



# Dane County

## Minutes - Final Unless Amended by Committee

### Area Agency on Aging - Nutrition / Wellness Committee

*Consider:*

*Who benefits? Who is burdened?*

*Who does not have a voice at the table?*

*How can policymakers mitigate unintended consequences?*

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Wednesday, November 6, 2019

12:15 PM

Middleton Senior Center  
7448 Hubbard Avenue  
Middleton WI 53562

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Middleton Senior Center  
7448 Hubbard Avenue  
Middleton WI 53562  
Meal served at 11:30 a.m.

#### A. Call To Order

*Staff & Guests present: Cheryl Batterman, Tammy Derrickson, Jackie Kalal,  
Alyce Miller, Ted Quincey, Howard Thomas, and Angela Velasquez*

**Chair Barman-Paulson called the meeting to order at 12:15 p.m.**

**Present** 6 - FRAN BARMAN-PAULSON, Supervisor BILL CLAUSIUS, IRVIN EHRLICH, SONYA LINDQUIST, SHARON TRIMBORN, and RHONDA ADAMS

**Absent** 3 - RACHEL BRICKNER, DIANNE LEIGH, and MEGAN VANDER WYST

#### B. Consideration of Minutes

MINUTES FROM SEPTEMBER 16, 2019

**Attachments:** [2019\\_0916\\_Nutrition-Wellness Mtg Minutes](#)

**A motion was made by LINDQUIST, seconded by TRIMBORN, that these minutes be approved. The motion carried by the following vote:**

**Ayes:** 6 - BARMAN-PAULSON, CLAUSIUS, EHRLICH, LINDQUIST, TRIMBORN and ADAMS

**Absent:** 3 - BRICKNER, LEIGH and VANDER WYST

#### C. Action Items

*None.*

## D. Presentations

### 1. MIDDLETON MEAL SITE

*Middleton Senior Center (MSC) Director Tammy Derrickson stated she has worked with Assistant Director Ted Quincey, who until recently served as Dining Site Coordinator, to increase congregate diner numbers in the past year. Targeted programing in conjunction with the Senior Nutrition Program is credited with raising the daily congregate diner average from 35 to 51. AAA Aging Program Specialist Angela Velasquez commended Derrickson and Quincey for increasing congregate participation at a time when numbers are declining at many of Dane County's Senior Nutrition Program sites.*

*The center's home-delivered meals numbers also have increased, buoyed by a switch to all meals in the service area being supplied by MSC. In the past, some home-delivered meals in the service area had been supplied by SSM Health at Home.*

*Derrickson stated the dining site would benefit from receiving Senior Nutrition Program information in languages others than English – specifically Spanish and Mandarin Chinese. Dane County Dietitian/Healthy Aging Coordinator Alyce Miller stated materials will be available in Spanish soon. NewBridge Madison Senior Services Director Sonya Lindquist stated she knows an individual who could possibly help with Mandarin Chinese translation.*

*MSC staff continue to look for ways to increase diner donations. Velasquez is working on an article for use in Focal Point newsletters that explains the costs of the Senior Nutrition Program and stresses why it's so important for diners to donate what they can afford.*

### 2. NEWBRIDGE MADISON & RIVER PANTRY FOOD DELIVERY PROGRAM

*Lindquist provided an overview of the new Food Bridge Volunteer Program, a free service to adults 60 and over who have food insecurity and are functionally and income eligible. The program, which is a collaboration between NewBridge Madison, RSVP of Dane County, and The River Food Pantry, pairs a senior with a volunteer who will shop once per month at The River Food Pantry and deliver the food to the senior's home. Rhonda Adams, Vice President & Director of Advancement for The River Food Pantry, stated volunteer orientations will be offered twice per month. The project, which has a goal to reach 60 seniors in the first year, received the 2019 AAA Leck Grant for \$6,823.*

## E. Reports to Committee

### 1. MEAL SITE RELOCATIONS/NEW SITES

*Velasquez reported that meal sites at Fisher Taft Apartments and Monona Meadows Apartments are not meeting the 15-diner average required to remain open and that work continues to relocate both sites.*

## 2. HEALTHY AGING COORDINATOR ACTIVITIES REPORT

*Miller distributed a 2020 tentative master schedule for several evidence-based health promotion classes AAA will offer in conjunction with the Wisconsin Institute for Healthy Aging and provided an overview of what each class – Healthy Living with Diabetes, Healthy Living with Chronic Pain, Living Well with Chronic Conditions, and Powerful Tools for Caregivers – provides seniors. In addition, there are approximately 25 “Stepping On” falls prevention classes scheduled via a partnership between AAA and Safe Communities of Madison/Dane County.*

*Miller stated the first two classes for a new evidence-based program offering, “Mind Over Matter: Healthy Bowels, Healthy Bladder,” will start this month in Stoughton and are at or near capacity. MOM provides women tools to take control of bladder and bowel leakage.*

*Miller is pursuing a second new offering, “Walk with Ease,” that is proven to reduce the pain of arthritis and improve overall health.*

## 3. NUTRITION DIRECTOR REPORT

*Velasquez reported she will soon submit Older Americans Act data for the program year ending 30 September 2019. The number of congregate meals served declined by about 2,500. Home-delivered meals utilization increased by about 7,000 meals. On 1 October 2019, the state prohibited aging units from using waivers to approve home-delivered meals to food-insecure individuals younger than 60 due to high demand from people 60 and older – a practice Dane County ended a year earlier. The increased demand for home-delivered meals in Dane County is being partially funded by Managed Care Organizations purchasing meals from the Senior Nutrition Program at full price.*

*Velasquez reported the Wisconsin Office on Aging and the Wisconsin Department of Agriculture, Trade & Consumer Protection are considering the creation of a licensing program that would impact senior nutrition sites throughout the state. It's the Office on Aging's hope that a tiered system can be created that would prevent licensing from being cost prohibitive. Initiation of the licensing program will likely take two to three years.*

## 4. CHAIR & STAFF REPORTS

*Supervisor Bill Clausius, a member of the Dane County Board's Personnel & Finance Committee, reported the committee unanimously approved a 2020 Dane County Budget Amendment requesting that an additional \$23,600 in Nutrition Site Management funding be added to the AAA Budget. The amendment goes before the full Dane County Board for approval next week.*

## F. Future Meeting Items and Dates

NEXT MEETING: TUESDAY, 11 FEBRUARY 2020, 12:15 PM @ MADISON SENIOR CENTER, 330 W. MIFFLIN STREET. MEAL WILL BE SERVED AT 11:30 A.M.

## G. Public Comment on Items not on the Agenda

*None.*

## H. Such Other Business as Allowed by Law

*None.*

## I. Adjournment

**A motion was made by CLAUSIUS, seconded by LINDQUIST to adjourn. The motion carried by the following vote:**

**Ayes:** 6 - BARMAN-PAULSON, CLAUSIUS, EHRLICH, LINDQUIST, TRIMBORN and ADAMS

**Absent:** 3 - BRICKNER, LEIGH and VANDER WYST

*This meeting adjourned at 1:33 p.m.*

*Minutes respectfully submitted by Howard Thomas, AAA Clerk III.*