

Congregate & Home Delivered Meal Surveys

In total, we needed to receive 20% of HDM & Congregate surveys back: 343 surveys.

In reality, we received 692 surveys back!

We received responses from 40%+ of our meal recipients 😊



Congregate Survey

1. How would you rate:

	Poor	Fair	Good	Very good	Excellent	Responses
The way the food tastes						
Count	1	24	108	167	116	416
Row %	0.2%	5.8%	26.0%	40.1%	27.9%	
The way the food looks						
Count	2	14	119	166	111	412
Row %	0.5%	3.4%	28.9%	40.3%	26.9%	
The variety of food offered						
Count	1	22	99	153	133	408
Row %	0.2%	5.4%	24.3%	37.5%	32.6%	
The portion sizes						
Count	2	23	112	148	117	402
Row %	0.5%	5.7%	27.9%	36.8%	29.1%	
Totals						
Total Responses						416

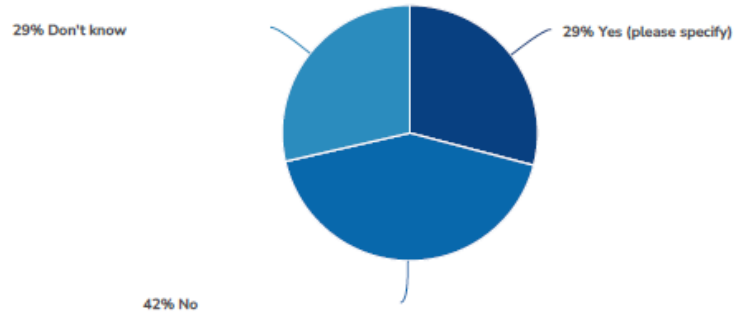
HDM Survey

1. How would you rate:

	Poor	Fair	Good	Very Good	Excellent	Responses
The way the food tastes						
Count	8	41	100	87	28	264
Row %	3.0%	15.5%	37.9%	33.0%	10.6%	
The way the food looks						
Count	10	35	103	87	27	262
Row %	3.8%	13.4%	39.3%	33.2%	10.3%	
The variety of food offered						
Count	7	37	92	91	37	264
Row %	2.7%	14.0%	34.8%	34.5%	14.0%	
The portion sizes						
Count	5	37	96	86	38	262
Row %	1.9%	14.1%	36.6%	32.8%	14.5%	
The temperature at which the meal arrives						
Count	10	49	86	73	42	260
Row %	3.8%	18.8%	33.1%	28.1%	16.2%	
Totals						
Total Responses						264

Congregate Survey

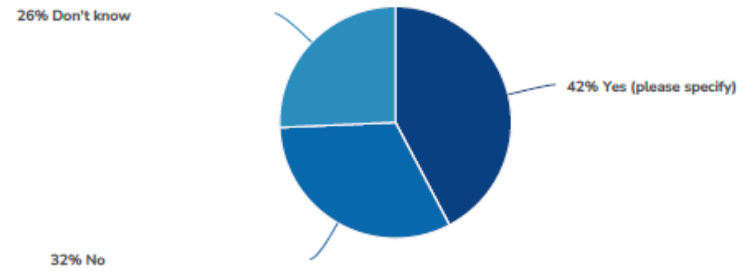
2. Are there foods that the dining program could offer that would better support your health or cultural preferences?



Value	Percent	Responses
Yes (please specify)	29.1%	116
No	42.4%	169
Don't know	28.6%	114
Totals: 399		

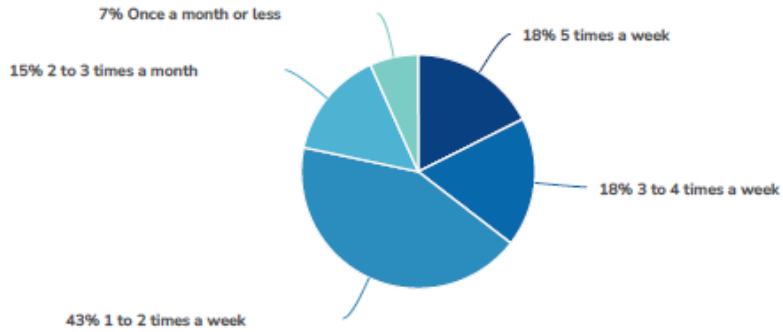
HDM Survey

2. Are there foods that the dining program could offer that would better support your health or cultural preferences?



Value	Percent	Responses
Yes (please specify)	42.3%	107
No	32.0%	81
Don't know	25.7%	65
Totals: 253		

