DANE COUNTY AREA AGENCY ON AGING (AAA) - AGING PLAN DEVELOPMENT PROCESS AND DRAFT GOALS

SRIDEVI MOHAN, MPH, MA

DANE COUNTY AAA MANAGER





OLDER AMERICANS ACT

- First passed in 1965 and last reauthorized on March 25, 2020, the OAA authorizes a wide range of programs and services, most of which focus on helping older adults age in place. These services include home-delivered and congregate meals, support for family caregivers, preventive health services, personal and home care services, transportation, legal assistance, elder abuse prevention, and so much more.
- In February 2024, the Administration of Community Living (an operating division of the U.S. Health and Human Services) released a final rule to update these regulations.

DANE COUNTY AREA AGENCY ON AGING - AGING PLAN

- A road map to meet the needs of all older adults and their caregivers and create supportive systems to help them age in place; engage in policy/system/environment change work
- Living document
- Iterative process to build on existing services and create new services
- A pivot from our previous process
 - Centering equity
 - Incorporating health data and data from other sectors
 - Extensive engagement with communities who have underutilized/not utilized our services and/or organizations serving them
 - Engaging with potential new partners
 - · Identify gaps in data, planning, service delivery



DATA & COMMUNITY ENGAGEMENT

Data

- Population data (American Community Survey)
- Health data (Wisconsin Interactive Statistics on Health-WISH, Behavioral Risk Factor Surveillance System-BRFSS, Hospital Data, Office of Health Informatics, Public Health Madison & Dane County)
- Other data (Behavioral Health Resource Center, Aging & Disability Resource Center, Housing Access and Affordability unit – Homelessness, City of Madison Senior Services Equity Analysis Report)
- Program data

Community/Stakeholder Engagement

- Focus groups
- Key Informant Interviews
- Informal information gathering at an outreach event at the Zoo
- Board members engaging with community



TITLE III PROGRAM AREAS

- Title III
 - Title III B (Supportive services Transportation)
 - Title III C (Nutrition services Home-delivered and Congregate meals)
 - Title III D (Evidence-Based Health promotion program)
 - Title III E (Caregiver support services)
- Values (one or more values that informs each goal area)
 - Equity
 - Person-centeredness
 - Advocacy

TITLE IIIB – SUPPORTIVE SERVICES TRANSPORTATION

Advocacy for Improved Senior Transportation Services

 Advocate for senior-friendly transportation options that meet the evolving needs of older adults.

Ensure Language Access in Transportation Services

 Provide equitable access to transportation for older adults who speak limited or no English, ensuring they can navigate and use transportation call center services effectively.

Expand Outreach to Underserved Communities

 Reach and engage underserved older adults (not limited to low-income, rural, BIPOC, LGBTIA+, and immigrant communities and/or any intersectionalities), who are unaware of or not utilizing available transportation services.



TITLE IIIE – CAREGIVER SUPPORT AND SERVICES

Prioritize new caregivers receiving caregiver grants

• Prioritize caregivers who have not received caregiver grants in the past thus increasing the number of new caregivers served by at least 5%.

Encourage developing a personal support plan

 Encourage caregivers to create a sustainable plan for support through assessment and follow-up process, enabling them to use grants as bridge to sustainability rather than a source of long-term support.

Enhance partnerships to support grandfamilies

 Partner and work across silos (ex. Kinship Care, Rainbow Project) to better coordinate and support grandfamilies



TITLE III C – NUTRITION SERVICES (HOME-DELIVERED AND CONGREGATE MEALS)

- Create efficiencies within the Senior Nutrition Program (SNP) for equitable service delivery
 - Streamline operations and processes to reduce costs, while increasing productivity and services offered.
 - Ensure annual assessment and meal prioritization processes are being followed by service providers to enable increased access to SNP by utilizing existing resources.



