



Dane County

Minutes - Final Unless Amended by Committee

Area Agency on Aging - Nutrition / Wellness Committee

Consider:

Who benefits? Who is burdened?

Who does not have a voice at the table?

How can policymakers mitigate unintended consequences?

Wednesday, April 19, 2023

11:30 AM

This is a Hybrid Meeting: Attend in person at 2865 N Sherman Ave, Conference Room 109; Attend virtually via Zoom.

See below for additional instructions on how to attend the meeting and provide public testimony.

The Wednesday April 19, 2023 AAA Nutrition/Wellness Committee meeting will be a hybrid meeting. Members of the public can either attend in person or virtually via Zoom.

The public can attend in person at the ADRC building, 2865 N Sherman Ave Room 109, Madison.

The public can access the meeting virtually with the Zoom application or by telephone.

To join the meeting in Zoom, click the following link (after you fill out the form, the meeting link and access information will be emailed to you):

https://zoom.us/webinar/register/WN_WmQnb3-3SwWcgostfcw2Tg

This link will be active until the end of the meeting.

To join the meeting by phone, dial-in using one of the following three toll-free phone numbers:

1-833-548-0276

1-833-548-0282

1-888-788-0099

When prompted, enter the following Webinar ID: 941 9651 2716

PROCESS TO PROVIDE PUBLIC COMMENT:

IN PERSON: Any members of the public wishing to register to speak on/support/oppose an agenda item can register in person at the meeting using paper registration forms. IT IS HIGHLY ENCOURAGED TO REGISTER VIA THE ZOOM LINK ABOVE EVEN IF YOU PLAN ON ATTENDING IN PERSON.

In person registrations to provide public comment will be accepted throughout the meeting.

VIRTUAL: Any members of the public wishing to register to speak on/support/oppose an agenda item MUST REGISTER USING THE LINK ABOVE (even if you plan to attend using your phone).

Virtual registrations to provide public comment will be accepted until 30 minutes prior to the beginning of the meeting.

In order to testify (provide public comment) virtually, you must be in attendance at the meeting via Zoom or phone, you will then either be unmuted or promoted to a panelist and provided time to speak to the body.

If you want to submit a written comment for this meeting, or send handouts for board members, please send them to: Matulle.Cindy@countyofdane.com

Staff and Guests Present: Shannon Gabriel, Jim Krueger, Angie Markhardt, Cindy Matulle, Cindy Mosiman, and Claire Purkis.

A. Call To Order

AAA Clerk Cindy Matulle called the meeting to order at 11:37 am.

Present 5 - RACHEL BRICKNER, THOM RUX, JORDYN CRANE, CAROLINE WERNER, and TRACY CHASE

Absent 3 - BILL CLAUSIUS, LINDA FULLER, and DIANE GOLDENSOPH

B. Consideration of Minutes

[2022](#)
[MIN-590](#)

Minutes from February 1, 2023

Attachments: [2023 0201 AAA Nutrition-Wellness Committee Minutes](#)

A motion was made by BRICKNER, seconded by WERNER, that the minutes be approved. The motion carried by the following vote:

Ayes: 5 - BRICKNER, RUX, CRANE, WERNER and CHASE

Absent: 3 - CLAUSIUS, FULLER and GOLDENSOPH

[2022](#)
[RPT-697](#)

February 1, 2023 Registrations

Attachments: [2023 0201 AAA Nut-Well Registrations](#)

C. Action Items

None.

D. Presentations

1. Romnes, Warner Park Recreation Center and Messiah Lutheran Meal Site Review (Tracy Chase)

[2023](#)
[PRES-016](#)

Meal Site Reviews

Attachments: [Romnes Madison Senior Center Messiah Review](#)

Chase discussed her reviews for the meal sites. WERNER asked if transportation options were available for older adults who wanted to dine at Romnes but were not residents. Romnes is a locked building which at times people go to the Madison Senior Center. Plans are discussed when they call for their meal.

2. Safety & Sanitation Inspections-2022-2023 Annual Reviews Completed

[2023](#)
[PRES-017](#)

On-Site Sanitation and Food Safety Review Form

Attachments: [Compliance Form 2023 On-Site Food Safety & Sanitation Inspection](#)

AAA Dietitian and Nutrition Coordinator Shannon Gabriel discussed what she looks for during her annual inspections. The past year there were no violations.