3. How often do you attend a congregate meal site?

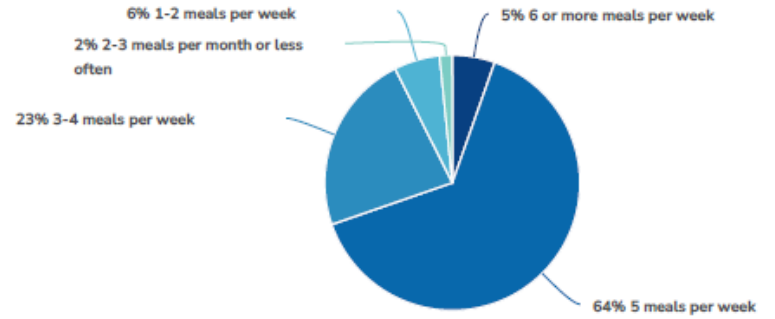


Congregate Survey

Value	Percent	Responses
5 times a week	17.6%	74
3 to 4 times a week	17.9%	75
1 to 2 times a week	42.9%	180
2 to 3 times a month	15.0%	63
Once a month or less	6.7%	28

Totals: 420

3. How many home delivered meals do you receive each week?



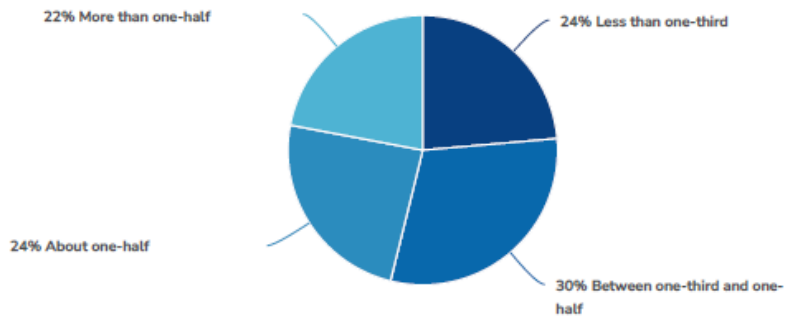
HDM Survey

Value	Percent	Responses
6 or more meals per week	5.4%	14
5 meals per week	64.3%	166
3-4 meals per week	22.9%	59
1-2 meals per week	5.8%	15
2-3 meals per month or less often	1.6%	4

Totals: 258

Congregate Survey

4. Please consider all the food you eat in a day on the days you attend the congregate meal program. What percentage of all the food you eat in a day is eaten at the congregate meal program?



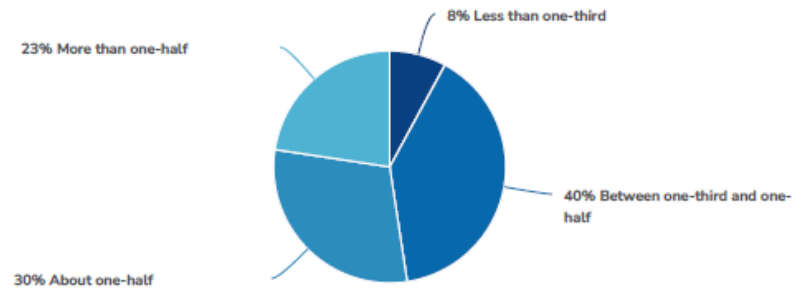
Value	Percent	Responses
Less than one-third	23.6%	89
Between one-third and one-half	30.2%	114
About one-half	24.1%	91
More than one-half	22.0%	83

46%

Totals: 377

HDM Survey

4. Please consider all the food you eat in a day on the days you receive a home delivered meal. What percentage of all the food you eat in a day is from the home delivered meal?



