



#SNP50

Senior Nutrition Programs

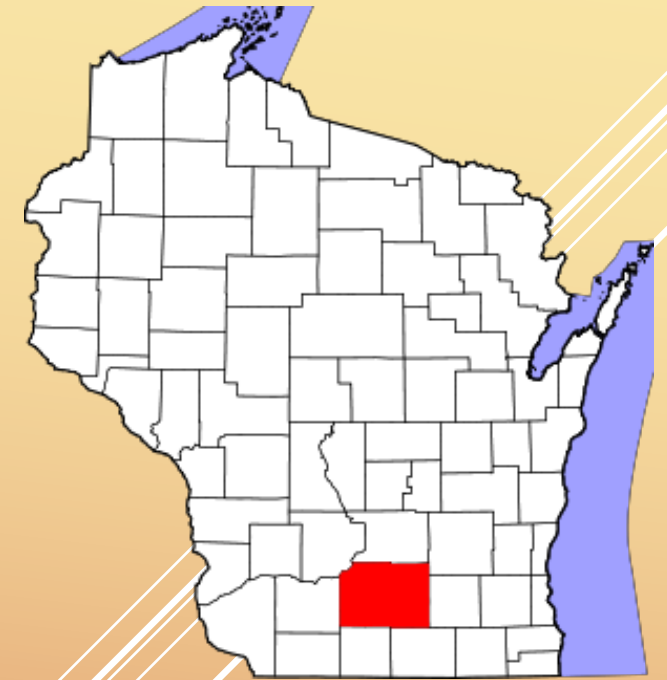
Decreasing isolation,
improving healthy eating, and
promoting overall health



SENIOR NUTRITION
PROGRAM

CELEBRATE • INNOVATE • EDUCATE

acl.gov/snp50



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Registered Dietitian & Healthy Aging Coordinator
Senior Nutrition Program
Area Agency on Aging - Dane County



PROGRAM ACCOMPLISHMENTS, CHANGES & WHAT'S NEXT...

THE AGING NETWORK

U.S. Department of Health & Human Services



Administration of ~~Community Living (ACL)~~ Children and Families (ACF)



State Unit on Aging (BADR)



Area Agencies on Aging (Dane, GWAAR, Milwaukee)



Community Partners or County / Tribal Aging Units

(13 Community Partners {Site Management: Orders/Assess/Package/Serve} & 14 Catering Partners)

OLDER AMERICANS ACT (OAA)

- ACT BEGAN IN 1965
- SNP PILOT PROGRAMS 1972
- SNP PROGRAMS BEGAN IN 1973 – 1974
- CONGREGATE BEGAN 1ST, THEN HOME DELIVERED MEALS CAME LATER

PURPOSE OF OAA:

- **“To improve the quality of life for all older Americans by helping them to remain independent and productive.”**
- Oversee the development of services and opportunities
- Respect the dignity of individuals
- Remove social barriers
- Provide continuum of care
- Secure opportunities for seniors
- **Serves anyone age 60+**

SENIOR NUTRITION PROGRAM SERVICES & PURPOSE

SERVICES:

- C1: Congregate Meals
- C2: Home Delivered Meals
- Nutrition Education
- Nutrition Counseling

PURPOSE:

- To reduce hunger, food insecurity, and malnutrition
- To promote socialization of older adults
- To promote the health and well-being of older adults by assisting them to gain access to other services.

CONGREGATE SITES IN DANE COUNTY: 24 SITES (4 RESTAURANTS)

Messiah Lutheran Church:

Closing at year end.
Due to low utilization.

Dining options nearby:
Goodman Comm. Center (M-F)
Esquire Club (W)
Monona Senior Center (F)

Transportation can be arranged
by calling the phone # associated
with the site.

