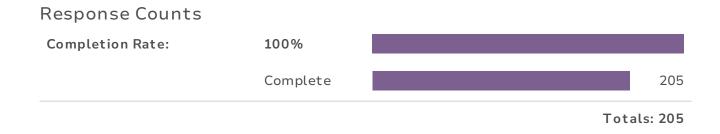
This report is filtered Only show: #11 Question "Choose the county that provides your meal service:" is one of the following answers ("Dane County")

# Report for Carryout Meal Survey 2021



#### 1. How often:

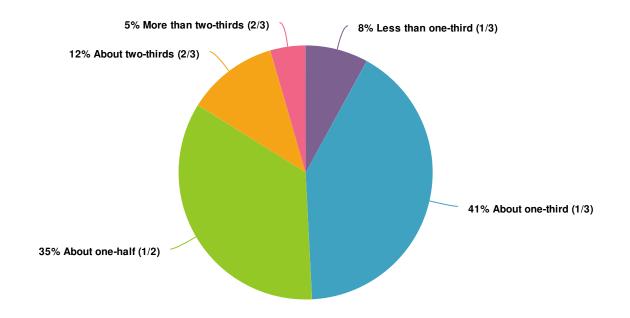
	Never	Rarely	Sometimes	Usually	Always	Responses
Are you satisfied with the way the food tastes? Count Row %	0 0.0%	2 1.0%	13 6.3%	104 50.7%	86 42.0%	205
Are you satisfied with the way the food looks? Count Row %	0 0.0%	1 0.5%	10 5.0%	89 44.5%	100 50.0%	200

#### Totals

Total Responses

205

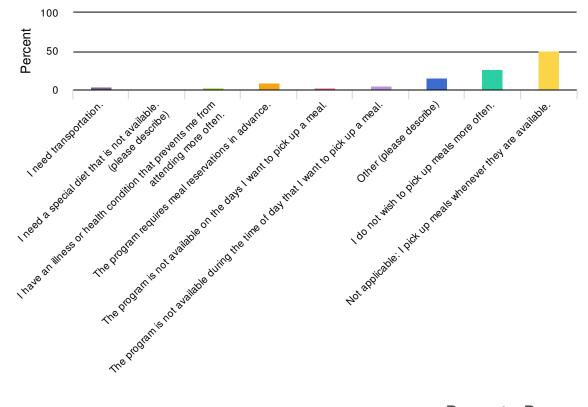
2. When you pick up a meal, how much of your total daily food intake is from this meal?



Value	Percent	Responses
Less than one-third (1/3)	8.0%	16
About one-third (1/3)	41.2%	82
About one-half (1/2)	34.7%	69
About two-thirds (2/3)	11.6%	23
More than two-thirds (2/3)	4.5%	9