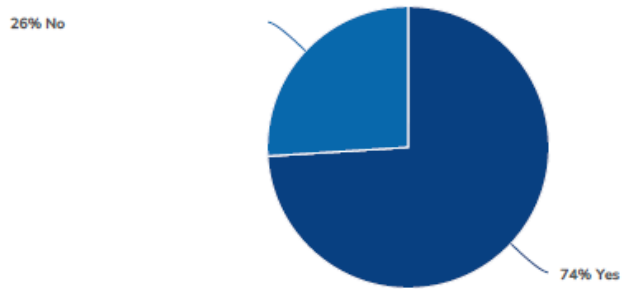
Value	Percent	Responses
Less than one-third	7.9%	20
Between one-third and one-half	39.7%	100
About one-half	29.8%	75
More than one-half	22.6%	57

52%

Totals: 252

Congregate Survey

5. If you didn't receive these meals, would you still have at least one hot freshly prepared well-balanced meal to eat daily?



Value	Percent	Responses
Yes	74.0%	284
No	26.0%	100

Totals: 384

HDM Survey

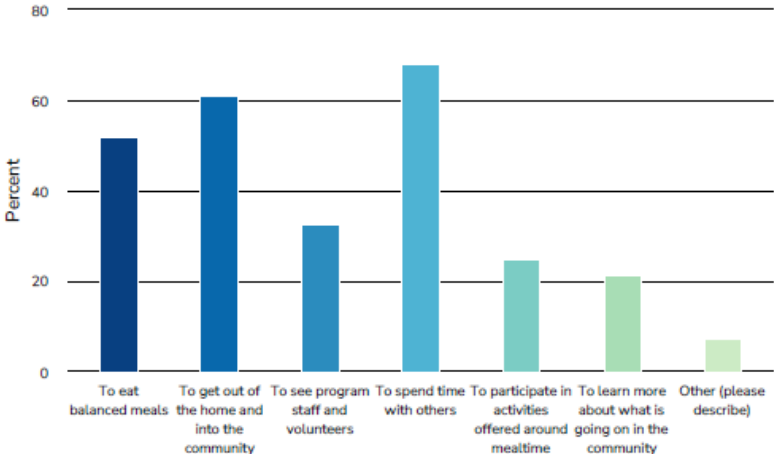
6. If you didn't receive these meals, would you still have at least one hot freshly prepared well-balanced meal to eat daily?



Value	Percent	Responses
Yes	56.1%	143
No	43.9%	112

Totals: 255

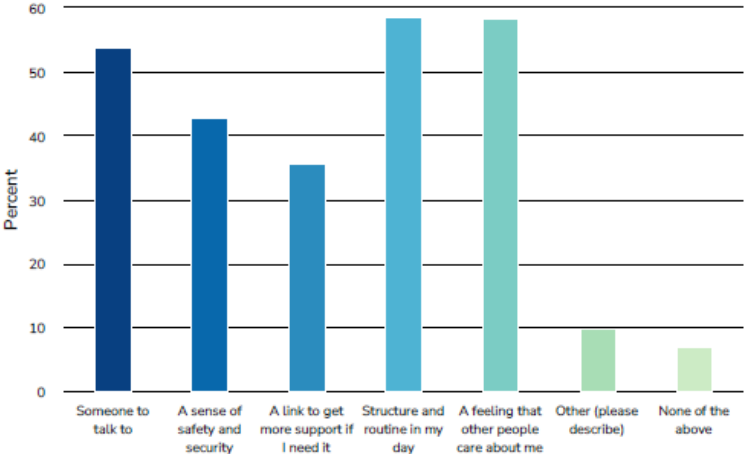
8. What are the main reasons you attend the dining center? Select all that apply.