TITLE III C & D – NUTRITION SERVICES AND EVIDENCE-BASED HEALTH PROMOTION

- Improve access to information by coordinating Nutrition Education and Health Promotion classes offered in Dane county
 - Offer the evidence-based health promotion program, Stepping On, along with an evidence-informed nutrition education class, Stepping Up Your Nutrition (SUYN) to reduce falls, dehydration, and malnutrition risks. Offer this combination class 75% of the time.



TITLE III D – EVIDENCE-BASED HEALTH PROMOTION

- Provide culturally and linguistically appropriate services to older adults
 - Improve health outcomes and awareness related to falls in LatinX older adults.
 - Offer Pisando Fuerte (Stepping On -Spanish) to LatinX older adults in Dane county.



AAA GOALS – AN INCLUSIVE AND DIVERSE STANDING ADVISORY COUNCIL



Foster Inclusive Representation and Shared Ownership

• Create a diverse Advisory Council that reflects the demographics, needs, and experiences of the older adult community, ensuring they have meaningful input and shared ownership of the aging plan.

Enhance Community Engagement and Responsiveness

• Use the council as a conduit between Dane AAA and the community, facilitating communication, feedback, and engagement to ensure programs and services are responsive to local needs.

Empower the Council as Community Liaisons

• Equip council members with the tools and resources needed to serve as community ambassadors, advocating for the needs of older adults and helping to inform and promote AAA services.

AAA GOALS – QUALITY IMPROVEMENT AND DATA-DRIVEN DECISION MAKING

Enhance service quality through continuous improvement

- Establish a culture of ongoing quality improvement to ensure services meet the evolving needs of older adults.
- Establish a structured, ongoing process for evaluating and improving service delivery, ensuring that Dane Area Agency on Aging (AAA) programs and services are efficient, effective, and adaptable.

Leverage data to drive decision making

• Utilize data in an ongoing manner to identify gaps, improve service delivery and optimize resource allocation.

AAA GOALS – MULTISECTOR PARTNERSHIPS



- Create effective partnerships with health systems, federally-qualified health center, public health department, academia and other sectors to leverage resources and deliver integrated, holistic services for older adults.
- Leverage health/Social Determinants of Health (SDOH) data to inform AAA programs/services/aging plan and identify key health trends and service gaps
 - Use comprehensive health data from Community Health Assessment/Needs Assessment
 (CHA/CHNA), Behavioral Risk Factor Surveillance System (BRFSS), Medicare/Medicaid, and
 hospitalization data to create evidence-based, responsive aging plan/programs that address
 older adults' health needs in an ongoing manner.

AAA GOALS – ADDRESSING HOUSING AND HOMELESSNESS IN OLDER ADULTS

- Be a thought partner in implementing system-level solutions to prevent and address homelessness
 - Build ongoing collaborative, system-wide partnerships with housing providers, homeless service organizations, nonprofit organizations and public agencies to integrate services and create coordinated and sustainable solutions to address homelessness in older adults.
- Improve access to services and experiences for older adults navigating the homelessness service systems and supports
 - Research and investigate the most impactful barriers to older adults' health, safety and well-being while in the homeless system and advocate for implementing agefriendly services and supports to improve experiences for older adults while they are involved in homelessness system.



AAA GOALS – IMPROVE ACCESS TO SERVICES FOR JUSTICE-INVOLVED OLDER ADULTS

Establish collaborative relationships with jail staff

 Develop partnerships with Dane County jail personnel (social workers, medical staff) to facilitate communication regarding the needs of older adults preparing for release for successful reintegration into the community.

Enhance access to supportive services via knowledge/resource sharing

Share knowledge/resources in an ongoing and timely manner so that older adults leaving jail
have access to the information and essential services available via the AAA, ADRC and other
aging network providers.

OTHER FOCUS AREAS

- Community engagement and public input
- Title III and Title VI coordination
- Aging unit integration and collaboration with the local aging and disability resource center
- Emergency preparedness

NEXT STEPS....

- Tentative Timeline....
 - Public Hearing (3rd week in November)
 - AAA Board approval of Final Aging Plan (Dec 16th)
 - AAA Final Aging Plan Submission to State Office on Aging (By Dec 23rd)

THANK YOU!!