Totals: 199

3. What prevents you from picking up meals more often? (Mark all that apply)

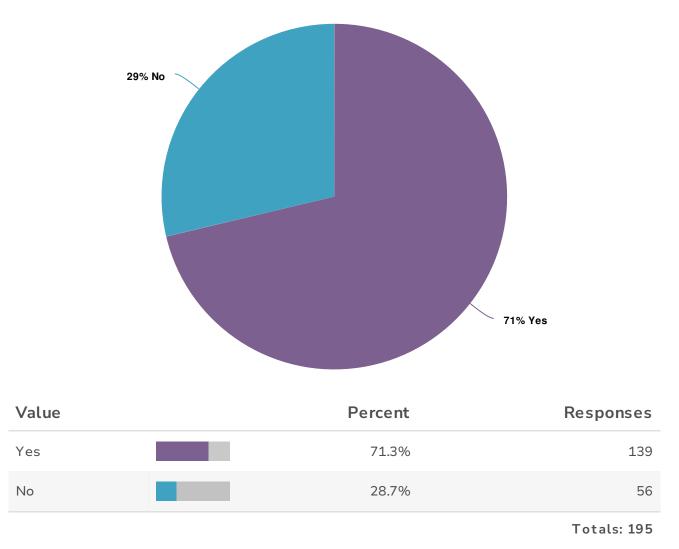


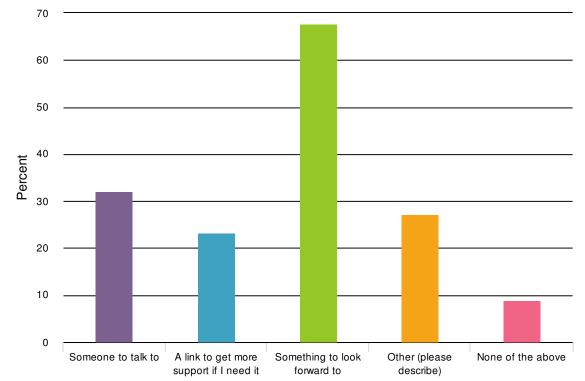
Value	Percent	Responses
I need transportation.	3.7%	7
I need a special diet that is not available. (please describe)	0.5%	1
I have an illness or health condition that prevents me from attending more often.	2.6%	5
The program requires meal reservations in advance.	8.4%	16
The program is not available on the days I want to pick up a meal.	3.1%	6
The program is not available during the time of day that I want to pick up a meal.	4.7%	9
Other (please describe)	14.7%	28
l do not wish to pick up meals more often.	26.2%	50
Not applicable: I pick up meals whenever they are available.	50.8%	97

I need a special diet that is not available. (please describe)	Count
Sometimes	1
Totals	1
Other (please describe)	Count
Meals are only available 2 days a week	2
Too far to drive	2
Appointments	1
Can't drive	1
Don't care for some of the meals.	1
Eat meal in restaurant	1
I am able to make some meals at home myself	1
I eat all my meals at Fink's	1
I live outside of the Village and try to have a couple reasons to come to village to pick a meal with other errands.	1
I prefer later afternoons	1
If I don't care for meal offered-no use wasting it-someone else may enjoy it.	1
Some pickup places have been had neighborhoods or require use of busy highway	1
Sometimes it looks like slop! My care team orders it for me so I will eat.	1
The days I drive to pick food are my happiest days.	1
The repeated fish fry meal. Not good.	1
Too far to drive to the remaining site	1
We eat in the restrurant	1
We have a lot of medical appointments	1
distance	1

#### Other (please describe) Count do no want what is offered 1 1 don't drive anymore once a week feels right to me 1 only meals 2 days a week offered 1 times may conflict with work 1 1 traffic west side location too far away 1 Totals 28

4. When it's safe to dine with others, would you attend an in-person dining center?





## 5. The ability to pick up meals provides: (Mark all that apply)

Value	Percent	Responses
Someone to talk to	32.2%	64
A link to get more support if I need it	23.1%	46
Something to look forward to	67.8%	135
Other (please describe)	27.1%	54
None of the above	9.0%	18

Other (please describe)	Count
1 less meal I need to prepare	1
A balanced meal I don't have to prepare.	1
A bit of exercise.	1
A blessing	1
A change from my cooking	1
Totals	54

A good dinner. I usually eat my meals for supper. I praise Bob Goodman for unlocking my door or I wouldn't eat it.	1
A variety of foods	1
An opportunity to not have to cook	1
Another person to help & deliver	1
Can get parts of meal through the day and evening meal	1
Due to health povides opportunity not to cook on day meals provided.	1
Food & price are good	1
Gets me out of the house	1
Having a meal when provided	1
Helping a friend pick up hers and elimates 1 day of meal planning & cooking	1
l am a driver.	1
I do not have to cook & do dishes. Standing and walking are very painful.	1
I don't have to cook as much	1
I have 2 meals a week	1
I think the meals are wonderful. I appreciate the variety and good taste.	1
If something sounds good	1
It is a pleasure to be greeted with a smile from the Manager and the friendly volunteer willing to make sure the proper meal is served. GREAT!!	1
It is nice to see all the friendly workers	1
It's nice not to have to cook	1
Not many options during the pandemic	1
Provides a variety in the meals	1
Provides me with a change	1