Congregate Survey

Value	Percent	Responses
To eat balanced meals	51.9%	200
To get out of the home and into the community	61.0%	235
To see program staff and volunteers	32.5%	125
To spend time with others	68.1%	262
To participate in activities offered around mealtime	24.9%	96
To learn more about what is going on in the community	21.3%	82
Other (please describe)	7.5%	29

9. In addition to the meal itself, having meals delivered to me by a person provides: (mark all that apply)

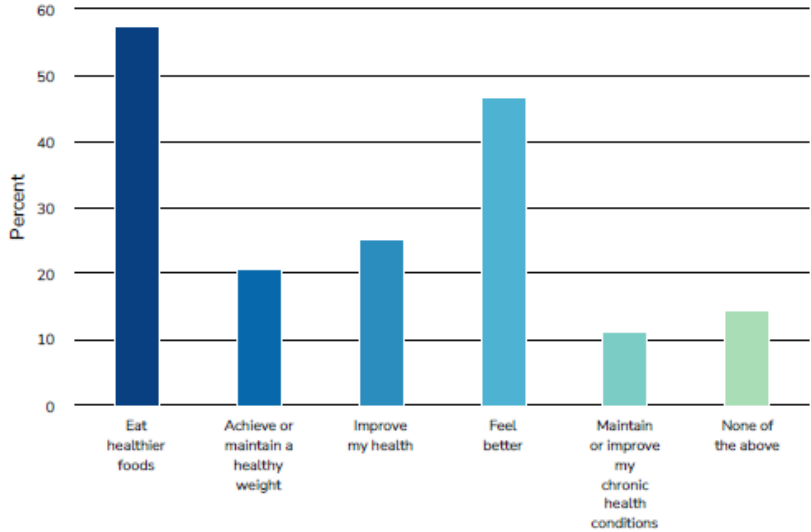


HDM Survey

Value	Percent	Responses
Someone to talk to	54.0%	136
A sense of safety and security	42.9%	108
A link to get more support if I need it	35.7%	90
Structure and routine in my day	58.7%	148
A feeling that other people care about me	58.3%	147
Other (please describe)	9.9%	25
None of the above	7.1%	18

Congregate Survey

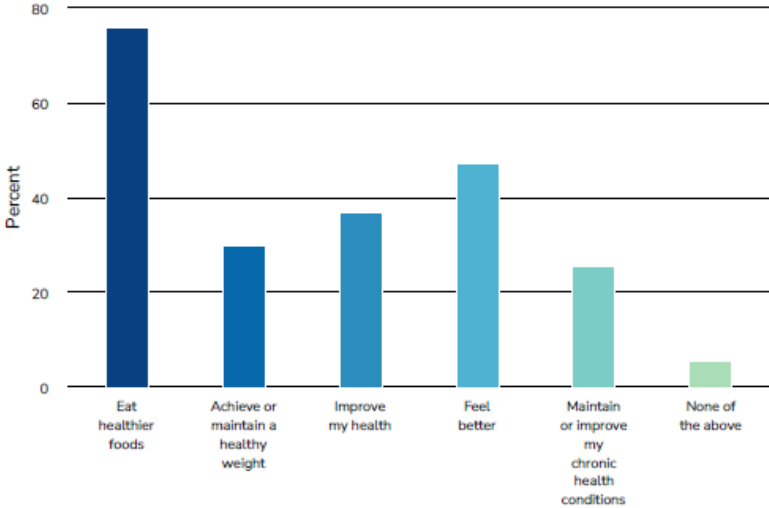
9. Do congregate meals help you to...



Value	Percent	Responses
Eat healthier foods	57.7%	222
Achieve or maintain a healthy weight	20.8%	80
Improve my health	25.2%	97
Feel better	46.8%	180
Maintain or improve my chronic health conditions	11.2%	43
None of the above	14.3%	55

