



Dane County

Minutes - Final Unless Amended by Committee

Area Agency on Aging - Nutrition / Wellness Committee

Consider:

Who benefits? Who is burdened?

Who does not have a voice at the table?

How can policymakers mitigate unintended consequences?

Wednesday, November 4, 2020

11:30 AM

Virtual Zoom Meeting: See top of agenda for
instructions on how to join the webinar or call in by
phone.

The November 4, 2020 AAA Nutrition/Wellness Committee meeting is being held virtually. The public can access the meeting with the Zoom application or by telephone.

To join the meeting in Zoom, click the following link (after you fill out the form, the meeting link and access information will be emailed to you):

https://us02webzoom.us/webinar/register/WN_8iyXtSxD7KMu6E3fTG60A

This link will be active until the end of the meeting.

To join the meeting by phone, dial-in using one of the following three phone numbers:

1-833-548-0276

1-833-548-0282

1-888-788-0099

When prompted, enter the following Webinar ID: 865 2794 6094

If you want to submit a written comment for this meeting, or send handouts for committee members, please send them to MATULLE.CINDY@COUNTYOFDANE.COM. In the subject line please state: Written Comment for this meeting or Handouts for this meeting. Please include the name of the meeting and date.

PROCESS TO PROVIDE PUBLIC COMMENT: ANY MEMBERS OF THE PUBLIC WISHING TO REGISTER TO SPEAK ON/SUPPORT/OPOSE AN AGENDA ITEM MUST REGISTER USING THE LINK ABOVE (even if you plan to attend using your phone).

Registrations to provide public comment will be accepted until 30 minutes prior to the beginning of the meeting.

A. Call To Order

Staff & Guests Present: Cheryl Batterman, Jim Krueger, Cindy Matulle, Alyce Miller, Isabel Oxenfield, and Angela Velasquez.

Chair BARMAN-PAULSON called the meeting to order at 11:33 am.

Present 6 - FRAN BARMAN-PAULSON, RACHEL BRICKNER, IRVIN EHRLICH, SHARON TRIMBORN, MEGAN VANDER WYST, and HELEN OSBORN-SENATUS

Absent 1 - BILL CLAUSIUS

B. Consideration of Minutes

[2020](#) Minutes from September 15, 2020
[MIN-272](#)

Attachments: [2020_0915 Nutrition-Wellness Mtg Minutes](#)

A motion was made by VANDER WYST, seconded by EHRLICH, that the Minutes be approved. The motion carried by the following vote:

Ayes: 6 - BARMAN-PAULSON, BRICKNER, EHRLICH, TRIMBORN, VANDER WYST and OSBORN-SENATUS

Absent: 1 - CLAUSIUS

C. Action Items

Committee Membership

AAA Aging Program Specialist Angela Velasquez announced the AAA Board approved appointing Theresa Sanders from Mt Zion Baptist Church to the AAA Nutrition/Wellness Committee. Theresa retired after working many years for Dane County Department of Human Services.

D. Presentations

Drive-up Meal Options

Oregon Area Senior Center Director Rachel Brickner discussed the impact of having Ziggy's Restaurant open during the pandemic. Prior to COVID-19, Ziggy's was offering one meal a week onsite via the My Meal-My Way Restaurant Model. Since April, they were able to quickly transition to offer two meals a week (Tuesdays and Thursdays) via curbside. Center staff also distribute face masks, newsletters, and other supplies with the meals. This food option gives older adults a chance to get out in a safe environment to socialize. Since late April 2020, Ziggy's has served 318 older adults with 4,083 meals.

NewBridge Madison Executive Director Jim Krueger reported on the successful curbside food delivery options for older adults in Madison. LJ's Grill and Esquire Club have been catering food since April and the meals are dropped off at pick up sites throughout Madison. There are around 500 meals delivered each week to the drive-up locations. As cold weather approaches, the Mt Zion Church site will relocate to NewBridge's west side office as there is no covering for staff to hand out food. There have been over 20,000+ total meals served during the pandemic.

VELASQUEZ stated the drive-up options have been incredible for older adults even to just get out of their homes. Fink's restaurant in Mt Horeb is also providing drive-up options and serving 60-70 people per day. DeForest Family Restaurant is not having as high as a volume but they are providing meals to those who request them.

E. Reports to Committee

Present 7 - FRAN BARMAN-PAULSON, RACHEL BRICKNER, BILL CLAUSIUS, IRVIN EHRlich, SHARON TRIMBORN, MEGAN VANDER WYST, and HELEN OSBORN-SENATUS

1. 2021 AAA Budget Priorities Update

AAA Manager Cheryl Batterman provided updates of the requested AAA budget increases for Case Management, Nutrition Site Management, and Cultural Diversity. Additional funding for the Cultural Diversity Program was included in County Executive Parisi's budget proposal. Health & Human Needs Committee supported an amendment to include additional funding for the Nutrition Site Management program. The next step is for the Personal & Finance Committee to support and forward to the full County Board for approval.

2. Dietitian Program Update

[2020](#) NEWS CALL FLYER
[RPT-454](#)

Attachments: [NEWS Call Flyer](#)

AAA Registered Dietitian & Healthy Aging Coordinator Alyce Miller discussed a new program she will offer for older adults via a conference call to share nutrition and wellness tips during a pandemic. Nutrition Education and Wellness Social (NEWS) Calls will begin in December and will continue every other Tuesday until further notice.

[2020](#)
[RPT-455](#)

SOCIAL ISOLATION RESOURCE GUIDE UPDATED

Attachments: [Social Isolation Resource Guide UPDATED 101520](#)

MILLER presented the updated Social Isolation Resource Guide and answered Committee members' questions.

3. Healthy Aging Program Update

[2020](#)
[RPT-456](#)

MOM FLYER

Attachments: [MOM Flyer](#)

MILLER presented a flyer announcing a Mind Over Matter: Healthy Bowels, Healthy Bladder online workshop she will be leading in January/February 2021.

4. Chair & Staff Updates

VELASQUEZ reported the Focal Point case managers are reviewing the eligibility of home-delivered meals with their clients.

F. Future Meeting Items and Dates

Next Meeting: Tuesday February 10, 2020, 11:30 am via Zoom.

Future Dates for 2021 include: April 13, June 2, September 14 and November 3, 2021.

G. Public Comment on Items not on the Agenda

None.

H. Such Other Business as Allowed by Law

OSBORN-SENATUS announced The River Food Pantry's curbside meal program, called FAM (Family At-Home Meals), provides healthy, ready-to-eat meals for families to share in the safety of their homes. These balanced meals are portioned to meet the needs of different family sizes with vegetarian alternatives. The menu changes each week to include a variety of nutrient-dense foods. Each client can now pick up meals for everyone in their household up to four times each week instead of only once and when they come for weekly groceries. These curb-side meals are available Tuesday-Friday, 10am-2pm.

I. Adjournment

A motion was made by CLAUSIUS, seconded by VANDER WYST, that the meeting be adjourned. The motion carried by the following vote:

Ayes: 7 - BARMAN-PAULSON, BRICKNER, CLAUSIUS, EHRLICH, TRIMBORN, VANDER WYST and OSBORN-SENATUS

Meeting adjourned at 12:25 pm.

Minutes respectfully submitted by Cindy Matulle, AAA Clerk III.