## Other (please describe)

Someone else picks up my meals for me.	1
Variety and break from meal planning and prep	1
Variety of food, no prep & low cost.	1
a change from fixing it myself.	1
a meal I don't have to prepare or decide what to serve	1
convenience factor. Can run errands at the same time/location	1
easier housework less cooking	1
easy	1
excellent nutrition	1
food without cooking	1
gets us out of the apt	1
getting a meal when available	1
have been eating in	1
help in meal prep	1
help with the cost of food	1
helping with cooking	1
helps plan what to eat	1
less meal prep for my children who get over-burndened	1
melas I can't afford without help	1
nourishment	1
reason to go somewhere	1
relieves stress of meal prep and provides more good options	1
right size meals	1

Other (please describe)	Count
routine of 2 days to opt out and pick up a meal	1
saves on cooking	1
we are new to the program	1
well balanced and only fish I get on Friday's.	1
Totals	54

6. If the program has impacted your health and safety during the COVID-19 pandemic, please tell us how:



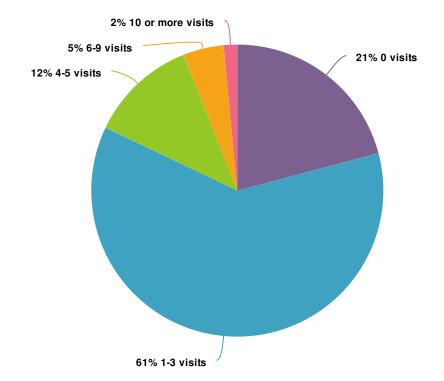
450	Getting fruits and veggies I do not normally get.
455	Something to look forward too. Don't have to plan a meal.
457	Good impact.
461	Has provided healthy meals for us. Thank you.
463	The people in the kitchen (Ginny, Faith, Stanley) really care. They are an extra link to the outside world. They help me maintain a sense of reality.
473	The fact that they shut down with notice, caught me short on food and wondering why not told.
476	Know I will have a meal forthcoming without having to cook a compete meal just for myself.
477	It is always good and on time where I live.
478	Helped a lot when I couldn't get to the grocery store.
479	Good food that has helped a person to stay immune and healthy from sickness.
486	Prevented unnecessary exposure to COVID

489	Getting food to eat
490	making healthy meals available in a safe easy manner
491	It ensures I ear nutritiously since I don't go grocery shopping
498	l am so grateful
506	A safe place to get a meal
517	A balanced meal
529	better nutrition
530	Better nutrition equals better health.
532	Providing a good tasty meal. I look forward to U's meal most of all.
533	Less need to grocery store and risk exposure
536	Fewer trips to grocery store
538	Ease of having a nice pre-cooked meal twice a week.
539	It provides us with a healthy meal
541	Relief from some of the pain and fatigue that goes with preparing and cleaning up after a meal.
542	balanced meal
543	I have one less meal to make.
547	My fish on Friday meal is the highlight of my week!
549	I have some where to go that is sort of open.
556	protecting us from exposure to COVID
563	Kept us out of crowds where COVID could be contracted.
569	It has helped get a variety of different foods.
573	Get good home cooking.
575	Nice to return to normalacy

576	Good diet, place to eat
582	A meal we can count in when it is difficult to cook with variety food group
588	due to the program I haven't had to go out. A real plus
590	Provides balanced nutrition, except dairy, for the day (and into the next as I may have leftovers)
594	I don't have to go grocery shopping as often so COVID exposure is less.
596	Makes me happy. I get tired of my own cooking when I do it.
597	Healthy meals
599	Kitchen work exhausts me
605	Gave me something to replace dining out options
608	The meals were a lifeline for us especially the 2 meals we would receive every Monday during the height of the pandemic.
612	good substitute for going to a restaurant
619	provided much needed meals
630	providing food. I could not get out for groceries especially I winter and am to fragile to stand there cook
631	The food has kept me healthy and the volunteers are my main human contact.
632	enjoyed not having to cook
634	meals were invalvable
641	cooked meal helpful
642	break up the boredom
643	Plenty of masks and sanitizer
644	helps healthy eating
645	healthy eating
646	healthy eating