HDM Survey

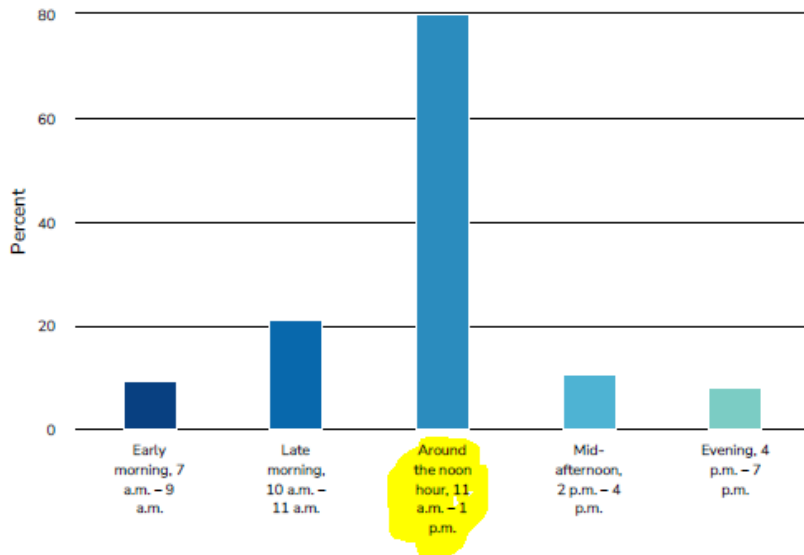
10. Do home delivered meals help you to...(mark all that apply)



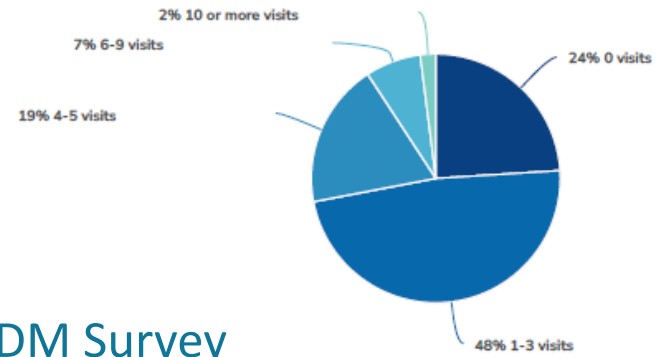
Value	Percent	Responses
Eat healthier foods	76.4%	191
Achieve or maintain a healthy weight	30.0%	75
Improve my health	36.8%	92
Feel better	47.2%	118
Maintain or improve my chronic health conditions	25.6%	64
None of the above	5.6%	14

Congregate Survey

10. If the dining center could be open anytime, which time(s) would be most convenient for you to attend? Select all that apply.



11. In the past week, how many visits did you receive from another person (including family, friends, and relatives, but not including the meal delivery team)?

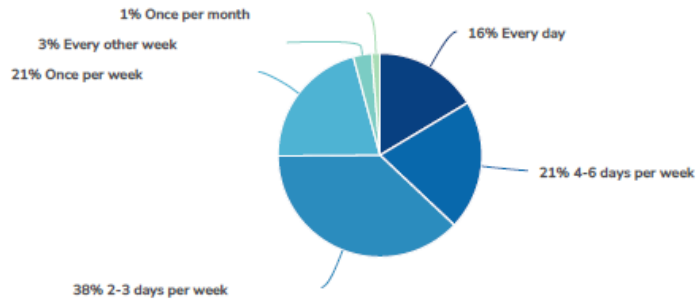


HDM Survey

Value	Percent	Responses
0 visits	24.0%	60
1-3 visits	48.0%	120
4-5 visits	18.8%	47
6-9 visits	7.2%	18
10 or more visits	2.0%	5

Totals: 250

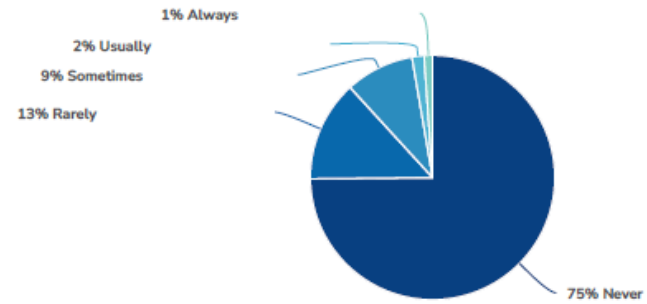
11. If the dining center could be open every day, how many days would you attend?



