

2025 RES-011

RECOGNIZING MAY 2025 AS MENTAL HEALTH AWARENESS MONTH

WHEREAS, May is recognized as Mental Health Awareness Month, which has been observed in the United States since 1949 as a way to encourage everyone to be aware of their mental well-being; and

WHEREAS, the 2025 theme is “Turn Awareness into Action,” which is a call for individuals to prioritize their mental health and explore resources to build resilience during challenging times. For elected officials, it is a call to listen to our communities about the impacts of mental health and ensure we provide resources and support; and

WHEREAS, Mental Health Awareness Month is dedicated to raising awareness about mental health issues, advocating for policies to support those affected, and breaking down the stigma surrounding mental illness; and

WHEREAS, mental health is an essential part of overall well-being, affecting individuals, families, and communities across Dane County; and

WHEREAS, this is an issue that touches all of us. Nationwide one in six youth experience a mental health condition each year and one in five American adults experience a mental health condition each year; and

WHEREAS, early intervention and access to quality care are essential for managing mental health conditions and improving quality of life; and

WHEREAS, addressing the mental health crisis in Dane County requires a comprehensive approach that includes evidence-based programs, initiatives, and policies.

NOW, THEREFORE, BE IT RESOLVED that the Dane County Board of Supervisors commits to supporting local organizations such as The Rainbow Project, Anesis Therapy, NAMI Dane County, Rise, and Briarpatch Youth Services, all of which advocate for and provide mental health services to residents of Dane County.

BE IT FINALLY RESOLVED that the Dane County Board of Supervisors recognizes May 2025 as Mental Health Awareness Month, and calls upon all residents, businesses, schools, and community organizations to support mental health awareness, education, and advocacy. The Dane County Board of Supervisors also commits to prioritizing investments in mental health programs, diversifying services, and improving access to mental health care for all Dane County residents.

Patrick Miles, Chair
Dane County Board of Supervisors

Signed and sealed before me this
_____ day of _____, 2025.

Scott McDonell,
Dane County Clerk