



Dane County

Minutes - Final Unless Amended by Committee

Area Agency on Aging - Nutrition / Wellness Committee

Consider:

Who benefits? Who is burdened?

Who does not have a voice at the table?

How can policymakers mitigate unintended consequences?

Friday, October 19, 2018

12:45 PM

Cambridge Community Center
200 Spring Street
Cambridge WI

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Meal served at noon

A. Call To Order

Staff & Guests present: Lori Andersen, Cheryl Batterman, Mary Browning, Mary Gjermo, Ted Kumbier, Bob Salov, Howard Thomas, and Angela Velasquez

Chair Barman-Paulson called the meeting to order at 12:53 pm.

Present 7 - MARY HILL, BILL CLAUSIUS, FRAN BARMAN-PAULSON, NANCY STOLLA, SHARON TRIMBORN, GLEN THOMMESEN, and NIKOLE JONES

Absent 2 - CAROLE L. KRETSCHMAN, and DIANNE LEIGH

B. Consideration of Minutes

[2018](#)
[MIN-160](#)

MINUTES FROM JUNE 20, 2018

Attachments: [2018_0620 Nutrition-Wellness Mtg Minutes](#)

A motion was made by CLAUSIUS, seconded by HILL, that these minutes be approved. The motion carried by the following vote:

Ayes: 6 - HILL, CLAUSIUS, BARMAN-PAULSON, STOLLA, TRIMBORN and THOMMESEN

Absent: 2 - KRETSCHMAN and LEIGH

Abstain: 1 - JONES

Jones departed at 1:17 pm.

Present 6 - MARY HILL, BILL CLAUSIUS, FRAN BARMAN-PAULSON, NANCY STOLLA, SHARON TRIMBORN, and GLEN THOMMESEN

Absent 3 - CAROLE L. KRETSCHMAN, DIANNE LEIGH, and NIKOLE JONES

C. Action Items

1. NUTRITION/WELLNESS COMMITTEE MEETING DATE SCHEDULE FOR 2019

AAA Aging Program Specialist Angela Velasquez stated that the August meeting has been cancelled the past two years due to lack of quorum and suggested trying to avoid a late-summer meeting in 2019. One option would be reducing yearly meetings from six to five, with committee members who are able to visit meal sites on their own doing so and reporting back to the committee.

A motion was made by HILL, seconded by TRIMBORN, that the committee meet five times in 2019 in the months of February, April, June, September and November. The motion carried by the following vote:

Ayes: 6 - HILL, CLAUSIUS, BARMAN-PAULSON, STOLLA, TRIMBORN and THOMMESEN

Absent: 3 - KRETSCHMAN, LEIGH and JONES

D. Presentations

1. CAMBRIDGE MEAL SITE DISCUSSION

McFarland Senior Outreach Services Executive Director Lori Andersen reported that the Cambridge Meal Site averages 10-15 diners for meals on Tuesdays and Fridays. Velasquez stated the average has recently been around 12 diners per day. Attendance increased for a time in 2017 after promotional efforts by Dane County Supervisor Bob Salov. Dane County does not provide Home Delivered Meals (HDMs) in the village. A restaurant has provided HDMs for many years on a private-pay basis, with volunteers delivering them. Cambridge resident Mary Gjermo, who ate lunch at the site today with her husband, Ted Kumbier, stated she started attending the meal site a couple years ago and that she and her husband relied on the program heavily over a 12-week period when he was dealing with a medical issue. Gjermo encouraged increased marketing efforts to make more village residents aware of the program and stressed the meal site is very important to them. Velasquez stated funding has been earmarked to continue operation of the site for two days per week in 2019 despite the fact it isn't meeting the threshold of 15 diners per day, and that the site could potentially be increased to three days per week if more people attend. Salov suggested a "bundling" of case management services and the senior nutrition program could benefit the dining site.

E. Reports to Committee

1. NUTRITION CATERING QUALITY UPDATE

Velasquez reported AAA staff continue efforts to improve the quality of meals provided by two caterers -- Consolidated Food Service (CFS) and Goodman Community Center (GCC). Diners at sites served by CFS and GCC were surveyed to ascertain preferences and new rotation menus were created. Feedback about the new menus has been mostly positive. GCC, which began serving Dane County nutrition sites in February, continues to struggle with delivery logistics. Velasquez will provide diner survey results and the percentage of diners lost since February at sites catered by Goodman at the December meeting.

2. 2018 BUDGET UPDATE

Velasquez reported Dane County received \$37,000 in additional Older Americans Act (OAA) funding in September that must be spent in 2018. Approximately \$19,000 was used to purchase equipment for sites that made a request. The remaining money is earmarked to buy meals.

3. 2019 BUDGET UPDATE

Velasquez reported the additional \$37,000 in OAA funding in 2019 will help provide a base increase of \$1 to the funding formula, making the rate \$14 for nutrition site labor in the base, and allow for a budgeted meals utilization increase of 5 percent. Velasquez reported the proposed 2019 AAA Budget includes funding of a part-time (.5 FTE) Healthy Aging Coordinator to coordinate three types of evidence-based wellness promotion classes: Stepping On; Healthy Living with Diabetes; and Living Well with Chronic Conditions. The position would be subcontracted to the Aging and Disability Resource Center of Dane County with the goal of increasing the number of Healthy Living with Diabetes and Living Well with Chronic Conditions classes.

4. NUTRITION BOUNDARY UPDATE

Velasquez reported case management and senior nutrition site boundaries involving three senior focal points – McFarland Senior Outreach Services, Oregon Area Senior Center and Stoughton Area Senior Center, will change on 1 January 2019 to ensure that seniors receive all services from a single focal point. The most significant change will be Oregon replacing McFarland as the provider to the Town of Rutland, reducing McFarland's service area. Changes to Stoughton's service area are minor. The focal points are in the process of informing consumers.

F. Future Meeting Items and Dates

NEXT MEETING: WEDNESDAY, 12 DECEMBER 2018, 12:30 PM @ GOODMAN COMMUNITY CENTER. MEAL SERVED AT 11:30 AM.

G. Public Comment on Items not on the Agenda

AAA Manager Cheryl Batterman urged committee members to take an online survey that solicits feedback on draft goals for the 2019-2021 Dane County Aging Plan by the end of October. Data collected from the survey and from two public listening sessions conducted this month will be used to shape the final goals.

H. Such Other Business as Allowed by Law

None.

I. Adjournment

A motion was made by HILL, seconded by CLAUSIUS to adjourn. The motion carried by the following vote:

Ayes: 6 - HILL, CLAUSIUS, BARMAN-PAULSON, STOLLA, TRIMBORN and THOMMESEN

Absent: 3 - KRETSCHMAN, LEIGH and JONES

This meeting adjourned at 1:56 pm.

Minutes respectfully submitted by Howard Thomas, AAA Clerk III.