



# Dane County

## Minutes - Final Unless Amended by Committee

### Area Agency on Aging - Nutrition / Wellness Committee

*Consider:*

*Who benefits? Who is burdened?*

*Who does not have a voice at the table?*

*How can policymakers mitigate unintended consequences?*

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Wednesday, June 7, 2023

11:30 AM

This is a Hybrid Meeting: Attend in person at 2865 N  
Sherman Ave, Conference Room 109; Attend virtually  
via Zoom.

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See below for additional instructions on how to attend the meeting and provide public  
testimony.

The Wednesday June 7, 2023 AAA Nutrition/Wellness Committee meeting will be a hybrid meeting.  
Members of the public can either attend in person or virtually via Zoom.

The public can attend in person at the ADRC building, 2865 N Sherman Ave Room 109, Madison.

The public can access the meeting virtually with the Zoom application or by telephone.

To join the meeting in Zoom, click the following link (after you fill out the form, the meeting link and  
access information will be emailed to you):

[https://zoom.us/webinar/register/WN\\_WmQnb3-3SwWcgostfcw2Tg](https://zoom.us/webinar/register/WN_WmQnb3-3SwWcgostfcw2Tg)

This link will be active until the end of the meeting.

To join the meeting by phone, dial-in using one of the following three toll-free phone numbers:

1-833-548-0276

1-833-548-0282

1-888-788-0099

When prompted, enter the following Webinar ID: 941 9651 2716

**PROCESS TO PROVIDE PUBLIC COMMENT:**

**IN PERSON:** Any members of the public wishing to register to speak on/support/oppose an agenda item can register in person at the meeting using paper registration forms. IT IS HIGHLY ENCOURAGED TO REGISTER VIA THE ZOOM LINK ABOVE EVEN IF YOU PLAN ON ATTENDING IN PERSON.

In person registrations to provide public comment will be accepted throughout the meeting.

**VIRTUAL:** Any members of the public wishing to register to speak on/support/oppose an agenda item **MUST REGISTER USING THE LINK ABOVE** (even if you plan to attend using your phone).

Virtual registrations to provide public comment will be accepted until 30 minutes prior to the beginning of the meeting.

**A. Call To Order**

*Staff & Guests Present: Shannon Gabriel, Alex King, Cindy Matulle, and Claire Purkis.*

**Chair CLAUSIUS** called the meeting to order at 11:32 am.

**Present** 5 - BILL CLAUSIUS, CAROLINE WERNER, DIANE GOLDENSOPH, HELEN PAN, and DAVE GENSON

**Absent** 5 - RACHEL BRICKNER, THOM RUX, JORDYN CRANE, LINDA FULLER, and TRACY CHASE

Introduction of new members

**B. Consideration of Minutes**

[2023](#) Minutes from April 19, 2023 meeting.  
[MIN-127](#)

**Attachments:** [2023\\_0419\\_AAA Nutrition-Wellness Committee Minutes](#)

A motion was made by WERNER, seconded by GENSON, that the minutes be approved. The motion carried by the following vote:

**Ayes:** 5 - CLAUSIUS, WERNER, GOLDENSOPH, PAN and GENSON

**Absent:** 5 - BRICKNER, RUX, CRANE, FULLER and CHASE

**C. Action Items**

**1. Election of Committee Officers**

*CLAUSIUS nominated WERNER to serve as Temp Chair. Other members present were not interested in the position and several people were missing.*

*CLAUSIUS nominated GENSON to serve as Vice-Chair.*

**A motion was made that the Election of Committee Officers be approved. The motion carried unanimously.**

## D. Presentations

**Present** 6 - BILL CLAUSIUS, THOM RUX, CAROLINE WERNER, DIANE GOLDENSOPH,  
HELEN PAN, and DAVE GENSON

**Absent** 4 - RACHEL BRICKNER, JORDYN CRANE, LINDA FULLER, and TRACY CHASE

### 1. SSM Health – City of Madison & Monona Home Delivered Meal Program

Speaker: Sarah Karleskint, Manager-Business Operations: Infusion Pharmacy and  
Community Health Services

*Sarah showed a power point summarizing the amount of meals they served in 2022 and  
so far in 2023.*