Every person completes a nutrition
assessment (nutrition, FS, MST,
referrals) prior to receiving a meal
= to determine eligibility & provide
resources

Dane County Senior Dining Sites

LOCATION	PHONE	DAYS SERVED	MEAL TIME	MEAL DELIVERY
Beth Israel Center 1406 Mound St, Madison	442-4083	M Sept - May	11:30	See MOWs
Cambridge Community Center 200 Spring St, Cambridge	838-7117	T, F	Noon	N/A
Colonial Club Sr Activity Ctr 301 Blankenheim Ln, Sun Prairie	837-4611	M-F	11:30	M-F
Cornerstone Community Center 505 N Main St, DeForest	846-9469	M-F (except W)	11:30	M-F
DeForest Family Restaurant*	846-9469	W	10-1	N/A
Fink's Restaurant*	437-6902	W	11-1	N/A
Fitchburg Senior Center 5510 E Lacy Rd, Fitchburg	270-4290	M-F	11:45	M-F
Goodman Community Center 149 Waubesa St, Madison	204-8032	M-F	Noon	See MOWs
Hmoob Kaj Siab (The Hmong Institute located inside The Life Center Madison) 4402 Femrite Dr, Madison	692-8918	M-F	Noon	See MOWs
Kavanaugh's Esquire Club*	512-0000 Ext. 2001	W	11-1:30	N/A
Madison Senior Center 330 W Mifflin St, Madison	512-0000 Ext. 3006	M-F	11:30	See MOWs
McFarland Senior Outreach 5915 Milwaukee St, McFarland	838-7117	M, W, F	Noon	M-F
Meadowridge Commons 5734 Raymond Rd, Madison	512-0000 Ext. 3006	T & R	Noon	See MOWs

*DeForest Family Restaurant, Fink's Restaurant, Kavanaugh's Esquire Club,
& River Ville Bar & Grill do not require a reservation.*

LOCATION	PHONE	DAYS SERVED	MEAL TIME	MEAL DELIVERY
Messiah Lutheran Church 5202 Cottage Grove Rd, Madison	512-0000 Ext. 2001	T & R	Noon	See MOWs
Middleton Senior Center 7448 Hubbard Ave, Middleton	831-2373	M-F	11:30	M-F
Monona Senior Center 1011 Nichols Rd, Monona	512-0000 Ext. 2001	F	Noon	See MOWs
Mount Horeb Senior Center 107 N Grove St, Mount Horeb	437-6902	M-F (except W)	11:15	M-F
Northwest Dane Senior Services 1837 Bourbon Rd, Cross Plains	798-6937 Ext. 5	M-F	11:30	M-F
Oregon Area Senior Center 219 Park St, Oregon	835-5801	M-F	11:45	M-F
River Ville Bar & Grill*	424-6007	W	9-1	N/A
Romnes Apartments 540 W Olin Ave, Madison	512-0000 Ext. 3006	M-F	11:30	See MOWs
Stoughton Area Senior Center 248 W Main St, Stoughton	873-8585	M-F	Noon	M-F
Sugar River Senior Center 21 S Vine St, Belleville	424-6007	M-F (except W)	11:30	M-F
Warner Park Community Rec Ctr 1625 Northport Dr, Madison	512-0000 Ext. 4000	M-F (except W)	11:30	See MOWs
Waunakee Senior Center 333 S Madison St, Waunakee	849-8385	M-F	11:30	M-F

With the exception of the sites listed with *, select a convenient site and call by
9am two business days prior to make a meal reservation.

For more information, contact Dane County Dietitian Shannon Gabriel
at Gabriel.Shannon@danecounty.gov or (608) 261-5678.

HOME DELIVERED MEAL PROVIDERS IN DANE COUNTY: 14 SITES CARRYOUT MEAL PROVIDER*: 1 SITE

EVERY PERSON THAT GETS HDMS
RECEIVES AN IN-HOME ASSESSMENT
THAT DETERMINES THEIR NUTRITION RISK.