Value	Percent	Responses
Every day	16.4%	62
4-6 days per week	20.6%	78
2-3 days per week	37.8%	143
Once per week	20.9%	79
Every other week	2.9%	11
Once per month	1.3%	5

Totals: 378

12. How often have you been unable to attend the dining center because you do not have transportation to get there?



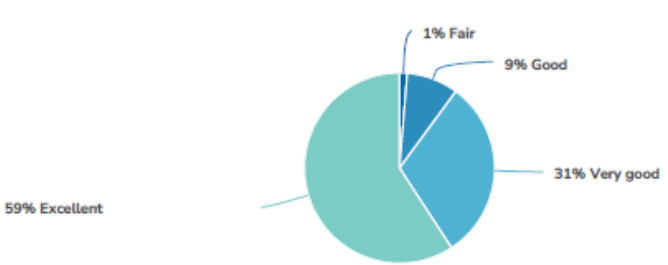
Value	Percent	Responses
Never	74.9%	280
Rarely	13.4%	50
Sometimes	9.1%	34
Usually	1.6%	6
Always	1.1%	4

Totals: 374

Congregate Survey

Congregate Survey

13. How would you rate your experience with program staff and volunteers?

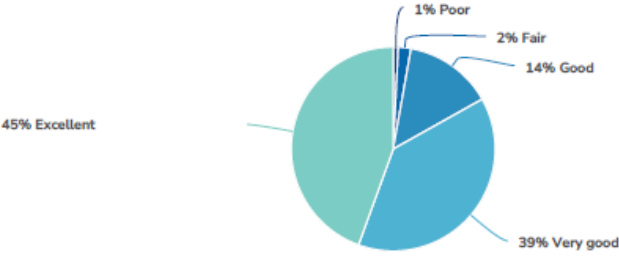


Value	Percent	Responses
Fair	1.3%	5
Good	8.8%	34
Very good	30.7%	119
Excellent	59.2%	229

Totals: 387

HDM Survey

12. How would you rate your experience with program staff and volunteers?

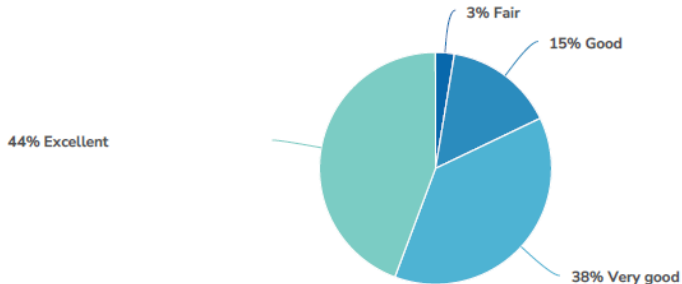


Value	Percent	Responses
Poor	0.8%	2
Fair	2.0%	5
Good	14.1%	36
Very good	38.7%	99
Excellent	44.5%	114

Totals: 256

Congregate Survey

14. Please rate your overall dining experience:



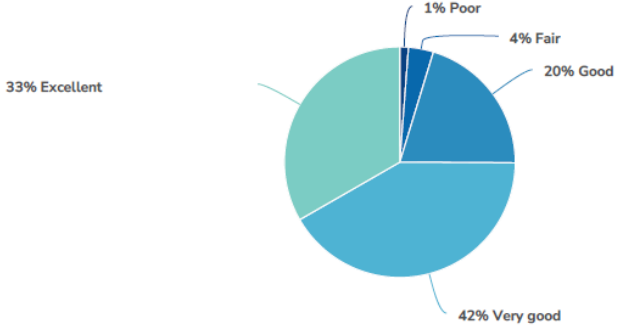
Value	Percent	Responses
Fair	2.6%	10
Good	15.3%	59
Very good	37.8%	146
Excellent	44.3%	171

82%

Totals: 386

HDM Survey

13. Please rate your overall experience receiving meals:



Value	Percent	Responses
Poor	1.2%	3
Fair	3.5%	9
Good	20.4%	52
Very good	41.6%	106
Excellent	33.3%	85

75%

Totals: 255

Surveys.....and More Surveys....

- Spring 2024 - Dane County survey (every 5 years)

NEW Addition:

- Summer/Fall 2024 - Administration for Community Living: 18th National Survey of Older Americans Act Participants (120 people from all Title III Dane County programs)

Any questions about survey results or upcoming surveys?

