

Dane County

Minutes - Final Unless Amended by Committee

Area Agency on Aging - Nutrition / Wellness Committee

Consider:

Who benefits? Who is burdened?
Who does not have a voice at the table?
How can policymakers mitigate unintended consequences?

Wednesday, August 6, 2025

11:30 AM

This is a Hybrid Meeting: Attend in person at 2865 N Sherman Ave, Conference Room 109; Attend virtually

via Zoom.

See below for additional instructions on how to attend the meeting and provide public testimony.

The Wednesday August 6, 2025 AAA Nutrition/Wellness Committee meeting will be a hybrid meeting.

Members of the public can either attend in person or virtually via Zoom.

The public can attend in person at the ADRC building, 2865 N Sherman Ave Room 109, Madison.

The public can access the meeting virtually with the Zoom application or by telephone.

To join the meeting in Zoom, click the following link (after you fill out the form, the meeting link and access information will be emailed to you):

https://zoom.us/webinar/register/WN_WmQnb3-3SwWcgostfcw2Tg

This link will be active until the end of the meeting.

To join the meeting by phone, dial-in using one of the following three toll-free phone numbers:

1-833-548-0276

1-833-548-0282

1-888-788-0099

When prompted, enter the following Webinar ID: 941 9651 2716

PROCESS TO PROVIDE PUBLIC COMMENT:

IN PERSON: Any members of the public wishing to register to speak on/support/oppose an agenda item can register in person at the meeting using paper registration forms. IT IS HIGHLY ENCOURAGED TO REGISTER VIA THE ZOOM LINK ABOVE EVEN IF YOU PLAN ON ATTENDING IN PERSON.

In person registrations to provide public comment will be accepted throughout the meeting.

VIRTUAL: Any members of the public wishing to register to speak on/support/oppose an agenda item MUST REGISTER USING THE LINK ABOVE (even if you plan to attend using your phone). Virtual registrations to provide public comment will be accepted until 30 minutes prior to the beginning of the meeting.

In order to testify (provide public comment) virtually, you must be in attendance at the meeting via Zoom or phone, you will then either be unmuted or promoted to a panelist and provided time to speak to the body.

If you want to submit a written comment for this meeting, or send handouts for board members, please send them to: Matulle.Cindy@danecounty.gov

Staff and Guests Present: Shannon Gabriel, Brittany Lieb, Cindy Matulle, Claire Purkis, Lynn Riley, and Sara Sprang.

A. Call To Order

Chair GENSEN called the meeting to order at 11:32 am.

Present 9 - DIANE GOLDENSOPH, DAVE GENSON, KRISTY SCHUSTER, ROBIN POTTER, KATHY PAZAK, KATE BUENGER, CLAIRE MANCE, PATRICK DOWNING, and CAROLINE WERNER

Absent 1 - HELEN PAN

1. Farewell & Thank you for Serving-Diane Goldensoph

Farewell and Thank You to Caroline Werner as well. Her term is ending and she will be leaving the committee.

2. Welcome AAA Manager, Lynn Riley

Riley introduced herself to committee members.

B. Consideration of Minutes

2025 Minutes from May 7, 2025 MIN-158

Attachments: 2025 0507 NutWellness Final Minutes

A motion was made by WERNER, seconded by PAZAK, that the Minutes be approved.

Ayes: 7 - GOLDENSOPH, GENSON, SCHUSTER, POTTER, PAZAK, BUENGER and MANCE

Absent: 1 - PAN

Abstain: 1 - DOWNING

C. Presentations

1. Dining Site Reviews- Completed May to Present (Werner, Buenger, Mance, Genson, Goldensoph, Potter)

<u>2025</u>

Dining Site Reviews for June & July 2025

PRES-080

Attachments: All Site Visits June July 2025 Combined

Members summarized their visits to meal sites. Of note Stoughton didn't have member fill out a congregate meal form for dining there during a Kim's Meal day. Fink's donation was implied it was required and not a suggested donation amount. Goodman's no longer takes reservations. NewBridge sites now have an extension for making reservations.

2. Dining Site Review Needs from Committee Members-Two Visits/Calendar Year (Gabriel)

2025 Site Review Forms

PRES-081

Attachments: Site Review Checklist 2025

Dining Site Visit Review Form 2025

GABRIEL reviewed what sites needed a review. PAZAK signed up for Colonial Club, DeForest Family Restaurant and Esquire Club.

3. Pop Up SFMNP Booths (Schuster, Mance)

Pop up booths at Middleton and Waunakee in 2024. Sun Prairie and Waunakee for 2025. Very successful of having the booths at the focal points so people can get fresh vegetables when they come for lunch.

4. Progress Update: Carryout Meals in Cambridge (Sprang)

Sara spoke about how well the Carryout meals is working in Cambridge. There are 10 people who are participating and have been very grateful to get a nutritional meal.

D. Discussion Items

None.

E. Reports to Committee

- 1. Dietitian Program Update
 - a. Farmers' Market Program Update

GABRIEL shared there are 40 vouchers left out of 1015 that Dane County received. September 30 is the last day to send out the vouchers and October 31 is the last day to use them.

b. Aging Plan Goals (Pisando Fuerte & SO + SUYN)

GABRIEL stated coordinating with Safer Communities to teach classes. Two instructors have been trained in the Spanish version of classes. Hoping to have three classes by 2027. Stepping On will have instructors trained on nutrition.

2. Chair & Staff Updates

GENSEN shared that Meadowood location gets leftovers from the westside farmers market on Saturday's. Helps with those who cannot make it to other markets.

F. Future Meeting Items and Dates

Next Meeting: Wednesday, November 12, 2025 at 11:30 AM via Hybrid

G. Public Comment on Items not on the Agenda

None.

H. Such Other Business as Allowed by Law

None.

I. Adjournment

A motion was made by WERNER, seconded by GENSON, that the meeting be adjourned at 12:56 PM. The motion carried unanimously.

Minutes respectfully submitted by Cindy Matulle.