SOMETIMES IT'S FORGOTTEN THAT WE
ARE 'MORE THAN A MEAL...' WE ARE A
NUTRITION PROGRAM.

MEALS ARE ASSIGNED BASED ON BEING
UNABLE TO LEAVE YOUR HOME
UNASSISTED & NUTRITION RISK
(NUTRITION ASSESSMENT, MST, FS, IADL,
ADL, SUPPORT, ETC.)

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& River Ville Bar & Grill do not require a reservation.*

LOCATION	PHONE	DAYS SERVED	MEAL TIME	MEAL DELIVERY
Meals on Wheels (MOWs) for the Madison & Monona Service Area (SSM Health at Home)	276-7598	Lunch only	Varies	M-F
Messiah Lutheran Church 5202 Cottage Grove Rd, Madison	512-0000 Ext. 2001	T & R	Noon	See MOWs
Middleton Senior Center 7448 Hubbard Ave, Middleton	831-2373	M-F	11:30	M-F
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12 COMMUNITY PARTNERS THAT PROVIDE IN-PERSON ASSESSMENTS FOR HDM PROGRAM

▶ Case Managers from:

- ▶ Colonial Club Senior Activity Center
- ▶ Cornerstone Community Center (DeForest)
- ▶ Fitchburg Senior Center
- ▶ McFarland Senior Outreach Services
- ▶ Middleton Senior Center
- ▶ NewBridge Madison
- ▶ Northwest Dane Senior Services
- ▶ Oregon Area Senior Center
- ▶ SW Dane Senior Outreach
- ▶ Stoughton Area Senior Center
- ▶ Sugar River Senior Center
- ▶ Waunakee Senior Center

- ✓ Nutrition assessment
- ✓ Connection to other resources

ONE ADDITIONAL COMMUNITY PARTNER: **SSM HEALTH**

PROVIDE COORDINATION FOR CITY OF MADISON & MONONA HOME DELIVERED MEAL PROGRAM

- TRIAGE PHONE CALLS, ASSESSMENTS, DATA ENTRY
- COORDINATE VOLUNTEER DRIVERS/ROUTES
- COORDINATE CATERING/MEAL ORDERS

CATERING PARTNERS: 13

#	Caterer	Site
1	AtlantisValley Foods	Cambridge
		Fitchburg Senior Center
		Madison Senior Center
		McFarland Senior Outreach Services
		MeadowRidge Commons
		Monona Senior Center
		Oregon Area Senior Center
		Romnes Apartments
		Stoughton Area Senior Center
		Warner Park
2	RiverVille Bar & Grill	RiverVille Bar & Grill (Belleville)
3	Adamah Catering (Kosher)	Beth Israel Center
4	Colonial Club	Colonial Club Senior Activity Center
		Cornerstone Community Center (DeForest)
5	DeForest Family Restaurant	DeForest Family Restaurant
6	Fink's Café	Fink's Café (Mount Horeb)
7	Goodman Community Center	Goodman Community Center - Congregate Meals
		City of Madison/Monona HDMs via SSM Health
8	TnT's Catering	Middleton Senior Center
		SW Dane Senior Outreach (Mount Horeb)
		Sugar River Senior Center (Belleville)
9	Kim's Cafe - City of Stoughton	Stoughton Area Senior Center - Cong Meal on Thursdays
10	Kavanaugh's Esquire Club	Kavanaugh's Esquire Club
11	Lancaster's Piggly Wiggly	NW Dane Senior Services
12	The Hmong Institute	The Hmong Institute
13	Waunakee Schools/Taher Catering	Waunakee Senior Center