650	I get regular meals.
651	I enjoy the meals
652	llook forward to a good meal

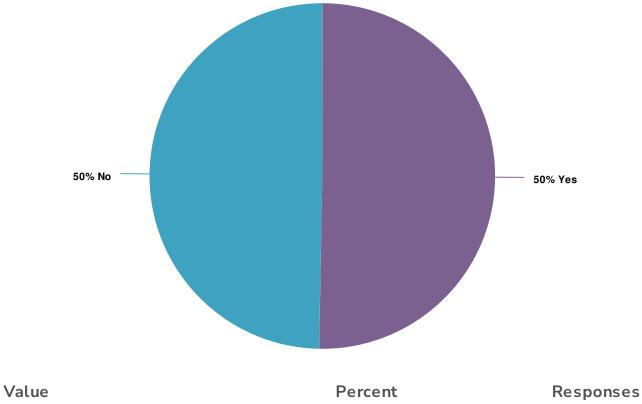
7. In the past week, how many visits did you receive from another person (including family, friends, and relatives)?



Value	Percent	Responses
0 visits	20.9%	42
1-3 visits	61.2%	123
4-5 visits	11.9%	24
6-9 visits	4.5%	9
10 or more visits	1.5%	3

Totals: 201

## 8. Do you live alone?



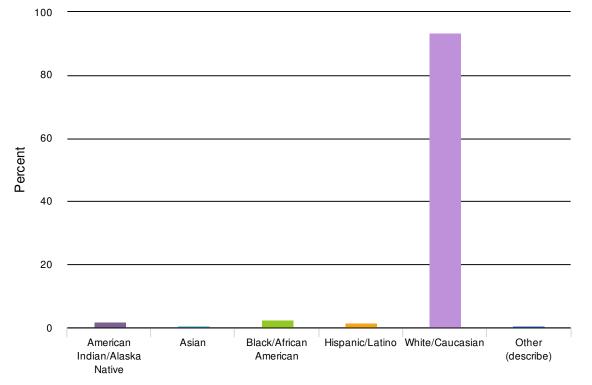
value	reicent	Responses
Yes	50.3%	98
No	49.7%	97

Totals: 195

## 9. In general,

	Hardly ever	Some of the time	Often	Responses
How often do you feel that you lack companionship? Count Row %	97 48.0%	82 40.6%	23 11.4%	202
How often do you feel left out? Count Row %	112 55.2%	72 35.5%	19 9.4%	203
How often do you feel isolated from others? Count Row %	101 50.5%	79 39.5%	20 10.0%	200
<b>Totals</b> Total Responses				203

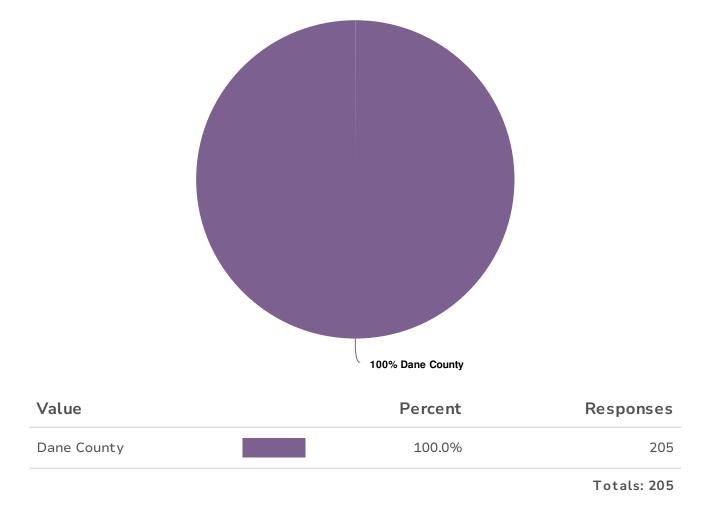
## 10. What is your race or ethnicity? (Mark all that apply)