3. Request for Proposal-Nutrition and Home Delivered Meals

[2023](#)
[PRES-018](#)

RFP for Nutrition and Home Delivered Meals

Attachments: [1 RFP Nutrition and Home-Delivered Meals](#)
[2 2023 RFP # Areas and Current Delivery Schedule](#)
[3 RFP Attachment C](#)

Gabriel discussed the current RFP for Nutrition Program including Home Delivered Meals.

E. Reports to Committee

1. Dietitian Program Update

Meal program update: CFS will continue to work with us until we have new caterers in place. There's not a definitive end date. We'll know more once the bids come in with the RFP next Thursday.

NWDSS –upon given the opportunity to obtain their own caterer to work directly with, they have formed a catering agreement with the Piggly Wiggly in Cross Plains to provide their congregate and HDMs. Their start date to move from CFS providing catering to Piggly Wiggly providing catering is TBD at this time, but looks like it should be within 6-12 weeks.

SSM Health – Continues to provide meals to all HDM recipients in the City of Madison and Monona. Next week, the last area is transitioning over to Goodman Community Center, which is where all the meals will be coming from moving forward.

Nutrition Counseling: To date this program year, I've worked with 27 individuals and completed 53 counseling hours. Referrals for counseling are coming from senior centers/focal points advertising my services in their newsletter and from my ad in my nutrition newsletter that goes out to all senior nutrition meal recipients. Nutrition counseling trending topics include: Prediabetes, Diabetes management, weight loss goal to obtain a double knee replacement, dementia causing weight gain, cholesterol management, unintentional weight loss

Senior Farmers' Market Voucher Program

Last year we had 695 voucher sets to distribute and we were able to send out 619 sets. Redemption rate was only 42%. The lowest in the state. This year, we're hoping that the improvements to the program will increase that redemption rate.

- *Voucher set amount went from \$25 to \$35*
- *Each adult age 60+ can receive a set of vouchers vs. each household*

Because each adult in the household can now receive their own set, we are receiving even more vouchers to distribute this year: 740 sets.

Anyone that received vouchers last year will be automatically receiving an application this year. We're receiving calls/emails to add people to the mailing list. Cindy and I are mailing applications out the week of May 8th. Vouchers get mailed the week of June 1st.

2. Healthy Aging Program Update

Stepping On, Mind Over Matter, Stand Up and Move More, Healthy Living with Chronic Pain – are the current classes we're offering this year. The interest for zoom classes has stayed really high, so that's how we've been offering MOM and Stand Up. Stepping On has moved to in-person only.

Because of ARPA (COVID relief funds) all Stepping On classes are free of charge this year – instead of charging \$35 and the other classes request a suggested donation of \$15.

3. Chair & Staff Updates

-Helen Pan, from AAA Board, and Dave Genson, NewBridge Nutrition Program Volunteer, have both volunteered to be on the committee. This will go in front of the AAA Board to be approved on May 1st.

GABRIEL shared two new members who would be joining the committee at the June 7 meeting.

-Hybrid Format for Meetings Moving Forward

[2023](#)
[RPT-025](#)

Recent Changes to Hybrid Meeting Protocols, and Open Meetings Reminders

Attachments: [Updated processes for hybrid meetings 3-27-23a](#)

MATULLE highlighted some of the changes from the County Board office on hybrid meetings.

F. Future Meeting Items and Dates

Next meeting: Wednesday, June 7, 2023 at 11:30 AM via Hybrid.

Voting of new officers.

G. Public Comment on Items not on the Agenda

None.

H. Such Other Business as Allowed by Law

None.

I. Adjournment

A motion was made by CHASE, seconded by WERNER, that the meeting be adjourned at 12:37pm. The motion carried by the following vote:

Ayes: 6 - BRICKNER, SANDERS, RUX, CRANE, WERNER and CHASE

Absent: 3 - CLAUSIUS, FULLER and GOLDENSOPH

Minutes respectfully submitted by Cindy Matulle, AAA Clerk.