Calendar Year: Jan 1 – Dec 31, 2023

Meal costs for Oct 1, 2024+

	Total Meals	
Total Carryout Meal Cost = (total of Column F)	\$ -	0%
/ By Total # Carryout Meals Served	0	0%
= Total Meal Cost for Carryout Meals	\$ -	
Total Home Delivered Meal Cost = (total of Column H)	\$ 2,187,282.00	64%
/ Total # of Home Delivered Meals Served	172,598	66%
= Total Meal Cost for Home Delivered Meals	\$ 12.67	
Total Congregate Meal Cost = (total of Column J)	\$ 1,224,595.00	36%
/ Total # of Congregate Meals Served	90,315	34%
= Total Meal Cost for Congregate Meals	\$ 13.56	
Total Cost	\$3,411,877.00	
Total Meals Served	262,913	

1,052 meals / day

Calendar Year: Jan 1 – Dec 31, 2024

Meal costs for Oct 1, 2025+

	Total Meals	
Total Carryout Meal Cost = (total of Column F)	\$ -	0%
/ By Total # Carryout Meals Served		0%
= Total Meal Cost for Carryout Meals	\$ -	
Total Home Delivered Meal Cost = (total of Column H)	\$ 2,279,361.00	60%
/ Total # of Home Delivered Meals Served	177,192	64%
= Total Meal Cost for Home Delivered Meals	\$ 12.86	
Total Congregate Meal Cost = (total of Column J)	\$ 1,510,979.00	40%
/ Total # of Congregate Meals Served	99,450	36%
= Total Meal Cost for Congregate Meals	\$ 15.19	
Total Cost	\$3,790,340.00	
Total Meals Served	276,642	

1,107 meals / day

30 Nutrition Counseling Clients

- ▶ Zoom, Home Visit, Phone
- ▶ 67 Service Hours
- ▶ Diabetes, Pre-Diabetes, Newly diagnosed health conditions w/ dietary restrictions, CKD, unintentional weight loss, intentional weight loss for joint surgeries

136 Individuals participated in **Healthy Aging Classes**: Stepping On, Mind Over Matter, Chronic Pain

Nutrition Education –104 touch points:
Newsletters, placemats, classes

Numbers, Numbers, Numbers... For the Program Year 10/1/24-9/30/25

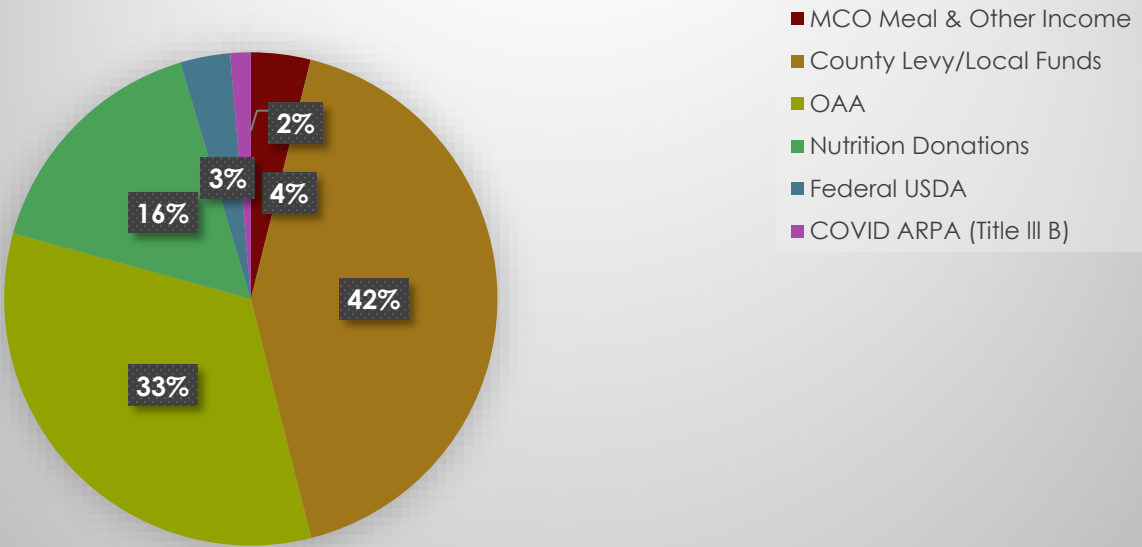
Served:

- ▶ Congregate clients: **3,469 ate 99,918 meals**
- ▶ Home Delivered clients: **1,502 ate 156,680 meals**

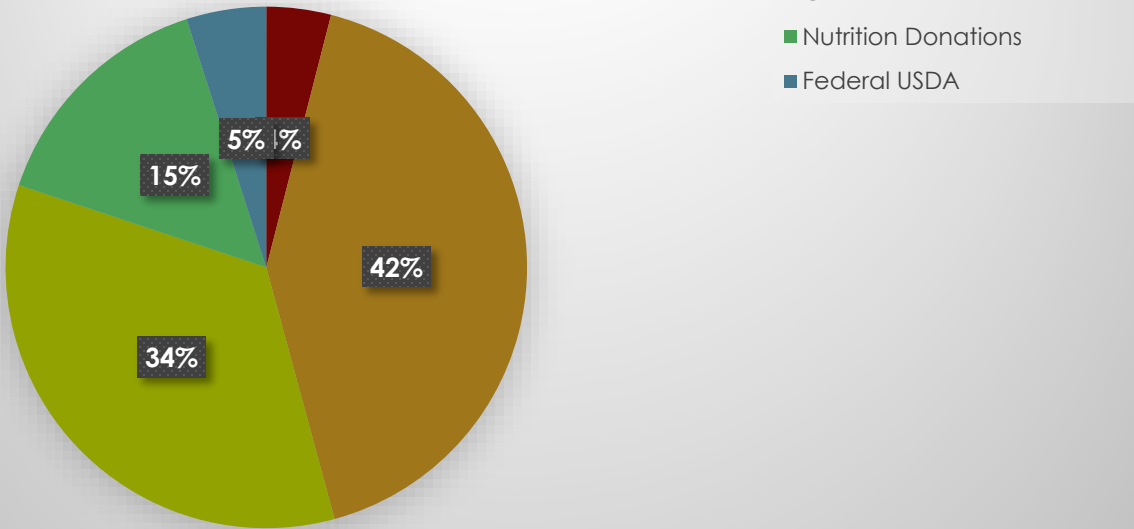
NUTRITION COUNSELING, EDUCATION, HEALTHY AGING, MEALS

FUNDING

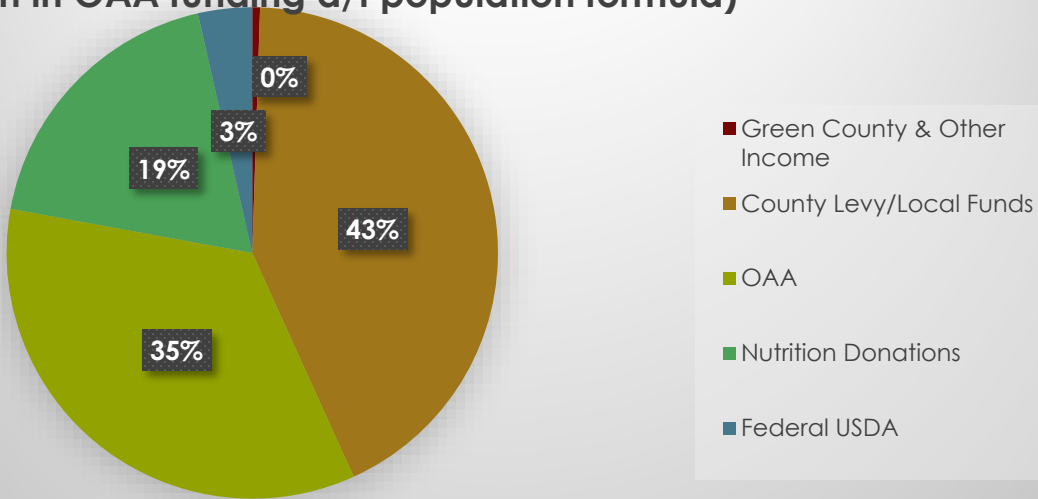
2024 Funding \$3,461,651 (Budgeted)