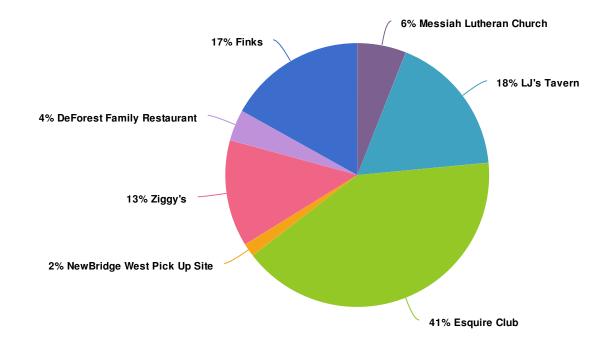
Value	Percent	Responses
American Indian/Alaska Native	2.0%	4
Asian	0.5%	1
Black/African American	2.5%	5
Hispanic/Latino	1.5%	3
White/Caucasian	93.6%	190
Other (describe)	0.5%	1
	_	

Other (describe)	Count
American W	1
Totals	1

11. Choose the county that provides your meal service:



## 12. From which meal site do you usual get your meals?



Value	Percent	Responses
Messiah Lutheran Church	6.0%	11
∐'s Tavern	17.5%	32
Esquire Club	41.0%	75
NewBridge West Pick Up Site	1.6%	3
Ziggy's	13.1%	24
DeForest Family Restaurant	3.8%	7
Finks	16.9%	31

Totals: 183

## 13. From which meal site do you usual get your meals?

No data to display



450	Feel left out by neighbors some of the time.
452	Question #2. Answered don't know.
455	Look forward to Wednesday and not having to cook for myself.
457	Thanks for the service. Much appreciated.
459	Volunteers are as great as the food.
460	Sorry that Cranberry Creek location closed. First time at this location.
462	Keep up the good work. I appropriate it and the kindness of your volunteers.
463	Right now my meals are delivered, which is a blessing.
464	I already filled out one of these surveys to the kitchen staff. I enjoy getting the fish dinners on Fri's. However, I'd like to know when they come. Ring the door bell and place it on the floor. I don't know when they come/I'll get there when I can. They hang the food container bag on the hook attached to the door. The bag tipped and leaked all over and I just happened to find it at 1:30am on Sat AM!
465	Question #9. Not an easy answer to give of How often do you feel isolated from others?
468	Appreciate the effort made by volunteers and food service workers. Keep up the good work.

473	I wish they'd give a little larger servings on sloppy joes, Roast beef and mashed potatoes, turkey, tune casserole and sandwiches. I would LOVE to have an egg salad sandwiches when they have pork! This week they served me PORK and they know I DO NOT eat pork.
476	Due to aging and some health concerns, limits ability to participate in physical activities. Have a connect to NewBridge is comfort to know I can find answers to any concerns.
477	This is a good senior program for seniors. The meals are always good and healthy. Thank you.
478	My teeth are disentrating and this food is mostly soft enough for me. Like another resident here, I can ear coleslaw better when it's ground up finely.
481	I like the food program and the service from the women who prepare the food. They do an excellent job.
483	This will become more important as we continue to age.
490	Would like to see the nutrition values for the meals added (fat and sodium numbers). We love the drive-up service and hope it continues post pandemic. Would like to see it expanded for home delivery for shut-ins.
492	overcooked, mushy veggies much of the time. Thank you for the services you have provided, they are a huge help.
493	I have paid services come in and clean but otherwise I am isolated. Stewed tomatoes and spinach get tossed.
502	The meals we have picked up are balanced: meat, vegetables and fruit. The roll/bun is good. Always enjoy the ice cream. Trust that Ziggys is doing well in the support and making of the meals.
504	Everyone is doing a great job. I am so thankful to have such assistance as I do not pretend to be a cook.
506	I think the meal program is very good and promotes diversity in meals for the week.
508	Keep the meals coming!
510	It was convenient to order and pick up in one place and not go to Senior Center.
516	Balanced meal, food tasty, price very reasonable.
517	Thank you for the carry out meals program.