## E. Reports to Committee

## 1. Post RFP and Catering Update

*Atlantis Valley Foods – upon board approval – starting Sept 1 – we plan to have them service Oregon, Fitchburg, Stoughton, McFarland, Cambridge, and in Madison –the Romnes Apartments, Madison Senior Center, Messiah Lutheran Church, Warner Park Recreation Center, Meadowridge Commons, and Good Shepherd Church. This is a large service area, so we knew we needed a large caterer and that's exactly who Atlantis Valley Foods is. They are a locally owned and operated, for-profit food service contractor based in Cottage Grove. They have a gigantic commercial kitchen and lots of available human resource support (A minimum of 6 individuals available to work with accounts). They serve customers across Southern Wisconsin, including metro Milwaukee and Northern Illinois. They provide all forms of employee food service including Micro-Markets, Contract Cafeteria/Dining, Catering, Office Coffee, Vending, and other related services for businesses and institutions. Atlantis Valley Foods produces upwards of 30,000 fresh food offerings and entrees per week supplying fresh food to their Micro-Markets and dining operations throughout their territory. Atlantis Valley Foods currently services over 350 Micro-Markets across our region and operate a distribution network of over 50 delivery vehicles.*

*Main Street Market Piggly Wiggly in Belleville will service the Sugar River Senior Center. We plan to have them start August 1st. Since this is a smaller contract, we're not waiting on any board approval, but instead we're waiting on the contract to be finalized and then sent to Piggly Wiggly for their review and sign-off. Upon touring their full service supermarket, catering department, kitchen, deli, storage, fridge, and freezer space – they have everything necessary to successfully provide meals for the Sugar River Senior Center. The owners of this store, also own stores in Lodi, Waunakee, and Poynette, and receive store deliveries from the Piggly Wiggly Midwest warehouse and other various vendors several times a week, making supply chain issues minimal. The store owners and staff are so excited to be partnering with Senior Nutrition – they are passionate about serving quality, enjoyable meals to older adults.*

*TnT's Catering in Middleton will service the Middleton Senior Center and Mount Horeb Senior Center. Plan is to start August 1st. Again, this is a smaller contract, so we're not waiting on any board approval, but just waiting on the contract to be finalized, and then sent to TNT Catering to review and sign off. TNT Catering has been handling meals for many older adult programs – they've provided meals for senior apartments in Middleton, Madison, Verona, Fitchburg, and McFarland for many years for their holidays and special events. They've been providing meals for The Beacon, homeless shelter, home delivered meals for the Verona Senior Center since 2020, and just recently helped out SSM Health during their emergency time of need after losing a caterer, and were providing home delivered meals for a section of Madison. They have plenty of experience, space, and staff to service these two senior centers.*

*NWDSS partnering with Lancaster's Piggly Wiggly in Cross Plains – they just started June 1. They are very excited to be partnering with a local store and are working together to make this a success.*

## 2. Dietitian Program Update

[2023](#)  
[RPT-120](#)

Donated Beef Thank You

**Attachments:** [Donated Beef Thank You](#)

- Dietetic Intern, Alex King, B.S. Human Biology – Nutritional Science Emphasis. Past experience is at several nursing homes and assisted living. Completing community nutrition intern rotation during the months of May and June.
- Beef Donation Thank you
- Menu patterns for each new caterer, policies, and operations
- Nutrition Counseling – On average provide 4-5 nutrition counseling sessions per month. Most recently topics focused on post abdominal surgery – can my mother survive on just drinking 4 Ensure per day – what nutrients should she supplement in addition to those drinks. Can you imagine not having access to a dietitian post surgery? Also Diabetes management and unintentional weight loss post diabetes diagnosis as the individual was terrified to eat anything.
- Senior Farmers' Market Voucher Program – We have 740 voucher sets (\$35 worth) to distribute. Program started on June 1st. So far we've mailed out 622 sets of vouchers or \$21,770 towards.

3. Healthy Aging Program Update

None.

4. Chair & Staff Updates

AAA Clerk Cindy Matulle thanked Bill Clausius for all of his years serving not only Dane County but our older adults.

**F. Future Meeting Items and Dates**

Next meeting: Wednesday, September 6, 2023 at 11:30 am via Hybrid.

**G. Public Comment on Items not on the Agenda**

None.

**H. Such Other Business as Allowed by Law**

None.

**I. Adjournment**

A motion was made by GENSON, seconded by WERNER, that the meeting be adjourned at 12:27 pm. The motion carried unanimously.

Minutes respectfully submitted by Cindy Matulle, AAA Clerk III.