



Dane County

Minutes - Final Unless Amended by Committee

Area Agency on Aging - Nutrition / Wellness Committee

Consider:

Who benefits? Who is burdened?

Who does not have a voice at the table?

How can policymakers mitigate unintended consequences?

Wednesday, December 12, 2018

12:30 PM

Goodman Community Center
149 Waubesa Street
Madison WI

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A. Call To Order

*Staff & Guests present: Cheryl Batterman, Derek Kruzicki, Gayle Laszewski,
Sonya Lindquist, Howard Thomas, and Angela Velasquez*

Chair Barman-Paulson called the meeting to order at 12:34 pm.

Present 7 - MARY HILL, CAROLE L. KRETSCHMAN, BILL CLAUSIUS, FRAN
BARMAN-PAULSON, NANCY STOLLA, SHARON TRIMBORN, and GLEN
THOMMESEN

Absent 2 - DIANNE LEIGH, and NIKOLE JONES

B. Consideration of Minutes

[2018](#) MINUTES FROM OCTOBER 19, 2018
[MIN-361](#)

Attachments: [2018_1019_Nutrition-Wellness Mtg Minutes](#)

**A motion was made by KRETSCHMAN, seconded by HILL, that these minutes be
approved. The motion carried by the following vote:**

Ayes: 7 - HILL, KRETSCHMAN, CLAUSIUS, BARMAN-PAULSON, STOLLA, TRIMBORN and
THOMMESEN

Absent: 2 - LEIGH and JONES

C. Action Items

1. NUTRITION/WELLNESS COMMITTEE MEETING SCHEDULE

[2018](#) NUTRITION/WELLNESS COMMITTEE MEETING SCHEDULE
[ACT-249](#)

Attachments: [2019 AAA Bd & Comm Mtg Schedule 110318](#)

[2018](#) DANE COUNTY SENIOR DINING SITES
[ACT-276](#)

Attachments: [Nutrition Brochure](#)

[2018](#) MEAL SITE REVIEW FORM
[ACT-277](#)

Attachments: [Meal Site Visiting Form](#)

AAA Aging Program Specialist Angela Velasquez distributed the Dane County Senior Dining Sites Directory and a Meal Site Review form, and encouraged committee members to visit meal sites where committee meetings will not be held in 2019 for the purpose of providing feedback.

A motion was made by HILL, seconded by TRIMBORN, to approve the 2019 Nutrition/Wellness Committee Meeting Schedule. The motion carried by the following vote:

Ayes: 7 - HILL, KRETSCHMAN, CLAUSIUS, BARMAN-PAULSON, STOLLA, TRIMBORN and THOMMESEN

Absent: 2 - LEIGH and JONES

D. Presentations

1. GOODMAN MEAL SITE DISCUSSION

Gayle Laszewski, Goodman Community Center Older Adult Program Manager, stated that 270 seniors consumed approximately 10,000 meals at the meal site in 2017. Approximately 10 percent of those consumers are homeless. Case management services are provided at the noon hour to connect vulnerable seniors to services. Health promotion programming is scheduled immediately before and after the lunch hour. The meal site functions with the help of 18 volunteers.

Derek Kruzicki, Goodman Community Center Director of Facility Operations and Services, stated efforts are ongoing to increase participation of African-American and Hispanic individuals at the meal site and in other Goodman programming. More than 1,000 individuals, from high school students to seniors, volunteer at the center each year.

Committee members provided feedback and offered suggestions to improve the dining experience at Goodman.

2. 2018 SATISFACTION SURVEY RESULTS

[2018
PRES-086](#)

CONGREGATE SATISFACTION SURVEY RESULTS 2018

Attachments: [Congregate Satisfaction Survey Results 2018](#)

[2018
PRES-087](#)

HDM SATISFACTION SURVEY RESULTS 2018

Attachments: [HDM Satisfaction Survey Results 2018](#)

Velasquez provided an overview of the survey, which was conducted from May-July, and answered committee members' questions. Velasquez and AAA Dietician Mary Browning have been working with caterers identified as having consistent deficiencies. Those caterers are required to submit a written plan for improvement.

E. Reports to Committee

1. EMERGENCY MEALS

Velasquez reported each home-delivered meal recipient will receive two shelf-stable meals for use on days when weather may prevent delivery – a practice that had been discontinued for several years due to a lack of funding. The meals were purchased with additional Older Americans Act (OAA) funding received in October with the stipulation that it be spent in 2018.

2. OLIVER PACKAGING UPDATE

Velasquez reported supplies for the conversion to the Oliver Tray Meal Sealing System for home-delivered meals have been received. The sealing machines are scheduled to arrive in January. The county's home-delivered meals program should be converted to the system -- which uses recycled, biodegradable cardboard packaging and sealing film that is environmentally friendly and meets consumer satisfaction due to meal presentation and the ability to microwave packaging for reheating -- by 1 February 2019.

3. HEALTHY AGING COORDINATOR POSITION

Velasquez reported an increase in OAA funding will allow for the hiring of a Healthy Aging Coordinator in 2019. The 20-hours-per-week position will focus on expanding the number of evidence-based health promotion classes such as Tai Chi, Stepping On, Healthy Living with Diabetes, and Living Well with Chronic Conditions throughout Dane County.

4. NUTRITION BOUNDARY UPDATE

Velasquez reported case management and senior nutrition site boundaries involving three senior focal points – McFarland Senior Outreach Services, Oregon Area Senior Center and Stoughton Area Senior Center, will change on 1 January 2019 to ensure seniors in those areas receive all services from a single focal point. The most significant change will be Oregon replacing McFarland as the nutrition provider in the Town of Rutland, reducing McFarland's service area. Changes to Stoughton's service area are minor.

F. Future Meeting Items and Dates

NEXT MEETING: FRIDAY, 15 FEBRUARY 2019, 12:45 PM @ LUSSIER COMMUNITY EDUCATION CENTER. MEAL SERVED AT NOON.

G. Public Comment on Items not on the Agenda

None.

H. Such Other Business as Allowed by Law

Clausius reminded committee members there is a joint meeting of the AAA Board and its subcommittees on Monday, 17 December 2018, at 3:45 p.m. at the Aging and Disability Resource Center of Dane County to finalize the 2019-2021 Dane County Aging Plan. The plan must be submitted to the Wisconsin Bureau of Aging and Disability Resources by 31 December 2018.

I. Adjournment

A motion was made by CLAUSIUS, seconded by HILL, to adjourn. The motion carried by the following vote:

Ayes: 7 - HILL, KRETSCHMAN, CLAUSIUS, BARMAN-PAULSON, STOLLA, TRIMBORN and THOMMESEN

Absent: 2 - LEIGH and JONES

This meeting adjourned at 1:41 pm.

Minutes respectfully submitted by Howard Thomas, AAA Clerk III.