



# Dane County

## Minutes - Draft

### Area Agency on Aging - Nutrition / Wellness Committee

*Consider:*

*Who benefits? Who is burdened?*

*Who does not have a voice at the table?*

*How can policymakers mitigate unintended consequences?*

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Wednesday, June 2, 2021

11:30 AM

Virtual meeting

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The Wednesday June 2, 2021 AAA Nutrition/Wellness Committee meeting is being held virtually. The public can access the meeting with the Zoom application or by telephone.

To join the meeting in Zoom, click the following link (after you fill out the form, the meeting link and access information will be emailed to you):

[https://us02web.zoom.us/webinar/register/WN\\_WqqbVTqrQ-qhmnzHW4ZRMg](https://us02web.zoom.us/webinar/register/WN_WqqbVTqrQ-qhmnzHW4ZRMg)

This link will be active until the end of the meeting.

To join the meeting by phone, dial-in using one of the following three phone numbers:

1-833-548-0276

1-833-548-0282

1-888-788-0099

When prompted, enter the following Webinar ID: 830 6896 0497

If you want to submit a written comment for this meeting, or send handouts for committee members, please send them to [MATULLE.CINDY@COUNTYOFDANE.COM](mailto:MATULLE.CINDY@COUNTYOFDANE.COM). In the subject line please state: Written Comment for this meeting or Handouts for this meeting. Please include the name of the meeting and date.

**PROCESS TO PROVIDE PUBLIC COMMENT: ANY MEMBERS OF THE PUBLIC WISHING TO REGISTER TO SPEAK ON/SUPPORT/OPPOSE AN AGENDA ITEM MUST REGISTER USING THE LINK ABOVE (even if you plan to attend using your phone).**

Registrations to provide public comment will be accepted until 30 minutes prior to the beginning of the meeting.

#### A. Call To Order

*Staff and Guests Present: Shannon Gabriel, Cindy Matulle and Angela Velasquez.*

**Chair BARMAN-PAULSON called the meeting to order at 11:36 am.**

**Present** 5 - FRAN BARMAN-PAULSON, RACHEL BRICKNER, BILL CLAUSIUS, DIANNE LEIGH, and SHARON TRIMBORN

**Absent** 4 - IRVIN EHRlich, MEGAN VANDER WYST, HELEN OSBORN-SENATUS, and  
THERESA SANDERS

## B. Consideration of Minutes

1. [2021](#) Minutes from April 13, 2021  
[MIN-089](#)

**Attachments:** [2021\\_0413\\_AAA Nutrition-Wellness Committee Minutes DRAFT](#)

A motion was made by CLAUSIUS, seconded by TRIMBORN, that the Minutes be approved. The motion carried by the following vote:

**Ayes:** 5 - BARMAN-PAULSON, BRICKNER, CLAUSIUS, LEIGH and TRIMBORN

**Absent:** 4 - EHRlich, VANDER WYST, OSBORN-SENATUS and SANDERS

## C. Action Items

1. Election of Committee Officers

*BARMAN-PAULSON nominated Bill Clausius for Chair of the AAA Nutrition/Wellness Committee. CLAUSIUS nominated TRIMBORN for Vice Chair of the AAA Nutrition/Wellness Committee. Both accepted the nominations.*

**The Action item was approved.**

## D. Presentations

*None.*

## E. Reports to Committee

## 1. Meal Site Updates

*AAA Aging Program Specialist Angela Velasquez reported some Focal Points and congregate meal site locations are opening June 21st with limited capacity. Face masks will not be required for vaccinated people but recommended for those wishing to come to the meal sites. Waunakee Senior Center and Colonial Club are having soft openings in June with full meal site openings July 1st or 7th.*

*Madison sites are having issues with securing a location as businesses and restaurants reopen. Madison meal sites that are impacted are: Meadowridge (potentially decreasing to one day a week); Lussier (may not have a space until the fall); and Festival Foods (no longer has its salad bar and mezzanine open for serving food). It is also unknown if Cuco's Mexican restaurant will be reopening because of staffing issues. Cranberry Creek is closed to on-site dining except for catering and private events only.*

*New meal site option is Hy-Vee on the west and eastside of Madison along with Fitchburg. They have plans to build two more stores in Sun Prairie and Waunakee that we could add as future meal sites. The sites will be open every Wednesday from 10am-1pm starting July 7th.*

*The number of home-delivered meals served is down slightly but new meal contracts went up 5-10% (\$240,000) across all catering budgets. American Rescue Plan Act (ARPA) should be granting us \$800,000 to use through December 2024 to help with the nutrition budget. Wisconsin Dept of Agriculture will awarding us more money with more meals we offer. The federal government is revising their meals program formula which should benefit Dane County with more funding.*

## 2. Dietitian Program Update

*Healthy Aging Coordinator & Registered Dietitian Shannon Gabriel reported on Nutrition Counseling sessions being free for older adults. Shannon conducted 35 sessions since March 2021 and two home-visits are scheduled in June. Referrals are occurring as a result of articles included in Focal Point, Caregiver, and nutrition newsletters. Case managers and a Nurse Practitioner from Meriter are also making referrals for Nutrition Counseling. The first session is an hour long and discuss concerns and needs of the client. The second session is 30 minutes long and held 2-4 weeks after the first session. Gabriel reported being busy processing 2021 Farmers' Market Vouchers. Of the 695 vouchers provided by the State, AAA has issued 385. 20-30 applications are received each day Advertising for the vouchers is in all Focal Point newsletters as well as the AAA and ADRC websites. This has increased the number of new requests for this year.*

## 3. Healthy Aging Program Update

[2021  
RPT-189](#)

Healthy Aging Program Schedule

**Attachments:** [2021 MASTER SCHEDULE](#)

*Gabriel reviewed the schedule of upcoming classes being offered. The new Zoom Stepping-On class is going well. Waunakee is adding more classes with more people wanting to attend. Stoughton's diabetes class had three people register for the class but will need more people to register to offer the class. ADRC staff and Gabriel are being trained to facilitate Mind Over Matter (MOM) classes and this will open up more opportunities for offering classes. Request for MOM classes has increased above what is scheduled already.*

4. Diversity Work Group

*The three member work group has been working diligently making contact with community businesses and organizations working with People of Color and LGBTQIA+ to serve on the AAA Board and Committees. AAA Manager Cheryl Batterman sent an email to all committee members asking them to review the list and contact anyone they have worked with in the past.*

5. Chair & Staff Updates

*CLAUSIUS thanked BARMAN-PAULSON for her years of leadership as the Chair of the Committee.*

**F. Future Meeting Items and Dates**

Next meeting: Tuesday, 14 September 2021, 12:15 pm at Northwest Dane Senior Services. Meal served at 11:30 am.

**G. Public Comment on Items not on the Agenda**

*None.*

**H. Such Other Business as Allowed by Law**

*None.*

**I. Adjournment**

**A motion was made by BARMAN-PAULSON, seconded by TRIMBORN, that the be adjourned. The motion carried by the following vote:**

**Ayes:** 5 - BARMAN-PAULSON, BRICKNER, CLAUSIUS, LEIGH and TRIMBORN

**Absent:** 4 - EHRLICH, VANDER WYST, OSBORN-SENATUS and SANDERS

*Meeting adjourned at 12:22 pm.*

*Minutes respectfully submitted by Cindy Matulle, AAA Clerk III.*