



# Dane County

## Minutes - Final Unless Amended by Committee

### Area Agency on Aging - Nutrition / Wellness Committee

*Consider:*

*Who benefits? Who is burdened?*

*Who does not have a voice at the table?*

*How can policymakers mitigate unintended consequences?*

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Wednesday, June 20, 2018

12:15 PM

Colonial Club Senior Activity Center  
301 Blankenheim Lane  
Sun Prairie WI

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301 Blankenheim Lane  
Sun Prairie WI

#### A. Call To Order

*Staff & Guests present: Elizabeth Bakken, Mary Browning, Katherine Krueger, Mariah Magsamen, Kaitlyn Perry, Daniel Portice, Melody Reidel, Howard Thomas, and Angela Velasquez*

**Chair Barman-Paulson called the meeting to order at 12:25 pm.**

**Present** 6 - MARY HILL, DIANNE LEIGH, BILL CLAUSIUS, FRAN BARMAN-PAULSON, NANCY STOLLA, and SHARON TRIMBORN

**Absent** 3 - CAROLE L. KRETSCHMAN, HOLLY SIMON, and GLEN THOMMESEN

#### B. Consideration of Minutes

[2018](#) MINUTES FROM APRIL 17, 2018  
[MIN-066](#)

**Attachments:** [2018\\_0417\\_Nutrition-Wellness Mtg Minutes](#)

**A motion was made by CLAUSIUS, seconded by LEIGH, that these minutes be approved. The motion carried by the following vote:**

**Ayes:** 6 - HILL, LEIGH, CLAUSIUS, BARMAN-PAULSON, STOLLA and TRIMBORN

**Absent:** 3 - KRETSCHMAN, SIMON and THOMMESEN

## C. Action Items

### 1. COMMITTEE OFFICER ELECTIONS

*Barman-Paulson called for nominations for committee chair. Clausius nominated Barman-Paulson to serve another term as chair. Barman-Paulson nominated Clausius to serve as chair. There were no other nominations.*

**A motion was made by CLAUSIUS, seconded by LEIGH, to reelect Barman-Paulson as Nutrition/Wellness Committee chair. The motion carried by the following vote:**

**Ayes:** 5 - HILL, LEIGH, CLAUSIUS, STOLLA and TRIMBORN

**Absent:** 3 - KRETSCHMAN, SIMON and THOMMESEN

**Abstain:** 1 - BARMAN-PAULSON

*Barman-Paulson called for nominations for committee vice chair and nominated Clausius. There were no other nominations.*

**A motion was made by BARMAN-PAULSON, seconded by HILL, to elect Clausius as Nutrition/Wellness Committee vice chair. The motion carried by the following vote:**

**Ayes:** 6 - HILL, LEIGH, CLAUSIUS, BARMAN-PAULSON, STOLLA and TRIMBORN

**Absent:** 3 - KRETSCHMAN, SIMON and THOMMESEN

## D. Presentations

### 1. COLONIAL CLUB MEAL SITE AND CATERING

*Melody Reidel, Director of Operations and Services at Colonial Club Senior Activity Center, reported the congregate meal site is averaging between 20 and 25 diners per day, and has hosted as many as 45 diners. All food preparation is done on site in a licensed commercial kitchen. Colonial Club is on pace to serve 26,600 congregate and home-delivered meals (HDMs) in 2018, up from 21,600 in 2015. Reidel attributes the increased volume to improved marketing efforts and the growth of the senior population in the Sun Prairie area. Yearly assessments are conducted to determine that seniors meet eligibility requirements for HDMs. An effort to promote kindness among congregate diners is scheduled in conjunction with National Senior Centers Week in September.*

*AAA Aging Program Specialist Angela Velasquez stated that according to data used for the 2016-2018 AAA Area Plan, Sun Prairie had the largest number of low-income seniors in Dane County, just ahead of the South Madison Coalition of the Elderly service area. Colonial Club also provides the catering for DeForest Area Community & Senior Center's congregate meals and HDMs.*

## **E. Reports to Committee**

### **1. NUTRITION CATERING QUALITY DISCUSSION**

*Velasquez stated the annual congregate and home-delivered meals survey that seeks input from Senior Nutrition Program diners is being conducted this month. Results will be provided to the committee in August or October.*

*Velasquez reported she and AAA Dietician Mary Browning continue efforts to improve quality and consistency with two caterers – Goodman Community Center (GCC) and Consolidated Food Service (CFS). GCC began catering for four focal points in February after longtime Senior Nutrition Program caterer Gaylord Catering Service began downsizing. Initial feedback from diners indicated a dislike for the menus. Velasquez and Browning worked with GCC staff and unveiled a new menu on 1 June, and efforts continue to improve the taste of the food and to ensure food temperatures meet standards upon delivery. CFS has a new cook, has dealt with significant personnel turnover and has been tasked with reducing costs – all factors that have led to increased complaints from diners. After requesting diner preferences from site managers, Velasquez and Browning worked with CFS staff on a new six-week rotation menu and consistency remains a priority. There have been fewer complaints in recent weeks.*

### **2. NUTRITION PROGRAM BOUNDARIES -- WORKGROUP UPDATE**

*Velasquez reported representatives from AAA and three Senior Focal Points – McFarland Senior Outreach Services, Oregon Area Senior Center and Stoughton Area Senior Center – met in May to discuss home-delivered meals (HDMs) delivery boundaries. The current delivery areas are based on school district boundaries rather than case management boundaries, which the County's other Focal Points use follow for HDMs delivery. This can cause confusion for seniors and is problematic from a funding standpoint. Oregon is agreeable to increasing its delivery area and the McFarland Village Board will consider changing its HDM boundary at an upcoming meeting. Velasquez will keep the committee apprised of developments.*

*Velasquez reported the workgroup's draft goals for the 2019-2021 AAA Area Plan were approved by the Advisory Council and the AAA Board, and have been submitted to the Wisconsin Bureau of Aging and Disability Resources for the purposes of receiving feedback. Among them is an initiative to institute the Oliver paper meal tray and bowl system for HDMs at 10 sites currently using aluminum containers and Styrofoam bowls with plastic lids. The Oliver system, which makes reheating the meals easier for seniors and reduces waste, costs approximately 10 cents more per meal. Securing the \$14,000 needed to pay for the initiative has been established as a priority for the 2019 AAA budget.*

## **F. Future Meeting Items and Dates**

**NEXT MEETING: FRIDAY, 17 AUGUST 2018, 12:30 PM @ LUSSIER COMMUNITY EDUCATION CENTER. MEAL WILL BE SERVED AT NOON.**

## **G. Public Comment on Items not on the Agenda**

*None.*

## H. Such Other Business as Allowed by Law

*None.*

## I. Adjournment

**A motion was made by CLAUSIUS, seconded by HILL to adjourn. The motion carried by the following vote:**

**Ayes:** 6 - HILL, LEIGH, CLAUSIUS, BARMAN-PAULSON, STOLLA and TRIMBORN

**Absent:** 3 - KRETSCHMAN, SIMON and THOMMESEN

*The meeting adjourned at 1:19 pm.*

*Minutes respectfully submitted by Howard Thomas, AAA Clerk III.*