2018
- Stoughton Hospital 2018
- Unity Point/Meriter Hospital 2019



# PREGNANCY2RECOVERY



# KEY PROGRAM FEATURES

- Use peer to peer relationships with shared experiences to present a recovery lifestyle
- Encourage and facilitate women getting prescribed Medication for Opioid Use Disorder (MOUD) as early as possible
- Support women who are pregnant and expectant fathers with Substance Use Disorder in developing skills to advocate for care for themselves and their children
- Peer Providers connect expectant parents to appropriate treatment resources, groups, and community services to help them navigate the challenges that come with babies going through withdrawal after being born
- Relationship with a Para-professional that is free of stigma
- Focuses on collaboration and coordination of care to produce successful outcomes for mother, father and child. Encourages mother to continue with her pre-natal care
- Can support during pregnancy and then up to a year after the birth of child
- Peer Providers are also now trained as doulas
- Support for the fathers to create a “well-family” environment



# PARTNERSHIP & REFERRAL SOURCES

- Health Care Organizations
- Public Health and Home Visiting Programs
- Dane County Jail
- Treatment Centers
- Sober Living
- Self Referrals



JAIL2RECOVERY



# KEY PROGRAM FEATURES

- Individuals need to identify as a substance use experience to qualify
- Obtain demographic information, develop release goals, discuss recovery goals, sign any releases to work comprehensively with probation, treatment providers, housing options, education goals or employment development skills
- Peer Providers work closely with DCSO reentry coordinators and Wellpath on reentry needs and obtaining necessary ROI's.



# ADDITIONAL INITIATIVES



# COACHING PROGRAMS EXPANSION

- Family Peer Providers 2018
- Partnership with Tellurian Treatment Readiness Program 2018
- AllCommunities2Rec 2019
- Diversion2Rec 2019
- Department of Corrections 2019
- UW Hub and Spoke 2020
- UW Tula App 2020
- 24-7 Recovery coach helpline 2020
- MAARI 2.0 and ART 2021
- CCS Provider 2021



UNIQUE APPROACHES



# WHAT SEPARATES US FROM THE REST?

- Peer providers are not case managers, therapists, or doctors-they are an addition to a multidisciplinary team
- All our programs are voluntary (with the exception of MAARI)
- Peer led
- We honor multiple pathways
- Harm reduction
- Advocates



# HOW TO MAKE A REFERRAL



# TWO WAYS TO MAKE REFERRALS

Warm hand off works better. Just giving a pamphlet is not enough. Having a case manager call or supports person in calling is preferred.

Formal-ROI and referral sent to [referral@safercommunity.net](mailto:referral@safercommunity.net)

Informal-give them the recovery coach helpline number 608.228.1278



# THANK YOU!

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