2025 Funding \$3,381,723 (Budgeted)
(Lost ARPA funding \$46,438)



2026 Funding \$3,183,794 (Estimated)
(Removed MCO Income, 1% reduction County Levy, reduction in OAA funding d/t population formula)



Notes: Federal budget – Slightly reduced
State budget – Same
County budget – 1% reduction (if approved)

WHAT ARE WE DOING TO DEAL WITH THE REDUCED/STAGNANT FUNDING:

- ✓ **Staff & Volunteer Meal Policy – Started mid-2024** = Cost Savings of **\$20,000**
 - ✓ Eliminates meals for underage staff
 - ✓ Still includes meals for volunteers of (only) the Senior Nutrition Program – any age
 - ✓ Enforces full cost payment for those not eligible for the program
- ✓ **Increased Suggested Donation Rate**
 - ✓ Starting October 1, 2024 – rate increased from \$4.50 to \$5.00
 - ✓ We count on taking in at least \$520,041 to cover budgeted costs.
 - ✓ 2024 Jan – December - Donations: \$555,104.49
 - ✓ 2025 Jan – September Donations: \$447,022.17. Estimated year end: \$558,000
- ✓ **Reducing waste and utilizing catering padding**
 - ✓ Making every ordered meal count – whether clients cancel or no-show – give meals to walk-in clients or to those at risk for malnutrition or food insecurity, etc. Freeze meals to have meals at a moments notice for a new client in-need.
 - ✓ PY 2023-2024: Ordered 270,588 meals, but actually served 271,365 meals! 777 Extra!
 - ✓ PY 2024-2025: Ordered 279,393 meals, but actually served 280,472 meals! 1,079 Extra!

WHAT ARE WE DOING TO DEAL WITH THE REDUCED/STAGNANT FUNDING:

- ✓ **Enforcing communication between case management, nutrition, data entry & AAA staff:**
 - ✓ Enforce program requirement: annual in-person assessments that detail the client's needs
 - ✓ Assign meals based on prioritization system – in place since 2014
 - ✓ Relaxed due to COVID-19
 - ✓ High Risk – 5 meals/week
 - ✓ Moderate Risk – 3 meals/week
 - ✓ Low Risk – 2 meals/week
- ✓ **Discontinued contracted home delivered meal services for Managed Care Organization clients**
 - ✓ Contracted services end Dec 31, 2025
 - ✓ Prevent a wait-list for 2026
 - ✓ Free up space on HDM routes by eliminating MCO contracted service
 - ✓ Currently providing service for 53 clients. This equaled 10,025 meals in 2024, Jan-Oct: 8K
 - ✓ Lessen the load on the volunteers – using the largest coolers already, multiple hot bags
 - ✓ Some routes are already maxed out with 16 people on each route. Can't extend due to food safety protocols (temperatures)

WHAT'S NEXT:

- **Will need to ask for more funding for Operations in 2027 to maintain current program offerings.**
 - **Advocate to receive increased funding at the state level – especially for HDMs.**
- **OAA Reauthorization: Included option to utilize 25% of C1 Funding to use as carryout meals.**
 - The State of WI will allow AAA's to utilize this option.
 - Each WI AAA can decide if we want to utilize this option, but the state will oversee how it can be used. "For emergency purposes only"
 - In disasters/emergencies. For example: A congregate site floods or is damaged by storms or fire – can still use C1 funding to distribute carryout meals even if there's not a place to sit and dine.
 - In locations where there is no current HDM program

QUESTIONS?

Shannon Gabriel 608-261-5678

Gabriel.Shannon@danecounty.gov