521	Ziggy's has been a Godsend during this pandemic.
533	Meals have been invaluable. Other locations quality is much lower.
534	Some of the food all looks a like. Pork, chicken, meatloaf and swiss steak. Maybe a label o top would help ID it. A few times we couldn't out what we got so we didn't eat it.
536	Thank you for providing delicious fish meal! One thing is how about French bread instead of pumpernickel? Also a variety of fruit cups vs standard apple sauce.
537	Thank you for doing this for us older people. I am 91 years old and a very poor cook.
539	The fish is always so good!
541	I really miss community meals with others. I hope they will resume soon. Love the salad bar buffet @ Festival Foods for seniors.
542	Great service thank you.
546	Food is good and I thank you for it.
549	I am now only doing the fish fry. The coleslaw is too sweet. I grate up more cabbage and carrots to add to it to cut the taste. It makes for me as well. I often cut up the potato and cook with veggie & some other leftovers from other meals. I loved going to Fresh on East Washington to eat with others.
562	Good food and good people serving us
563	A very valuable service is being done with meal distributions.
564	Great service
565	Thank you for all you do to meet the needs of those you serve.
569	Great service before and during pandemic
576	Eating at Fink's is a good idea. Always people to visit with and good HOT food.
580	Good food & very pleasant employees, enjoying coming in to see them
581	I would like the vegetables cooked longer. We really look forward to receiving a meal Wed afternoons. What other days do you make meal pick- ups available? Only interested in meals to be eaten for dinner. Please call me 608-231-3061.

582	We appreciate the friendliness of the people & willingness to provide a well balanced meal. Very helpful this year thank you so much.
586	We are grateful and happy to get the meals.
587	Covers on fruit containers are very hard to remove.
588	I'm impressed and very thankful for your nutrition program and another part of the Dane County program that allows grocery shopping and home delivery.
590	Without these meals I'd be fending for myself, as my Meals on Wheels were discontinued and I rarely cook anymore. If I do it's a balanced diet.
594	I really appreciate you providing this service to the elderly.
596	I am allergic to MSG and gluten. I hope these meals are free of MSG. I love the white bread and can eat it, but if gluten is added.
604	Better than expected, keep it up
607	We appreciate the meal and volunteers who make it available.
609	l love the program many thanks to all.
612	main dish has too much salt and I can only eat so many of those a week. need low sodium
614	at 78 its sad to be alone
616	I really look forward to the meals. Provides a variety to my menu
620	thank you for being here for all of us
621	thank you for the meals we pick up. thanks for Kristen and Joe foe making this possible. We are thankful for everyone involved in this program
622	daily caregivers come into my home.
626	I appreciate the Wed meal I feel the food is very good.
630	Earlier we inquired about the possibility of compensating volunteer drivers and was told that was too much paperwork for an emergency project-well the short-term emergency is now over a year old and our driver has clocked 17 miles, 3 x's a week which helps nine seniors including myself stay nourished and she does not do it to "fill in time" as some volunteers do. She does it to help with the problem and deserves gas tickets.

632	Thank you I have enjoyed the variety
638	Hate the meatloaf! I will not attend meal site on Raymond Rd. Most of the time I've gone to meal site seniors at my table are negative, talk illness/depressing
643	Volunteers all friendly and helpful.
648	Good program. Good variety of meals.